

FOR AND ABOUT WOMEN

AN AFTERNOON SESSION HELD

South End Free Kindergarten Pupils Gave Most Interesting Exhibition Yesterday—Enrollment of Forty-five in the School.

Anyone who has any doubt as to the benefit of free kindergarten training should pay a visit to one of these schools on the afternoon sessions which are being held for the public. Yesterday afternoon the South End Kindergarten gave an example of an ordinary session and the visitors who attended were well repaid.

There is an enrollment of 45 in this school which is held in the Sunday school room of St. James' church. All the little ones were dressed in their best bib and tucker for the occasion, and the opening march was several times interrupted by little girls who wished to draw their companions' attention to some "best" garment.

Miss Ruth Munke was in charge with Miss Mildred Parker assisting her and playing the piano for the songs and musical commands.

The children gave an exhibition of marching, playing games, stringing beads, coloring, and paper cutting.

The cut out pictures and colored drawings the kiddies are allowed to take home with them but many of the little tots are loath to part with the bright wooden beads although allowed to wear them for the period of the session. Some day perhaps a millionaire will present a kindergarten with

Children Love Cascarets—10c

Candy cathartic is harmless to tender stomach, liver and bowels.

Your child is bilious, constipated and sick. Its little tongue is coated, breath is bad and stomach sour. Get a 10-cent box of Cascarets and straighten out the youngster right up. Children love this harmless candy cathartic and it cleanses the little liver and thirty feet of bowels without gripping. Cascarets contain no calomel and can be depended upon to move the sour bile and poison right out of the bowels. Best family cathartic because it never ramps or sickens like other things.

TELLS DYSPYPTICS WHAT TO EAT

Avoid Indigestion, Sour Acid Stomach, Heartburn, Gas On Stomach, Etc.

Indigestion and practically all forms of stomach trouble, say medical authorities, are due nine times out of ten to an excess of hydrochloric acid in the stomach. Chronic "acid stomach" is exceeding dangerous and sufferers should do either one of two things.

Either they can go on a limited and often disagreeable diet, avoiding foods that disagree with them, that irritate the stomach and lead to excess acid secretion or they can eat as they please in reason and make it a practice to counteract the effect of the harmful acid and prevent the formation of gas, sourness or premature fermentation by the use of a little Bismarck Magnesia at their meals.

There is probably no better, safer or more reliable stomach antacid than Bismarck Magnesia and it is widely used for this purpose. It has no direct action on the stomach and is not a digestant. But a teaspoonful of the powder or a couple of five-grain tablets taken in a little water with the food will neutralize the excess acidity which may be present and prevent its further formation. This removes the whole cause of the trouble and the meal digests naturally and healthfully without need of pepsin pills or artificial digestants.

Get a few ounces of Bismarck Magnesia from any reliable druggist. Ask for either powder or tablets. It never comes as a liquid, milk or citrate and in the bismarck form is not a laxative. Try this plan and eat what you want at your next meal and see if this isn't the best advice you ever had on "what to eat."



Let Nature Clear Your Blood

Dr. Wilson's HERBINE BITTERS

This splendid blood medicine—made of old fashioned herbs—gives the system a regular "spring house cleaning"—regulates liver and bowels—cleanses the blood of all poisonous matter—tones up the nerves—and gives strength, vigor and a feeling of good cheer to the whole system.

At most stores. 25c a bottle; Family size, 50c a bottle. St. John, N.B.

A THOUGHT FOR TODAY

Today. Happy is the man and happy he alone. He, who can call today his own; Tomorrow do thy worst, for I have lived today.

—John Dryden.

beads enough to go all around, beads that can be taken home to keep. The idea of helping the teacher and one another is instilled constantly and it is esteemed an honor to do an errand for teacher such as bring to her the rubbers, all neatly fastened together with a clothespin bearing the owner's name.

There was no school yesterday morning and it was explained that many of the pupils had been absent owing to influenza. They made a good showing, however, and were as still and quiet as could be expected in the spring and remembering the exceedingly lively age of kindergarten scholars.

They ended with the "Good-Bye" song and a very enthusiastic rendering of God Save the King. A pretty ceremony then took place when each boy and girl shook hands with the teacher and said "Good-bye."

There are in the school fourteen soldiers' children, eight of whom have only the memory of a brave daddy left.

THE NORTH END W. C. T. U. MEETING

Reports of Convention Heard Yesterday and Plans Made for New Activities.

The regular meeting of the North End W. C. T. U. was held yesterday afternoon, the president, Mrs. Robert Scott, presiding. Mrs. Scott led the devotional exercises and prayer was offered by Mrs. Myles, Mrs. Scott and Mrs. Deemer.

Reports of the county convention were given by Mrs. Myles and Mrs. Deemer, and Mrs. Scott told of attending the meeting of the Local Council of Women, with which the North End Union is affiliated.

Mrs. Myles reported attending two meetings of the Labor Club committee and of inspecting a building which is proposed for this purpose. The concert held at the convention was a success financially. Three men have joined the union as honorary members, and there are three new regular members.

The attendance yesterday afternoon was large and the meeting was an enjoyable one with much business transacted.

REGULAR QUARTERLY MEETING. The quarterly meeting of St. John's church on Tuesday morning next at ten o'clock. Among the business to be transacted is the selection of officers, reports of committees, remittance, call to Mr. Drumm, co-operation, forward movement, standing committees and home missions.

Stomach So Bad

THOUGHT HE WOULD DIE, CAN EAT ANYTHING NOW.

But for indigestion and dyspepsia, many a life might be a pleasant one. The misery which stomach troubles cause the sufferer knows only too well, and any one who has suffered knows what joy it would give to be able to eat three good meals a day and not be punished for it after.

Nearly everything that enters a weak stomach acts as an irritant, even the little that is eaten causes such torture and is digested so imperfectly that it does little good.

Before you can eat heartily, not pick and choose your food, you must put your stomach right so that it will manufacture its own digestive ferments.

For forty years now Burdock Blood Bitters has been making weak stomachs strong, and permanently curing severe cases of indigestion and dyspepsia that other remedies were powerless to reach.

Mr. H. L. Fairweather, Cumberland Bay, N.B., writes:—"I was troubled with my stomach for two years, and sometimes was so bad I thought I would die. I tried everything I ever heard tell of, and had medicine from three doctors, but continued to grow worse. One day I read of some wonderful cures made with Burdock Blood Bitters. After taking two bottles, I could eat any kind of food without any bad effects, and by the time I had taken four I was in perfect health."

Burdock Blood Bitters is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

COUNTY HOSPITAL SOLDIERS VISITED

Yesterday Lady Workers Connected With Catholic Army Hut Gave Abundance of Delicacies to Soldiers in East St. John Hospital.

The soldiers confined in the East St. John County Hospital were visited yesterday by some kind ladies and "ever all the little necessities desired. The lady workers connected with the Catholic Army Hut made them a visit yesterday, and donated fruit, ice cream, smokes, candles, etc.; and ascertained the individual wants of each man supplied him. Or if not in the position to supply him with his individual wants at once, will forward these wants later. The Misses Amelia Huley and Kathleen O'Neill were officials in charge of the K. of C. band of workers yesterday afternoon, and went to the institution armed with the choicest delicacies which they distributed liberally among the men confined to the hospital. Every week it is their purpose to continue the good work, and so will the men in the hospital be cured for in the best manner. Other societies, composed of young lady workers of the city, visit the hospital frequently, and donate little gifts to those confined there.

All are to be highly commended for their faithful work, as none of the soldier patients are neglected—all receiving the attention of the visitors. It is the purpose of the Knights of Columbus army workers to forward sets of delicacies to the Sanatorium at River Glade, wherein is confined a number of soldier patients (for those course or medical treatment). Being unable to visit the Sanatorium they send somewhat inconveniently the above sets of delicacies to show the boys at River Glade they are not forgotten by them in their good work. Much has been written of the Women at work in World War, and much is yet to be revealed of their good work, but as a citizen remarked yesterday: "Women workers after the war should not be neglected, but in the highest praise and admiration. The women of St. John," he concluded, "irrespective of creed or class, have done a noble work, and at the present time should not be overlooked in their efforts of mercy."

ST. GEORGE'S W. A. ELECT OFFICERS

Reports Show Good Work Accomplished by Women's Auxiliary—Bible Reading by Rector.

The W. A. of St. George's church at a meeting held recently elected their officers for the ensuing year as follows:

Mrs. G. S. Olive, President.
Mrs. Willis Waring, First Vice-President.
Mrs. James Martin, Second Vice-President.
Mrs. Arthur Rawlins, Recording Secretary.
Miss Colwell, Corresponding Secretary.
Miss McGerigle, Treasurer.
Mrs. J. Carter, Dorcas Secretary.
Mrs. C. Byrd, Leaflet Secretary.
Mrs. Frank Belyea, Babies' Branch Superintendent.

Mrs. H. Perry, President's representative to annual meeting.
Mrs. A. Rawlins, substitute, Mrs. C. Green.

The reports were interesting and recorded work.

After the election of officers a very helpful Bible reading was given by the rector, Rev. W. H. Sampson.

SIFTO SALT IT FLOWS
BEST FOR TABLE USE
Flows freely & dissolves water.

These two thoroughly reliable brands of salt should be in every household. Good groceries sell them. Dominion Salt Co. Limited, St. John, N.B.

CENTURY SALT
BEST FOR GENERAL USE

Y. W. C. A. GUESTS OF THE Y. M. C. A.

Boys Loaned Their Gymnasium to the Girls Last Night—Over 160 Members Join Physical Classes.

Those who visited the Young Men's Christian Association last evening must have thought that "Young men's" a misnomer, for crowds of girls were everywhere. The occasion was the first of the Wednesday nights on which the girls of the Young Women's Christian Association are given the use of the gymnasium, and if last evening is an indication, full use will be made of this permission.

A committee consisting of Mrs. E. P. Holman, Miss Alice Murdoch, Mrs. Hunter and Miss Annie Parks were busily engaged in taking the registration and in all 160 girls joined the classes for physical training. The juniors had the first hour and the seniors followed, being given physical drill, marching and games by instructors J. Maughan and Robertson. It was explained why the swimming tank cannot be used, and one look at the dark water was enough for most of those who investigated, but the promise has been made that when the new filtering plant is installed the tank shall be available for the girls.

Miss Yeomans, girls' work secretary of the National Council, was present last evening.

There was a great disappointment felt, in that a number of girls under fourteen attended last evening under the impression that there was a class for them. It is hoped that later such a class may be formed to meet earlier in the evening, but at present members must have reached fourteen years at least. The younger girls looked with envious eyes at the older members.

It is evident from the response that this gymnasium accommodation fills a long felt want and much gratitude is felt by the Y. W. C. A. for the action of the Y. M. C. A. in this extending the courtesy of their building to such time as the girls may possess one of their own.

LADIES! DARKEN YOUR GRAY HAIR

Use Grandma's Sage Tea and Sulphur Recipe and Nobody will know.

The use of Sage and Sulphur for restoring faded, gray hair to its natural color dates back to grandmother's time. She used it to keep her hair beautifully dark, glossy and attractive. Whenever her hair took on that ill-faded or streaked appearance, this simple mixture was applied with wonderful effect.

But brewing at home is messy and out-of-date. Nowadays, by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound," you will get this famous old preparation, improved by the addition of other ingredients, which can be depended upon to restore natural color and beauty to the hair.

A well-known downtown druggist says it darkens the hair so naturally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through your hair, taking one strand at a time. By morning the gray hair disappears, and after another application or two, it becomes beautifully dark and glossy.

GIRLS' CABINET MET LAST NIGHT

The Girls' Cabinet of the Canadian Girls in Training met last evening at the Y. W. C. A. The nomination committee of the national committee was elected as follows:

Miss Jean Somerville, President.
Miss Constance Coster, Vice-President.

Matinees 3:00
Evenings 7:15-9:00

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2 Changes Weekly
Monday and Thursday

BIG AMATEUR SHOW FRIDAY

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Millinery Novelties

March 13th and following days

Miss Irene Duval, Secretary-Treasurer.

There are to be four members of the executive who will be chosen by the officers.

A report was read by Miss Bessie Holder, secretary of the Provincial Co-operative committee, on the progress made in the summer camp plans. While nothing definite is decided it is expected that the camp will be in the neighborhood of Chipman, N. B.

Miss Yeomans, Eastern Girls' Work Secretary of the National Council of the Y. W. C. A., was introduced and gave a pleasing talk on girls' work. The meeting adjourned to the Y. M. C. A. where the first classes in physical training were being formed. Today will be the first of several classes for the training of leaders of teen age girls.

IMPERIAL

St. Patrick's Day AMATEUR THEATRICALS

—By—
Y. M. S. of the Cathedral of the Immaculate Conception

"ELIZA COMES TO STAY"

A SPARKLING COMEDY —With— BRIGHT SPECIALTIES

MATINEE, 3.30, after 1st Show
EVENING, 8.30, after 1st Show
MAT. PRICES: Adults 35c, Children 25c (No Reservations)

EVENING PRICES:
Box Seats \$1.00; Downstairs 75c (Res.) First 2 Rows Balcony 75c (Res.) Balcony Seats at 50c (Not Res.) and Rear Balcony 25c (Not Res.)

SEAT SALE FRIDAY, 9 a. m.

Matinees 3:00
Evenings 7:15-9:00

Curie Always a Good Show for Ladies & Gentlemen

2 Changes Weekly
Monday and Thursday

BIG AMATEUR SHOW FRIDAY

FOR THE ORPHANS. Much interest is being manifested in the play, "Eliza Comes to Stay," which will be presented in the Imperial Theatre next Monday afternoon in aid of the Catholic orphans. The play

which is under the direction of Mrs. A. C. D. Wilson, has a strong cast, will be well staged and promises to make a delightful impression on the large audiences who will witness the production.

IMPERIAL

We Resume Our Pictures Today

—WITH—
An Elaborate Metro Photoplay
Displaying the Talent and Beauties of

MAY ALLISON

—IN—
"THE TESTING OF MILDRED VANE"

This Story Goes To Show: THAT a woman's instincts may be trusted, the vast hereafter baffles everybody, a girl's bravery beats a villain's wiles, love can conquer the blackest arts.

Lyons-Moran Comedy Offering
Burton Holmes Travelogue:
"From Georgian Bay To Winnipeg"

TOMORROW
Alice Joyce Vitagraph
Houdini Serial
Vita. Two-Reel Comedy

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TODAY
MATINEE at 2.30
EVENING 7.30 and 9

LE POILU
Variety Musical Act

RENN and CUNNINGHAM SISTERS

Mabel and Johnny Dove
Blackface Comedy

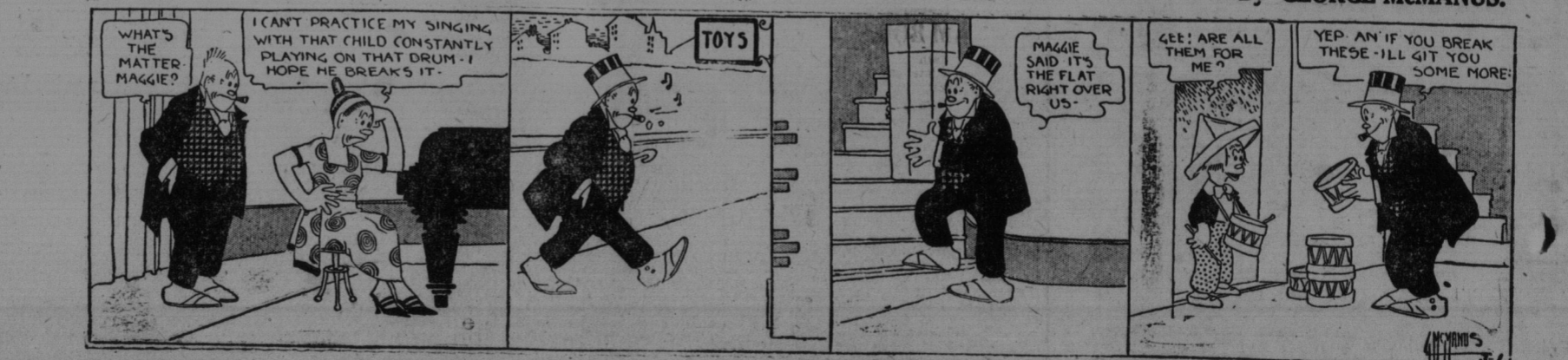
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Singing Comedienne

Massie and Archambault
Comedians, Singers, Dancers

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—By GEORGE McMANUS.

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