

sacrum. An arm lying in the facial-pubic position is brought into the liberation optimum by half a rotation of the fetus which has been seized with both hands at the sides of the thorax or at the liberated arm and back in a way opposed to the "physiological liberty of motion of the arm still to be liberated" always preserving its facial aspect. An arm lying in the nape-pubic position is brought by half a rotation, and one in the nape-sacral position by an entire rotation, into the liberation optimum in a way opposed to the physiological liberty of motion of the arm to be liberated. Only when both arms are bent up toward the nape is it impossible to commence with liberation of the arms away from the chest. Then the hand, with its volar surface turned to the fetal back, starts from the back (pushing the trunk away to the opposite side) and pushes the nape-sacral arm past the promontory in a facio-sacral position, in order to liberate it in the liberation optimum while changing hands. Energetic extraction of a liberated arm facilitates the liberation of the other. Finally, a change in the posture of the mother to the side of the unmanageable arm may facilitate access thereto and also the possibility of its meeting the liberating hand half way.

Should there be difficulties in advancing to the wrist joint, liberation is frequently rendered possible by "climbing movements in place" of the hand, the advance of which is impeded, via the shoulder, brachium, elbow, to the lower arm, or possibly to the wrist joint.

The auxiliary movements follow by themselves after the main movement as soon as the latter shall have become an integral part of the operator's conceptions; and by resorting to the same they will frequently be found a helper in distress, where failure was imminent owing to some accidental neglect of a momentary advantage.

Generally available instructions for operations should condense all that is worth knowing and emphasize merely routine measures. Whoever attempts to produce a piece of art in this connection by establishing exhaustive rules for all conceivable variations and deviations from the ordinary, is guilty of hair