ARTICLES FOR SALE

FOR SALE—One 2½-H. P., SECOND-HAND Perkins gasoline engine, in first-class condition. Call or write, Perkins Engine Company, Room 14, Dominion Bank Building, London, Ont. *4c

ONE GRAND PEN WHITE ORPINGTONS; three grand trios Houdans. 82 Thornton. Phone 3698. *4c

TEN POUNDS JAVA BLACK TEA, $4.50—the kind you pay 70c for in packages, repacked under another name. Sample 10c. Tyler's, 355½ Clarence. z

ONE 5-HORSEPOWER CANADIAN Westinghouse D.C. motor, Al order; one 2-horsepower direct current motor; one emery wheel head. Bicycle and Motor Sales Company, 425 Wellington. Phone 3182. 4c

FOR SALE — TWO OIL HEATERS — Good as new; also one beautiful hanging lamp. Apply 378 York street. 4c

SWEET CIDER FOR SALE—LONDON Canning Company. Phone 3902. 4n

SMALL COLUMBIA PHONOGRAPH, cabinet and twenty records. 35 Front street. *3c

LADY'S FUR COAT — GOOD AS new; gas iron; Edison cylinder phonograph; boy's overcoat and knickers. 129 Clarence. 3u

THOROUGHBRED YORKSHIRE TERRIER for sale, 9 months old. Apply Miss Fletcher, Byron Sanatorium. 3c

HORSE, WEIGHING 1,000 POUNDS or over. Apply 357 Ridout street north. *2c

MIRROR AND DESK FOR SALE—Phone 3089. *2n

DARK OAK FOUR-DRAWER FILING cabinet, five index drawers, six shallow drawers; good condition. Phone 3958. *2c

FURNACES, EAVESTROUGHING, metal roofs repaired. Prompt service; satisfaction guaranteed. Phone W. G. Arnold, 220 Clarence. z

FOR UPHOLSTERING, TRY CHAS. M. Quick, 725 Richmond street. Phone 1479. z

SWEET CIDER FOR SALE, LONDON Canning Company. Phone 3902. *991

UNDERWOOD TYPEWRITER, NO. 5 model; bargain. E. O. Graves, 110 Dundas street.

SALE OF WOMEN'S AND CHILDREN'S wool caps, regular $1.50 value, to clear, 49c. Also lots of new and second-hand boots, shoes and rubbers. Suits, pants, overalls, tools, etc. Siskind's, 375 Clarence street. *32tf

FOR SALE — ALL KINDS SECOND-HAND building material; windows, doors, timbers, laths, joists, scantlings, sheeting and siding. Apply Midland Wrecking Company, corner Bathurst and Richmond.

USE YOUR CREDIT WHEN YOU need men's and women's clothing, furs, sweaters, furniture and house furnishings. Drop me a card or phone 421 and I will bring samples. I guarantee my price to be right. S. Samuels, 40 Dundas.

CHAMBERLAIN WEATHER STRIP — Fuel-saving, draftproof. Charles A. Smith, Phone 1504.

I CAN SELL YOU ANYTHING IN the line of wearing apparel for ladies, men and boys on easy payments; also furniture and house furnishings. My reputation in the city is your guarantee for fair treatment. Call, write, or phone L. Wolfe, 769 Dundas street. Phone 1[illegible]2. tf

BRANCHES OF CEDARS FOR DECORATION — Thousands of evergreen trees, many sizes, from 25c up; shade and ornamental trees, flowering shrubs, many kinds, rose bushes. Three varieties maple trees, basswood, mountain ash, horse-chestnut. Charles Baker, nurseryman, Ridout south. Phone 2222.

IF YOU WANT HELP, SITUATIONS, buy or sell real estate, etc., insert an advertisement in the Hamilton Herald, the recognized want medium of that city. Rate, 1c a word each insertion. Minimum space, 15 words. Subscription rates: Daily, 25c a month, $2 yearly; Sunday edition, 75c yearly. Sample copy sent on application.

ONN'S FISH MARKET—FISH, OYSTERS, poultry, twice daily, 143 King street. Opposite market. Phone 1206.

SEE ME ABOUT YOUR NEW SUIT, coat, dress or anything in wearing apparel for ladies, men and boys. Terms arranged to suit your convenience. I am also selling furniture and house furnishings. My patronage is the largest in the city. I guarantee satisfaction. Call, write or phone 3208. J. Wolf, 821 Lorne avenue.

FANNING MILL FOR SALE — WM. Gray & Sons, 351 Talbot.

SQUARE PIANOS FROM $45 TO $100, payable $5 per month. Each instrument fully guaranteed. Mason & Risch, Limited, 248 Dundas street, London. 92 bl

FOUR SINGLE - COMB RHODE Island Red cockerels, also ten Buff Orpingtons, bred from prize-winning stock. Apply evenings. J. Arthur, 731 Lorne avenue. 92tf

BELTING, REPAIRING AND LEATHER belting. Phone 1061. Mills, belt manufacturer, 152 Carling.

LADIES' PLUSH, VELOUR COATS, suits, dresses, furs, men's, boys' suits, overcoats, house furnishings, at $1 per week. Phone or write. No obligation to buy. Satisfaction guaranteed. J. Holiff, 463 Dundas. Phone 3595.

McKIM'S AUCTION ROOMS — ANY kind of stove you may want this week; good iron beds and spring mattresses, dishes, etc. Phone 4820.

BLANCHARD'S NEW FISH MARKET —529 Richmond street. Fresh fish every day. Phone 1510.

TWO DRIVING HORSES FOR SALE cheap. Apply 144 Hamilton road. 90n

OVERALLS

Over 600 dozen Overalls on sale from different manufacturers. Prices $1.95 up. Walker's, blue and white stripe, $2.19.

ASK FOR THEM.

WEGNER CLOTHING CO.

THE HEART OF LONDON.
371 TALBOT STREET. PHONE 1849.
OPEN EVENINGS.
zyxwt

HAVE YOU Considered Hydraulic Water System for farm, house and barn? If not, why not consult us about the L. E. E. Waterworks System? Write today.
LONDON ENGINE SUPPLY CO.
83-85 Dundas Street, London, Ontario.
zxt

ELECTROPLATING

Nickel, brass, copper and bronze; polishing and lacquering. Automobile, motorcycle and bicycle parts made like new. Church brass work, lighting fixtures, etc., refinished.
DENNIS WIRE AND IRON WORKS COMPANY, LIMITED.
LONDON, CANADA. zxt

WART & MORKIN

194 FULLARTON STREET.
Electric Power Contractors.

All classes electric power repairs, installations, windings, etc. Prompt attention, quick service. When you have trouble with your motor telephone 3165. xt

ACCOUNTANTS.

WM. H. WILLIS, PUBLIC ACCOUNTANT—Audits, investigations and systems. 384 Burwell street. Phone 2720.

OSTEOPATHIC PHYSICIANS.

DRS. MARIE H. HARKINS, REBECCA Harkins, St. George Apartments, Wellington. Phone 1560. Rebecca Harkins, specialist catarrhal deafness.

E. S. DETWILER, D. O., HAS REMOVED to 444 Waterloo, corner Queen's. Phone 3373.

SIGNS

GLEN BROS., SIGN PAINTERS—Designs and estimates furnished free. 420 Talbot street. Phone 1842.

ARTICLES FOR SALE

FIFTY GRAMAPHONE RECORDS, costing from 90c to $3.50 each. A fine selection; $30. Fradgley, 139 Dreaney avenue. *3u

TWO SMALL PHILO INCUBATORS, reasonable; also other poultry articles. 28 The Ridgeway. *3c

NO HONEST PERSON IN LONDON need be poorly dressed. If you cannot pay full cash, see me about my convenient terms. Suits, coats, dresses, skirts, waists, furs. A visit to the store will convince you, as it has others, or will bring samples to your home. Phone 1987. W. Goldenberg, 761 Dundas. Open evenings.

FOR SALE, CHEAP—NEW WILLIAMS sewing machine, in first-class running order. Apply 99 Tecumseh avenue. *3c

DRY SLABS, $3.50 PER LOAD — 12-INCH body maple, $4.50 per load; dry mixed wood, $3.50 per load; dry furnace chunks, $4 per load. John Topping, 138 Fullarton street. Phone 1782. 2c

ONE SOUVENIR AND ONE JEWEL gas range for sale, cheap. 701 King street. 2c

ONLY THREE MORE WEEKS OF OUR big clearing grocery sale. Everything must go at reduced prices. Take advantage of the bargains and phone 5629. Free delivery. W. B. Holland. Phone 5629. *1n

I CAN CLOTHE ANY MEMBER OF your family with the season's latest suits, coats, furs, dresses, waists, skirts, sweaters and shoes; also furniture and house furnishings, with $1 per week. Call, write or phone 1267. M. Lerner, 502 Hill street.

LET SAM CHARLTON DO YOUR printing. Quick service; fair price. 123 King. Phone.

DANDY CABINET PHONOGRAPH—Must be sold this week, $65; snap. Phone 6585. 2c

THE JOYFUL SMOKE — SMITH'S "Joy," 10-cent cigar. S. Smith, manufacturer, London.

GO TO ROBERTSON'S, RICHMOND and Kent streets, for school books and school supplies.

PROFESSIONAL VIOLONCELLO — With bow—A rare bargain to cash purchaser. Apply 613 Wellington street.

SECOND-HAND STOVES AND FURNITURE, good as new, at bargains. Stove repairing a specialty, at Lewis', 101½ King.

FEATHER PILLOWS, MATTRESSES, renovated. Hunt & Sons, 593 Richmond street.

NEW WOOD YARD, 341 OTTAWAY avenue. Phone 2208. $2.75 to $5.50 per load.

We cordially solicit your patronage. Pure Food guaranteed; quick service; prompt delivery, and square dealing assured. Specials every day. Give us a trial order. We deliver free.

London Pure Food Market
610 DUNDAS ST. PHONE 995.
zx

CONSIGNMENT OF HOUSEHOLD SNAPS

One kitchen range, $10; one 3-burner gas plate, cheap; one nurse rocker, $1.25; one set of six diners, 90c each; one only leather davenport, regular $40, must go at $27.75; four only kitchen tables, $1.45; three-room comfy home outfit, complete, $100. You will have to hurry for these bargains.

GLOBE HOUSE FURNISHING CO.
Phone 2988. 644 Dundas St.
zxv

AUTOMOBILE TIRE CHAINS

ALL SIZES IN STOCK.
GURD'S, 185 Dundas Street.
zxv

COAL HODS
Black and Galvanized
75c up to $1.50
BROWNLEE, Opposite Market
zxv

EGGS.

Why do you not get your hens laying? Phone us for 100 pounds Morgan's Lay Food; only $2.70. Nothing in Canada to equal it. Hundreds of satisfied customers prove it.
MORGANS, 100 Dundas St. Phone 1428.
zxv

TIME IS MONEY
We repair all kinds of Watches and Clocks.
Expert A. GREEN Watchmaker
All work guaranteed or money refunded.
374 Richmond Street (near King street).
Open evenings. zxv

Congoleum Rugs

All sizes and designs. Suitable for any room in the house; $5 cash, balance $1 per week.
COLLETT FURNITURE CO.
95 King St., between Talbot and Ridout.
zxv

Stove Wood $4.00 Cord
PHONE 6564.
LONDON WOOD CO.
zxv

HARD WOOD
SIXTEEN INCHES, PRICE
$5.00 for 1-3 cord.
Anderson's Coal and Wood
Phone 1391. zxv

MONEY TO LOAN.

PRIVATE AND TRUST MONEY TO loan on farm and city property; lowest rates, terms to suit. T. W. Scandrett, 98 Dundas street.

MONEY TO LOAN AT LOWEST rates—Thomas C. Knott, real estate agency, 117 Dominion Savings Building (first floor up).

$80,000 LEND—S—CITY, FARMS.—Reynolds, 77 Victoria Toronto.

PRIVATE FUNDS TO LOAN—LOWEST rates. U. A. Buchner, Talbot and Carling.

EDUCATIONAL

WHY ARE GRADUATES OF CANADA Business College, Chatham, so successful? Because practical methods thoroughly prepare them and our 42 year's acceptable service to the business public readily finds them good paying positions. Get handsome Catalogue B and be convinced. For Home Training, get Catalogue I. 4n

DOLLARS FOR MINUTES IF YOU use your spare minutes in study you can make them worth dollars. We teach you at home: Matriculation, teachers' courses, bookkeeping, stenography, engineering, story writing, mind and memory training, and many other courses. Ask about what interests you. Canadian Correspondence College, Limited, Dept. A, Toronto, Canada. z

30,000 OFFICERS AND MEN IN THE British Army and Navy are now taking the Pelman Mind and Memory Training Course, which you may see advertised in the big London (England) papers. This course builds up a strong memory, self-confidence, concentration, and all-round mental efficiency. You can take it from the branch office in Canada. All done by mail. Send for booklet. Address: Pelman Institute, Dept. A, Toronto.

OSTEOPATHY

DR. BARKLIE, OSTEOPATH AND chiropractor. Magnificent electro-therapeutic equipment; fourteenth year drugless practice. 226 Central avenue. Phone 2565.

DR. CATON, OSTEOPATH, 171 KENT street—General practice. Lady attendant. Phone 1573.

MY SOLDIER HUSBAND

ADELE GARRISON'S CONTINUATION OF

REVELATIONS OF A WIFE

What Happened When Mother Graham Waked Madge at Dawn.

I did not sleep well on the night following Katie's departure from our home. Dreams—indeed, they could well be called nightmares—in which I was constantly pursuing Cousin Agatha and imploring her not to turn her "evil witch eyes" on my baby, tortured my sleeping moments and made me utter anathemas against Katie's absurd warning whenever I awakened. Toward daylight I fell into the first restful slumber I had experienced, but I don't think I had slept more than an hour before my mother-in-law's voice, sharp, imperative, sounded at my door.

"Margaret! Come! It's time to get up!"

I looked sleepily toward the open window and saw that the sun had not yet risen, although the dawn had come. Then I glanced at my wrist watch.

"Nonsense, mother," I returned, a bit crossly, I'm afraid, for my nerves were on edge from lack of sleep. "There's no need of rising for two hours yet. Go back to bed."

"Hurry Up, Now—"

The absurdity of my suggestion struck me even as I uttered the words, for she was fully dressed, to the last hairpin, and over her housedress she wore a big gingham apron. Her face darkened with anger as I spoke.

"Perhaps you have forgotten," she said icily, "that you go to your position this morning, and that we have no maid to get breakfast."

"Indeed, I haven't forgotten!" I replied tartly, repressing with difficulty the impulse to remind her that it was her fault Katie had gone. "And I have everything ready. It won't take me a half-hour to dress, and Katie left everything in shape so I can get breakfast in no time."

I purposely used the phraseology, "I can get breakfast," for I didn't wish Mother Graham to imagine that I meant to have her wait on me.

"Dress! Get breakfast!" Her tone expressed utter contempt for my lack of understanding. "I suppose you think that's all I have on hand today."

"Why, what else is there," I asked innocently, "except luncheon and dinner? There are plenty of things in the house for luncheon, and I'll be back in plenty of time to get dinner."

"You seem to have less sense every day you live," she retorted acidly. "I suppose it has slipped your mind"—with ponderous sarcasm—"that Agatha will probably be here tomorrow, and the weekly cleaning hasn't been done yet. Hurry up, now, and we'll be able to do two or three rooms before you go."

I was wide enough awake now, and I raised myself on one elbow and stared at her in amazement. I knew that Katie had left the house in very good order. It didn't seem possible that my mother-in-law could mean to rob me of the sleep I needed for the first facing of my new position because of the old housekeeping fetich, "getting ready for company."

"I Call You—"

But one glance at her resolute, frowning face told me that she meant me to get up and go to work at the cleaning. My first impulse, with a rush of self-pity, was to obey her, knowing that to be the easiest way. Then my common sense came rushing to my aid. I deliberately dropped back upon my pillows, punching them into an easier position as I did so.

"I'm sorry, mother," I said slowly, coolly. "I'll get breakfast and dinner, do all the necessary work I can outside of my position, but I will not get up hours before I need to go so in order to clean house. Please shut the door after you."

She stood silent for a moment, and I knew that her face must be working with anger. But I had turned mine into my pillows and was giving an excellent imitation of a person sleeping. Then she not only shut the door, but slammed it, saying as she did so:

"Remember, my lady, I'll not call you again."

I heard her angry footsteps retreating down the hall, and smiled grimly with a sense of victory. A moment later I heard my father's gentle old voice outside my door, and realized that he must have heard the controversy from his room across the hall.

"Daughter, dear," he spoke in low, furtive tones, and I guessed that he did not particularly care to be heard by my doughty mother-in-law, "what time do you wish me to call you?"

"At seven, quarter to seven, father, thank you," I answered promptly. But, indeed, it isn't necessary. I'll wake up all right.

"I'll call you at that time," he returned decidedly, and then he tip-toed back to his room.

To do my mother-in-law justice, I knew that she would have called me in time for me to get to work, no matter how angry she might be. She is eminently conscientious about attending to routine matters. But as I drifted off into my much-needed slumber again I was childishly glad that I would not have to depend upon her walking me.

I was conscious of another whimsical reflection as I dropped into sleep. Life as a daily wage-earner with my mother-in-law as chatelaine of our house promised to be anything but monotonous.

MURDER AT BRIDGE FOLLOWS CAROUSE ON AMERICAN SIDE

Three Italians Detained Over Slaying of French-Canadian.

NIAGARA FALLS, Ont., Jan. 26.—William Viau, a French-Canadian, was stabbed to death last night on the Canadian end of the Grand Trunk Railway steel arch bridge, and his companion, Bal Congnon, also a French-Canadian, was slashed, but not seriously, by a knife in the hands of the man said to have killed Viau. Viau and Congnon came here from Ottawa, and have been employed by the Hydro Electric Power Company.

The man accused of having used his knife with such terrific results is an Italian, Castentino Cerminara. The two Canadians had been on the United States side of the bridge drinking with Cerminara and two other Italians and an argument was begun in an American saloon which ended in the stabbing at the Canadian side of the Niagara River.

The three Italians were arrested. Congnon identified Cerminara as the man who had done the stabbing and slashing.

Canadians Will Leave Germany Soon, Is Report

COLOGNE, Jan. 26.—Via. London, Jan. 26.—(By Reuter's Limited.)—The Canadian contingent is about to leave Germany, and Bonn, which has been their headquarters since they came to the banks of the Rhine, will fall to the occupation of some other corps.

MARRIAGE LICENSES

MARRIAGE LICENSES ISSUED BY W. G. R. Bartram, 59 Dundas.

MARRIAGE LICENSES ISSUED BY H. J. Childs, druggist, 632 Dundas.

RUPTURE APPLIANCES

RUPTURE CURABLE — GUARANTEED retention. Write "Specialist Egan," 445A Yonge street, Toronto. zxv-May5

COOPER'S AUCTION

TOMORROW MORNING.
31 TECUMSEH AVENUE.

REMEMBER THIS SALE OF HIGH-CLASS HOUSE FURNISHINGS. List in last Saturday's papers. Come.
SALE AT 10 A.M.
C. N. COOPER, Auctioneer and Valuator, 374-8 Dundas Street. Phone 1332.
b

MAIL CONTRACT

SEALED TENDERS, addressed to the Postmaster-General, will be received at Ottawa until noon, on Friday, the 28th day of February, 1919, for the conveyance of His Majesty's Mails, on a proposed contract for four years, six times per week over Lambeth No. 1 Rural Route, from the 1st day of July next. Printed notices, containing further information as to conditions of proposed contract, may be seen and blank forms of tender may be obtained at the Postoffices of Lambeth, Delaware, Byron and London, and at the office of the Postoffice Inspector, Postoffice Inspector's Office, London, 17th of January, 1919. Chas. E. H. Fisher, Postoffice Inspector.
Jan.20,27,Feb.3

MAIL CONTRACT

SEALED TENDERS, addressed to the Postmaster-General, will be received at Ottawa until noon, on Friday, the 28th day of February, 1919, for the conveyance of His Majesty's Mails, on a proposed contract for four years, six times per week, over Delaware No. 1 Rural Route, from the 1st day of July next. Printed notices, containing further information as to conditions of proposed contract, may be seen and blank forms of tender may be obtained at the Postoffices of Delaware, Byron, Lambeth, Komoka and London, and at the office of the Postoffice Inspector, London. Postoffice Inspector's Office, London, 17th of January, 1919. Chas. E. H. Fisher, Postoffice Inspector.
Jan 20,27,Feb.3

RETURNED MEN ROUT NESTS OF WINNIPEG REDS

Hurl Pianos and Bolshevik Literature From Club Windows.

BREAK UP A MEETING

In Two Sections of City "Bolsheviki Hunting" Favored Pastime.

WINNIPEG, Jan. 26.—Returned soldiers to the number of 1,500 broke loose this afternoon and started in to break up a Socialists' meeting with Bolshevik tendencies, held in a local theatre, and on the city hall square. Continuing their destruction, they wrecked the Hungary Club and German restaurants, throwing pianos out of upper windows of the club and making all the inmates kiss the British flag. Several people were sent to hospitals.

The unusual spectacle was presented about 3 o'clock this afternoon on Smith street, just off Portage avenue, of furniture coming out through the double glass windows of the second story of an office building. Following this came bundles of literature, presumably Bolshevik propaganda, and finally came a number of soldiers bearing a red flag they had captured, which was set fire to amid the plaudits of the crowd. The proceedings, which had been carried on with the utmost good-humor, terminated with the arrival of a military picket. No arrests were made.

The cause of the disturbance was the placarding of billboards with posters of the Winnipeg Social Democrats, many of whom openly profess Bolshevik doctrines, inviting fellow-workers to come in their thousands to a demonstration at the Majestic Theatre, to protest against limitation of free speech. Fearing a riot, the proprietors of the theatre locked the doors and an adjournment was taken to the market square, where some hundreds, mainly the curious, gathered. But the soldiers in uniform would have nothing of it, and broke up the meeting, some of the agitators receiving black eyes and a pummeling. All but one of those who attempted to speak were foreigners, the exception claiming he had been hired to speak in English.

After the meeting had been dispersed some soldiers proceeded to the hall at Smith street, reported to be the alleged headquarters of the Social Democrats, where a large number of copies of the prohibited sheet, "The Red Flag," were burned and the fittings were wrecked.

Bolsheviki hunting was also favored as a pastime in the north end, where, after returned soldiers and men in uniform had broken up a meeting, those present were hunted up and down Selkirk and Euclid avenues and pummeled until they kissed the Union Jack, when they were released. Some, more obstinate than others, are reported to have been rather severely punished.

DISTRICT CASUALTIES

KILLED IN ACTION

PORT ELGIN.
651376 D. D. McGillivray.

DIED

WINGHAM.
3132555 W. Picknock.
GRIMSBY.
225554 R. Dent.

ILL

THAMESVILLE.
2250906 A. Tobias.

DIED OF PNEMUONIA.

BLENHEIM, Jan. 26.—A sad death took place in Raleigh Township, east of here today, when Mrs. Stanley Munn passed away after a brief illness from pneumonia. She leaves, besides a husband, one child. She was a daughter of Ted Sykes, an ex-councillor and prominent farmer of Raleigh.

GERMAN ENVOY RESIGNS.

BASEL, Jan. 25.—General von Winterfelt, a member of the German armistice commission, has resigned, according to advices from Berlin.

STEAMER ARRIVALS.

Steamer.	f.A.	From.
Caronia	New York	Brest
Mauin	New York	Bordeaux
Bergensfjord	Bergen	New York
Bovic	London	Portland
Scandinavian	Liverpool	St. John
United States	Copenhagen	New York
Rijndam	Brest	New York
Parima	New York	Demarara
Melville	New York	Queenstown
Kingsborgen	Halifax	Liverpool
Aquitania	Halifax	Liverpool
Chaleur	Halifax	West Indies
Essequibo	Halifax	Liverpool

DAILY PAGE FOR EVERYBODY

Secrets of Health and Happiness

Why Recurrent Headaches Demand Rigid Examination

By DR. LEONARD KEENE HIRSHBERG.
A. B., M. A., M. D., (Johns Hopkins University.)

"Migraine," "megrim," "hemi-crania" and "neuralgia" are a few of the names given to a form of sick headache which may have as its cardinal symptoms a pain limited to one side of the forehead and face; nausea and a sick stomach, and "scroll work" before the eyes.

DR. HIRSHBERG

One young woman patient periodically suffered untold agonies in these attacks. She occasionally fell a victim to the attack during the night and would awaken suddenly with great pain on the left side of the head. Numbness and "pins and needles" seemed to assail her arms. Curious, odd figures, scroll work, frescoes and other strange articles would dance distressingly before her eyes. These attacks lasted three years and more, previous to which time doctors, medicines, specialists and innumerable kinds of treatment seemed to be useless. Whether it was change of habits, diet, emotions or the sudden complete transformation into a wholly new mode of life cannot be averred. However, from that day to this, 14 years, she has had no return of those migraine attacks.

Intense, sharp, neuralgic headache, limited more to one side than the other; association of emotional or nervous feelings; nausea or vomiting are fairly characteristic. The victim has the same sort of foreboding of the approaching storm, as has an epileptic of the next fit. She feels out of sorts, restless, anxious and irritable. One or two restless nights, more or less eye disturbances and vertigo warn the sufferer of what is to come.

Analogous to epilepsy, sick headache is a periodical assault upon the senses as epilepsy is upon the muscles. Its treatment and prevention is, therefore, allied with the health and near-perfection of about all the human structures connected with the senses.

Radical Changes Necessary.

Disorder of the thyroids, adrenals, pituitary and other glands and the emotions, which accompany gland unrest—love, worry, joy, sorrow, anxiety, anger, jealousy or fear—provoke the outbreaks.

The teeth should be overhauled; the nose must have any obstructions removed, and the internal structures should be examined to search out any possible disorder. Evidently a radical change in surroundings and customs, habits and feelings are among the aids which will contribute toward a disappearance of this type of headache.

A glassful of pure water every hour, on the hour; two glassfuls before meals, charcoal tablets, milk of magnesia and such fruits as prunes, raisins, apples, figs, dates or oranges at night and between meals, slightly warmed—not boiled—milk, whole wheat bread, bran biscuits, oatmeal and vigorous massage of the abdomen should relieve any constipation.

Answers to Health Questions

C. W. B.: Q.—Kindly advise me what to do for nervousness.

A.—Most of the physiological exhaustion of a man or woman, blamed too often on the nerves, are due to worry, grief, shock, anxiety and other troubles of the feelings. Emotional ailments is a correct name for nervousness. The nerves are not tired, injured or diseased. The treatment is diversion, attention transferred and directed into new channels, new friends, new faces, new furniture, new scenes, new habits, changed sleeping rooms, new rations, everything radically altered and wholly different will in time relieve almost all such conditions.

D. B. F.: Q.—Kindly advise me what to do for dry eczema.

A.—All eczemas itch. There are several varieties of eczema, some of which are cured by keeping away from water, flowers, from chemicals, and from occupations that irritate it. You may also try a little of the following:

Salicylic acid	15 grains
Balsam peru	1 dram
Phenol	15 drops
Sulphur	1 dram
Petrolatum	1-2 ounce
Wool fat	1-2 ounce

F. E. C.: A.—If you will send a self-addressed, stamped envelope with your query repeated I shall be glad to answer your questions.

Good Night Stories

By Blanche Salmond

How Mr. Green Frog Got His Spotted Green Coat.

Long, long ago, down among the big gray rocks in a certain mill-pond there lived a family of happy little frogs.

Every morning, bright and early, Mamma Frog would dress her little ones up in their clean white frocks, for frogs in those days always wore white, and would send them up on the grass to play. She was always very careful to warn them not to sit still too long in one spot.

"Your suits are so white with the sun shining on them they can be seen a good way off, and there's always plenty of wicked folks who'd soon see you and fly down and eat you up," croaked Mamma Frog. "Then, besides, if you sit still in the sun too much you're liable to get rust spots on your backs."

All the little white frogs promised to keep hopping while on the grass, and Mamma Frog kissed them good-by and waved them out of sight.

Now among this happy family was one little fellow whom the others all called "Woggy Froggy," because he was always fussing and stewing about things the others didn't care one croak about. Well, instead of hopping upon the bank as Mamma Frog had told them to do, Woggy Froggy jumped upon a floating lily leaf and sat there blinking at the old yellow sun.

"How stupid of any one to say the sun would rust one's clothes," he croaked merrily. "How could it when it's miles and miles up in the sky?"

Woggy Froggy sat blinking at the sun until his eyes grew tired and then he fell fast asleep.

It was almost sundown when he heard his mamma call him.

His brothers and sisters had returned home after a short hop on shore, but Woggy Froggy had forgotten all about his promise.

He hopped to the edge of the lily leaf and was just about to jump into the pond when he caught sight of his pretty white suit. Dear me! It was all covered with great, big yellow rust spots, as yellow as the sunlight that danced over the waters.

"Oh, dear!" croaked Woggy Froggy as he gazed into the blue waters. "What shall I do? My suit is ruined."

He chewed up bits of the lily leaf and tried to wipe off the yellow spots, but it only made them all the brighter.

"I know! I'll wash them off in the water!" exclaimed Woggy Froggy, and down he plunged into the blue water and swam home as fast as he could go.

Mamma Frog and her children saw him coming, and thinking him some terrible creature that was going to devour them hid among the rocks. Not until Woggy Froggy croaked did Mamma Frog know who he was.

"Why, where did you get all those ugly green spots on your suit?" she asked.

Woggy Froggy looked down at his suit and saw that the spots that had once been a bright yellow had all turned green. Then he began to cry.

"Anyone could have told you the yellow spots would turn green if you dipped them in blue water. Yellow and blue always make green if they're mixed," croaked Mamma Frog.

As time went on and Woggy Froggy's suit grew darker in color, Mamma Frog found out it was better than the white suits, so she took all her babies up to the lily leaf and left them there until their suits all became covered with yellow spots. Then they plunged back into the blue water again, and that's how Mr. Frog came by his green coat, and why folks call his Mr. Green Frog.

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To-morrow's HOROSCOPE

By Genevieve Kemble

TUESDAY, JANUARY 28.

Planetary testimonies point to an unusually active and eventful day, with the energies alive and the faculties alert, vibrating to a very high tension in all directions and along all lines of interest and endeavor. There will be radical, sudden and very important changes, with removal and travel, probably following abruptly on the breaking up of old, stubborn conditions, long delaying and disappointing. These fresh ventures and expeditions may all be taken with a certain sense of security, since a long train of the most benefic planetary figures point to success, prosperity and achievements, and all these favorable auspices also bring all that is to be desired with social, domestic and affectional relationships and interests.

Those whose birthday it is may expect an important and eventful year, with change and travel, culminating in success, happiness and prosperity. A child born on this day will be clever, energetic, trustworthy, enterprising, original, but fond of change and adventure.

Jimmy Coon and His Friends

The Adventures of the Little People of the Great Forest.

COUSIN BRUIN GOES FISHING.

Cousin Bruin, the Black Bear, is a Giant. He is the biggest and strongest fellow in the Great Forest. Why, do you know that Cousin Bruin is twice as big as your Father, and weighs fully 400 pounds? But he is the jolliest chap in the woods. Cousin Bruin has a big appetite, and his chief business in life is to find enough to eat. Also Cousin Bruin is a Great Traveler; and he travels to find something more to eat. His immense appetite keeps him moving. He seems to think of nothing but to get something to eat. I suppose you have seen boys and girls who are always hungry, and it seems impossible for them to get enough to eat. Well, Cousin Bruin was like that he seemed to have no bottom at all to his stomach!

For it would appear as if the bottom of his stomach had dropped out, so that he could never be filled with food!

So as soon as Cousin Bruin woke up in the Spring after his months of winter sleep, he first fixed all his fish-hooks to go fishing in Laughing Brook. Cousin Bruin always has at least ten splendid fish-hooks, always ready for his Spring Trout-fishing. Those ten sharp fish-hooks are on his forepaws. And after Cousin Bruin woke up in the Spring, after a few days' work on his feet, sharpening his claws, he started out to fish in Murmuring Brook. And he was the very first Fisherman on the Brook, that Spring. The Pussy-willows were just out, and Cousin Bruin was having the best time of his life. Cousin Bruin has the patience of the true Fisherman; for he will patiently wait and wait; and he will keep as still as a woodmouse (and you know that is the secret of catching the sly and cunning Trout).

It was wonderful to see Cousin Bruin sitting beside a pool—so still that he looked like a big burnt log. He fooled the Trout; for the Trout thought that the big black object on the bank, so close to the water, was a black stump, and they swam close up to that black-looking stump. Then, quick as a wink, out flew Cousin Bruin's right paw, and his five sharp fish-hooks or claws, on the paw, caught into the back and sides of a big trout, and the nice fish was landed on the mossy bank! And Cousin Bruin was soon outside of that nice Trout! Cousin Bruin kept on fishing, and had wonderful luck. But soon something very strange happened! For little William, the Farmer Boy, was also fishing on Murmuring Brook. Do you suppose he and Cousin Bruin will meet? Wouldn't it be funny if they did?

Cousin Bruin kept on fishing, and had wonderful luck.

Tomorrow—A Joke on the Farmer Boy.

LIEBKNECHT IS BURIED.

BERLIN, Jan. 26.—The bodies of Dr. Karl Liebknecht and thirty-three other members of the Spartacan group of Socialists, who were killed during the recent disorders, were buried in the cemetery at Friedrichsfelde, near Berlin, Saturday.

FORD PRICES

The policy of the Ford Motor Company of Canada, Limited, to sell its cars for the lowest possible price consistent with dependable quality is too well known to require comment. Therefore, because of present conditions there can be no change in the price of Ford Cars.

Ford

Runabout	$ 660
Touring	690
Coupe	875
Sedan	1075
Standard Chassis	625
One-Ton Truck Chassis	750

These Prices are F. O. B. Ford, Ontario

All prices subject to war tax charges, except truck and chassis.

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