


DEPARTMENT OF THE NAVAL SERVICE



Royal Naval College of Canada

The Royal Naval College is established for the purpose of imparting a complete education in Naval Science.

Graduates are qualified to enter the Imperial or Canadian Services as midshipmen. A Naval career is not compulsory however. For those who do not wish to enter the Navy the course provides a thorough grounding in Applied Science and is accepted as qualifying for entry as second year students in Canadian Universities.

The scheme of education aims at developing discipline with ability to obey and take charge, a high sense of honour, both physical and mental, a good grounding in Science, Engineering, Mathematics, Navigation, History and Modern Languages, as a basis for general development of further specialization.

Particulars of entry may be obtained on application to the Department of the Naval Service, Ottawa.

Pending erection of buildings to replace those destroyed at the time of the Halifax disaster the Royal Naval College is located at Esquimalt near Victoria, B.C.

G. J. DESBARATS,
Deputy Minister of the Naval Service.

Unauthorized publication of this advertisement will not be paid for.
Ottawa, February 3, 1919.

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Do Away With Steel and Rubber Bands That Chafe and Pinch

You know by your own experience the truss is a mere makeshift—a false prop against a collapsing wall—and that it is undermining your health. Why, then, continue to wear it?

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Stuart's PLAPAO-PADS are different from the truss, being medicine applicators made self-adhesive purposely to prevent slipping and to hold the distended muscles securely in place. No straps, buckles or springs attached; no "digging in" or grinding pressure. Soft as Velvet—Flexible—Easy to Apply—inexpensive. Continuous day and night treatment at home. No delay from work. Hundreds of people have gone before an officer qualified to acknowledge oaths, and swore that the Plapao-Pads cured their rupture—some of them most aggravated cases of long standing. It is reasonable that they should do the same for you. Give them a chance.

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Trial Plapao and illustrated book on rupture. Learn how to close the hernial opening as nature intended, so the rupture can't come down. No charge for it, now or ever; nothing to be returned. Write today—NOW. Address, Plapao Co. Block 696 St. Louis, Mo.

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Fashions and Patterns

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27-inch material. A pattern of this illustration mailed to any address on receipt of 15c in silver or 1c and 2c stamps.

A Comfortable House or Work Dress. 3016.—This style is especially suited to mature figures. The pockets and band trimming may be omitted, and the sleeve may be finished at the seams to close with buttons or snap fasteners. Gingham, percale, lawn, khaki, seersucker, flannelette, repp and poplin are good for this style. The pattern is cut in 7 sizes: 36, 38, 40, 42, 44, 46 and 48 inches bust measure. Size 38 size requires 5 1/4 yards of 36-inch material. Width of skirt at lower edge is 2 1/4 yards. A pattern of this illustration mailed to any address on receipt of 15c in silver or 1c and 2c stamps.

A Smart School Dress. 2694.—This will prove a comfortable and "easy-to-make" design. Good for serge, corduroy, gabardine, voile, crepe, plaid and mixtures. Blue serge could be trimmed with tan satin or silk, braid also would form an attractive finish. The sleeve may be in elbow or wrist length. The pattern is cut in 4 sizes: 6, 8, 10 and 12 years. Size 10 will require 3 1/2 yards of 40-inch material. A pattern of this illustration mailed to any address on receipt of 15c in silver or 1c and 2c stamps.

Waist 3003, Skirt 3020.—This stylish business costume comprises Lady's Waist Pattern 3003, and Lady's Skirt Pattern 3020. Serge, cheviot, satin, velvet, gabardine, plaid or mixed suiting could be used for the skirt, and silk, satin, linen, madras, crepe or batiste for the waist. The waist pattern is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. It requires 3 yards of 36-inch material for a 36-inch size. The skirt is also cut in 7 sizes: 22, 24, 26, 28, 30, 32 and 34 inches waist measure. Size 24 will require 2 1/4 yards of 54-inch

material. Width of skirt at lower edge is 1 1/4 yard. This illustration calls for two separate patterns which will be mailed to any address on receipt of 15c for each pattern in silver or 1c and 2c stamps.

A Becoming Dress for the Young Miss. 3007.—This is nice for satin, taffeta, jersey cloth or serge. It may be finished without the fold on the skirt, and with short or long sleeves. With serge, one could have matched satin or moire for trimming. The pattern is cut in 3 sizes: 12, 14 and 16 years. Size 14 will require 3 3/4 yards of 44-inch material. A pattern of this illustration mailed to any address on receipt of 15c in silver or 1c and 2c stamps.

Here is a New and Practical Apron. 3023.—This design is good for gingham, chambray, lawn, percale, drill, Indian Head, jean and alpaca. The back has belt extensions which hold the fullness at the waistline and are fastened at the centre front. The pattern is cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42; and extra large, 44-46 inches bust measure. Size medium requires 4 3/4 yards of 36-inch material. A pattern of this illustration mailed to any address on receipt of 15c in silver or 1c and 2c stamps.

First Attendant at Bazaar: "Here's a Turkish table cover; the cost price of it is put at £5. What shall I mark it to be sold for?"

Second Attendant at Bazaar: "Oh, how perfectly lovely! I have been wanting such a one for a long time. Just mark it 30s., and I'll buy it myself."

A Simple and Cheap Medicine.—A simple, cheap and effective medicine is something to be desired. There is no medicine so effective a regulator of the digestive system as Par-melee's Vegetable Pills. They are simple, they are cheap, they can be got anywhere, and their beneficial action will prove their recommendation. They are the medicine of the poor man and those who wish to escape doctors' bills will do well in giving them a trial.

