

Winter Clearance Sale

We have just finished stock-taking and find we are overladen in many lines and must reduce these lines to make room for spring stock.

We offer immense reductions as follows for SPOT CASH

Men's Over Coats and Ulsters

(Hand tailored goods)
Reg. price 9.75 to \$11.50 12.00 to \$14.50 \$15.00 to \$19.50 \$20.00 to \$27.50
Sale price 7.50 10.00 13.00 18.50

Men's Sweaters selling from \$1.00 up to clear
Men's Wool Mufflers at big discount
Men's Winter Caps, clearing at 10 per cent discount
Two only Fur-lined Coats at cost to clear
Five only Astrachan lined Coats at cost to clear.
Fur Caps, Gannets, Collars, etc. at cost to clear

Everything in Fall and Winter goods including Underwear at 10 per cent off FOR CASH

2 Weeks Only, February 1st to 15th

F. E. BENTLEY & CO.

Gents Out-fitters Phone 34 Middleton, N. S.

TIMES ARE HARD

There is no doubt but that is a fact. Therefore it follows that you must buy your Groceries, Flour and Feed, Meats and Provisions where you can get the best value for your money. We feel that you can do this at

THE CASH STORE

NOT SPECIALS BUT REGULAR PRICES

8 lbs. Rolled Oats	.25	Try our home made Pork Sausage, lb.	.17
7 lbs. Parina	.25	Extra Fancy Barbadoes Molasses, gal.	.40
7 lbs. Graham Flour	.25	Ginger, Pepper, Cassia, per pkg.	.06
6 lbs. Split Peas	.25	8 lbs Granulated Corn Meal	.25
6 lbs. Pot Barley	.25	Roller Oats, per pkg.	.20
7 lbs. Onions	.25	Smoked Herring, per box	.15
Sauer Kraut, per lb.	.34	Pillets, per lb.	.10
3 pkgs. Corn Flakes	.25	Finnan Haddie, per lb.	.08
		24-lb. bags LILLY FLOUR	.75

J. H. CHARLTON & CO.

MIDDLETON, N. S.

When in need of a

Carriage or Harness

give us a call

A FULL LINE TO SELECT FROM

Crowe, Elliott Co., Ltd.

HARDWARE - FURNITURE - STOVES

MIDDLETON, N. S.

A. W. ALLEN & SON

Manufacturers of

Doors, Sashes, Mouldings
and Building Material

FINISH OF ALL KINDS

Lumber, Clapboards, Shingles,
Lathes Staves, Heading, Etc.

MIDDLETON, Annapolis Co., N. S.

New TOILET ARTICLES

Mercolized Wax, Saxolite, Delatone, Othier, Quinzoin, Almozoin, Crystos, Cauthrox.

Also

Fluid Euserol, Parnotis, Kardine, Meurine, Bisurated Magnesie

at the

REXALL STORE

The Middleton Pharmacy, LIMITED

One Year's Subscription to the "Monitor" would make a most appreciative Gift

Middleton

Miss Susie Smith was the guest of Miss Julia Middlemas, Brooklyn, last week.

Mrs. W. B. Calhoun of Amherst, is visiting relatives and friends in Middleton and Springfield.

Inspector L. S. Morse spent a few days in town last week, visiting the different departments of the MacDonald School.

Mrs. A. Beals arrived home on Friday, bringing with her the body of her late husband, Albert Beals of Boston. The funeral took place on Saturday at 2 p.m.

The members of the Dancing Club were pleasantly entertained at the home of Mr. and Mrs. H. E. Reed on Monday evening, in honor of it being their son Max's birthday.

The young people who went on a sleigh drive to Bridgetown last week, report having had a fine time, and speak highly of the way in which they were treated at the St. James Hotel.

SPRINGFIELD

January 26.
Mr. I. B. Saunders is on the sick list.

R. M. Harnish was in Middleton last week.

L. E. Carter is visiting in the United States.

F. Q. Grimm made a trip to Middleton recently.

Mr. Gifford Whalen of New Germany was in town last week.

Mr. John Allen of Lunenburg, visited relatives here recently.

Vance Saunders and James McGill spent Friday last at Middleton.

J. C. Grimm made a business trip to Bridgetown on Friday last.

A. W. Allen of Middleton, made a business trip to this place last week.

Mrs. S. T. Lobnes and Roger have been spending a few days at Mahone.

Mrs. J. C. Grimm is visiting her daughter, Mrs. A. G. Hirtle at Lunenburg.

Mr. Laurie Saunders of the Canadian West, is spending his vacation at his home here.

Miss Flora B. Roop has returned to Wolfville, after spending a month's vacation at her home here.

Mrs. James Allen and daughter Eva arrived on Saturday last to attend funeral of Mr. James Allen.

On Monday afternoon, Jan. 19th, Rev. M. W. Brown accompanied by a number of friends visited I. B. Saunders' lumber camp at Rocky Lake and held service in the evening.

The community was shocked and saddened on Monday afternoon, Jan. 19th to hear that James Allen, who was working in the woods, was struck by a falling tree and instantly killed. The funeral took place in the Baptist church on Sunday afternoon conducted by Rev. M. W. Brown. The community sympathize with the bereaved family.

PORT GEORGE

January 26.
Mr. John Mosher is still confined to the house through illness.

We are sorry to report Mrs. David Weaver on the sick list.

Friends of Mr. Harding Weaver will regret to hear of his continued illness. Mr. Weaver is reported better at the time of writing.

The weather man has been making great changes during the past week. We had a heavy rain storm Saturday night, making it bad for the lumbermen.

Mr. Adelbert Weaver of Forest Glade, who recently purchased Capt. James Parks' place, has moved here and is occupying the same. This makes the third family of that name that has come in our midst in the past year. We welcome new neighbors.

Save a horse and you won't have to buy one. Don't sell or destroy any horse on account of Spavin, Splint, Ringbone, Curb, Sprain or Lameness. Spend one dollar for a bottle.

KENDALL'S SPAVIN CURE

has saved a great many horses - has put them back to work, even after they have been given up. Over 35 years of success have proved its value.

Mr. J. M. Gresham of St. Lin. Que., writes: "I have been using your Spavin Cure for many years, always with excellent results. Get Kendall's Spavin Cure at any drug store. Price, \$1.00 per bottle, 5 bottles for \$5.00. Free trial on the horse from a druggist or from Dr. B. J. Kendall Co., Essexburg Falls, Vermont, U.S.A."

Rubber Goods

- Hot Water Bottles from \$1.50
- Fountain Syringes from 2.00
- Bulb Syringes at .75
- Ear Syringes .25
- Infant Syringes .25
- Household Rubber Gloves 1.00
- Breast Pumps at .40
- Atomizers .75 to 1.00
- Nipples of all kinds

LAWRENCETOWN DRUG STORE

PHYSICAL EDUCATION AND THE MENTALLY DEFECTIVE.

(By Helen MacCurdy, M. D.)

Speaking broadly, it may be said that, important as physical education is to the mentally fit, it is more important to the mentally unfit. To the lower grades of the feeble-minded, it offers almost the only chance of any education. The use of the hands and feet which normal children come to almost of themselves, or with but little assistance, has to be most sedulously and painstakingly taught to the feeble-minded. One often sees a mere baby (I have observed it in a normal child of less than a year old) put the tips of the fingers together as a great joy and as if he were making a great discovery, as indeed he is. But I have seen feeble-minded boys and girls of fourteen who were so defective mentally that they puzzled over this as a hard task. They hardly seemed to know where the fingers of one or other hand were to be found.

The power of walking is markedly delayed by mental defect. It is always late in being acquired, and in the absence of any other explanation or reasonable cause, it is prima facie evidence to raise in one's mind the suspicion of mental defect when we hear that a child did not walk till he was over two years old, and probably did not talk for six months more.

Co-ordination of muscular action is always markedly defective in the feeble-minded. Simple curves described with dumb-bells, or with the extended hand and arm, are often entirely beyond them except as the result of the most careful training. Actions like tying a knot have to be simplified to the last degree and every motion adapted to their poor understanding before they can be performed by them.

One of the best exercises for a feeble-minded child is to give him a gigantic upper of a leather shoe, which has been made on purpose, with eyelets large enough to admit the little finger. Into these holes the child learns after days spent on the lesson to insert a lace with a metal tag about the size of a course steel knitting needle. Finally the triumph is achieved of being able to put on his own shoes, lace them up, and even tie the boot laces. The glory of this comforts him and puts him on a higher plane in the institution. The only real hope of making anything of the feeble-minded, and of securing care, safety and protection for them, and for the community, is found in the permanent shelter of institution home life.

In the best of these homes for the feeble-minded great pains are taken with the physical education of the inmates. At Waverley, Dr. Fernald has been peculiarly successful in such work. Rope making and rope plaiting is one of the best ways to develop the muscles of the arms and the use of the hands and fingers. But class exercises to music are also carried on daily and are of immense benefit to the children, both younger and older. To learn to obey a class command is a great step, and it is usually in the classes of physical education that it is learned.

The Montessori method, which also is largely founded on the development of the physical powers of the children was of course begun when Dr. Montessori was teaching mentally defective children. In this she merely followed methods taught long before by Seguin and also by Dr. Fernald, at Waverley, Mass.

Such simple education in the use of the fingers as has been described, leads on to the acquiring of complex actions. When, for example, by continual practice, the inmate learns to button his clothes, put on his shoes, and dress himself, there is hope that he may become, in some small degree, partially self-supporting. At least he is on the way to use his physical powers to take care of himself. By and by he will carry things, help in the house or garden, learn to scrub, to polish or to plough, or some other useful thing. The bodily powers of the mentally defective can be developed by physical education so that they are not only hampered, but much more useful and perhaps even able to partly or entirely to support themselves.

Lawrencetown

Miss Dennis is visiting her aunt, Mrs. S. F. Jefferson.

Mr. John Daniels is buying beef and shipping to Liverpool, Queens County to S. Daniels.

Dr. Vernon Shaffner, who is somewhat improved in health, is going to Digby, Monday.

Mr. Holmes Baker fell and hurt his wrist a short time ago, but is doing as well as possible.

A public meeting was held on Sunday evening under the auspices of the W. M. A. S. Subject, "China." An interesting program was provided.

The special meetings that have been held since the first week in January have been productive of much good. They have been discontinued for the present.

Mr. Ernest Freeman, wife and two children are visiting at the home of his brother, Mr. E. H. Freeman. Mr. Ernest Freeman is a farmer from Saskatchewan. This is his first visit home for eleven years.

Among those who attended the Fruit Growers' Association were J. E. Shaffner, R. J. Messenger, R. E. Feltus and F. B. Bishop. A fine session was held and an unusually large number of members present.

INGLISVILLE

January 26.
Mr. and Mrs. Primrose Whitman welcomed a daughter on the 19th.

Mrs. Fenton Morris of Lawrencetown, has been visiting friends here.

Mrs. John Beals spent the week end with her daughter, Mrs. Isaac Durling Mr. John Lake of Ellsworth, Maine, has been calling on friends in this place.

Miss Muriel Beals has been visiting her cousin, Miss Minnie Daniels, at Lawrencetown.

Mr. Guy Lawrence of Lakeville, Kings County, has been visiting his friend, Chester Banks.

Mr. John Banks, who has been confined to the house for some days with la grippe, we are glad to report is able to be out again.

MOVING MESSAGE FROM WORLD OF DARKNESS.

Helen Keller Greatly Stirs Audience at Massey Hall, Toronto - Wonderful Story of Woman Born Deaf, Dumb and Blind - Gives Address and Answers Questions.

Helen Keller does not look more than twenty-five, is exceptionally beautiful, both in figure and face, carries herself with grace and distinction, is overflowing with animation, is ready with the quickest of witty replies. She is all alert. Rarely does one find an audience keyed to such intense sympathy as that which filled Massey Hall to hear and see this wonder among mankind. That Helen Keller, born deaf, dumb and blind, can speak is a modern miracle. Imagine studying the position of the tongue laces for every syllable, imagine the labor of finding out and practicing all the means of articulation, in order to learn how to speak. That is what Helen Keller has done. After seven lessons in articulation she exclaimed triumphantly, "I am not dumb." But it has taken twenty years of arduous work to learn to speak well enough to appear on a lecture platform.

HER "COMRADES IN THE DARK."

Many blind people were in the audience, and it was a blind man who rose during the period set apart for asking questions, to tell Helen Keller of the keen appreciation of all the blind in Canada—and in the world—for the inspiration she had been to them. When told of the many blind people present she exclaimed, "I greet you all, my comrades in the dark." Mrs. Macey, Helen Keller's teacher, gave the main address of the evening, beginning the story of Helen's education at the time when she, a graduate of an institute for the blind, came to Helen's home in Tusumbia, Alabama, twenty-six years ago. Helen was then almost seven, and a vigorous romping child, flying all over everything, making her wants known by signs. Every scrap of knowledge came to her through her fingers. One of her diversions was to dress and undress herself several times a day. Mrs. Macey, then Miss Sullivan, brought her a doll but would not let her have it until she learned by the manual alphabet to spell "doll." In a month she had learned about twenty nouns and three verbs. Then suddenly, she realized that everything had a name, and she flew about from chair to table, pointing to the ground, to the fence, till with a few hours she had learned thirty new words. From that moment she was transformed from a baffled little animal to a radiant soul. She learned to read, and acted the stories she read; she played games, childlike, taking the star part, asked innumerable questions, "Does Mother Nature own the flowers?" "Yes." "The too many bugs?" "Yes." "The dog?" "Yes." "Old Dave (the horse)?" "Yes." "A long pause—"Then what does Father Nature do?"

She tried to teach the manual alphabet to her dog, to her doll. She was never still. Beautiful thoughts came into her mind. She felt the daisies bend as she passed through the field. "The daisies always bow to me when I pass," she said.

Our Annual Stock Taking

has revealed to us the fact that our stock of

Men's and Boy's Overcoats and Suits

is too heavy for the time of year. To reduce our stock quickly, for the next ten days we offer a straight discount of

33 and 1-3 p. c.

In many instances this is less than the wholesale price but they have got to go to make room for Spring Goods.

Our loss will be your gain

SHAFFNERS Limited

LAWRENCETOWN

Beautiful Location, Ideal Residential Town, Progressive, Clean, Superior Education Facilities, Excellent Water System, Up-to-date Electric Lighting, Business Centre

FOR SALE

Building Lots from \$100.00 up. Houses, Orchards and Farms. Address

Real Estate & Orchard Co., Lawrencetown.

NEW RECORDS

FOR ALL MAKES OF TALKING MACHINES

Send us your name and address and also mention the name of your Talking Machine and we will mail you each month the latest up-to-date list of the new records as they come out. We have a very large stock of records (over 7000) for all makes of machines. Express prepaid on orders for not less than six records.

We would like to have the names of all talking machine owners.

N. H. Phinney & Co., Ltd.

Halifax, N. S. Branch

In this charming way, with many touching, many comic stories of Helen's childhood, Mrs. Macey came at last to the time when Helen determined to go to College and wrote in her plea to the authorities of Radcliffe to be allowed to enter, "A good soldier does not acknowledge defeat before the battle." Helen Keller won the battle, graduating from Radcliffe in 1904.

Mrs. Macey is a charming speaker and looks the beautiful woman she is. At the close of her address she said: "Out of the world of silence and darkness she comes to you with the message of brotherhood," and led her pupil on to the stage.

A TENSE MOMENT.

There was a moment of intense silence, then long applause. What Helen Keller has missed not to be able to see how beautiful she is! Nature made her some compensation.

The pleasure at her appearance was changed to a feeling of tears when she began to speak in a not unpleasant but an unnatural voice. At the end of each sentence she nodded a little to denote, in her mind, a period. The audience showed their sympathy by frequent applause.

She spoke of the wonder of the hand, so much having come to her through the hand, and she advised: "Use of the senses is not enough; imagination and feeling should be blended with them. Put thought into your senses and you will wonder at the beauty that will come through your eyes and ears. The world is full of miracles. Look for them and you will find them."

EVEN ANSWERED QUESTIONS.

Dr. James L. Hughes, who presided said Miss Keller would be glad to answer questions. She put her hand on Mrs. Macey's cheek, lips and nose to feel the vibrations, to learn the

Biliousness

is certainly one of the most disagreeable ailments which flesh is heir to. Coated tongue—bitter taste in the mouth—nausea—dizziness—these combine to make life a burden. The cause is a disordered liver—the cure Dr. Morse's Indian Root Pills. They go straight to the root of the trouble, put the liver right, cleanse the stomach and bowels, clear the tongue and take away the bitter taste from the mouth. At the first sign of biliousness take

Dr. Morse's Indian Root Pills