A good way to test the children's power of recognizing words at sight is to place on the blackboard the words already learned. Select two pupils and give them pointers. Pronounce a word, and see who will be first to find it. Again the words are placed on different parts of the board, and each child is given a word to find. This may be called "a hunt."

We frequently have the following exercise. Place new words, made up of sounds already learned, on the blackboard. Have the children study the first word. When they think to have it, they raise their hands, each one eager to be the first to name the word.

Write on the blackboard such words as can, man, pan, van. Then write opposite them cane, mane, pane, vane. After a few such lessons the children soon learn the use of silent e. Some other silent letters may be taught in a similar way.

—The Ladies' Sanitary Association, of London, gives the following alphabetical method of keeping well. The italicized lines have

a special message to teachers:

As soon as you are up shake blanket and sheet; Better be without shoes than sit with wet feet: Children, if healthy, are active, not still: Damp beds and damp clothes will both make you ill; Eat slowly and always chew your food well; Freshen the air in the house where you dwell: Garments must never be made too tight; Homes should be healthy, airy, and light; If you wish to be well, as you do, I've no doubt, Just open your windows before you go out; Keep your rooms always tidy and clean; Let dust on the furniture never be seen. Much illness is caused by the want of pure air; Now, to open your windows be ever your care; Old rags and old rubbish should never be kept; People should see that their floors are well swept; Quick movements in children are healthy and right; Remember the young cannot thrive without light; See that the cistern is clean to the brim; Take care that your dress is all tidy and trim; Use your nose to find if there be a bad drain; Very sad are the fevers that come in its train; Walk as much as you can without feeling fatigue; Xerxes could walk fully many a league. Your health is your wealth which your wisdom must keep. Zeal will help a good cause, and the good you will reap.

—Busy work.—For something novel and interesting, take a piece of common wrapping twine twelve inches long and tie the ends together. Then pour enough water on each slate to make the twine adhere. With the pencil arrange the twine so as to form the outline of a square. Then place the pencil at the middle of the upper edge and draw it toward the center one inch. Repeat with each edge, and then let the pupils tell in complete sentences, what this form resembles, eliciting as many different answers as possible. Then draw in each corner and repeat the above language exercise. Give