

# INTRAMURAL PROGRAM & PHYSICAL RECREATION

The Physical Recreation and Intramural Program is ready and waiting for you, the participant. This is your chance to engage in a variety of physical activities or leisure time. The Program is designed to serve the needs and interests of ALL students at U.N.B. and S.T.U. regardless of skill level and experience. You do not have to be an athlete to participate. In fact, varsity athletes may not compete at the Intramural level in their particular sport(s).

The Program is divided into four units, each providing a slightly different emphasis. **INFORMAL RECREATION** enables you to participate in your favourite activities at times that are convenient for you. **INTRAMURAL SPORTS** consists of leagues and tournaments for men's, women's and co-ed teams in a large number of sports. If you have always wanted to learn to ski, swim, play squash, etc. or to improve your skills, the **NON-CREDIT INSTRUCTION PROGRAM** is for you. The

twenty-two **SPORT CLUBS** on campus offer you a chance to learn new skills, engage in a favourite sport, and socialize with fellow enthusiasts.

The Physical Recreation and Intramural Program staff is anxious to provide the best possible program for you. If you have any questions, comments, or suggestions, please contact the Program Director, Shirley Cleave. The Recreation Office is located in Room A121 L.B. Gym, 453-4579. The counter hours are from 10:00 am to 2:00 pm Monday thru Friday.

### INFORMAL RECREATION

A large variety of athletic facilities are available for your use on a casual or unstructured basis. Facilities include gymnasium, swimming pools, weight room, squash/racquetball courts, tennis courts, fields, ice arena, and locker rooms. Available times vary depending on the facility and the time of year. Check Recreation bulletin boards and *The*

*Brunswickan* for current schedules. The West Gym is always available for recreational use from 4:30 to 6:30 pm on Wednesdays. Make good use of your leisure time --swim, skate, play basketball, jog, use the weight room, etc!

### INTRAMURAL SPORTS

Intramural Sports are divided into men's, women's, co-ed, and inter-residence units. Leagues and tournaments are organized in a wide variety of activities including team games, racquet sports, and individual events. The emphasis is on fun and participation, not competition. Everyone is invited to participate.

You may register for Intramural Sports either as an individual or as a team in the Recreation Office Room A121 L.B. Gym. Entry Deadlines are published in *The Brunswickan* and posted on bulletin boards throughout campus. Entries are accepted during Counter Hours -- 10:00 am - 2:00pm - Monday thru Friday.

The actual operation of all leagues and tournaments is handled by student coordinators, sport convenors, referees-in-chief, and officials. While some administrative positions have already been assigned there are still a few vacancies. Individuals are also required to officiate in all sports. A successful program depends on our student personnel. Anyone interested in

becoming involved should contact the Recreation Office.

### NON-CREDIT INSTRUCTION PROGRAM

The Non-Credit Instruction Program continues to be the one the fastest growing components of the Recreation Program. A wide variety of classes are offered to help you improve your level of fitness and to learn new sport skills or improve existing ones. Classes are open to all students and other members of the university community. Excellent instruction is provided, necessary equipment is supplied, and fees are low. Proposed classes for Fall 1988 and registration dates are listed below. If you would like instruction in other activities, please contact the Recreation Office.

### REGISTRATION PROCEDURES

Registration for all classes (except those marked with an asterisk) is handled through the U.N.B. Business Office weekdays between 10:00am and 5:00pm. Fitness Programs and adult swimming registrations are done at the L.B. Gym at designated times. Information and registration forms will be available from the Recreation Office and the Business Office. Enrollment in all classes is limited and on a first come, first served basis.

### SPORTS CLUBS

There are presently twenty-two sport clubs affiliated with the Physical Recreation and Intramural Program. Each club has an elected executive, a constitution, and a budget, and offers a program of sport and social activities. All clubs provide instruction for both the novice and experienced participant on a formal or informal basis. The clubs currently registered with the Recreation Program are:

Get involved with the club(s) of your choice. All clubs welcome new members. Names and phone numbers for contact persons for each club will be available at the Recreation Office. Watch bulletin boards throughout the campus for notices about club organizational meetings. If you wish to organize a new sport club, contact the Recreation Office and we'll help you get started.

### STUDENT EMPLOYMENT

The Physical Recreation and Intramural Program hires students to work as sport organizers, officials, gymnasium supervisors, instructors, and lifeguards. Remuneration is based on qualifications and experience. If you are interested in gaining some valuable experience, meeting new people, and earning some money, please fill out an application form at the Recreation Office.

## MOOSEHEAD VARSITY CALENDAR

SOCCER	UCCB at UNB	1:00 pm
FIELD HOCKEY	UNB at MCGILL	EXHIBITION
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### Upcoming Events Entry Deadline

Upcoming Events	Entry Deadline	Clubs
<u>Women's</u>		
Softball	Sept. 20	Badminton
Touch Football	Sept. 20	Cricket
Soccer	Sept. 20	Curling
<u>Men's</u>		Divng
Softball	Sept. 20	Fencing
Touch Football	Sept. 20	Figure Skating
Soccer	Sept. 20	Judo
<u>Co-Ed</u>		Kayak
Softball	Sept. 20	Kenko Karate
<u>Tournaments</u>		Kyokushinkai Karate
Tennis		Lifeguard
Men's & Women's	Sept. 19	Masters' Swim
Mixed Doubles	Sept. 19	Riding
<u>Non Aquatic Classes</u>	<u>Registration Begins</u>	Rock & Ice Climbing
Tennis	Sept. 12	Rugby
*Fitness Programs	Sept. 14	S.C.U.B.A.
(Morning, Noon, Afternoon & Evenings)		Skiing
Squash Racquets	Sept. 19	Trap & Skeet
Weight Training	Sept. 26	Waterpolo
Racquetball	Oct. 24	Women's Ice Hockey
<u>Aquatic Classes</u>	<u>Registration</u>	Women's Soccer
Aqua Exercise	Sept. 26	
*Adult Swimming	Sept. 22	