

Napping in Church.

It is told of an Englishman, who was being commended by the vicar for his regular attendance at church, that he replied: "Well, to tell you the truth, sir, it is the only place I can get a comfortable nap without being bothered by the flies." Sleeping in church has long been a besetting sin, and many stories are told of the devices of irritated ministers to shame the delinquents.

The favorite plan of Scotland has been publicly to denounce the offenders. When the Rev. Walter Dunlop, minister of the U. P. Church at Dumfries, saw a number of his flock nodding while he was preaching, he suddenly stopped in his sermon, and observed: "I doot some o' ye hae taen ower mony whey parridge the day; sit up! or I'll name you oot"—a threat which was probably effective, at any rate during the remainder of that sermon. Another Scottish preacher, on like provocation, cried out: "Hold up your heads my friends, and mind that neither saints nor sinners are sleeping in the next world." And then, finding that the general exhortation was insufficient to deter a certain well-known member of the church from obviously getting his night's rest forward, the reverend gentleman turned towards the offender and said impressively. "James Stewart, this is the second time I have stopped to waken you. If I need to stop a third time I'll expose you by name to the whole congregation."

South of the Border this failing is generally dealt with in a more indirect fashion, though sometimes it has been done quite as effectively. An Oxford preacher, who was greatly annoyed by seeing the Vice-Chancellor habitually compose himself for sleep during sermon time, deter-

mined to read him a lesson. Choosing for his text the words "What! cannot ye watch for one hour?" he managed to bring this in so many times during the delivery of the sermon, and each time accompanied it with such a resounding thump on the pulpit, that not only was the Vice-Chancellor repeatedly aroused from his slumbers, but the whole congregation was made fully aware of the object of the sermon. The daring preacher was soon after this appointed to a living in another town, but he could not leave the Oxford dons without a parting shot at their somnolent head, and preached a farewell sermon from the significant text, "Sleep on now, and take your rest."—Scottish American.

The Benefits of Assurance.

Red Bank, N. J., August 25th, 1900.

THOMAS R. RAITT, ESQ.,

Manager for New Jersey,

THE SUN LIFE ASSURANCE COMPANY
OF CANADA, Trenton, N. J.

Gentleman,—I desire to convey to you my sincere thanks for cheque handed me by your district manager, Mr. John R. Houlihan, in settlement of claim under my late sister's policy No. 79602 for \$1,000. The death only occurred on the 12th inst., and notwithstanding the fact that a mistake was made by my sister in stating her age, I am in receipt of the cheque inside of two weeks. I also beg to thank you Mr. Houlihan for the assistance rendered me in the completion of the proofs of death. I might add that the case of my sister is a striking example of the benefits of life assurance, for but one year's premium had been paid by her. Believe me when I say that it shall be a pleasure for me to recommend the Sun Life of Canada to all who contemplate placing a policy of assurance on their lives.

Again thanking you,

I remain,

Very truly yours,

JOSEPHINE KROUGH.

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