Economy!

is not only the most economical on account of its great strength but you have the refreshing and delicious qualities as well.

Ask your Grocer.

In Sealed Metal Packets.

His Great Decision

Which Shows the Attitude of Our Southern Neighbor At the Beginning of the War, and How the Republic's Noblest Sons and Daughters Rose to the Occasion.

"Maybe not, Annie, only sometimes wish Marjie'd stick to some real man for awhile. I was worked like a stoker building a name for Marjie to be proud of. I don't want her to add a name that doesn't stand for some sing. I wish she'd settle plough." Emerson,

FISHERS' SUPERSTITIONS.

Omens That Daunt the Gallant Traw-

"Haul the trawl, my lads; we'll aye to try new grounds. He's swept it the fish out of these waters."

So cries the skipper, and the nets these observations are not in accord knew for a colored man n a Texas town the catches have been, no skipper will waste time longer in a locality which has had its fluck swept away" in this fashion.

All sailors are superstitious, but some is so completely under this integrates at the old deep-sea fasherman. The puts the deepest faith in "signa" these observations are not in accord with reservations are not in accord knew of a colored man n a Texas town who got it straight from a circus clown, That a man in the Kiondike heard the news returns.

The Eskimos of that Arctic territory (now numbering about 10 000) are holding their own numerically, and their condition, social and economic, has been so greatly improved within recent years that before long they are likely to show an increase in the census returns.

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The increase in Cuba knew of a colored man n a Texas town though the color, and their ordinal provided in the negroes in Cuba knew of a colored man n a Texas town the color, and their ordinal provided within recent years that before long they are likely to show an increase in the color of a swell society female take whose mother-in-law will undertake the old provided within recent years that before long they are lik

the puts the deepest faith in "signs" and omens of all kinds. Nothing would induce a skipper of the old school to sail on a Friday. One intrepid unbeliever who dared to leave the docks at Grimsby on a Good Friday was hooted through the lock-gates by the scandalized populace. In spite of thus challenging the fates, however, he returned safely with ship and crew.

FIGHTING ESKIMOS.

The Tribes c' Alaska are a Sturdy and Healthy Race.

Much has been written about the Much has been written about the physical deterioration of the Ale kan Eskimos and the prospect that their race will soon become extinct but these observations are not in accord knew knew

Theirs seems to be a case of the survival of the fittest. For, according to tradition, the Cape Eskimos of long ago were fighters, constantly waging war with their neighbors, and waging war with their neighbors, and tough charwelcoming to their band tough char-acters and outlaws from other places end.

near and far.

They seem to have flourished long befere Columbus landed in America; and, in regard to their warlike his-tory, archeologists are not obliged to







Absolute knowledge, I have none, But my aunt's washerwoman's son, Heard a policeman on his beat,

Chere

is Beauty in Every

Jar

You are young but once, but

you can be youthful always if

you care for your complexion properly. Daily use of Ingram's Milkweed Cream prevents

blemishes, overcomes pimples and other eruptions. Since

1885 its distinctive therapeutic quality has been giving health

to the skin and youthful color to

the complexion. It keeps your

skin toned up, soft and clean.

The refined way to banish

oiliness and shininess of nose perspiration, is to apply a light

THERE IS BEAUTY IN EVERY JAR

Ingram's Milkweed Cream

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Ingram's

Milkweed Cream

F. F. Ingram Co., Windsor Ontario

Darowax

Goodness Sealed In

For Good

Air is the arch-enemy of preserves. Keep it out and you keep the goodness in. Easy enough—if you seal the glass-es and jars with melted Parowax.

Preserves so sealed can't lose that delicious, freshly-picked quality.

Parowax imparts no taste or odor to preserves, and completely bars out mold and fermentation. At your grocers or

druggists—in inexpensive 1 lb. and

IMPERIAL OIL. LIMITED Branches In All Cities.

touch of Ingram's Velveola

Souveraine Face Powder, 50c.

It also conceals the minor blemishes. Included in the complete line of Ingram's toilet products

at your druggist's is Ingram's Zodenta for the teeth, 25c.

A Picture with Each Purchase

Each time you buy a package of Ingram's Toilet Aids or Perfume

Ingram's Tollet Aids or Perfume your drugglet will give you, without charge, a large portrait of a world-famed motion picture actress. Each time you get a different portrait so you make a collection for your

We are in the market for cream all through the year. We pay the HIGHEST market price. Our plant is right up-to-date. In business since 1906. Drop us a postcard for particulars. Mutual Dairy and Creamery Co. 743-5 King St. West Toront

Excellent Training

Harold, the only son of a wealthy wildowed mother, was selected for service by his local board and duly arrived at the camp where he was to receive instructions in the manly art of warfare. Imagine his surprise and chagrin when he was detailed to what is known as K. P. duty. In this he became quite proficient, however, as the

make some girl a mighty fine

Cream Wanted FROM OLD SCOTLAND

NOTES OF INTEREST FROM HEB BANKS AND BRAES.

What is Going On in the Highlands and Lowlands of Auld

Sister Isabella Mackintosh of Glen

Back garden concerts for patrio

been purchased by R. A. Mackin

who recently died in a London hosp

tal, was a son-in-law of the late Dr. Henry Bulst, Perth.
Lieut. Robert Whyte, Royal Scots,

who was killed in action, was the youngest son of the late Captain Whyte, Highfield, Dollar. The Bishop of Edinburgh recently ledicated memorials to St. Andrew's

Church, Kelso, in memory of Lieut. Hugh Reginald Stanley Clarke. The Military Cross has been awarded to Lieut. Charles S. Marshall, King's Royal Rifles, son of William Marshall, Kirkintilloch.

The American Red Cross will construct a monument in Islay in memory of the American soldiers who lost their lives by the sinking of the Tus-

The £7 072 raised in Rothes during War Weapon Week works out at five guineas per head of the population Dr. Agnes Cameron, James Paxton and Dennis Hegarty have been elect-ed members of the Glasgow Parish

Council. Major Robert Campbell, formerly of Cloghill The Military Cross has been award

The death is announced at Govan

Company. The Military Medal has been award-

ed to Driver Jack McLaren, R.F.A., son of J. McLaren, Newlands road, Catheart. The D.SO. has been awarded to

Major J. Kyle Mackenzie, son of Mr. and Mrs. John Mackenzie, Southwood, Mole skins bring from eightpence

to ninepence each in Aberdeenshire and Morayshire, and women are being trained as mole-catchers. A banner to commemorate the services of the Cameronians has been placed in Glasgow Cathedral beside

the old colors of the regiment.
In recognition of his being awarded In recognition of his being awarded the D.S.O., Major D. K. Michie, H.

L.I., has been presented with a silver cigarette case by his colleagues.

Captain Ronald Charters Macpherson R.F.A., who died of wounds, was

the youngest son of the late Sir John M. MacPherson, Creag Dhu, Onich. Lieut. Arch. M. Woodside, H.L.I., dead of wounds received in action, is the third son of Rev. David Wood-side, Woodlands road, who has given his life in the war. Among the gifts at a free gift sale

at Banchory was a sword which had been in use at Culloden. Brig.-Gen. Lord Lovat, who has been

awarded the Croix d'Officier of the Legion of Honor, succeeded his father in 1897. Many congratulations were tender

ed to Henry Soloman, 5 Teviot Place Edinburgh, on the celebration of his 100th birthday. Lieut. John Frater, M.G.C., who has

died of wounds received in France, was the youngest son of ex-Baillie

Must Stop Candy Manufacture.

The Canada Food Board, on July 23 8th Avenue East, Calgary, to distinue the manufacture of candy forthwith, and not to purchase any sugar to manufacture caudy until permission has been granted by the Board. The Company must return the sugar which it has on hand, to the dealer from whom it was purchased, and must cancel all orders for sugar. Union Confectionery was using sugar in the manufacture of candy, despite the fact that it had not been in business last year, and consequently was not entitled to an allotment of si The Chief of Police at Calgary has been asked to see that these instructions are observed.

Large Supplies of Haddock.

A bountiful harvest of haddock is being reaped by the Maritime Pro-vinces fishermen these days and the shore fishing fleet is landing heavy catches daily, according to advices just received by the Canada Food Board. These boats go out to sea at sunrise and set their lines from five to ten miles offshore. Returning with their fish in the afternoon, the haddock, in splendid condition, are dressed and packed for shipmest as soon as landed, and the Sea Food Special of the Canadian Government Railways Toronto stores at ten cents per pound and the Food Board is urging that it be used freely as a summer diet while plentiful.

Sweeten rice pudding with raising Quit yourselves like reen. Qu