

THE EVENING TIMES-STAR, ST. JOHN, N. B., FRIDAY, NOVEMBER 30, 1923

### Social Notes Of Interest

Mrs. Percival L. Bonnell entertained at six tables of bridge yesterday afternoon at her residence, 40 Queen square. Mrs. Harold McLean, Mrs. Claire Mott and Miss Edna Simon assisted at the tea hour. Those present were: Miss Patricia Grafton-Diamond, Miss Gilmour, Mrs. Thomas A. McAvity, Mrs. Thomas Guy, Mrs. Leslie Peters, Miss North Doody, Miss Hilda Shaw, Miss Marion McLean, Mrs. Murray Sinclair, Mrs. Rex Gantner, Mrs. Grace Gilmour, Mrs. John C. Earle, Mrs. Frank T. Lewis, Mrs. George Hoyt, Mrs. Paul Cross, Miss Helen Marr, Mrs. D. F. Malcolm, Miss Eileen Hitchcock, Mrs. Sherman Dearborn and Miss Margaret Gilmour. Yellow chrysanthemums were used in the drawing-room and pink snapdragons in the dining-room. Those winning prizes were: Mrs. Leslie Peters and Mrs. Sherman Dearborn.

Last evening Mrs. Bonnell entertained a few other friends besides those who assisted in the afternoon. They were: Mrs. Harold McLean, Mrs. Lean, Mr. and Mrs. John H. Marr, Mr. and Mrs. Everett Hunt, Mr. and Mrs. Joseph Hammy, Mr. and Mrs. Hugh Reynolds, Mr. and Mrs. Claire Mott, Mr. and Mrs. Ralph Fales, Miss Edna Simon and Mr. W. B. Simon.

Mrs. Gerald Furlong entertained at a bridge of five tables yesterday afternoon, at her residence, 160 King street east. Mrs. Furlong will entertain again this afternoon and this evening. Those winning prizes were: Mrs. G. Harvey Tapley, Mrs. George Murray, and Mrs. David W. Ledingham. Mrs. Tapley presided at the tea.

Mrs. Kenneth I. Campbell entertained yesterday afternoon at her residence, Douglas avenue, at five tables of bridge. Those winning prizes were: Mrs. G. Harvey Tapley, Mrs. George Murray, and Mrs. David W. Ledingham. Mrs. Tapley presided at the tea.

### FOR CHAPPED HANDS AND SPLIT FINGERS

**SAY  
BEN-GAY  
TO YOUR DRUGGIST**

It soothes, moisturizes and keeps the skin smooth and free of chaps. The Ben-Gay Co., Limited, Montreal.

### FIRST AID FOR ACHE & PAINS



**Rheumatic pain**  
Yields to treatment with Ben-Gay. Just pat it on gently. The tingling glow, the comforting warmth is in itself relief. The ache eases off—then stops. Get a bottle from your druggist today and have it on hand—35 cents. It will not stain.

Mrs. C. Percy Masters entertained at an informal bridge last evening at her residence, Hasen street. Mrs. Masters will entertain again next week.

Mrs. J. Fraser Gregory will entertain this afternoon at the tea hour at her residence, Douglas avenue. Her daughter, Miss Olivia Gregory, will be a joint hostess with Mrs. Gregory.

Mrs. Isaac Nace is visiting her daughter, Mrs. Harold Partridge, and Mr. Partridge and is being welcomed by her many friends in St. John.

Mr. Charles Barton, who is relieving manager for the Bank of Nova Scotia in St. John, is visiting at his home in Moncton for two weeks.

Mrs. R. Bennett, of 182 Bridge street, wishes to announce the engagement of her eldest daughter, Rose, to Wilesey J. Porter, of Westfield, N. B., the wedding to take place in the near future.

Mrs. A. I. Mader, of Halifax, will be the guest of Mr. and Mrs. A. K. Harris, German street, during her stay in this city. Mrs. Mader arrived today to be one of the speakers at the C. G. I. T. interprovincial conference that will be held in St. Andrew's Presbyterian church.

Simple Way to Get Rid of Blackheads  
There is one simple, safe, and sure way that never fails to get rid of blackheads that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store, mix a little on a hot, wet cloth—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads are simply dissolved and disappear. Blackheads are a mixture of dirt and dirt and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition.

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### Office Girls Too Eager To Wed

(By George Britt, NEA Service Writer)

Chicago, Nov. 27.—All women office workers expect to get married in a year or two.

All men expect to get the boss' job.

These are major obstacles to overcome in achieving "white collar workers" into the organized labor movement, according to Edward Hughes, secretary of the Chicago Office Employees' Union, the largest office workers' local in the country. Miss Marie Erhardt, his office secretary, is ready to verify the statement.

But are they downcast at the difficulty? They'll tell the whole world "No!"

They're Optimistic.

With the promise of backing from the American Federation of Labor for a national extension campaign, they are looking forward to the day when the bookkeeper and the clerk shall "drive down to work in a Rolls-Royce just the same as the janitor does."

Exaggerations aside, the campaign is to be waged this fall to develop the office workers' union into a serious factor in business instead of a mere vocal minority.

Those two hopes in the hearts of men and women make it hard to arouse interest in unions, says Hughes. "The girls figure they are working only temporarily. They'll tell the whole world 'No!'"

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### SISTER MARY'S KITCHEN



Maria Erhardt, office secretary to Edward Hughes (in inset), Secretary Chicago Office Employees' Union.

Four thin slices of turkey, 2 crisp slices of very thin bacon, 2 stuffed olives, lettuce, mayonnaise, 3 triangles of hot buttered toast.

Put one piece of toast on a plate, cover with lettuce, spread with mayonnaise and add two pieces of turkey and one of bacon. Sprinkle with finely sliced olives. Cover with second piece of toast and add ingredients as for first piece. Top with remaining piece of toast. Garnish with thin strips of dill pickle and serve.

This sandwich, with a cup of hot coffee makes an ideal luncheon or late evening supper when men are entertained.

**Turkey in Ramekins.**

One cup cold minced turkey, 2 tablespoons butter, 2 tablespoons flour, 1 teaspoon salt, 1/2 teaspoon celery pepper, 6 long sticks macaroni, 1 cup milk, 1-8 teaspoon pepper, buttered crumbs.

Cook macaroni in boiling salted water for half an hour. Put the sticks into the water slowly and they will soften enough to be cooked unbroken.

Melt butter, stir in flour, salt and celery pepper and cook until smooth. Slowly add milk, stirring constantly. Add pepper and cook until thick and smooth. Add minced turkey and remove from the fire. Line well buttered ramekins or custard cups with macaroni, fill with creamed turkey, cover with buttered crumbs and bake in a quick oven until crumbs are brown.

If custard cups are used, unmold on a platter, sprinkle with buttered crumbs and serve very hot.

**Mold of Rice and Turkey.**

One cup rice, 2 cups chopped cold turkey, 1/2 cup bread crumbs, gravy enough to pack meat solidly, 1 teaspoon salt, 1-8 teaspoon pepper.

Wash rice and add to rapidly boiling salted water. Cook until tender. Line a well-buttered half inch loaf mold pan with one-half inch layer of rice. Fill with turkey, bread crumbs and gravy, well mixed and seasoned. Cover with a layer of rice. Steam 40 minutes or bake 30 minutes. Turn

out of pan and serve with tomato sauce.

Any left-over dressing can be used with the meat in this recipe.

The addition of onion, celery or canned peppers adds to the savoriness of the dish, but the cook must use her own discretion in adding strong flavors.

And when the bones are picked and the poor turkey is quite bare there is a very good soup to be made.

**Turkey Soup.**

Break the turkey carcass in pieces. Put in a kettle with any bits of meat or skin. Cover with cold water and simmer one hour. Add celery leaves and one medium sized onion. Simmer one hour longer. Strain and add enough hot water to make four cups. Bring to the boiling point, season with salt and pepper and add one-quarter cup well washed rice. Cook over hot water for about an hour longer, until rice is tender. Rub three canned pintos through a strainer and stir into soup. Heat very hot and serve with crisp crackers or toast sticks.

**Giblet Gravy.**

Cook giblets in salted water till tender, about two hours. Drain and chop, reserving the water for gravy. Make the gravy in the pan in which the turkey was roasted. If there is too much fat in the pan pour off some, leaving two or three tablespoons. Stir in three tablespoons flour. Slowly add the giblet stock; there should be three cups. Stir constantly until thick and smooth. Add giblets and boil three minutes, season with salt and pepper and serve.

A plain bread stuffing is always good with turkey. An oyster stuffing can be used if preferred, but adds nothing to the turkey itself.

**Stuffing.**

Two and one-half cups stale, soft bread crumbs, 1/2 cup melted butter, 1/2 teaspoon salt, 1/2 teaspoon pepper, 1/2 teaspoon sage (optional), warm water.

Add just enough warm water to hold crumbs together, mixing with the hand. When stuffing is eaten: hot an egg is not necessary.

For oyster stuffing add one pint washed and drained oysters.

A giant sunfish recently caught off Port Lauderdale, Florida, weighs 1,200 pounds.

Almost every part of the whale has a commercial value.

### Don't delay fighting constipation with BRAN that is ALL BRAN!

When constipation flashes its signal of sickness into your eyes and checks into your breath, your brain and your appetite, it is absolutely necessary that you head it off! Toxic poisoning stands close by! Bright's disease and other dangerous diseases await their turn!

The remedy that nature offers is the simplest and most effective—Kellogg's Bran, cooked and crumbled, which is ALL BRAN! And it is ALL BRAN! It is ALL BRAN you need when you start to fight constipation. You can't afford to delay a minute and you can't afford to use half-way measures with foods that contain a percentage of bran! Your physician will recommend Kellogg's Bran because it is not only effective, but because it is delicious. Why—you will like it nut-

like flavor, which adds so much to any food with which it is served.

Be certain to eat Kellogg's Bran regularly—at least two tablespoons daily; in chronic cases with each meal. Results will prove astounding. Remember that Kellogg's Bran is nature's own regulator, which operates in nature's way—which is the best way!

Eat Kellogg's Bran as a cereal, sprinkled on other hot or cold cereals, or make it up into the best of muffins, pancakes, raisin bread, cookies, macaroons. Kellogg's Bran is printed on each package. Let the children eat Kellogg's Bran. It is wonderfully beneficial. It will improve their health just as it will really and truly make over men and women. The value of Kellogg's Bran cannot be overestimated. Sold universally by grocers.

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