

ation

# Silva mind control sessions will be held at UNB

John Culjak from Halifax will be running a silva mind control study session on campus sometime around November fourth. These courses will be run in the evenings from Monday to Sunday. The cost for students will be approximately \$50.

Mind control can be taught...It can be learned! There is a proven method for learning such control at all inner conscious levels. After almost thirty years of research, the Silva Method is now being offered to you in a series of classes, the results of which will astound you. Some of the abilities reported while at altered levels of mind were to control memory, concentration and creativity. As research continued, it was found that in forty to forty-eight hours of class time, students could learn to function with mental controls at altered levels of mind.

Jose Silva began research in Mind Control in Laredo, Texas in 1944. This research started for purposes of increasing a person's I.Q. factor. As is often the case in

scientific investigation, the incidental findings proved more significant than the original goals. The results of these findings and continued research led to the dynamic Silva Method.

There are four primary brain waves: the Beta waves, associated with outer conscious levels, physical activity, anxiety, tension, etc.; the Alpha waves, associated with inner levels of mental activity, tranquility, inspiration, creativity, concentration, E.S.P., improved functioning in health matters, memory, learning, and recall capabilities; the Theta waves, a low-keyed, significantly reduced frequency; and, finally the Delta waves, associated with deep sleep.

In just hours of classroom instruction, students learn to function with awareness at inner levels of consciousness of mind. This is accomplished with the use of the Silva Mind Control Method, without the use of biofeedback devices. Students, when at these altered levels of mind, can sense

information, with conscious awareness and controls, impressed upon the brain of others at a distance. This kind of sensing is called Subjective Communication, or E.S.P. Silva has changed the meaning of extra sensory perception, which was controlled, erratic, and very evasive, to subjective communication, which is controlled and effective. Mr. Silva states, "perfecting the means to communicate at this dimension will be the second phase of human evolution on this planet." Subjective communication is guaranteed, and can be used for problem

detection and solving. (My acceptance of my diploma will signify my satisfaction with the courses and my waiver of the money back guarantee rights.)

The Silva Method has over 200,000 graduates nationally, with highly acclaimed results. Students report improved intellectual potentials such as concentration, memory retention, creative imagination, verbal and artistic expression. Many also report that they have bolstered such resources of personality as self-confidence, motivation, and leadership. Some students report they have also

corrected disturbing habit patterns such as excessive drinking, smoking, drug use, over-eating, procrastination, nervous tension, shyness and insomnia. Deliberate training can make you more aware of the world around you and allow you to enjoy it to the fullest, and still be able to respond intelligently and without stress to the problems at present.

If you are interested in attending the classroom instruction sessions to be held on campus further information can be obtained by contacting Bob or Mary Lou Jones at 472-1605.

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Photo by Jerome Kashetsky

## "Women Today in N.S." Conference set for October

Area coordinators for the provincial conference "Women Today in Nova Scotia", to be held October 18 - 20 in Halifax, have been successful in contacting a representative cross-section of delegates from their communities, according to Mrs. Margaret Colpitts, who is in charge of planning the three-day seminar.

The conference, which will be held at Mount Saint Vincent University, is being funded by the federal Department of Manpower and Immigration, the provincial government, and Mount Saint Vincent's continuing education department.

The area coordinators who are providing information about the conference at the local level include Miss Barbara Kowalski, Xavier College in Sydney, Dr. Teresa McNeil at St. Francis Xavier University in Antigonish, Miss Brenda Gorman at the Department of Agriculture and Marketing in Truro, Ms. Judy Wouk in Halifax, Mrs. Audrey Manzer in Dartmouth, Ms. Joyce

Edmonds in Halifax County, Dr. Lois Vally-Fischer of Acadia University in Wolfville, Miss Barbara Nickerson in Barrington Passage, and Miss Ellen O'Reilly of the research station in Kentville.

The conference will open for registered delegates the afternoon of October 18. However, the general public is also invited to the evening session of the opening day activities which will take place at 8 p.m. in the Seton Academic Centre. Guest speakers for the occasion include Premier Gerald A. Regan, Sister Mary Albertus, president of Mount Saint Vincent University; William C. Stewart, Atlantic director general of Manpower and Immigration; and Dr. Katie Cook, chairman of the Federal Advisory Council on the Status of Women.

Also available to the public during the first day of the conference will be the official opening of a juried competition and exhibition for women photographers of Nova Scotia, sponsored by the Art Gallery, Mount Saint Vincent University.

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## Saga has a new SUB manager

By LORNA PITCHER

The Saga food service in the SUB has a new manager.

He is Herb Convery, who ran the food service at Dalhousie University for a year before he joined SAGA. He has been here less than a month, and has taken over the position formerly filled by Mark Steepe. Steepe will be moving to Toronto.

"I have no plans yet to change any of the operations in the SUB," he said, "other than the minor change I made in the cash register placement on line No. 1 in the Cafeteria." The cash register has been returned to its original place at the end of the line to speed up the checkout.

He said, "I haven't noticed an overload of people, even at peak

hours. If we can check through five people a minute I'm happy."

Convery attributes the lack of ashtrays in the SUB Coffee Shop to theft. "It's a fact of life, we don't worry about it. We just keep ordering ashtrays and they keep disappearing. They're in offices and apartments all over the place. It happens everywhere, I'm not saying students are particularly prone to this," he explained.

The lack of paper cups in the Coffee Shop is "a universal shortage problem," he said. "The Pepsi company can't even get them. Everyone will have to learn to live with shortages from now on."

SAGA is not plagued badly by food shortages, however. "We have a good rapport with foodstuff suppliers in Fredericton," he said,

and combined with careful planning and some stockpiling, we usually have everything we need. However some items like ketchup and glace cherries are often not available due to world shortages."

Anyone eating in the SUB has notices soiled silverware from time to time. Convery explained, "sometimes the dishwashing machine is run for long periods of time at peak hours, so the last rinse is sometimes not hot enough, so water spots make the silverware dull. Also, to be frank, the silverware leaves a lot to be desired; they're often poorly made stainless steel, and they rust."

Convery could offer no comment on any possibility of price increases, or any other changes at this time, as he has not yet begun to study the SAGA contract.

**\* Jeunesse Musicales** 1974-75 Concert Series

Tickets now on Sale  
Information Desk: SUB

Oct.28 Grace Sung-En Wong  
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Nov.28 Campbell & York  
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Feb.27 Fresk Quartet (Sweden) Students-Half-price-\$3.00

Mar.20 Arcadie Flute Quartet  
(France)

**\* \* \***

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## Scandinavian Seminar taking applications

Scandinavian Seminar is now accepting applications for its study abroad program in Denmark, Finland, Norway, or Sweden for the academic year 1975-76. This living-and-learning experience is designed for college students, graduates and other adults who want to become part of another culture while acquiring a second language.

An initial 3 weeks language course, followed by a family stay, will give the student opportunity to practice the language on a daily basis and to share in the life of the community. For the major part of the year he is separated from his fellow American students, living and studying among Scandinavians at a "People's College" (residential school for continuing adult education) or some other specialized institution.

All Seminar students participate in the Introductory, Midyear and Final Sessions, where matters related to their studies, experiences and individual progress are reviewed and discussed. The focus of the Scandinavian Seminar program is an Independent Study project in the student's own field of interest. An increasing number of American colleges and universities are giving full or partial credit for the Seminar year.

The fee, covering tuition, room, board, one-way group transportation from New York and all course-connected travels in Scandinavia is \$3,200. A limited number of scholarship loans are available.

For further information please write to: SCANDINAVIAN SEMINAR, 100 East 85th Street, New York, N.Y. 10028.