

Automatic Increase

The moment you open a savings account in The Bank of Nova Scotia it begins to increase, and every time you add to it from your own savings that increased is increased terest it draws.

Nothing is more certain than the stability and increase of a savings

Why not open one to-

THE BANK OF **NOVA SCOTIA**

G. H. Montgomery

Cure That "Achey" Feeling With

Grippe Tablets

OLDS are unpleasant, both to yourself and others. But in addition, they are far more dangerous han many people imagine. If neglected, they weaken the system, make it susceptible to Grippe, Influenza and even Pneumonia.

At the first cough, sneeze or other symptom, get a box of Bionin Grippe T b. lets from the nearest drug store. Take them according to directions. The first dose will give relief. The cold will be checked before it is well begun. Sleepless nights will be avoidedyour energy will not be im-

The Kelpion Company, Toronto, Ont.

Kelpion, Limited, London, England.

"The First Dose Gives Relief"

REPAIR **DIRECTORY**

Expert General Machinists

Machinery of all kinds thoroughly repaired and overhauled y experienced machinists.

Bexton & Carson REAR OF 68 KING STREET. PHONE 3079.

Oxy-Acetylene Welding

Dennis Wire and Iron Works FOOT OF DUNDAS STREET. PHONE 3601,

Save the Pieces!



Carlyle Trebilcock

BUILDERS URGED ON CLOSED SHOP

Business Agents Species of Animal.

worked way. Why don't you try it?
At the close of every meal, just take two small chocolate-coated Ferrozone and this in a minute. The action of Ferrozone is apparent at once. It sets you up, makes you feel good, starts up your appetite, aids digestion, brings that old-time feeling of youth into the system again. Ferrozone puts you on the right road—the one leading to health. Not a man, woman or child needing blodd, vigor, endurance—not a person who is weak, nervous or sickly, not a person in ill-health who won't receive immediate help from Ferrozone, As a tonic and restorative, as a health-bringer and body-builder, Ferrozone is infivalled. It cures because if feeds and nourishes, because it contains the elements that build up and strengthen. For better looks and better health try Ferrozone yourself, sold everywhere, 50c per box, 6 boxes for except the feeling way before you expect to receive it Give every man a chance to rise from the ranks if he has the ability."

How to Make Pine Cough Syrup at Home

Has no equal for prompt results.

Takes but a moment to prepare, and saves you about \$2.

Has no equal for prompt results.

Takes but a moment to prepare,
and saves you about \$2.

You know that pine is used in nearly all prescriptions and remedies for coughs. The reason is that pine contains several peculiar elements that have a remarkable effect in soothing and healing the membranes of the throat and chest.

Pine cough syrups are combinations that have a remarkable effect in soothing and healing the membranes of the throat and chest.

Pine cough syrups are combinations of pine and syrup. The "syrup" part is usually plain sugar syrup.

To make the best pine cough remedy that money can buy, put 2½ ounces of Pinex in a 16-oz. bottle, and fill up with home-made sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, you make 16 ounces—more than you can buy ready-made for \$2.50. It is pure, good and pleasant—children like it.

You can feel this take hold of a cough or cold in a way that means business. The cough may be dry, hoarse and tight, or may be persistently loose from the formation of phlegm. The cause is the same-inflamed membranes—and this Pinex and Syrup combination will stop it—usually in 24 hours or less. Splendid, too, for bronchial asthma, hoarseness, or any ordinary throat ailment.

Pinex is a highly concentrated compound of genuine Norway pine extract, and is famous the world over for its prompt effect upon coughs.

Beware of substitutes. Ask your druggist for "2½ ounces of Pinex" with directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pinex Co., Toronto, Ont.

Regularity

Nujol makes you regular as clockwork. Without forcing or irritating, Nujol softens the food waste. The many tiny muscles in the intestines can then remove it regularly. Absolutely harmless-tryit.



Aching Limbs are quickly removed by the use of Dr. Chase's Kidney-Liver Pills. One pill a dose. 25c. a box,

Detroit Speaker Calls Labor Dr. Chases

CANNING PLANT AT ONTARIO HOSPITAL

It will be news to the great majority of the public to know that at the Ontario Hospital, London, a canning plant was installed eleven years ago, and that this plant each year handles a large proportion of the fruit and vegetables grown on the hospital lands. For example, last year there were put down no fewer than 1,360 cans of corn, 1,600 gallons of peaches, 8,000 gallons of tomatoes, 800 gallons of crab apples, 1,550 gallons of plums, 1,600 pounds of grapejam, 875 pounds of strawberry jam, 8,000 gallons of apples, 500 barrels of apple pulp, for the making of apple butter and jam, and of this jam and butter 600 pails were shipped to other provincial institutions.

Low Operating Cost.

The cost of running this canning plant was installed eleven years ago, and this wish that you could hear him tell of his many experiences with olntments, salves, dilators, etc., before he tried my method. Here is a letter just received from him:

Mr. Jacob Lyon, Homer, Mich.

I wish that you could hear him tell of his many experiences with olntments, salves, dilators, etc., before he tried my method. Here is a letter just received from him:

Mr. E. R. Page, Marshal, Mich.:

Dear Sir,—I want you to know what your treatment has done for me. I had suffered with piles for many years and all kinds of treatments, but never got relief until efficiency in the provincial institutions.

Low Operating Cost.

The cost of running this canning plant is practically nominal, one man

Low Operating Cost.

The cost of running this canning plant is practically nominal, one man being able to attend to it all.

Last year there was an abundant crop of apples grown in the orchard of the institution, the yield being from 1,500 to 2,000 barrels. There were also 1,800 bushels of tomatoes produced and 650 bushels of onions.

Besides the apples made into apple butter, pies and other things, the patients have had all of this fruit they can eat, and there is sufficient in store to keep them going for the rest of the season.

Of course, as every farmer and fruit grower knows, there is always a certain amount of fruit which is destroyed through natural agencies, such as windstorms, insects, decay and other unavoidable causes, but so far as the Ontario Hospital is concerned every ounce of produce is utilized to the best advantage.

It will be recollected that the verseprovincial institutions.

Low Operating Cost.

The cost of running this canning plant is practically nominal, one man being able to attend to it all.

the horticultural building, was one of the features of the Western Fair, and excellent crops are grown each season, although, of course, the quantity and quality may differ in accordance with the weather conditions, and the prevalue of insect pests, and any surplus has been passed on to institutions which do not grow such things for

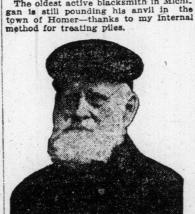
OF LONDON HEAR BLISS CARMAN

Distinguished Canadian Poet Delights Large Audience in Wesley Hall.

well known for fitteen years, pre-scribed by doctors, sold by drug-gists, \$1.00 a box. Ask our agents or write for a free trial package. Templetons, 142 King W. Toronto

CURED HIS PILES

low 88 Years Old, But Works at Trade of Blacksmith and Feels Younger Since Piles Are Gone. The oldest active blacksmith in Michi



FREE PILE REMEDY

CHRIST CHURCH HOLDS

"Who leans on this old gray wall Lays a hand on the shoulder of God." "The Trees" was another piece preg-nant with praise and reverence for the works of the Creator. After describing the different trees, which at the begin-ning of all things God had given to man in the earthly paridise, the verses con-clude with the words: Large Gathering.

nant with praise and reverence for the works of the Creator. After describing the different trees, which at the beginning of all things God had given to man in the earthly paridise, the verses conclude with the words:

"On the crowns of its hill for all to see

He planted a scarlet maple tree."
In this is discovered the poet's intense love for the land of his birth, and this spirit breathes throughout his works.

Founded on Old Legend.

Other selections read by Mr. Carman

Other selections read by Mr. Carman

An enjoyable gathering of fathers and consways seld in the schoolrom of Christ Church on Thursday evening. Those who came early joined in a sing-song under the leadership of J. Wilson with Alf. Tibbs at the piano.

After supper the chair was taken by C. W. Milligan, who introduced the special speakers, A. A. Ingram, barrister, of St. Thomas, and W. Wallis, principal of Simcoe Street School.

Mr. Wallis spoke of the five sources of influence on every one's life—the home, the school, the occupation, the nation and the church. His address was frequently applauded.

SUCCESSFUL BANQUET

in the C. S. E. T. program, and that is something every boy should take up. We don't get anywhere in the 'long run' thorne, a wealthy lumberman, recently by gaining popularity, money, fame and advancement unless it is marked on the by some advancement of service to humanity."

advancement unless it is marked on the basis of service to humanity."

The evening was closed with several community games conducted by Mr. Liddle.

The distribute field for stellar to the field f

Backache

You should never make the serious mistake of neglecting backache or pains in the side. They are, too frequently, symptoms of dreaded kidney trouble, and indifference may bring serious consequences. Prolonged agonies can be avoided if you take Gin Pills at the first sign of backache or dizziness, headache, or pains in the sides. Going right to the kidneys, the source of the trouble, Gin Pills benish backache, no matter how severe. banish backache, no matter how severe.

If you do not obtain relief, we will refund your money. At all druggists and dealers, 60c a box or six boxes for \$3.00. National Drug & Chemical Co. of Canada, Ltd., Toronto, Ont. U. S. Address: Na-Dru-Co., Inc., 202 Main St., Buffalo, N.Y.

Mothen! look at Child's tongue.

the Y. M. C. A., all enjoyed the sing-

Monday, February 14, is Valentine Day. Have you left your order for that Flower Valentine at Dicks Flower Shop? If not, go to the telephone and order it new. Their phone number is 1297.

Monday, February 14, is Valentine Day. Have you left your order for that Flower Valentine at Dicks Flower Valentine at Dicks Flower and mental heights. These are included to the telephone and order it new. Their phone number is 1297.

Must people today were all striving for money, popularity, fame, and advancement, "Galifornia Syrup of Figs" today may prevent a sick child tomorrow. The call that is constipated, billous, if your child is constipated, billous, fretful, has a cold, colic, or if everlsh, fretful, has a cold,

GRAY-DORT



INIT by unit, and feature by feature, a comparison shows the Gray-Dort to be bigger or stronger or better than other light cars. The motor is bigger, with cooling system to match; 40-pound crankshaft; three-ring pistons; Westinghouse starting and lighting; big axles; long springs; deep upholstery; hand-tailored top; side curtains opening with the doors; Thermoid brake-linings. Any man who will take the trouble to measure and weigh and test the units of light cars will be able to see and feel the value which is in the Gray-Dort.

This value has made sales so rapid that you should see the Gray-Dort dealer at once to be sure of securing your car.

BEEMER & COMPANY

127-133 Queen's Avenue, London.

Allen Dundas, 872 Dundas St. London. W. E. McCutcheon, Thorndale, Ont.

Stanley Shaw, Dorchester, Ont. Mark & Rossenbury, Parkhill, Ont. J. H. Patrick, Lambeth, Ont.

B. E. & L. A. Abbott, Lucan, Ont. Robert E. Walker, Delaware, Ont.

GRAY-DORT MOTORS, LIMITED

CHATHAM, ONTARIO