

should be brought into intimate contact with these types, and it is unfair to the less favored ones to be compelled to compete with the stronger and more robust, who not only learn more readily but who are able to better withstand the unhygienic conditions which obtain in too many school rooms.

Advantage might well be taken of opportunities which offer to teach children the laws of health. I do not think that the health primers in use in our schools should be depended upon for this purpose. There can be no question that it is well to warn children against the evils which attend the misuse of tobacco and alcohol, and other narcotics, but other things of prime importance should not suffer from neglect. It should always be the aim to impress upon children and youths that they are to become the controlling factor in our national life, that their success depends upon their strength, and their strength upon their health, and their health upon obedience to certain simple rules. And as soon as the time for serious thought comes our children should be taught the laws of sex, and should be instructed upon the advantage of selecting their life partners from the strong and capable both for their own happiness and their country's good.

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I fear that in attempting to cover so wide a field in so short a time I have only succeeded in confusing you by so patchy a paper, and have perhaps failed to impress you with the importance of my subject. It has been my aim to set before you certain facts which will appeal to your reason, and I have avoided any attempt to play upon your emotions in spite of the opportunity offered. I firmly believe, with the author of *Religio Medici*, that "a good cause needs not to be patron'd by passion but can sustain itself upon a temperate dispute," but I fear that I have demonstrated the truth of another of his axioms—"every man is not a proper Champion for Truth, nor fit to take up the Gauntlet in the cause of Verity." I have, however, ventured upon my subject for what you will concede to be a laudable reason, a sincere desire to awaken interest in a matter