FIVE-MINUTE SERMONS.

Third Sunday after Pentecost. THE OCCASIONS OF SIN.

"Be sober and watch; because your adver-sary the devil, as a roaring lion, goeth about seeking whom he may devour." (I. St. Peter, A good business season is this, my

brethren, for our adversary the devil. He may now modify his roar and limit his search, for the season itself, with its many temptations in the form of amusements, will accomplish no small share of his mean and villainous work.

Do not misuaderstand me. Our religion is not stiff-necked, nor does it exact long faces. Recreation is necessary for some, it is good for all, and many of the amusements it affords are harmless and innocent in themselves but while seeking what rest and enjoy ment we can for our bodies, we must remember never to do so at the expense

The Apostle in to-day's epistle would seem to give us, in two words, a golden rule whereby to govern our conduct and safely guide us in all our recrea-tions—" Be sober and watch." Excess in anything is never praiseworthy, and always defeats the very good it was intended to secure. Sobriety should be practised in all things—in our eating and in our drinking, in our work as well as in our play. It is the bal-ance wheel governing the mental and

physical powers of the whole man.

But mark well, brethren, that sobriety is not sufficient in itself, for the apostle warns us not only to be sober but to watch. Vain is the boast of the man armed with a pledge, or fortified with a firm resolve that makes for sobriety, who does not watch, and who fancies that he is strong enough with that shield alone to risk the strongest

temptations.
Watchfulness has to be employed, particularly during this season, given up as it is to so much relaxation; and this watchfulness is to be observed by all, at the fashionable quarters of the rich, as well as at the resorts of the

The toilers have little, indeed, to amuse them in this life, and God forbid that they should be deprived of the few enjoyments they are able to secure! -but in the same breath I say : Better they should die from want of recrea tion than that they should secure it at the expense of their souls, at some of the vile places at which it is offered.

Understand this well, my brethren, that there are some places of amuse-ment very dangerous and forbidden to Christian people. The Sunday excursion, which means the desecration of God's day in dancing and drinking and carousing, is undoubtedly both scandalous and dangerous. It robs God of the special worship due to Him: it only offers a man opportunities of debasing himself.

who work all the week You, who work all the week and who have Sunday alone for rest, demand, and may well demand, relaxation and recreation; then take it and God bless you in it; but take it in sobriety and watchfulness, take it with your families about you, and take it only after you have fulfilled the positive law of worshipping God by hear-ing holy Mass.

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Another forbidden amusement, and one of the curses of our city, is the Sat urday night picnic. Beware of it! It is the haunt of our adversary the devil. Let our Catholic young girls shun such places if they value their virtue, for the serpent lies hidden in the very grass they tread. Many an innocent girl has made her first false step at these night picnics; and, in sorrow we have to confess it, many a girl has learned at these resorts to drink in public, without a blush, her first into icating glass.

Fathers and mothers, if you really love your daughters you should move heaven and earth to keep them from such occasions of sin and ruin. should be willing to make any sacrifice, to put yourself to any expense, to supply them with suitable and whole-

some recreation. And what shall I say of the Catholic young man who visits such places? can tell him plainly he is already the prey of his adversary the devil; he is encouraging and supporting resorts that tend to degrade women Young men, this is brutalize men. not a profitable trade you are engaged in, even if you look at it from a natural standpoint. The chances are against you at these resorts; you will be neither sober nor watchful, and the result will be ruinous to your best interests, both spiritual and temporal.

Methodists Declare Smoking a Sin.

The Methodists have declared smoking to be a sin. In the Delaware conference of the A. M. E. church on Tuesday, Bishop Ruley decided that Hereafter, he said, smoking is a sin. any minister in the conference who shall be convicted of using tobacco will be dealt with as one who had vio lated a law of the conference.

THE BEST is what the People buy the most of. That's Why Hood's Sarsaparilla has the largest sale Of All Medicines.

has the largest sale Of All Medicines.

Sore Feet.—Mrs.E. J. Neill, New Armagh,
P. O., writes: "For nearly six months! was
troubled with burning aches and pains in my
feet to such an extent that! could not sleep
at night, and as my feet were badly swollen
I could not wear my boots for weeks. At
last! got a bottle of Dr. Thomas' Eclectric
Ohl and resolved to try it, and to my astonishment! got almost instant relief, and the
one bottle accomplished a perfect cure.

One of the greatest blessings to parents is

One of the greatest blessings to parents is Mother Graves' Worm Exterminator. It effectually expels worms and gives health in a marvellous manner to the little one.

a marvellous manner to the little one.

No family living in a bilious country should be without Parmelee's Vegetable Pills. A few doses taken now and then will keep the Liver active, cleanse the stomach and bowels from all bilious matter and prevent Azue. Mr. J. L. Price, Shoals, Martin Co., Ind., writes: "Thave tried a box of Parmelee's Pills and find them the best medicine for Fever and Ague I have ever used."

OUR BOYS AND GIRLS.

The Rudder.

Of what are you thinking, my little lad, with honest eyes of blue.

As you watch the vessels that slowly glide o'er the level ocean floor?

Beautiful, graceful, silent as dreams, they bass away from our view.

And down the slope of the world they go, to seek some far-off shore.

They seem to be scattered abroad by chance, to They seem to be scattered abroad by charter to move at the breezes will.

Aimlessly wandering hither and yon, and melting in distance gray:

But each one moves to a purpose firm, and the winds their sails that fill

Live faithful servants speed them all on their appointed way.

For each has a rudder, my dear little lad, with a stanch man at the wheel.

And the rudder is never left to itself, but the will of a man is there:

There is never a moment, day or night, that the vessel does not feel

The force of the purpose that shapes her course and the helmsman's watchful care.

course and the heimsman's wateria care.

Some day you will launch your ship, my boy, on life's wide treacherous sea;

Be sure your rudder is wrought of strength to stand the stress of the gale;

And your hand on the wheel, don't let it flinch, whatever the tumult may be.

For the will of man, with the help of God, shall conquer and prevail.

—ST. NICHOLAS.

A Good Lesson.

The late Edward Fordham Fuller said that he attributed his intense sympathy for animal suffering to a whipping his father gave him to teach him that his pony had the same sensibilities as himself. Whether the learned gentleman who related this circumstance concerning his early education in humanity meant to imply he could have been instructed in no other way, we do not know; but it is a well-estab lished fact that military officers, especially those who have seen active serv-ice, and have witnessed the terrible sufferings endured on the battle-field, are noted for being the most tender hearted men that adorn the human

Six Hints.

The following are six things a boy ought to know: First — that a quiet voice, courtesy, and kind acts are as essential to the part in the world of a gentleman as of a gentlewoman. Second — That roughness, blustering, and even foolhardiness are not manli-The most firm and courageous men have usually been the most gentle. Third—That muscular strength is not health. Fourth — That a brain crammed only with facts is not necessarily a wise one. Fifth — That the labor impossible to the boy of fourteen will be easy to the man of twenty Sixth—That the best capital for a boy is not money but a love of work, simple tastes, and a heart loyal to his friends and his God.

Her Son John.

Few men have ever combined stern ness and inflexibility of purpose with tenderness of heart to such an extraordinary degree as Stonewall Jackson. Of his kindness his widow relates this pleasing example in her biography of

her husband: Near the close of one of his most arduous campaigns an old woman called at his headquarters, and to the amusement of the young staff officers said that she had come to see her son John, who was with "Jackson's company." She was much surprised that they could not tell her where John was, for he had been with "Jackson's com-

pany" in all the battles. Her persistency finally changed the young men's amusement to annoy-ance; but when General'Jackson came in and heard her simple story he lis-tened with as much politeness as if she had been some grand lady, and after gently reproving the young officers for laughing at her, he ordered that every company of his corps should be searched for John, who was at las inexpressible delight of his loving old mother.

Saint Agnes and her Lambs Montreal Sunbeam.

Dear children—Who among you are named Agnes? To them and to all of you I offer this page from over the seas. Agnes, you must know, means Lamb—at Mass we sing "Agnus Dei Lamb of God." A pretty name, is it not, for a child of Jesus and Mary Well, long ages ago, in the year 304, there lived in Rome a young gir named Agnes. Not one in all the schools as clever as she, and she was very beautiful, but she only gloried in being a Christian and in loving Christ with all her heart and soul. In the company of her parents she went to the hidden spots where Mass was said, and there received in Holy Communion the God whose name was hated, and who promised but martyrdom to His followers, and Agnes became a martyr.

A young Pagan nobleman asked her

to marry him. No, said Agnes; you hate the One I love. I belong to one Spouse alone. He revealed Himself to me, and spoke of the beauty of His bome and of the crown that awaits me."

"Who is He?"

"He is Christ!" On hearing this, the Pagan had her brought before the judges, who tried to make her change her faith first by promises of gold and jewels and honors then by threats of every cruel torture. At last the proconsul cried: "Choose: adore our gods this instant-or be pun-

"I shall not adore your gods: I

scorn your threats. As she was carried to a place of punishment, an angel from heaven took his stand by her side. The young nobleman rushed at her, but the angel touched him and he fell back dead. Agnes knelt and prayed for him and he came back to life, arose and pro-claimed himself a Christian. Seeing this the people cried out "She must

Christian virgin untouched, leaped out among the people. This second miracle made the judges more furious still, and a soldier was ordered to pierce her neck with his spear-and thus was Agnes united to her Spouse by martyr-

Her parents and her friends carried her body out of Rome and buried it in a catacomb by the tombs of other martyrs, near the hidden chapels, where Agnes had often knelt at Mass and re ceived Holy Communion. Eight days later her parents were kneeling by her tomb, in the dead of night, when she appeared to them, amid a choir of she appeared to them, and a celestial light. At her side was a little lamb, whiter than snow. Agnes spoke to her parents, bidding them not weep, and telling them of the glory and happiness

This was along ago - sixteen centuries ago-but Agnes is not forgotten. Over the spot of her martyrdom a beau tiful church has been built; and the catacomb where she is buried is called St. Agnes' catacomb; and a wonder-ful church is there, and each year, on the day of her feast, her story is re-called by the blessing of St. Agnes'

Lambs. It is a touching and pretty cere-mony: the church is filled with Romans and with strangers from over all the world. After High Mass, two little lambs, alive, are carried in on silver trays; they are snow white and covered with ribbons and roses. As they pass through the crowds, all the church is astir, to catch a glimpse of the lambs, to touch and stroke them, or to kiss them if possible. Mothers lift up their babes and bid them: "Look

at St. Anges' Lambs."

They are placed, one on each side of the High Altar and are blessed by a Bishop. So sweet they look as they raise their heads and gaze about, or curl down and hide their noses between

their pretty feet ! Another stir as they are carried out, another attempt to touch and them, and away they are driven in a grand coach by men in livery, and are The Pope blesses them and once more they enter their coach and are brought to the convent of St. Cecilia where the kind nuns will care for them and the wool-shorn from them will be made into

Palliums The Pallium is an ornament which Archbishops wear when officiating. These palliums are laid upon the tomb of St. Peter, and are sent to the Archbishops of the Catholic world. The Archbisnops represent more especially the authority of the Holy See; and this authority comes from Christ. It was given to St. Peter, as well as the company of the Holy See. mand "Feed My lambs, feed My sheep." "What a beautiful ceremony," said my friend to me, as we looked upon it for the first time—and is it not beautiful, dear children; is it not full of meaning and sublime souvenirs? The tomb of St. Peter, the souvenirs? wool of the lambs upon it,—the successor of St. Peter, Our Holy Father, the Pope—the lambs and the sheep of the true fold of Christ spread throughout the wide world — and the Palliums taken from St Peter's tomb and sent to East and West, to North and South!

To it all clings the memory of St. Agnes, the Virgin Martyr who loved her Divine Spouse and in heaven follows the Lamb of God wheresoever He goes. Is not her glory great? You must not forget her.

"POEMS AND LYRICS."

Very Widely Reviewed by the Canadian and American Press.

The Metro

The Metropolitan of last Saturday says: "Canadian poetical literature has been materially added to by a new volume, 'Poems and Lyrics, just published by Dr. J. K. Foran, of this city." After quoting several extracts and favorably commenting on the same the critic continues: strength seems to lie in his descriptive poems, and the book should meet considerable success amongst all Canadian lovers of poetry.'

The Montreal Daily Witness. The Daily Witness thus refers to the volume: "Patriotism for Canada and memories of Ireland beat through the substantial volume of poetry just issued by Dr. J. K. Foran of this city, through D. & J. Sadlier & Co. Among numerous selections which might be quoted to give an idea of 'Poems and Lyrics,' as the book is called, the following is perhaps most representa-After quoting in full the poem 'Have you Seen?" the review thus closes: "Historical and descriptive poems have a large place in this work. Religious, domestic and college poems are also well represented. The easy flow and the catchy rhyme mark every poem. Dr. Foran, in his prefatory says that these verses were written at haphazard and in all manner of places, from the forests of the Black River to the halls of Laval, from the Indian wigwam to the House of Common; in newspaper offices and government offices; in court rooms and lumber camps; in monastic re treats and election campaigns. Foran, though yet a young man, has made valuable contributions to the contributions to the literature of the day, among his works being "Simon, the Abenakis," "Irish Canadian Representatives," and "The Spirit of the Age.

Ayer's Pills promote the natural motion of the bowels, without which there can be no regular, healthy oper this the people cried out "She must digestion, sick headache, constipation, jaundice and liver complaint, these pills have no equal. Every dose effective. ations. For the cure of biliousness, in-

A GRATEFUL MOTHER

Relates how her Daughter's Life was Saved-Anæmia and General Debility Had Brought Her to the Verge of the Grave - Physicians Held out no Hope of Recovery - Dr. Williams Pink Pills Again Prove a Life-

From the Ottawa Free Press.

A personal paragraph in the Free Press some time ago simply stating that Miss Sophie Belanger, 428 Cooper street, Ottawa, had recovered from a serious illness caused by anæmia and general debility, has apparently awak ened more than usual interest and pleasure among her relatives and acquaintances. So much so, indeed, that a reporter of the paper found it extremely interesting to visit the family and enjoy a chat with Mrs. Belanger on the recovery of her daughter after she had for two years been considered irrecoverably a victim of this terribly enervating and dangerous disease. Mrs. Belanger is a very intelligent French Canadian, wife of Mr. Joseph Belanger, whose wall paper and paint and glass establishment is at 146 Bank street. Miss Sophie Belanger, the whilem invalid, vascillating between death and life, is a promising young lady of seventeen



She lay on a couch like one dying.

years. She is a student under the nuns in St. Jean Baptiste school on Primrose Hill. Over two years ago she fell sick and rapidly wasted away.
The nature of her disease appeared to be a profound mystery to the physicians as they were called in one after the Despair seized the family as other. they looked upon the once beautiful, spirited girl, laying day in and day out, weeks and months on her couch, simply slowly vanishing and they powerless even to raise a smile to her wan lips. Each succeeding medical man gravely told the parents to pre-pare for the worst. However, Mrs. Belanger is not one of those women who give up in despair while there is still hope, as her own words will

denote.
"It was a terrible time," she said.
"We had been told again and again that nothing could be done to save Sophie, and had almost been forced by appearances to believe it. I have now to say that but for Dr. Williams' Pink Pills she would have been in her grave instead of attending school every day, the liveliest of the lively. It began like this: the poor girl was coming to me three or four times a day exclaiming, "Oh ma; I have such a terrible headache. I cannot stand the pain of This went on for a long timeit." This went on for a long time—weeks in fact—until we began to look

at it in a very serious light. We had almost every French doctor in the city called in, but with no result. Sophie got worse and worse. Her face was small and yellow while her lips were as white as your collar. She was listless and apathetic and so weak she could not raise her hand to her head. leading doctor forced her to take a certain kind of powders, which seemed to be taking the flesh from her bones Her skin became hot and parched, her eyes sank into her head and she lay or that couch as one dead, taking no interest whatever in things going on around her. Then it was we became confirmed to the popular belief that she was going to die. It was agonizing to look at her, but we became partially signed to the fate that appeared to be overtaking us. She was watched day and night, but we could detect no change unless for the worse. All hope had gone. I had read of the cures by the use of Dr. Williams Pink Pills, and about this time I noticed a description published in the Free Press somewhat similar to Sophie's case Something seemed to urge me to give them a trial, and now I thank God I did. I sent for some and began giving them to her one at a time. Before long we saw an improvement, and gradually increased dose from one to two and then to three at regular intervals. It was incredible

Weak Women

and all mothers who are nursing babies derive great benefit from Scott's Emulsion. This preparation serves two purposes. It gives vital strength to mothers and also enriches their milk and thus makes their babies thrive.



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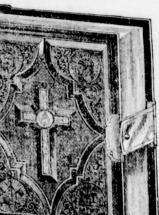
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Complaints incidental to remaiss of all ages. For Chin TMENT

THE OINTMENT

Is an infallible remedy for Bad Legs, Bad Breasts, Old Wounds, Sores and Ulcers. It is famous for Gout and Rheumatism. For Disorders of the Chest it has no equal. FOR SORE THROATS, BRONCHITIS, COUGHS, Colds, Glandular Swellings and all Skin Diseases it has no rival; and for contracted and stiff joints it acts like a charm.

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And are sold at 1s, 14d, 2s, 9d, 4s, 6d, 11s, 22s, and 33s, each Box or Pot, and may be had of all Medicine Vendors, throughout the world.

The Purchasers should look to the Label on the Pots and Boxes, is not Oxford Street, London, they are spurious.

use of them fully restored her health, following the directions around the box. My daughter's life was saved by Pink Pills, and no one knows better than her mother. I wish to tell everyone of the and the same person in such a marvellously short space of time, and you may be sure I am advising ailing neighbors to use this wonderful medicine.

Just as the reporter was leaving Miss Belanger returned from school. was the picture of grace, health and her lithe physique denoting beauty, health in every movement, while her face showed the warm, ruddy glow of health. She corroborated mother had said besides adding some new testimony. Happiness now abideth in that home where misery held sway too long, and Mrs. Belanger rests her faith in Dr. Williams Pink Pills, which will do for other weak and ailing girls what they did for her daughter.

Arsene Houssaye and His Mother

M. Arsene Houssaye, for many years Paris correspondent of the New York Tribune, has, on the occasion of his eighty-first birthday, published some charming recollections of his mother which are preceded by an eulogium of 'the mother" and her role in the world.

"If," says he, "the image of God is

to note the change. Her color came visible on earth it is in the face of a back, a different look in her eyes, her mother. What a self-abandonment for general health and appearance gave love! She gives her soul, her heart, us all new interest in her. Before the her all for her child, and has no other fourth box was gone Sophie was able to thought but to live and die for him. be up and around again, and a further What invests the Christian religion with such a profoundly human characor rather snatched her from the ter under the halo of its divinity is the brink of the grave. To Dr. Wilpresence of the Mother of Jesus, her liams Pink Pills is due all the worship of her Son, her sorrow, her credit, for we had stopped doctor's transfiguration. I have never under-medicine and simply gave her these, stood why Protestants have suppressed stood why Protestants have suppressed this admirable symbol of divinity in the mother. What pernicious milk must Luther have drunk in his in-For myself, I have always fancy! For myself, I have always loved Mary, because I have never seen and the happy rosy-cheeked girl who goes regularly to her classes are one at my mether without and the same person in each case. thing of the smile of Mary.

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