

# A Woman's Problem

### How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET GRASSMAN, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DUNBAR, 17 Roundy St., Beverly, Mass.

Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. KISSLING, 931 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

## ROLL OF HONOR

### Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION

Thos. L. Swift, reported missing since June 15, 1915, Rich. H. Stapleford, Bury C. Binks, L. Gunn Newell, killed in action, Arthur Owens, F. C. N. Newell, T. Ward, Sid Welsh, Alf. Woodward, killed in action, M. Cunningham, M. Blondel, W. Blun, R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning, W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitesitt, B. Hardy.

PRINCESS PATRICIA'S C.L.I.

Gerald H. Brown

18TH BATTALION

C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, C. Jamieson, J. Burns, F. Burns, C. Blunt, Wm. Antterson, S. P. Shanks.

2ND DIVISIONAL CAVALRY

Lorne Lucas, Frank Yerks, Chas. Potter.

33RD BATTALION

Percy Mitchell, died from wounds Oct. 24th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916; Gordon H. Patterson, died in Victoria Hospital, London, Charles Potter.

34TH BATTALION

E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees.

29TH BATTERY

Wm. Mitchell, John Howard.

ANTI-AIRCRAFT

Gunner Woolvet

70TH BATTALION

Ernest Lawrence, Alfred Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Meyers, Jos. M. Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough.

28TH BATTALION

Thomas Lamb, killed in action.

MOUNTED RIFLES

Fred A. Taylor

PIONEERS

Wm. McNally, W. F. Goodman.

ENGINEERS

J. Tomlin

ARMY MEDICAL CORPS

T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards.

135TH BATTALION

N. McLachlan.

3RD RESERVE BATTERY, C.F.A.

Alfred Levi

116TH BATTALION

Clayton Fuller.

CONSTRUCTION UNIT

Arthur McKercher

196TH BATT.

R. R. Annett.

70TH BATTERY

R. H. Trenouth, Murray M. Forster.

147TH BATTALION

Austin Potter.

GUNNER

Russ. G. Clark.

Corp. A. W. Crawford, of Sarnia, who is on active service in France has been awarded the military medal for bravery in the field and since receiving it has also been awarded a bar for his medal.

In spite of the congested state of traffic on the railways and the holding up of many trainloads of coal and of other commodities urgently needed, several carloads of Southern strawberries have got through to Toronto. The city swells must have their little wants supplied, no matter what happens.

Children Cry FOR FLETCHER'S CASTORIA

## Death Ended Royal Scandal

SNUBBED by court officials, taunted by those who were jealous of her power, forbidden entrance to the death-chamber of the man who loved her, Katti Schrratt makes her exit from Austrian affairs. That she takes with her into retirement a handsome legacy from her royal lover, the late Francis Joseph of Austria, makes a fitting ending to a very sordid affair.

The liaison between the emperor and the actress was particularly notorious because it lasted thirty years. Astounding as the fact may seem, it is now known that the late Empress Elizabeth was herself responsible for the bringing together of the Emperor and the actress. We have it on the authority of the Countess Marie Larisch, who in her remarkable book entitled "My Past," lays bare not only many of the facts concerning the estrangement between the Emperor and his queen, but also the soul of the unfortunate royal wanderer who was assassinated in Geneva.

It appears, from what the countess writes that the frequent trips abroad of the Empress Elizabeth were made in search of relief from the disappointment of a wrecked life and a vanished love. Yet, says the queen's erstwhile companion, "her kind heart reproached her when she thought that her husband would perhaps be lonely in her absence." Elizabeth then made inquiries of her ladies-in-waiting to find out if any of them knew of someone who could be relied on to comfort the Emperor while she was abroad. "I mentioned several ladies," writes the countess, "who, I felt sure, would only be too delighted to console the imperial grass-widow, but Aunt Gisela did not approve of them, and the matter dropped until she suddenly told me one day that she discovered the right person in the actress Katrina Schrratt, who was always considered to be more interesting of the Burg Theatre stage than on it. People rather disapproved of Elizabeth's attitude, but she was quite right in thinking well of the actress, who has, since the death of my aunt, proved herself to be a devoted friend to Francis Joseph."

An extraordinary story, to be sure, and one that could not be accepted, as Francis Gribble rightly asserts in his recent "Life of the Emperor Francis Joseph," without corroborative testimony. The author of that book supplies the corroboration by means of an interview which, many years afterward, a representative of the Berlin Lokal Anzeiger secured with Frau Schrratt. The immediate occasion of the interview was a rumor that a morganatic marriage was about to take place between Francis Joseph and Frau Schrratt, the cause of the rumor being found in a report of a quarrel in which the Emperor's daughters, Valerie and Gisela, after a long period of seeming quiescence, took their father severely to task for his mode of life. Frau Schrratt discreetly left Ischl and, after a short stay in Brussels, turned up in Rome in the company of the late Empress' sister, to receive the benediction of the Pope, and a declaration (according to the Paris Siecle), annulling "her marriage with Baron Kisch, by whom she has a son. From this it will be understood how the rumor of the morganatic marriage arose. To the Berlin interviewer, however, Frau Schrratt declared that all such talk was nonsense and "that those who engaged in it knew neither her nor the Emperor." Then, in reference to the Empress Elizabeth, Frau Schrratt added: "That high-minded and noble lady was my most gracious patroness and friend. In the unrest caused by the mental and bodily pains which drove her from one place to another, it was a comfort to her to know that a good-tempered, light-hearted woman cheered up her husband, and gave him many a hearty and harmless hour by chatting with him and relating all sorts of anecdotes and stories; attending him in his morning walks in the Schonbrunn Gardens while he was taking his Carlsbad water, and never abusing her extraordinary position for intrigues or to push proteges. It was the Empress herself who, hating the stiff court life and court dignitaries and ladies-in-waiting, had created my position, which I then maintained owing to the gracious confidence and gratitude of the Emperor. Every spring I was the first to bring the late Empress, wherever she was staying, the first violet, and I always spent a few days with her. An empress, however magnanimous and high-minded she may be, remains in certain questions above everything a woman. And is it, therefore, really possible to believe that the Empress would have honored me with her grace and confidence in such an extraordinary way if even the possibility had existed in her thoughts that, after her death, I might marry the Emperor?"

Anyway, no marriage took place, and after the little storm had blown over, Emperor and actress renewed the companionship which, both in Vienna and Ischl, had brought them so many pleasant hours. In the Austrian capital Frau Schrratt had her

own private residence to which the Emperor almost daily repaired for a quiet dinner and a friendly game of cards. The card party, for many years, was made up of the same four people: the Emperor, Frau Schrratt, and two well-known Viennese bankers, both sworn companions of his Majesty.

Within a few hours after the death of the Emperor, this woman who had helped to make a degenerate court of Austria a by-word throughout the world, so ended a royal intrigue that had in it a suggestion of the middle ages.

Except that of China, San Marino has the longest national hymn.

## THAT TILT.

A Discourse on the Simple Art of Posing Your Hat.

When it comes to placing a hat correctly, or, better still, smartly and attractively on the head, the wisest milliner and the best mirror have their limitations as first aid.

The milliners say that the doctors say to their patients who have nervous troubles—that the salvation lies in one's self, not in any outside aid. Practice does not make perfect, nor even skillful in every case. There are women who pick up the art when they are mere infants as though they had brought the knowledge with them from another sphere. There are others, equally intelligent, who do not learn it until they die, and possibly not after that.

The woman who boasts that she drops into her clothes at the ring of a bell and is off to her duties always bears strong evidence of her rapid performance. She may be proud of her facility, but she has no reason for pride in the result.

Well, at least there is this to be said in regard to the fashionable pose: it is the simplest thing that the milliners have demanded in several seasons. That rakish tilt or the succession of tilts that has governed millinery during the last few years was difficult beyond measure to achieve. The genius which we call fopper for want of a real name could do this tilt to perfection, no matter how often it changed, as she could do the latest and most complicated dance step.

When France sent us word that hats would be pliable and without regular form the news was not received with especial delight, for it was thought that the effect would be negligible, too difficult of graceful adjustment over the irregular features of the average American face.

We did not look far enough forward or backward in taking this view, for the hats which France was copying were from the era of picturesque fashions for men. Women's hats were not of any importance then; in truth, there were head coverings that reached from the primitive band that the early fashions invented to keep the hair out of the eyes, and later the towering headdress that was built up of everything the wardrobe contained, to judge from the pictures of them that remain.

Sleeplessness.—Sleep is the great restorer and to be deprived of it is vital loss. Whatever may be the cause of it, indigestion, nervous derangement or mental worry, try a course of Parmentier's Vegetable Pills. By regulating the action of the stomach, where the trouble lies, they will restore normal conditions and healthful sleep will follow. They exert a sedative force upon the nerves and where there is unrest they will bring rest.

Whittier's Safeguard.

When an overtimid visitor from the city once commented to the poet Whittier upon the insecurity that seemed inseparable from so many doors opening out from all sides of the large old country home the master of the house strove gently to restore confidence by pleading that most of them were locked at night.

Star Fixing.

"Do the stars have to be repaired, pa?"

"I never heard that they did. Where did you get that idea?"

"I have been reading about fixed stars, and I supposed that somebody had to fix them."

Human Nature.

Some men are not only eager to give the devil his due, but they insist on adding a fat bonus. It is the Lord who usually finds collections poor.—Houston Post.

Kind words are the brightest of home flowers. They make a paradise of the humblest home.

'Tis a Marvellous Thing.—When the cures effected by Dr. Thomas' Electric Oil are considered, the speedy and permanent relief it has brought to the suffering wherever it has been used, it must be regarded as a marvellous thing that so potent a medicine should result from the six ingredients which enter into its composition. A trial will convince the most skeptical of its healing virtues.

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Montreal, Que.  
"I have been suffering from Rheumatism for five long years. I had also rheumatism in all my bones and muscles, could not sleep nights and on some occasions could hardly walk. One day I met one of our leading osteopaths who had been cured by your

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and he advised me to try them.  
So I bought two boxes at my druggist's and before I had used one box I felt a big change, before I finished the second one I was completely cured. "Gin's Pills"  
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