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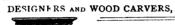
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standing by assimple remedy, will send a description of it free to any Person who applies to NICHOLSON, 30 St. John Street, Montreal.

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BEEF JELLY.—Take about one pound of lean, juicy beef, cut it into small pieces, put into cold water and let soak for one hour. Then put on the fire with one pint of water, seasoning with salt, pepper and a little celery seed, and let it stew until reduced two-thirds; strain on a few blades of mace. Serve hot.

GRATED SANDWICHES .- Grate a pound and a half of cold boiled ham in a bowl with a tablespoonful of pickle, chopped fine, a tablespoonful of mustard, and a little black pepper: beat six ounces of butter to a cream, add the ham. Have thin slices of bread and butter, and spread the mixture on one side of each slice.

CREAM CAKE .- One cup of butter, two cups of sugar, whites of two eggs, three and a half cups of flour, one cup of sweet milk. teaspoonful of soda, teaspoonful of cream of tartar. For the cream: One pint of sweet tartar. For the cream: One pint of sweet milk sweetened to taste, yolks of three eggs; thicken with flour to the consistency of cus-tard, flavour with lemon. This amount makes two good sized cakes.

POT PIE.—One teacup sifted flour. One teaspoonful of baking powder. One-quarter teaspoonful of salt. Mix with sweet milk, slowly added until the consistency of a soft batter is used that can readily be dropped from a spoon. Butter a steamer, and pour the batter in. Steam it for half an hour. When done, lightly break it apart with a fork, put it upon a heated platter, pour the gravy over and enjoy the result. For a large supply double the quantity and steam twice as long.

MUTTON PIE.—A good way of using up the remnants of cold roast mutton: Cut the meat into small thin pieces, removing most of the fat. Cover the bottom of a pudding dish with a layer of bread crumbs, then one of the mutton, and over this a teacupful of of the mutton, and over this a teacupius of canned tomatoes or slices of fresh ones, with a seasoning of salt, pepper, and bits of butter. Continue these alternate layers until the dish is full, finishing with crumbs. Bake in a good oven half an hour or more. It is well to cover the dish until nearly done, then remove the cover and brown the top.

vemove the cover and brown the top.

VEAL LOAF.—Three pounds of veal cutlets; one quarter of a pound of butter or fat pork chopped fine; add bread crumbs till it is stiff; break in two eggs; add one tablespoonful of salt, pepper to taste, and half a grated nutmeg. Work it all together in loaf shape, break an egg on top and rub it all over the loaf, sprinkle bread crumbs over it to already and course the loaf, sprinkle bread crumbs over it to absorb the egg and cover the loaf, put it into a baking-pan with water and bake three hours, basting frequently. When cold, slice and serve.

TO KEEP MOTHS FROM WOOLLENS. Put them on some deserving poor or unfor-tunate person and have them worn out. Every kind of woollen cloth can be saved in Every kind of woonen could can be such this way. Housewives all over the land will soon be busy putting away their winter clothing so that the moths cannot attack it. Articles that they can readily spare may well be bestowed on some shivering mortal. One can always find deserving poor, and those who, having means, give as stewards and not as proprietors, rarely offend even the proud poor by giving to them.

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