With the perspective of time, one can perceive these documents in a rather different way. The decade of the 1960s saw a tremendous increase in Canadian concerns about our vulnerability – actual or perceived – to the United States. Controversial measures were planned or adopted to limit U.S. capacity to buy up an increasing share of Canadian industry, and some sectors of the economy (banking, communications) became protected in whole or in part. Deep conflicts arose over pollution and other environmental issues, sovereignty over territorial and international waters, the Arctic, the movement of U.S. icebreakers through the Northwest Passage, fishing resources and other matters.

United States power was at its height but, because of Vietnam, confidence in U.S. leadership was at an all-time low among Canadians. This newly felt Canadian nationalism brought an increased focus on the national interest and protection of our sovereignty.

Despite its different rhetoric and terminology, I believe that *Foreign Policy for Canadians* was not so much a break with mainstream foreign policy thinking as a fresh way of seeing and presenting traditional policies in a more nationalistic period.

There was no separate document on policies for dealing with the U.S. because Canadians to a large extent perceived foreign policy as dealing with all the world except the United States. Otherwise put, there was no separate paper on the U.S. because Canada's dealings with the rest of the world were simply an expression of the way we dealt with the reality of the United States. The authors of the papers rightly said that our policies toward the U.S. were to be found in all the documents dealing with the world, secreted, so to speak, from their interstices, and that, in any event, a detailed study would come later. Notwithstanding the changed rhetoric and the scaled-down pretensions to the helpful-fixer role, there were, in the larger scheme of things, no true discontinuities in outlook and goals.

When, a few years later, the next chapter finally came forward in October 1972, in the form of the Secretary of State's paper on *Canada-U.S. Relations: Options for the Future*, there were really no surprises and, again, no discontinuities.