HEALTH AND HOME HINTS

Rub the tea kettle, coffee pot, etc., with paper while hot, and they will never need scouring.

Hominy.-Cut cold hominy or hasty pudding into thin slices, dip each piece into well-beaten egg and fry on a grid-lle.

Liver should be placed in hot water before cooking, after being sliced thin, and then broiled or fried.

A poultice of salt and the white of an egg is a powerful resolvent, and if applied in time will disperse a felon.

A solution of gum arabic will remove dirt and stains from marb's Let it remain till it dries, when it will pe it off or can be washed off.

Cheese and Egg Sandwiches. the cheese, and to each cupful add the yolks of three hard-boiled eggs, minced fine; rub to a paste with a teaspoonful of butter, season to taste with salt and pepper, and spread between buttered bread or crackers. These are nice made of Graham bread.

Sponge Cake.—Three eggs, ful flour, one cupful sugar, three table-spoonsful milk, one half teaspoonful soda, one teaspoonful cream tartar; flavor to taste.

Dripping Pan.—Put a few drops of am-monia and a little water into the dripping pan after taking the meat from it. By the the time that dinner is over, the pan will be as easy to wash as a teacup.

Polishing Copper Vessels.—A copper vessel, badly tinned, Miss Severn found in the kitchen, which had never been properly cleaned and was covered with that deadly poison, verdigris. She had it cleaned with vinegar, rotten stone and

otch Shortbread.—Rub together into a stiff short paste two pounds of flour, one pound of butter, and six ounces of loaf sugar. Make it into square cakes, about a half-inch thick, pinch them all along the edge at the top, dock over the whole surface of the sake and beloe the whole surface of the cake, and bake in a moderate oven.

Cure for Sleeplessness.-Eat an onion or two previous to retiring at night. Alor two previous to retiring a figure so a specific for all diseases of the kidney and bladder, if indulged in freely for some time, where other remedies have failed.

Corning Beef. - For one hundred pounds of beef take seven pounds of salt, two pounds sugar, two ounces saltpetre two ounces pepper, two ounces soda, dissolve in two-and-a-half gollans water, boil, skim, and let cool; when a soum rises after a few weeks scald the brine over, and by so doing and keeping meat entirely covered with brine, it will keep a year and more.

a year and more.

To Boil Rice as a Vegetable.—Wash several times in cold water, otherwise in cooking the rice grains will stick together. Let water boil very fast, say two quarts for a quarter pound of rice, and throw in the latter, still keeping the water rapidly boiling; let it continue to do so for a little more than a quarter of an hour, or till a grain will rub away between the finger and thumb; then though the rice into a colander to let the the rice into a colander to let the water drain thoroughly away; then put water drain thoroughly away; then put it back into the saucepan, throw in a teacup of cold water, keep it covered for a few minutes; then turn it out, and every grain will separate, one from the other.

To make vermicelli soup, take as much good stock as you require for your tur-een; strain and set it on the fire, and when it boile put in the vermicelli. Let it simmer for half-an-hour by a slow fire, that the vermicelli may not break The soup ought not to be very thick. Half-a-pound of vermicelli is sufficient for eight or ten persons.

SPARKLES.

Some people are too proud to beg and too honest to steal, so they get

The single eye glass is worn by the dude. The theory is that he can see more with one eye than he can comprehend.

Pat stole a watch, Mike a cow, and oth were arrested. "What time is it?" tys Mike. "Faith," answered Pat, both were arrested. "Says Mike. "Faith," "just milking time."

Domestic: What will I get for break-fast? There isn't a bit of bread in the house. Mrs. Youngwife: Dear, dear! That is too bad. I suppose you had better have toast.

We don't question the statement that George Washington never told a lie, but he certainly was never asked by a fond mother what he thought of her cute little baby.

An agricultural writer says: "Women have handled chickens and bees with profit." This may be a good way of handling chickens, but bees should be handled with gloves.

"How did you contrive to cultivate such a beautiful black eye?" asked Brown. "Oh!" replied Fogg, who had been practising upon roller skates, "I raised it from a slip."

Mrs. Hayseed (whose son is at college): George writes that he is taking fencin' lessons. Mr. Hayseed: I'm glad o' that. I'll set him a-diggin' post holes when he gits home.

Oity Boarder to farmer): This milk seems pretty poor. Farmer: The pastur here ain't what it ought to be. Oity Boarder: And yet I saw lots of milkweed in the fields this morning.

"I love you with a deep and undying affection," he sighed. "Can I hope that affection," he sighed. "Can I hope that that affection is returned?" "Why, cert'n'y, responded the matter-of-fact young lady; "I have no particular use for it.

"Ma, de fiziology say yere dat de hu-man body am imposed of free-fourth watah." "Wall, yo' bettah mosey off to school, an git outen dar hot sun, ur fus ting yo' know yo' know yo' be 'vapor-atin'."

"We all have our burdens to bear," aid the minister. "There are many rials in this life." Yes." I suppose said the minister. "Ther trials in this life." Yes." there are," said the poor lawyer, rue-fully; "but I don't seem to have much luck in getting mixed up in 'em.

"NEED I GO TO SCHOOL?"

"O father! need I go to school?" said Johnnie one morning as his mother was getting him ready. "I don't understand books; I never shall. I had rather cut wood in the forest with you, and work ever so hard.

ever so hard."
"Johnnie, how did we fell that big tree
yesterday?" asked his father.
"A stroke at a time, and keeping at
it," answered the boy.
"Yes," said the father. "A word at

"Yes," said the father. "A word at a time, and keeping at it, will make you a good reader; a syllable at a time, and keeping at it, will make you a good speller, a eum at a time, and keeping at it, will make you good in figures; at it, will make you good in indirect an idea at a time, and keeping at it, will make you master the hardest book in the world. A patient keeping at it, Johnnie, and you will be a scholar."
"Is that all?" saked Johnnie.
"All," said his father.

"Il do not know but what I can do that," said Johnnie; and before six years from that time he stood first in the highest class in the school.—Selected.

BEE AND THE BABY.

(By R. F. Knapp.)

Her whole name was Beatrice Florence Londley, but everybody called her Bee. Aunt Margaret was visiting at her home with little with little Robert, and Bee greatly enjoyed the privilege of taking him out to ride in his carriage.

One day several girls stopped at the door and asked Bee to go downtown with them.

"I can't now; I'm taking care of Rob-rt," she answered.

"Bring him along," they suggested; and so he was put into the carriage, and they all started for the post office.

"There's Helen Slade," cried Bee, "and ne's got her little niece out for a ride. Hello, Helen! Come along down to the post office with us."

Helen joined the party, and just as they reached the office a third girl with a baby-carriage appeared. The babies were all left sitting in front of the build-ing, while the girls went in to inquire for the mail. When they returned, Helen suggested that they all go with her to the grocery store, and on they went.

Each girl had an errand somewhere, and each time the babies were left out in front to wait. Sometimes one of the girls stayed with them, and sometimes, if the errand was a brief one, they were left alone. At last they all started for home, and at the corner they separated, saying their good-byes hurriedly, for it was nearly supper-time. When Bee was nearly supper-time. When Bee reached home, Aunt Margaret came out and peeped under the parasol on the carriage, Jaying, "Peek-a-boo, Robert; did you enjoy your ride? Did you—For mercy's sake!" and she stepped bac and viewed the carriage, and then looked at Bee, and then at the carriage again. Finally she snatched the baby out and began to examine it.

"Why, Aunt Margaret, what's the mat-ter?" asked Bee, who could see no reason all this strange excitement.
'Why, Beatrice Londley, this isn't my

baby at all. This is somebody else's, and where is Robert?" "Why, that must be Robert, Auntie.

I haven't-

"Why, my dear child, don't you see? This child has golden hair and blue eyes, and you know Robert has black hair and eyes."

"But Auntie, I don't see—"
Just then Helen Slade came hurrying along wheeling a baby-carriage, and as as she could get her breath, she exclaimed:

"Oh, Bee, Caroline says this in't her baby at all, and that I must have ex-changed with you."

changed with you."
And, sure enough, that was Röbert.
Aunt Margaret began to laugh, and Bee
looked very much ashamed as she said:
"Well, anyhow, the carriages are almost exactly alike, and I never looked

under the parasol to see whether it was Robert or not."

"Neither did I," said Helen, as she took her little niece and started down the street

WHAT LAGER BEER CONTAINS.

The Philadelphia North American re ports the following as having been told by a former brewer to Charles L. Brown, attorney for the Dairy and Food Com-mission. He said that lager beer brewed in this country nowadays contains sulphite of lime, as a "cleanser;" tarsulphite of lime, as a "cleanser;" tar-taric acid as a preservative; citric acid as flavor; benzoic acid as an antiseptic; tannic acid as a "bleacher;" salicylic acid and kolium metasulphite as preservatives; glucose as a sweetener; jun-iper berries as an antidote for salicylic acid, and various other ingredients as unfit as these for human consumption. The brewer declared that there had been little or no pure lager beer made in this country for ten years or more.