

# Teachers may walk

**Toronto (CUP)** — College teachers at Ontario's 22 community colleges voted 78 per cent in favor of a strike and if a settlement is not reached this week, pickets could be set up around campuses by October 17.

About 7,600 teachers, counsellors and librarians could be walking the picket line and about 120,000 community college students will be affected.

The strike vote followed weeks of talks and a controversial last-minute

offer in late September from the Council of Regents, which represents the college's administration and college and universities ministry in the negotiations.

Union president Sean O'Flynn said the union rejected the last-minute offer because it did not deal with the union's workload demands.

The offer included a five per cent increase in salary but O'Flynn said the issue is the teacher's workload, not money. Instructors now teach

19 to 22 hours per week, in addition to marking time and time spent developing curricula.

Margaret Hart, a Humber College teacher, said the teachers want time to develop a working relationship with their students, mark their papers and prepare the day's lesson.

"Most teachers don't want to strike, but we must take a stand on workload," she said.

Hart said if the issue of workload is not settled to the union's satisfaction, the quality of education in Ontario's community colleges will drop drastically.

The teachers have been without a contract since August 31.

# Write for rights

by Neal Watson

This week the Edmonton branch of Amnesty International is participating in the annual Prisoners of Conscience Week, a week of activities intended to bring to public attention the plight of victims of human rights repression.

Activities include a letter-writing campaign and public meetings every day this week at noon at City Hall Plaza. Amnesty members will be handing out buttons and answering questions about their campaign.

Prisoners of Conscience Week is a world-wide campaign held on behalf of people imprisoned for the "non-violent expression of their

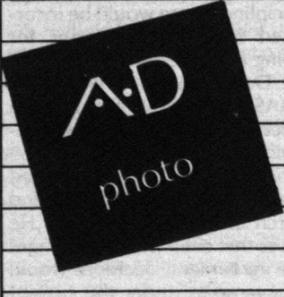
beliefs," as the organization's news release states.

This year the campaign is devoted to women held prisoner for the expression of their beliefs.

Members of Amnesty International believe world pressure — in the form of publicity campaigns — can have an influence.

The organization also conducts a letter-writing campaign. People are encouraged to write letters to world leaders in whose countries human-rights abuses have occurred.

If you would like to get involved in Amnesty International or would simply like more information, the number to call is 462-1871.



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# Avoid sweat, try yoga

by Marie Clifford

Does your daily aerobics class drive you to the verge of cardiac arrest?

Is jogging turning your shins to

mush? But do you continue to work out to avoid love-handles and bulbous

thighs?

If the above scenario sounds familiar, the Keep Fit Yoga Club could be your salvation.

"Not only does yoga train your mind and provide spiritual enlightenment, it also gives you a good cardiovascular workout," says Dr. Hubert Dhamaraj, technical coordinator for the club. "Yoga gives a satisfaction in life not emphasized in aerobics."

The Keep Fit Yoga Club is currently offering a special promotional package to strengthen the club and spread the popularity of yoga. Designed especially for health, fitness and relaxation, the package includes club membership at \$5 for students (\$10 for non-students) and an eight-week Hatha yoga course.

Club instructors are all certified by the Yoga Association of Alberta.

Yoga consists of various exercises that strengthen parts of the body and certain organs. The regime differs from aerobic exercises in the slow, concentrated movement that relaxes both mind and body.

"Yoga has come into popular usage as a means of gaining both physical fitness and strength, and balance of mind required for effective living in the everyday world," adds Dhamaraj.

People interested in joining the club should call Carol at 471-2989.

**Gateway news writers meeting Tues. 4 pm.**

**Sports Editor wanted**

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# Active STUDENT SAVINGS

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<p><b>10% DISCOUNT ON ALL BOOKS</b></p>	<p><b>MICRO PROBE-IT</b> <b>\$8<sup>09</sup></b></p> <p>Micro Probe-It facilitates testing on high-density boards. Its small hook contact provides positive connection to the most delicate leads.</p> <p>Comes in six colors, red, black, blue, green, yellow and white.</p> <p>40085 (923848)</p>	<p><b>DIGITAL MULTIMETER</b> <b>\$89<sup>95</sup></b></p> <p>Handheld 7-function, 35 ranges with 200uA AC and DC. Hi-low ohms diode check. Built-in transistor test function. Tilt stand for bench use. 1 year parts/labor guarantee.</p> <p>69613 (4060)</p>	<p><b>DELUXE PC MINI DRILL</b> <b>\$26<sup>99</sup></b></p> <p>Designed with P.C. board work in mind, but capable of handling metal and plastic chassis boxes too. Operates as a portable on 4 "AA" batteries (not included) at 2500 RPM with a well-gear motor for high torque. An external power jack permits use with a 9 or 12V DC power supply. A power cord and connector are included. Also included with the Drill are three collets that will accept bits up to .125"; three popular bits, a grinding wheel, collet wrenches and a hinged plastic storage box. A drill stand is available separately.</p> <p>76093 (12-107)</p>																																																																		
<p><b>DESOLDER PUMP</b> <b>\$12<sup>60</sup></b></p> <p>57077 (MAXI)</p>	<p><b>PRECISION KNIFE</b> <b>\$1<sup>79</sup></b></p> <p>Designed for light-duty cutting on paper, soft and lightweight materials or wood.</p> <p>86269 (XN-100)</p>	<p><b>SOLDERING KIT</b> <b>\$13<sup>59</sup></b></p> <p>Kit includes: 25 watt SP23 soldering iron, 3 tips (screwdriver, chisel, cone), soldering aid tool and coil 60/40 rosin core solder. Blister packed on hang-up card. 110 volts.</p> <p>86212 (SP23K)</p>	<p><b>ULTRASONIC TRANSDUCER</b> <b>\$14<sup>39</sup></b></p> <p>Transmits or receives 40 kHz ultrasonic waves. For remote controls, radios, TV's, appliances, also for remote switching such as door openers, remote signaling and ultrasonic intrusion protecting devices and alarms. Diagrams of practical circuits included.</p> <p>76080 (J4-815)</p>																																																																		
<p><b>EPROM ERASER</b> <b>\$85<sup>50</sup></b></p> <p>Low cost EPROM Eraser designed in a plastic enclosure. The UV element and components are installed in the top lid and the EPROMS, are placed in the bottom half. Erases as many as 8 EPROMS in 15-20 minutes, 90 day warranty.</p> <p>69603 (QUV-T8/1)</p>	<p><b>DIP IC INSERTION TOOL WITH PIN STRAIGHTENER 14-16 PIN</b> <b>\$6<sup>49</sup></b></p> <p>Narrow profile permits tool to work on densely spaced patterns while unique insertion mechanism assures accuracy as well as excellent "feel". Additionally the tool includes a unique pin straightener built into the handle.</p> <p>86077 (INS-1416)</p>	<p><b>FERRIC CHLORIDE ETCHANT</b> <b>\$5<sup>35</sup></b></p> <p>• Industrial Strength • 1 Litre 69012 (415-1L)</p>	<p><b>LIQUID TIN</b> <b>\$12<sup>09</sup></b></p> <p>• Tin Plates Copper Circuits in Minutes • 500 ML 69053 (421-500 ML)</p>																																																																		
<p><b>CPUS &amp; PERIPHERALS</b></p> <table border="1"> <thead> <tr> <th>Stock No.</th> <th>Description</th> <th>Price</th> </tr> </thead> <tbody> <tr> <td>41001</td> <td>Z80-CPU-PS</td> <td>\$ 6.49</td> </tr> <tr> <td>41002</td> <td>Z80A-CPU-PS</td> <td>\$ 7.29</td> </tr> <tr> <td>12001</td> <td>6502 PC</td> <td>\$ 9.10</td> </tr> <tr> <td>12005</td> <td>6522 PC</td> <td>\$ 8.89</td> </tr> <tr> <td>12017</td> <td>6821 PC</td> <td>\$ 4.39</td> </tr> <tr> <td>12021</td> <td>6850 PC</td> <td>\$ 5.60</td> </tr> <tr> <td>12053</td> <td>8088 DC</td> <td>\$36.90</td> </tr> </tbody> </table>	Stock No.	Description	Price	41001	Z80-CPU-PS	\$ 6.49	41002	Z80A-CPU-PS	\$ 7.29	12001	6502 PC	\$ 9.10	12005	6522 PC	\$ 8.89	12017	6821 PC	\$ 4.39	12021	6850 PC	\$ 5.60	12053	8088 DC	\$36.90	<p><b>MEMORIES</b></p> <table border="1"> <thead> <tr> <th>Stock No.</th> <th>Description</th> <th>Price</th> </tr> </thead> <tbody> <tr> <td>48002</td> <td>P2114-20</td> <td>\$ 6.80</td> </tr> <tr> <td>48003</td> <td>P2114-20L</td> <td>\$ 6.80</td> </tr> <tr> <td>48005</td> <td>P2016-15</td> <td>\$11.60</td> </tr> <tr> <td>48049</td> <td>P5101-45L</td> <td>\$ 7.20</td> </tr> <tr> <td>48050</td> <td>P5101-45</td> <td>\$13.00</td> </tr> <tr> <td>48007</td> <td>P8116-15</td> <td>\$11.20</td> </tr> <tr> <td>48008</td> <td>P8116-15L</td> <td>\$12.80</td> </tr> <tr> <td>48014</td> <td>C2516-45</td> <td>\$ 7.40</td> </tr> <tr> <td>48021</td> <td>C2532-45</td> <td>\$ 8.79</td> </tr> <tr> <td>48016</td> <td>C2732A-30</td> <td>\$11.50</td> </tr> <tr> <td>48037</td> <td>P4116-15</td> <td>\$ 2.19</td> </tr> <tr> <td>48011</td> <td>P4164-15</td> <td>\$ 8.50</td> </tr> <tr> <td>48012</td> <td>P4164-20</td> <td>\$ 8.25</td> </tr> </tbody> </table>	Stock No.	Description	Price	48002	P2114-20	\$ 6.80	48003	P2114-20L	\$ 6.80	48005	P2016-15	\$11.60	48049	P5101-45L	\$ 7.20	48050	P5101-45	\$13.00	48007	P8116-15	\$11.20	48008	P8116-15L	\$12.80	48014	C2516-45	\$ 7.40	48021	C2532-45	\$ 8.79	48016	C2732A-30	\$11.50	48037	P4116-15	\$ 2.19	48011	P4164-15	\$ 8.50	48012	P4164-20	\$ 8.25	<p><b>I.C. EXTRACTOR</b> <b>\$3<sup>41</sup></b></p> <p>Economical tool features one piece spring steel construction. It will extract all LSI, MSI and SSI devices from 8 to 24 pins.</p> <p>76068 (41-614)</p>	<p><b>FERRIC CHLORIDE ETCHANT</b> <b>\$5<sup>35</sup></b></p> <p>• Industrial Strength • 1 Litre 69012 (415-1L)</p>
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