hroughout the whole chain as follows: means how to be happy, and in these beati. 1. Poor in Spirit Empty of self.

2. They that mourn Sorrow for sin.

3. The meek Let God have his wey.

4. Hunger and Thirst Who want to do after Righteousness right.

5. The merciful

Pitiful, kind.

6. The pure in heart 7. The peacemakers

Without sin.

8. Persecuted

Peace loving. Fearless, True.

2. The Saviour wanted to teach His disciples, and to teach us, how to be blessed, that by our Saviour.

tudes, He shows us how to be happy.

3. Jesus was emptied of self. He allowed God to have His own way with His life. He always wanted to do right. He was pure in heart, and He was happy. Let us learn to live like the Saviour. Happy people are like lighthouses. Unhappy people are like darkness.

4. Jesus says, "I am the Light of the world," but our Golden Text says to-day, that WE are the light of the world. So we are, if we have learned how to be happy, as taught us

## LESSON V.—January 30th, 1808.

## HOW TO PRAY. MATT. 6: 5-15.

I. GOLDEN TEXT: "Pray to Thy Father which is in secret." Matt. 6: 6.

II. PREVIEW THOUGHT FOR THE QUARren: Jesus Christ, God's Son, is our Saviour.

III. PREVIEW THOUGHT FOR TODAY'S ESSON: How to pray.

IV. REVIEW:

1. Who spoke the beatitudes?

2. Where were they spoken, and to whom?

3. What is the meaning of blessed?

Repeat the Beatitudes.

V. SYNOPSIS OF LESSON: Our to-day's leson is a continuation of the teaching of the Sermon on the Monnt.

The Saviour probably taught the Lord's prayer several times, and in different places. It will be remembered, that once the disciples came unto Him, and said Lord teach us to pray, as John taught his disciples. But in the present instance, He taught it during the Sermon on the Mount.

In the opening verses he refers to the untrue prayer of the Pharisee. He enjoins secret prayer, rebukes vain repetitions, and gives us in the Lord's Prayer, a pattern for us to follow.

VI. SUGGESTIVE STEPS IN TEACHING THE LESSON.

Note.

WRONG PRAYER RIGHT PRAYER TO SAY MY PRAYER IS NOT TO PRAY UNLESS I MEAN THE WORDS I SAY UNLESS ! THINK TO WHOM ! SPEAK AND WITH MY HEART HIS FAVOR SEEK

There are few subjects more difficult to teach than that of prayer espeically in the case of children.

It is difficult to teach because we know experimentally so little of its value.

Mark 11: 24 in the Revised seems to show the two sides of prayer.

1. Communion with God.

2. Petition.

The words used are "Whatsoever we pray and ask for." As we teach this lesson, let us keep these two distinctions clearly in mind, else there