



## RULES FOR Making Cod Liver Oil For the Guidance of Manu- facturers

- 1st. The manager in charge of factory must see that the livers are fresh; that all brown or poor livers are thrown out; that there is no gall bladder attached to any livers.
  - 2nd. The good livers must then be washed in a tub of clean fresh water.
  - 3rd. The pan in which the livers are boiled must be perfectly clean inside, before any livers are placed in it.
  - 4th. Before you start to boil any livers, you must have sufficient steam.
  - 5th. Turn on the steam, and use as much as you need to have for the quantity of livers you have in your pan. Boil until the white scum floats off (which will take about thirty minutes.) Don't forget to stir the livers, and see that those in the bottom and those around the sides are brought into direct contact with the steam all the time.
  - 6th. Turn the steam off, and allow all to settle, not exceeding five minutes, according to capacity of liver boiler.
  - 7th. Then you dip all the oil you can get, which is the finest white oil. Put this oil in a cooling tank made of galvanized iron, and let the oil remain there till next morning. Don't forget to put a straining cloth over the cooling tank before you put any oil in, so that it will catch any bits of blubber; allow to remain 12 or 14 hours, or longer if possible, then dip from cooling tank and strain through double calico bag, inside bag to be one inch smaller all around; then strain into a tin shute under the bags, the cask to be at the end of the shute with a funnel, to lead oil into casks, which funnel to be covered with cheese cloth.
  - 8th. When you have dipped the finest oil from the top of the liver boiler pan, take all the blubber from the pan while it is warm. The oil from this blubber is not fit for medicinal purposes.
  - 9th. Then clean your liver pan with warm water and washing powder. Have it bright and clean for the next boiling.
  - 10th. Every bag, cloth, tank, funnel and pan, must be washed only with warm water, soap and water. Soda must not be used.
- The best results for medical oil can only be obtained by the use of tin barrels. Wooden packages generally make the oil dark, and destroy its fine flavor. Keep all oil in barrels in a cool place, and covered from the sun.

DEPARTMENT OF MARINE AND FISHERIES  
St. John's.



## REGULATIONS For Salting Scotch Pack Herring

One barrel salt to five and a half barrels herring—Large Fulls  
One barrel salt to six barrels herring—Medium Fulls.  
One barrel salt to six and a half barrels herring—Matt Fulls.  
This amount of salt is for dredging and laying on rows only. It does not take into account that put on the herring before gibbing.  
All salt falling off herring in rousing tubs is put on rows as you pack unless very dirty or scaly; in that case, you have to make good the same amount, or otherwise you could not have any fixed rule on salt.

Matt Fulls.....	10 1/2 inches long.....	Milt or roe
Medium Fulls.....	11 1/2 inches long.....	Milt or roe
Large Fulls.....	12 1/2 inches long and upwards.	Milt or roe
Medium Filling....	11 1/2 inches long and upward	
Large Filling....	12 1/2 inches long and upwards	

Filling Fish may be branded as Scotch Cure without the Crown Brand

No drowned, stale, or scaleless herring can be used as Scotch Pack, nor herring in half frozen state.

The root cause of light salting is to come as near as possible to the pleasing of the palate of the consumer; and if we bear in mind that over three-fourths of all Scotch-Pack Herring are consumed as a tonic before the mid-day meal, just as they come out of the barrel, without any fire cooking, we can see the reason at a glance for the right salting. The herring is dressed by the head and the tail being cut off, the main bone taken out. It is then cut into squares of about one inch, and is served with vinegar and other condiments. This gives power to the stomach to digest the following meal and keeps the consumer in the best of health.

People with bad stomachs please note that the art of cooking and eating right is just as essential as the art of curing; and based on the best medical directions, and with the chemical analysis of the constituent parts of herring as a food ever kept before the consumer, we need not be surprised that the people who eat most herring are the most healthy and efficient.

DEPARTMENT OF MARINE AND FISHERIES  
St. John's.

### For Sale

Parcel of Land in Bay Roberts; also Dwelling House in Country Road, to be removed from land; Moving Picture Machine, Gas Light and Filmm; Aerated Water Plant, suitable for an outport; one Stelgh. For particulars apply at this office.

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P. O. BOX 1270.

### HOUSE OF ASSEMBLY.

Continued from page 2.

The vote for the Department of Finance is decreased by \$1,654; the salary for the Minister of Shipping is dropped. Small minor increases are made principally in connection with pensions.

In the Dept. of the Colonial Secretary there is a decrease of \$1,000. The census vote is decreased by \$3,000. Two messengers are added at \$444.00. An increase in vital statistics of \$200.00 and a slight increase in contingencies.

The Department of Justice shows an increase of \$19,527.50, due to an additional amount of \$7,500 for administration purposes, and increase of \$500.00 for contingencies and a magistrate for Labrador.

The vote for Education in increased by \$38,356, principally for the extra vote for teachers salaries and augmentation to the different boards according to the increase in population as shown by the census.

Public Charities shows an increase of \$11,968.00.

Dept. of Marine and Fisheries an increase of \$21,328.00, mainly in connection with ship-building bounty. There is also an increased vote for light-houses.

Dept. of Public Works shows an increase of \$37,350, largely due for repairs to public buildings.

Dept. of Posts and Telegraphs shows an increase of \$11,914.02. This includes pension for increased expenditure owing to interruption of regular mail service, new stamp issue, bags, seals, carriers, etc.

Customs Department is decreased by \$20,881. Last year there was a vote of \$100,000 for refunds. This has been cut to \$80,000.

There is an increase of \$150,000.00 for the Controller's Dept. This is for Customs duties, for which there was no provision last year, and is but a matter of accounting.

Contingencies shows an increase of \$4,552.00. In the vote for Military pensions there is a reduction of \$12,000.

The Committee rose, reported progress and asked leave to sit again to-morrow.

The remaining orders of the day were deferred, and the House adjourned until to-morrow at 12.15 p.m.

(To be continued.)

### LUCY GRAHAM'S SECRET

(Continued.)

"Kiss me, Phoebe," she said, as the girl arranged the curtains. "I hear Sir Michael's step in the ante-room; you will meet him as you go out, and you may as well tell him that you are going up by the first train to-morrow morning to get my dress from Madam Frederick for the dinner at Morton Abbey."

It was late the next morning when Lady Audley went down to breakfast—past ten o'clock. While she was sipping her coffee a servant brought her a sealed package and a book for her to sign.

"A telegraphic message!" she cried; for the convenient word telegram had not yet been invented. "What can be the matter?"

She looked up at her husband with wide-open, terrified eyes, and seemed half afraid to break the seal. The envelope was addressed to Miss Lucy Graham at Mr. Dawson's.

Read it, my darling," he said, "and do not be alarmed; it may be nothing of any importance."

It came from a Mrs. Vincent, the schoolmistress with whom she had lived before entering Mr. Dawson's family. The lady was dangerously ill, and implored her old pupil to go and see her.

"Poor soul; she always meant to leave me her money," said Lucy with a mournful smile. "She has never heard of the change in my fortunes. Dear Sir Michael, I must go to her. 'To be sure you must, dearest. If she was kind to my poor girl in her adversity, she has a claim upon her prosperity that shall never be forgotten.'"

### W. & I. BOWERING

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gotten. Put on your bonnet, Lucy; we shall be in time to catch the express."

"You will go with me?"  
"Of course, my darling. Do you suppose I would let you go alone?"  
"I was sure you would go with me," she said, thoughtfully.

"Does your friend send any address?"

"No; but she always lived at Crescent Villa, West Brighton, and no doubt she lives there still."

There was only time for Lady Audley to hurry on her bonnet and shawl before she heard the carriage drive round to the door, and Sir Michael calling to her at the foot of the staircase.

Her suite of rooms, as I have said, opened one out of another, and terminated in an octagon antechamber hung with oil-paintings. Even in her haste she paused deliberately at the door of this room, double-locked it, and dropped the key into her pocket. This door once locked cut off all access to my lady's apartments.

### CHAPTER VIII.

Before the Storm?

So the dinner at Audley Court was postponed, and Miss Alicia had to wait still longer for an introduction to the handsome young widower, Mr. George Talboys.

I am afraid, if the real truth is to be told, there was, perhaps, something of affectation in the anxiety this young lady expressed to make George's acquaintance; but if poor Alicia for a moment calculated upon arousing any latent spark of jealousy lurking in her cousin's breast by this exhibition of interest, she was not so well acquainted with Robert Audley's disposition as she might have been.

Indolent, handsome, and indifferent, the young barrister took life as altogether too absurd a mistake for any one event in its foolish course to be for a moment considered seriously by a sensible man.

(To be continued.)

### FLOWER SERVICE

On Sunday, August 19th, it was set apart that the congregation of St. Matthew's Church would hold part of the afternoon service in the church and part in the cemetery when floral tributes were placed on the graves of the departed. After the service the resting-place of the dead looked very beautiful clad in a profusion of flowers. The service was an impressive one and each felt the solemnity of the occasion as they lingered near.

"Those they loved long since,  
Yet lost awhile."

The men who conquer the world are the men who see beyond it.

Do not borrow trouble—the interest is far too heavy.

Faith gets most, humility keeps most, love works most.

Not by one heroic deed is our life-mission accomplished, but by faithful performance of that which evokes energy, and by a daily struggle to do right.

### MEN WHO MATTER

Reading over an item in a journal headed 'Men Who Matter,' it would be well for persons, especially the young man to shape his career from the following:—

Men who cannot be bought.

Men whose word is their bond.

Men who put character above wealth.

Men who will not lose their individuality in a crowd.

Men who will not think anything profitable that is dishonest.

Men who will be honest in small things as well as in great things.

Men who will make no compromise with questionable things.

Men whose ambitions are not confined to their own selfish desires.

Men who are willing to sacrifice private interests for the public good.

Men who are not afraid to take chances; men who are not afraid of failure.

Men of courage, who are not cowards in any part of their nature.

Men who will not have one brand of honesty for business purposes and another for private life.

### JOURNAL OF REV.

HENRY GORDON

CARTWRIGHT, LABRADOR

Continued.

Monday, Dec. 23rd.

Hard breeze from S.W., very mild. Made early start with Charlie Bird and reached Cartwright 9.30. We lashed Mrs. Shepherd's coffin on to our komatik, and set off for North River. The graves for the two others were now ready, so that I was able to bury the three at one time. It came on to rain at night-time.

Tuesday, Dec. 24th.

Busy with Christmas preparations. The frost has returned again. The glass is at 5 below zero. In the evening, I had all the children up to a feed, and finished up with games. It was pure balm to one's spirits to watch the youngsters enjoy themselves.

Wednesday, Dec. 25th.

Christmas Day! To remind us of the absolute certainty of God's love, despite all the sufferings we have gone through. Mattins at 10.30. Only six communicants! But a considerable "Communion of Saints."

The service was rather an ordeal for some of the folk. Evening saw Father Christmas at work once again. Mr. Parsons was simply splendid at the job. Most of the "Upper ten" had foot-presents on the tree, to the intense amusement of the audience. I think the fun did us all a great deal of good. The Northern mail arrived in the afternoon with young Wilfrid Shiwak. I received letters from both my teachers in the other bay, and was much relieved to hear that they were both well.

Thursday, Dec. 26th.

Snowing and blowing hard from the N.E. Had a regular home day, in which I overtook some arrears of work. Violet Martin came up to tidy the house a bit. Things are getting in a desperate state, as I have no time to keep anything clean. I'll take my hat off to housekeepers in the future. I'd rather dig graves.

(To be continued.)

### PERSONAL.

Mr. Len. Stick is visiting at Colby's Point, the guest of Mr. and Mrs. James Norman.

Mr. T. W. Crossman, of St. John's, who has been here visiting Mr. and Mrs. W. C. Whiteway, returned home on Thursday, August 23rd.

Miss Barbara Calpin, who has spent two weeks with friends in St. John's, returned home on Saturday night last.

Mr. Herbert Sparkes and Miss Emmie Sparkes, of St. John's, arrived in town during the week and are the guests of Mr. and Mrs. Isaac Snow.

The C. of E. picnic, which was to have taken place on Wednesday, August 22nd, owing to the inclemency of the weather, took place on Thursday, when weather conditions were more favorable.

Mrs. L. Sheppard, of Bell Island and Mrs. J. T. Lamb, of St. John's, were visitors in this town during the week and were the guests of Mrs. Wm. Dawe.

Miss Eva Moore, a popular young lady of this town, has taken the position of operator in the Postal Telegraphs Office here. We wish Miss Moore every success in her recent appointment.

Commandant Hurd, S.A., received word from Bermuda this week stating that Adj. Hiscock, S.A., who is in charge of that territory, was very ill of typhoid fever. The Adjutant's many friends here will hope for a speedy recovery.

Rural Magistrate—I'll have to fine ye a dollar, Jeff.

Jeff—I'll have to borrow it of ye, Judge.

Magistrate—Great snakes! It was only to get the dollar that I was finin' ye. Git out. Ye ain't guilty, anyway."

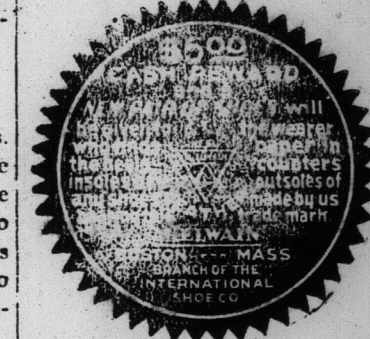
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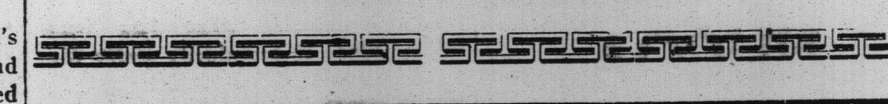
The latest thing in Ladies' Winter Footwear is the CAVALIER GAITER. We have them in Black and Tan, all sizes. They are stylish and the quality is reliable. The price is Right at \$7.50



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## SEEDS

The usual stocks of FRESH  
SEEDS have arrived and are  
for Sale at the Department  
Seed Room.

**Albert J. Bavly,**

Secretary to Agriculture