

of Montreal, was taken ill with what her medical attendant, an experienced man from the centre of the city, said was *typhoid fever*. After the case had lasted many weeks, another physician was taken in consultation, who pointed out that the patient had all along been suffering from passive congestion of the lungs, that the lungs were full of the exuded serum, and that the issue would be fatal. And it was.

Frequent hemorrhages make a gloomy look-out, and attacks of catarrhal bronchitis aggravate the morbid state very much. This form, if ill-treated, or not treated at all, often terminates in consumption; and even if this does not take place, it may result in a permanent condensation of the lung tissues, which, in its turn, tends to disease of the heart.

One of the first thoughts of the physician, when treating a confirmed case of passive congestion of the lungs, is to send the patient to the mountains. This is the secret of the good results of Colorado in pulmonary complaints, but I have found a residence at Georgeville, in our own fair Province, even more effective and vastly cheaper. The diminished atmospheric pressure stimulates the pulmonary tissues and thus induces contraction of the dilated vessels. Note, however, that for this very reason *patients subject to hemorrhage should not go to the mountains*.

In this phase of pulmonary congestion the diet should be nourishing, and I look upon a well-made beef-tea as being the sheet-anchor. The chest, back and front, should be sponged with cold water every morning and then dried with a coarse towel. Exercise should only be taken under medical advice—I have known death result from a neglect of this precaution. Perhaps in no form of pulmonary disease does homœopathy show more brilliant results, and I have seen cures of apparently hopeless cases.

It must be noted that active congestion of the lungs may be succeeded by the passive form. An individual is exposed to a draft of air, takes cold, and has a sharp attack of active congestion of the lungs. This is but partially cured, the arteries