

Constipation

Causes fully half the sickness in the world. It retains the digested food too long in the bowels and produces biliousness, torpid liver, indigestion, bad taste, coated tongue, sick headache, in somnia, etc. Hood's Pills cure constipation and all its results, easily and thoroughly. 25c. All druggists. Prepared by C. I. Hood & Co., Lowell, Mass. The only Pills to take with Hood's Sarsaparilla.

Hood's Pills

is the cause of nearly all diseases. As the blood supplies every bone, nerve, muscle and tissue in the body, these parts will be in the same condition as the blood. Unless the blood is absolutely pure the body will be in an unhealthy condition and sickness will be sure to arise. To keep well the blood must be kept pure by using the great blood purifiers.

IMPURE BLOOD

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EASY TO TAKE
SURE TO CURE.

The Home

The Discontented.

I saw the mansions of the rich,
I saw their yachts upon the bay,
And chafed beneath conditions which
Made me keep toiling on, while they
Were free to come and free to go,
And in my breast I nourish hate,
And in my heart I cursed my fate,
And magnified my woe!

And so I journeyed home, at night,
And as I passed the palace gates,
I wailed my ill-conditioned plight,
And inly cursed the partial Fates.

And those I loved came out to me,
And pointed to my neighbor's door;
Pale Death had entered suddenly—
The child he worshipped was no more!
I kissed their lips, and stole aside,
And sought a dark, secluded place,
"Oh, God, forgive!" I cried.

—Evangelical Churchman.

Those Patched Breaches.

A nicer family I never knew in a pilgrimage of seventy years, through a dozen States of the Union. By instinct, they all were careful of their personal appearance, and by inheritance and mercantile thrift they had ample means in hand.

But this is a world in which the unexpected often takes the form of fact. An investment that promised much was swept away by faulty deed of another party, and the nice family found itself totally bankrupt. Honest to the core, everything was given up to pay off indebtedness, as far as it would go, even the homestead and household goods. An outside friend bid off the homestead and the household goods, and told the family to use them till they were able to pay for them.

A year later I had occasion to pass their cozy country home. The father was away, acting as agent, at good wages, for a strong manufacturing company. The mother was attending to domestic economies. The elder son was at the plough, his breeches liberally patched upon both knees. His two younger brothers were hoeing away with might and main.

Those patched breeches! They told of honest dealing. To me, they seemed a badge of honor, more honorable than any bestowed by King or Emperor! They told of "an honest man, the noblest work of God."

"What of that family?" Prosperity came to them again. A good name they have and a host of friends.—J. H. Brunner, D. D.

Going Stale.

Sporting men speak of a man or a horse as "going stale." They mean by it that, as a result of carrying the training for a specific exertion, too far, the physical system has lost its elasticity and responsiveness. There is nothing to do but to stop training and let the nerves and muscles take a fresh start. But staleness is not by any means restricted to athletes and race-horses. Probably a good half of the nervous breakdowns that are becoming so common are nothing more than "staleness" carried just a point further. From a burden of worry or overwork the person has become like a bow that has not been unbent for months. The snap, the spring, the elasticity and responsiveness have all gone out of him. We have known persons who appeared to us to have reached just this state in their religious natures. They had entertained one set of ideas so long, and so exclusively and intensely, that they were on the border of monomania or scepticism. It was pure accident which of the two forms their overstrain would take. Now there is one preventive for all this trouble that is worth more than all the pills and nerve tonics and the insane asylums that were ever invented. It is simply to vary the range of your interests, and take time to do it. A hobby horse is absolutely indispensable. An interest that calls a new set of faculties into play—that is what you want. Give your hobby horse a good canter every day, and you will be delivered.—Boston Watchman.

Cutting Glass Without a Diamond.

All boys, and girls too, for that matter

should learn to use hands and eyes as well as brain. A man without manual skill is, in a sense, as much a cripple as if he had lost his hands; one who has developed his body at the expense of his mind is to that extent an idiot. Nothing is more beautiful than to see the mind active and directing hands, feet, and eyes that use has made skilful. For boys who make aquaria or girls who contrive the beautiful glass handkerchief boxes which brothers love to receive on birthdays, it will be useful to know that it is not necessary to have an expensive diamond or run to the glazier's every time your glass needs to be trimmed.

A sheet of glass—a window-pane, for example—can be cut as easy as a sheet of cardboard. The secret consists in keeping the glass, the shears and the hands under water during the operation. The glass can be cut in straight or curved lines without a break or a crack. This is because the water deadens the vibration of the shears and the glass. If the least part of the shears comes out of the water, the vibration will be sufficient to mar the success of the experiment.

Morning Moods.

It is an obvious fact that very few people arise from their beds in an enviable mood. In short, two-thirds of even the saintliest of the world get up cranky, and demurring at fate, some of their family or associates, for having to arise for an early breakfast and immediate duties of the day.

In such a mutinous frame of mind it is the easiest matter imaginable to find fault with even the best of breakfasts, the most attentive of relatives or servants, and above all, with the unavoidable necessity of having to take one's place in some rank of mental or physical labor for a livelihood.

These morning cranks often spoil the calm and pleasure of a whole day, become chronic, unless the victims thereof master and subdue all such possible moods. Start the day as good tempered as possible. Fault-finding—unless it is really necessary—is a bad habit, and makes many a good person obnoxious to peaceful people.—A. M. T., in Christian World.

Cooking Fruits For Children.

"Baked apples may be used where they agree with children, and a raw scraped apple may be given," writes Mrs. S. T. Rorer on "Proper Cooking for the Nursery" in the April Ladies Home Journal. "Bananas should always be cooked, unless they are very ripe and the skins quite black. To bake a banana nicely you should have a porcelain or granite baking-dish. Strip the skins from the bananas, place them in a dish, sprinkle over a tablespoonful of sugar; add four or five tablespoonfuls of water, and bake in a quick oven for twenty minutes, basting once or twice. Serve warm."

The Cunard steamers will make Halifax their terminus in the event of war.

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