

ber it is salvation you are in quest of ; an object of such transcendent importance, as to be a check upon volatility, and of such value, as to encourage the most exemplary patience.

7. *Read calmly.* You are anxious to obtain eternal life : you are eagerly asking, " What shall I do to be saved ? " But still, you must not allow your solicitude so far to agitate your mind, as to prevent you from listening calmly and coolly for the answer. In circumstances of great anxiety, men are sometimes so much under the power of excited feelings, that the judgment is bewildered, and thus they are not only prevented from finding out what is best to be done, but from seeing it when it is laid down by another. This anxious and hurried state of mind is very common in those who are just awakened to a concern about salvation ; they are restless and eager to gain relief, but are defeated in their object by their very solicitude to obtain it. The scriptures are read, sermons are heard, advice of friends is received, in a confused state of mind. Now you must guard against this, and endeavour so far to control your thoughts, and calm your perturbation, as to attend to the counsels and cautions which are here suggested.

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