

Scorn also to depress thy competitor by any dishonest or unworthy method; strive to raise thyself above him only by excelling him: So shall they that contest for superiority be crowned with honour, if not with success.

By a virtuous emulation the spirit of a man is exalted within him; he panteth after fame, and rejoiceth as a racer to run his course.

He riseth like the palm tree in spite of oppression; and, as an eagle in the firmament of heaven, he soareth aloft, and fixeth his eye upon the glories of the sun.

The examples of eminent men are in his visions by night, and his delight is to follow them all day long.

He formeth great designs, he rejoiceth in the execution thereof, and his name goeth forth to the ends of the world.

But the heart of the envious man is gall and bitterness; his tongue spitteth venom; the success of his neighbour breaketh his rest.

He sitteth in his cell repining; and the good that happeneth to another, to him is an evil.

Hatred and malice feed upon his heart, and there is no rest in him.

He feeleth in his own breast no love of goodness, and therefore believeth his neighbour like unto himself.

He endeavours to depreciate those that excel him, and putteth an evil interpretation on all their doings.

He lieth on the watch, and meditates mischief; but the detestation of man pursueth him: he is crushed as a spider in his own web.