

When travelling by air with an infant, carry a bottle or pacifier for the baby to suck on during takeoff and landing to equalize ear pressure and keep the baby more comfortable.

If you are breast-feeding, take your cue from local women, since practices vary from culture to culture. When in doubt, try to breast-feed in private.

Teach your child never to open the door of your hotel room to anyone else.

When entering or leaving an elevator, keep your child close to you. If the doors close too quickly, the child could be separated from you.

Never leave a young child unattended. Always keep some form of identification in your child's pocket in case you are separated. For emergency identification purposes, carry recent photographs of your child. You may also wish to leave photos with a relative or friend at home.

For further advice, consult our fact sheet entitled *Tips for Travelling with Children* (available at www.voyage.gc.ca).



"When you travel with your kids, you have the added benefit of seeing the world through their innocent, impressionable eyes, and the world becomes a more enchanting place."

Erica Ehm, media personality, creator of the Yummy Mummy Club

INTERNATIONAL ADOPTIONS

Provincial and territorial authorities in Canada are responsible for authorizing international adoptions.

If you are thinking of adopting a child from another country, you must first obtain information about the adoption regulations of the province or territory in which the child will reside. While adoption is a provincial/territorial responsibility, Citizenship and Immigration Canada (CIC) is responsible for allowing an adopted child entry into Canada.