

I would try a cigar. (Murmurs.) I did so. (Great expectations.) I smoked that cigar—it was delicious! (Groans.) From that moment I was a changed man, and now I feel that smoking in moderation is a comfortable and laudable practice, and is productive of good. (Dismay and confusion of the anti-tobacconists. Roars of laughter from the smokers.) There is no more harm in a pipe than there is in a cup of tea. You may poison yourself by drinking too much green tea, and kill yourself by eating too many beefsteaks. For my own part, I consider that tobacco, in moderation, is a sweetener and equalizer of the temper.” (Total rout of the anti-tobacconists, and complete triumph of the smokers.)—*Med. & Surg. Reporter*.

—In the April number of the *Edinburgh Medical Journal*, J. Lindsay Porteous, M.D., F.R.C.S., M.R.C.P., Edin., says: “About eighteen months ago a friend of mine from America told me of the wonderful effects of a medicine, much used in the States, called *Bromidia*. According to the makers, it is composed of chloral hydrate, 15 gr.; potassium bromide, 15 gr.; extract of cannabis indica, $\frac{1}{3}$ gr.; and extract of hyoscyamus, $\frac{1}{3}$ gr. I obtained some, and have ordered it regularly for over a year; and have found it excellent in the pain of rheumatism, pneumonia and cancer, also in the sleeplessness of scarlatina and alcoholism. It has never failed me in procuring sleep, without the disagreeable dreams and after-effects of opium. The dose is 5ss to 5j every hour till sleep is procured. I have also found it of much service in cases of tonsillitis, used as a gargle with glycerine and carbolic acid.”

—Dr. Reginald G. Alexander, honorary senior physician to the Bradford Infirmary, England, says: “I have prescribed LACTOPEPTINE for many years, and carefully noted its admirable qualities. In some cases of atonic dyspepsia, especially in connection with anæmia, I have found most excellent results to follow from the use of this *digestion-compelling medicine*, if I may make use of such a term as expressive of its powerful action. As it restores the digestive function and improves the condition of the blood, it is a *curative agent*, and not merely palliative and temporary.”