

THE GOOD CANADIAN ;

OR,

HOUSEHOLD PHYSICIAN.

Happy the man who by Nature's laws, through known effects can trace the cause.

BOTANY OR PHYTOLOGY.

CONTINUED FROM PAGE 159.

GOLDEN ROD (*Solidago Virg-Aurea*).—A perennial, two feet high or more, blossom yellow, in loose, spiked, erect and crowded bunches; the compound calyx tiled, its scales converging, florets of the circumference and of the same color as the disc; down of the seed rough; leaves of the stem spear shaped; dark green; generally plain on the edges, and sometimes, though not often, have white streaks or spots upon them. The root consists of many small fibres which grow very little under the surface of the ground. It is easily propagated by division. It grows in open places mostly, both in moist and dry ground. Class VII, page 41. It is an excellent remedy for stone in the kidneys, and to expel the gravel by urine. The decoction of the herb, green or dry, or the distilled water thereof is very effectual for inward bruises and to stay fluxes and immoderate stoolings, and useful in ruptures or burstings, if it be both inwardly and outwardly applied. Fresh wounds or old ulcers are speedily cured by it. It makes a good lotion for sores or ulcers in the mouth, throat, or private parts of either sex. It helps to fasten the teeth when loose.

FLAX, called in Latin *linum*, also *lin*, the seed is called *linseed*, and the oil produced therefrom *linseed oil*. Linseed being known as to growth, mostly as *flax*, has a slender stem parted at the top into some slender branches bearing fair blue flowers; leaves of the stem sharp and narrow; the seed are