me all my sins that I may worthily receive Thee. Feed me with Thy most precious Body and Blood, that I may walk in the strength of this meat unto the mount of God, the Heavenly city. Hear me, O Lord, for Jesus' sake.

AMEN.

Whilst the clergy are communicating, or you are waiting to go forward, do not look about you, but kneel down and say such of the following prayers as time will permit:

Grant I beseech Thee, Almighty God, that all we who are partakers of this Holy Sacrament may be confirmed in Godliness; may receive remission of our sins; may be delivered from the devil and his wiles; may be filled with the Holy Ghost; may be worthy of Thy Christ, and obtain everlasting life, for His name's sake. AMEN.

O Lord Jesus Christ, I come to Thy most holy feast. I am defiled with many sins. To Thee I come to be healed. Take from me my defilements, that I may take the Holy of Holies. Grant me, by Thy sacred Bod and Blood, a clean heart and pure soul, that I may walk before Thee in holiness all my days. AMEN.

Almighty and Everlasting God, I come to the Holy Sacrament of Thy dear Son. I draw near, weak, to the giver of strength, unclean,