

Elite women athletes at Dal Past and present

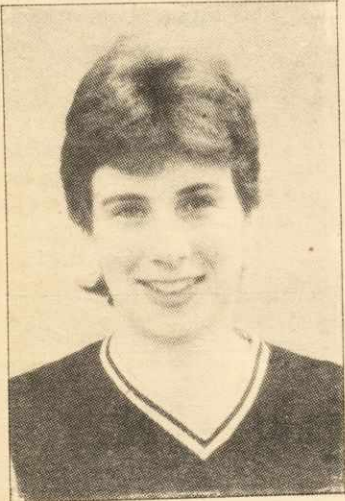
By JOANN SHERWOOD

The varsity sports programme at Dalhousie has produced a number of talented female athletes over the years. Besides reflecting on these women, their success is a compliment to the women's varsity sports program at Dalhousie. Undoubtedly, no other university in the Atlantic region has had a many world-class women athletes swim under their banner. The following is a summary of just a few of the Dalhousie women who have excelled while with the Tigers and who represented Canada in world-class competition.

Trish MacCormack Basketball

The younger of the two MacCormack sisters who play with the Basketball Tigers, Trish has not been overshadowed by her sister Kathy. Trish, who recently turned 21, has just finished her third year with the Tigers. This season, she was again among the team and league leaders from her post position. During the first half of the season, the 6'3" Trish was second in field goal percentage with 57.8% tied for first in free throw percentage with 100% accuracy, was fifth in rebounding with 8.5 per game and was fourth in league scoring with 15.3 points per game. Her impressive stats landed her a spot on the AUAA second all-star team.

During her second season with the Tigers in 1985-86, Trish won a spot on the AUAA playoff all-star team and was named to the Canadian junior national team.

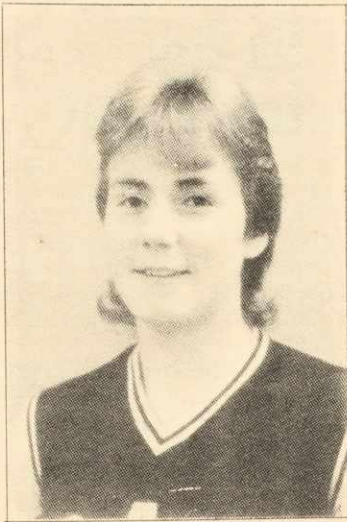


**Kathy MacCormack
Basketball**

Kathy, who is a year older than Trish, capped off a fine season this year, though a disappointing one for her team, by being named to the AUAA first all-star team and by also being named All-Canadian. At midseason, Kathy led the conference in field goal percentage with 59.5% and was fifth in scoring with 15 points per game. At 6'1", she, like her sister, is a dedicated basketball player and her efforts at the post position have paid off for her.

Last season, which was her first with the Tigers, Kathy was an AUAA regular season all-star. She was also named to the 1986 national team.

The MacCormack sisters hail from Sydney, where they attended Holy Cross High School.



Anna Pendergast - Basketball

Anna played under Carolyn Savoy's Tigers for five years, from 1978-1983. While studying physical education at Dalhousie, the 5'10" Anna was the only woman Tiger to accumulate more than one thousand points in scoring.

She was twice named All-Canadian first to the second team and then to the first team, which made her one of the top five women's basketball players in the country. She was also AUAA league MVP for two seasons. Because of her outstanding play, Anna was awarded the Class of '55 Trophy for outstanding Dalhousie female Athlete of the Year.

Anna played for the junior national team before moving up to join the senior national squad, which she has been a member of since 1982. While with Canada's top women's basketball team, Anna has had the opportunity to participate in such tournaments as the '84 Olympics and the World Student Games in '83 and in '85. Since 1983, she has participated in every tournament the Canadian team has taken part in. From her shooting forward position, Anna is able to display her aggressive defence, outstanding shooting skills, and her rebounding ability.

For the past two years, Anna has been a long way from her native Kensington, PEI. She has been playing semi-pro basketball for the Wolfenbuttel team in Germany. Anna is the star of the league there. Her team won the division two title last year and were able to move into the top division.

In May, she will be returning to Canada to join the national team's training session. The team will be taking part in competitions to prepare for the '88 Olympics next summer in Seoul, South Korea.

Nancy Garapick — Swimming

Though Nancy only swam for Dalhousie for one season, she did manage to rewrite the team's record books. Visit the Dalplex pool and you will notice that she holds nine Dalplex pool records. She retired from competition after winning five gold medals for Dalhousie at the 1983 CIAU swimming championships and being named All-Canadian.

Nancy had plenty of experience in the pool prior to her joining

the Tigers. In 1975, when she was only 14, Nancy was named Canada's female athlete of the year. That year, she had established a world record in the 200m backstroke. She is the ninth, and subsequently the last, Canadian female swimmer to achieve a world record. At the Montreal Olympics in the 1976, Nancy won bronze medals in the 100 and 200m backstroke events. She was the only Canadian to win two individual medals at the competition.

During her illustrious career, Garapick tallied 38 Canadian championship medals, and 17 national titles in four of the five stroke disciplines. Nancy won 60 medals (25 gold, 19 silver, and 16 bronze) for Canada in international competition between 1975 and 1981.



Karen Fraser — Volleyball

Karen, a Halifax native, also played for the women's volleyball team at Dalhousie for five seasons. She was named All-Canadian four times. In the AUAA, she was Dalhousie volleyball MVP in 1982 (with Karin Maessen) and in 1986. She was AUAA MVP and AUAA all-star her previous four years.

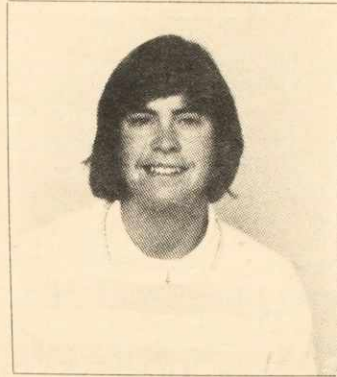
In 1982, the women won their first national volleyball title. Karen Fraser was an all-star and Karin Maessen was MVP.

Karen was a member of Canada's national team from 1979-1984. She participated in the L.A. Olympics. She has also taken part in the World Student games in 1981 and 1983. She was member of Canada's entry at the Pan-American Games in 1983 and she has participated in numerous tournaments and world championships in that time.

Karen served as an assistant coach to Lois MacGregor for two years before coaching the team herself, as a player-coach in 1985 and again coaching the Tigers this past season. Previously, Karen remarked that she did not find the change from the playing ranks to the coaching ranks as difficult as she expected. The Dalhousie players have been very willing to co-operate with someone many of them once played with.

While employed as Tiger head coach this past season, Karen was also working at the Dalplex as assistant sports information director. She is also a part time

student working towards a master's degree in sport's psychology.



Karin Maessen — Volleyball

Karin played with Dalhousie's women's volleyball team for five seasons. The 5' 11" native of Halifax was a Class of '55 award-winner in 1977, '81 and '82. She was Nova Scotia's athlete of the year in 1981 and '82. She was team MVP in 1977, '80, '83 and she shared the honour with Karen Fraser in 1982. She was the league's most valuable player in 1982 and '83. After having been first team All-Canadian the previous two years, Karin was named CIAU player of the year in 1982.

After a stint with the junior national team, from 1975-79, Karin joined the senior national squad, where she played from 1979 to 1983. At the time, she was the top setter in the country.

These days, she is putting her degree in physical education to good use as she fills in as a substitute teacher. She has also gotten into the volleyball coaching ranks.

Susan Mason (MacLeod) — Swimming

Susan earned a place on Canada's national swim team in 1977. That same year, the native of Halifax became the first Nova Scotia swimmer ever to win a medal in the Canada Summer Games when she competed in the third Canada Summer Games. Susan won a total of five medals at the event, including three gold in the 200m butterfly, 400 and 800m freestyle events.

She also participated in such international competitions as the XI Commonwealth Games in Edmonton and the World Aquatic Championships in West Berlin.

Susan turned down scholarship offers from American universities in order to swim for Dalhousie. Following her first season, 1978-79, she was named AUAA swimmer of the year, CIAU swimmer of the year, and was awarded the Class of '55 Trophy was Dalhousie's female athlete of the year.

At the 1979 World University Games in Mexico City, Susan led the Canadian team with three fourth place individual performances and captured a bronze medal anchoring Canada's 400m freestyle relay team.

As a Tiger, Susan was a four time All-Canadian, AUAA swimmer of the year and team MVP capturing seven CIAU individual titles and a total of 16 championship medals. In AUAA championship competition she was unbeatable, winning all twenty events (three individual and two relays) the maximum number she was allowed to enter over the four years.

Marie Moore — Swimming

Marie was student at Dalhousie last year. She certainly made a name for herself as a member of the Dalhousie swim team. A list of accolades that were bestowed on her last season are as follows: CIAU qualifier, AUAA female athlete of the year, All-Canadian, and CIAU athlete of the week twice.

A butterfly, freestyle and individual medley swimmer, Marie was a member of Canada's national team from 1982-1984. She participated in the 1984 summer Olympics held in Los Angeles. In the 1983 Pan-American Games, she won a bronze medal in the 200 butterfly, breaking Nancy Garapick's Canadian record in the process. Last season, Marie established the AUAA record in the 100 and 200m butterfly. At the nationals, Marie won silver medals in the 400 free, 100 butterfly, and the 200 butterfly. She was also a member of Dalhousie's 4x400 medley relay team, which set a record at the CIAU's last year.



Best Finish ever for Dal

Competitors from Dalhousie participated in the CIAU track and field competitions, which were held over the weekend in Saskatoon. The Tigers were led by medal performances by Lucy Smith, who won a silver in the 3000 metre event and by Annick deGooyer, who won a bronze in the 1000 metre event. It was the first time an AUAA school had ever won two medals in the highly competitive event.

Lucy Smith, who led for most of the way in the 3000m event before Sandra Anshuetz of Western overtook her. Smith finished in a time of 9:36, a second slower than Anshuetz's silver-medal winning performance.

DeGooyer's bronze medal winning time in the 1000m event was 2:49:30. The race was won by a runner from McMaster who set a new CIAU record in the process.

Smith and deGooyer, who were named to the All-Canadian cross country running team earlier this year, also represented Dalhousie in the 4 x 800 metre relay race. They were joined by Barbara Ross and Sue Comeau in securing a sixth place finish for Dalhousie in the race.