

INVOKÉ THE ASSISTANCE OF THE HOLY GHOST,
SAYING :

COME, O Holy Spirit, take possession of the hearts of the faithful, and kindle within them the fire of thy love.

V. Send forth thy Spirit, and they shall be created.

R. And thou wilt renew the face of the earth.

Placing yourself in the presence of God, return him thanks for all the benefits you have ever received from him, particularly this day.

O MY God, I firmly believe thou art here present, and perfectly observest all my actions, my thoughts, and even the most secret motions of my heart. Thou watchest over me every moment with incomparable love, conferring thy favours on me, and preserving me from evil. May all creatures unite with me, in extolling thy goodness for all the benefits I have ever received from thee, particularly this day, and may the saints and angels supply my deficiency in rendering thee due thanks. Never permit me, O Lord, to be so base and wicked as to repay thy bounties with ingratitude, and thy blessings with offences and injuries.

Pray for the grace to discover the sins you have committed this day, and for a true sorrow for them.

O MY Lord Jesus Christ, Judge of the living and the dead, before whom I must one day