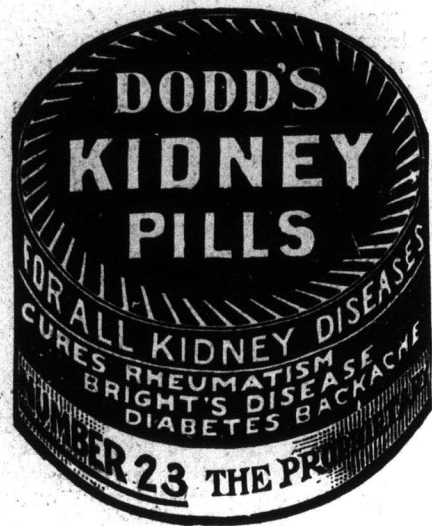


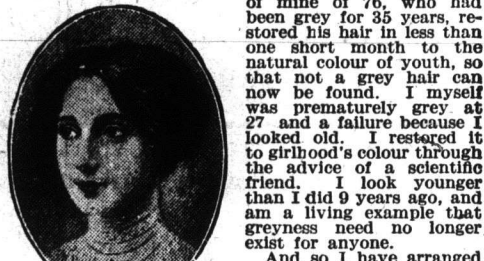


For Grey Hair

I Will Tell You Free How To Restore Your Grey Hair To Natural Color of Youth And Look Years Younger

No Dyes or Other Harmful Methods Results in Four Days

Let me send you free full information to restore your grey hair to the natural color and beauty of youth, no matter what your age or cause of your greyness. This same simple means not only succeeded with me, but with thousands of others. One friend



of mine of 76, who had been grey for 35 years, restored his hair in less than one short month to the natural color of youth, so that not a grey hair can now be found. I myself was prematurely grey at 27 and a failure because I looked old. I restored it to girlhood's color through the advice of a scientific friend. I look younger than I did 9 years ago, and am a living example that greyness need no longer exist for anyone. And so I have arranged to give full instructions absolutely free of charge to any reader of this paper who wishes to restore the natural shade of youth to any grey, bleached or faded hair without the use of any greasy, sticky or injurious dyes or stains and without detection. I pledge success with both sexes and all ages no matter how many things have failed. So write me to-day. Give your name and address plainly, state whether lady or gentleman (Mr., Mrs. or Miss) enclose 2 cent stamp for return postage, and I will send you full instructions to restore the natural color and appearance of youth to your hair, making it soft, natural and easily managed. Write to-day and never have a grey hair again. Address Mrs. Mary K. Chapman, Aptmt. 381 N. E. Banigan Bldg., Prov. R.I.

SPECIAL NOTICE: Every reader of this paper, man or woman, who wishes to be without grey hair for the rest of their life is advised to accept above liberal offer at once. Mrs. Chapman's high standing proves the sincerity of her offer.

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times of the year. It enables the hens to consume more feed and to make higher records without danger of injury to their health.

6.—Fresh water — clean, wholesome food.

Hens require a large amount of water for egg production, consequently they should be encouraged to drink as much as possible. Mangels and sour milk carry a large percentage of water. Providing fresh water often and warming the water during the cold weather will also help. Patent poultry food or poultry regulators are getting to be a thing of the past. Good, wholesome food, properly fed is all that is necessary to stimulate production. The following rations have given excellent results at the egg laying contest during the present year:

Wheat.....	100 lbs.
Cracked corn.....	100 lbs.
Scratch Grains	
Dry Mash	
Bran.....	100 lbs.
Cornmeal.....	100 lbs.
Ground oats.....	100 lbs.
Flour middlings.....	100 lbs.
Fish scrap.....	50 lbs.
Beef scrap.....	50 lbs.

7.—Encourage dry mash consumption. The proportion of grain and mash fed is quite as important as that the proper amounts of the different ingredients be used. The mash usually contains by far the greater part of the protein in any ration, consequently the proportion of mash to grain must increase or decrease with production. The mash should be made as palatable as possible, and

off on the side next you. This leaves the turkey ready for slicing. There are two ways of carving the breast of a roast turkey. The slices may be carved in a direction parallel to the breast or they may be sliced longitudinally. Boiled turkey always looks best carved longitudinally.

In splitting the carcass of a turkey or chicken what is called the "oyster bone" should first be removed by placing the flat of the knife against the vertebrae connecting the "Pope's nose" with the carcass and pressing the edge of the knife in the direction of the neck of the bird. The wishbone can be taken out by placing the flat of the knife against the breastbone next to the wishbone and keeping it pressed against the carcass while cutting.

Roast beef is very easy to carve. Cut slowly across the heavy end of a rib roast to free the meat from the ribs from right to left, and then cut the meat in thin slices. For a sirloin roast, first cut out the tenderloin close to the bone, next remove the rounded end of the meat, and then slice the sirloin, always cutting across the grain. People who like fat can be given a thin slice from the end piece.

Roast leg of lamb should always be placed on the platter so that the leg bone comes at the carver's left hand. Plunge the fork firmly into the centre of the meat over the bone and slice the meat down the centre first to the right and then to the left, loosening the meat from the bone by a sidewise motion of the knife.



Homeward Bound.

a fresh supply kept constantly before the birds. The mash consumption may be somewhat controlled by increasing or decreasing the grain. Equal parts of grain and mash by weights is usually about right.

Hints for Carving

When Daniel Webster was the guest of honor at a New England Thanksgiving dinner, he was asked to carve the turkey. The bird was a tough old gobbler, and the carving knife had seen better days, so the famous orator had rather a hard time. At last, in desperation, he gave a terrific jab at the drumstick, but, far from severing it from the carcass, it only caused the tough old fowl to bound from the platter into the lap of a lady guest.

It did not embarrass the great Daniel. He fixed his eagle eye on the unfortunate woman, and said in stentorian tones: "Madame, I'll trouble you for the turkey."

Now this sort of thing is really more likely to happen nowadays. Very few men or women know how to dismember a chicken or turkey or even to carve a piece of roast beef without haggling it. There is nothing at all difficult about carving, and it is a very useful thing to learn, for you never can tell when you may be called.

The fowl should be placed on the platter so that the breast will be at the left hand of the carver. Insert the carving fork in the turkey or chicken at the small end of the breast-bone, sticking it in firmly so as to hold the carcass securely. With the carving knife first take off the leg with the second joint on the farthest side of the fowl; then tipping the turkey slightly take them

rolled roast is a rib roast of beef with the ribs removed and the meat rolled and skewered firmly into place. The fat should be scored by the butcher, so as to let the meat roll properly. To carve this hold the knife flat and with a quick, sawing motion cut clear across, holding the meat firmly, with the fork placed low on the left side. Fillet of beef should be cut into slices half an inch thick from one end to the other; the thickness being greater in some places than in others gives the carver an opportunity to offer well-done and rare meat from the same piece.

Short Course in Farm Engineering

A short course in farm engineering is planned by the Manitoba Agricultural College commencing on January 15th. As far as we know it is the only one of its kind offered in Canada covering the various phases of farm engineering, such as steam and gas traction engineering, forge shop, farm mechanics, building construction, concrete construction, farm machinery, etc. Full particulars of the course can be had on application from the Professor of Agricultural Engineering, Agricultural College.

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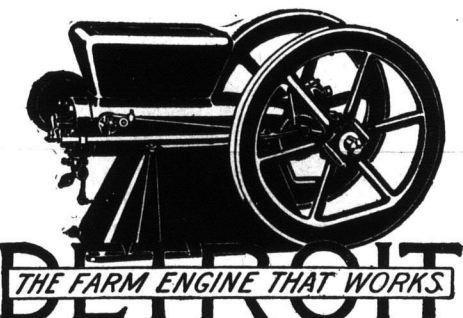
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