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for the Spring trade with a full stock of Men's and Boys' SUITS, OVERALLS, Etc.

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Newfoundland Clothing Co., Ltd.

THE COST.

BY RUTH CAMERON.



When you are inclined to envy people who have more possessions of any kind than you have, do you ever stop to think what they paid for these things? I don't mean in money, but in other coin.

If you will only reckon the cost of some of these things which you covet I think you will often cease to break the tenth commandment.

For instance, there was one girl in college who always had lovely clothes and lots of them. At almost every function she appeared in some new creation. She discarded her clothes as soon as they lost their freshness and style; she bought a handsome new suit every winter and summer, an extravagance quite unknown in our poverty-stricken community, where some hard-worked suits spent three and even the full four years at college.

Often I used to feel very envious of this girl's pretty things, and then I remembered the cost and forebore. Her father was one of those nervous, hard-fisted business men, whose lives are one miserable struggle to make enough money to satisfy an extravagant family. Shortly after his daughter graduated, the eternal struggle proved too much for him and he died, an old man at fifty. That was the cost!

Happiness does not lie in possessions for which one pays such prices.

It is really quite simple to be happy with the things that one can buy without paying such an outlandish price, if one would only get in the habit of thinking so.

One should always be sure to reckon the cost in other coin of all the pleasures and luxuries one enjoys as well as the price in money.

Ruth Cameron

TWENTY YEARS.

Makes a great difference in most women. They are troubled with "nerves"—they suffer from backache, headache, sleeplessness, a sensation of irritability or twitching, hot flashes, dizzy spells, or many other symptoms of female weakness. The local disorder and inflammation should be treated with Dr. Pierce's Ladies' Tablets and the irregularity and weakness of the female system corrected and strengthened with Dr. Pierce's Favorite Prescription. The strain upon the young women or the women of middle age—upon the nerve and blood forming structures—may be too great for her strength. This is the time to take this restorative tonic and strength-giving nerve and regulator. For over forty years sold by druggists for women's peculiar weaknesses and distressing ailments. The one remedy so perfect in composition and so good in curative effects as to warrant its makers in printing its every ingredient on its outside wrapper. The one remedy which absolutely contains neither alcohol nor injurious or habit-forming drugs.

Following letter selected at random from a large number of similar ones and cited merely to illustrate these remarks: "In the winter of 1898, I became greatly run down and irregular, writes Mrs. HENRY SCOTT, of Swan Creek, Mich., Route 1, Box 49. I slowly but surely grew worse, and, at last, resolved to apply to the doctor for help. The doctor said I had inflammation, enlargement and incarceration. I was in bed two weeks and got no better. The doctor said I would have to have an operation, but that I would not live. My husband purchased Dr. Pierce's Favorite Prescription. When I started to take this remedy I could not walk across the floor, but after had taken three bottles I could feel myself walking, so I dropped the doctor and took Dr. Pierce's Favorite Prescription. Only two bottles and I would have been dead—I really believe it saved my life. I feel better now than in twenty years."

Household Notes.

Save hair ribbons; wash and iron them and they will be found good for occasional stains for collars and cuffs.

Coffee stains may be removed from table linen by rubbing with pure glycerine, then washing in lukewarm water.

In papering bedrooms it is a good, safe general rule to choose light papers with scarcely any design at all upon them.

Curtains will hang straight if a small lead weight is fastened in each lower corner. For silk curtains use a weighted braid.

Nothing makes the summer living room look cooler than the linen couch and table covers and airy wicker furniture.

Use sweet milk and ammonia—a teaspoonful of the latter to a quart of the former—for cleaning white enamel woodwork.

The general rule about keeping things when moving is not to give away anything whatever that can be used in the new home.

It saves a great deal of time on ironing day if children's dresses are made to open all the way up. Then they can be laid out straight on the ironing board.

Household Notes.

Save the paraffine from jelly glasses, etc. Pour hot water over it and let stand till cool. The clean paraffine will come to the top and can be removed.

Potatoes boiled in their skins are very nearly as good as baked potatoes, but pains must be taken to have them taken off the fire at precisely the right moment.

A good water pan for poultry is a cask tin with a "Turk's head" in the centre. Drive a stick through the cone into the ground to keep it from being overturned.

Any woman whose work requires much sitting should have an apron that goes around the back, as well as the front. Black sateen or alpaca are good materials.

A perch table with a drawer in it is a great convenience in summer weather; one can drop one's work into it when one leaves the veranda, and it will be safe from rain.

Russet shoes which have lost their color can be cleaned with soap and water, then dyed with a special black

Millinery

Hats!

Just Opened Our Full Showing of Spring and Summer

Millinery HATS.

Soper & Moore.

New black eyelets and ties will make them complete.

Delightful combination sets for invalids are to be had in the market, which have the coffee pot on the second and a sugar bowl on top.

If the pantry shelves have no doors, put a window shade on a roller in front of them and pull down the shade when not in use. It will make a real protection against dust.

A single mint plant set under a hydrant where it gets plenty of moisture will give great satisfaction supplying garnishes for the table.

As hot weather approaches the wise housekeeper plans to make simple desserts early in the day so that she can put them away and have them chilled hours before dinner is served.

Tie a stale bag over the food chopper while grinding bread crumbs if you would prevent them scattering.

Good table napkins for summer use are made of cotton crepe. They need no ironing.

Small seeds sown out of doors will germinate sooner if covered with a coarse gunny sack.

If there is a bare spot on your lawn where the grass will not grow, sow flaxseed on it.

Homemade stencils may be made with very heavy wallpapers, waxed with melted paraffine.

Forch chair covers can be knitted of heavy crochet covers and will be both durable and washable.

Nothing as a lining for bureau drawers is quite as good as pure white paper, frequently changed.

Boil new earthenware dishes before using them, and they will lose a good deal of their brittleness.

Broken molds of lemon or coffee jelly can be remade by warming the jelly and turning it into wet molds.

Pictures for the guest room should be those of general interest, not family portraits, on any account.

Why is it Wrong to Say "Knots Per Hour."

Nine such persons out of every ten will say that such-and-such a steamer is capable of steaming at "twenty-five knots per hour." A nautical man would simply say "twenty-five knots." Now, which is correct? The latter, of course. The mistake arises from the fact that the landsman thinks that a "knot" is just the nautical term for a "sea-mile," which is roughly, 6,080 feet, or about one and one-eighth land or statute miles. Now, a knot is not a distance at all. It is a speed. The word "speed" combines distance and time. For instance, if we wish to speak of the speed of a train we refer to it as so many miles per hour. There is no single word in the language to express speed units, so we must use two words—miles and hour.

The sailor has a language peculiar to himself, and he has invented a single word for a unit of speed. Thus a speed of one nautical mile per hour is called, one "knot." Hence it is redundant to tack on another "per hour" after the word knot when the word "already" includes one "per hour."

Perhaps some will ask how the word "knot" originated. The explanation is simple. When a seaman wishes to ascertain the speed of his ship he does so by means of a log-line. This consists of a piece of wood called the "log" or the "logship," to which is attached a length of line. The line is knotted at regular intervals; the distance between two consecutive knots bearing the same proportion to a sea-mile that the time of a sand-glass used in connection with the operation bears to an hour.

Thus, for instance, if after the log is thrown overboard the line paying freely out lets out fifteen of its knots in the time that the sand-glass takes to run down, then the ship is making fifteen knots.

Bracelets

Continue to be one of the leaders in Jewellery Fashions. As an article of adornment they are unsurpassed, being one of the pieces of Jewellery that can be worn "all the time."

The Flexible and Band are the most popular styles, and in these lines we have a splendid assortment to show you.

Let your Gift be a Bracelet and you are sure to give something that will please.

T. J. DULEY & Co.,

The Reliable Jewellers.

When choosing your SPRING or SUMMER

HAT

do not forget to give us a call, as we are now showing the latest styles in Ladies' and Children's

Ready-to-Wear HATS,

at prices to suit anyone's purse.

G. T. HUDSON.

367 and 148 Duckworth Street.



THE BEST

and nothing but the best goes in the garment made at Maunder's. Our assistant cutter and foreman tailor have just arrived from New York, where they have been studying the very latest in Cut and Style, and how it is done.

Remember, we have the largest selection of up-to-date tailoring goods in the city. Come right along and have the "Maunder make." Certainly some style.

JOHN MAUNDER,

281 and 283 Duckworth Street.

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Window

Display

for Spring

Specials.

THIS WEEK'S GROCERY SPECIALS

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| Lettuce, | Spinach |
| Succotash, | Lima Beans |
| Champignons, | Flageolets |
| Petit-Pois, | Haricot Verts |
| Tomato Brawn, | Scotch Haggis |
| Brussels Sprouts, | Asparagus |
| Cauliflower, | Celery in Juice |
| Indian Curried Rabbit | |
| Curried Fowl, Wild Boar's Head | |
| Oxford Sausage in Tomato | |
| The Original Bath Oliver Biscuits | |
| Plasmon Oats, | Quaker Oats |
| Puffed Rice, | Corn Flakes |
| Navel Oranges, | Table Apples |
| Pineapples, | Bananas |
| Celery, | Cucumbers |
| Strawberries, | Grape Fruit |
| Guaranteed Corn Fed Eggs. | |

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| Cruise on—Health Exercisers, 35 cts. | First Aid to the Injured, 8 cents. |
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| Boy Scouts of America Handbook, 50 cents. | Running and Cross Country Running, 75 cents. |
| Text Book of Lacrosse, Hawes, 50 cts. | Parallel Bar Exercises, 35 cents. |
| Burrows—Text Book of Club Swing- ing, 35 cents. | Larner's Book of Walking, 35 cents. |
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| Strength and How Obtain It, by Sand- ow, 80 cents. | Scientific Boxing by Burns, 75 cents. |
| Strength and Health, by Sandow, 30c. | Scientific Wrestling by Bothner, 30 cts. |
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GARLAND'S BOOKSTORE, 177 & 353 Water St.

NOTICE!

Owing to the duty being removed on Tea, below are our revised prices of our package Teas per pound:—

- | | |
|---------------------------|----------------------|
| Singha | 30c. instead of 35c. |
| Tiger | 35c. instead of 40c. |
| Old Home (red) | 35c. instead of 40c. |
| Serendib | 40c. instead of 50c. |
| Old Home (blue) | 50c. instead of 60c. |

- | | |
|------------------------------|----------------------|
| Union Blend Red | 30c. instead of 35c. |
| Union Blend Blue | 35c. instead of 40c. |
| Union Blend Orange | 40c. instead of 50c. |
| Union Blend Purple | 50c. instead of 60c. |

The Teas used in these grades are the best that money can buy, also the most satisfactory, being packed in lead-lined air-tight packages.

Give them a trial.

HARVEY & CO.