reformed by Aimericus, Patriarch of Anti- of Jerusalem, as is testified by Waldensis, och and Pope's Legate; and their first General was Brother Berthold, a holy man." From that time, all the hermits of Mount Carmel, Syria, and Palestine, have been subject to, and under the obedience of a prelate. This election of general was two and are the same now used and observed by thousand and sixty-seven years after our the order, confirmed by Popes Honorius patriarch, St. Elias, instituted the Order of Mt. Carmel, and seventy years before the institute of the order of St. Dominic and been instituted and approved previous; on 931, Sergius IV, 1009, Alexander III, 1180, and Innocent IV. 1199; but the reason why year 1224. it has not the priority, or precedence, is, that the orders of St. Dominic and St. Francis were confirmed by a bull from the Pope in the year 1224, and the order of Carmel not for two years after, in 1226. St. Berthold was general of the entire order for the period of forty-six years; he died in the year 1187, aged 115, after having given the habit to many, and founded several

St. Brocard, a native of Jerusalem, was unanimously chosen to succeed St. Berthold in the government of the order in the year 1118; he received into the order S. Cyril of Constantinople, and St. Angelus of Jerusalem, who foretold the stigmas of St. Francis, and the persecution of St. Dominic by the Albigenses; they in like manner prophesied to him the martyrdom which he afterwards suffered in the year 1220; he also invested with the holy habit St. Angela, daughter of the king of Bohemia, and prioress of the convent of St. Sepulchre in Jerusalem, the venerable Eusebius the Syrian, Jerom and Jeremy of Palestine, and Rodolph Fresbuno, who was in the first Provincial of England, whither he accompanied the Father General. In fine, he received into the order many others who rose to the dignity of Archbishops and Patriarchs. In the year 1205, he received from the patriarch, St. Albert, (who was then in Tholomada, where he retired from Jerusalem, which was at that time under the yoke of Saladin from the year 1187.) the Rules, an abridgment of

Order of Carmelites was revived and those which were given him by John Silvan. in these words: "The Order of Carmelites first obtained the Rules from John the Carmelite and Patriarch of Jerusalem, written in Greek, which were abridged by St. Albert, who was also patriarch of said place, III. in the year 1226, by Gregory IX. and Innocent IV."

St. Cyril of Constantinople, a man of pro-St. Francis; and the reason why the Car- found erudition, was elected general in melite order has not the precedence of the 1221. About this time the Order began to others, is not, because it is said not to have suffer great diminution, occasioned by the Saracens, who were then laying waste the the contrary it was approved by Pope country of Palestine, which circumstances Stephen V. in the year 816, by Lea IV, 847. obliged them to seek an asylum in Europe, Sergius III, 907, John X, 913, John XI, where in a short time more than thirty convents were founded. St. Cyril died in the

> Fr. Berthold, of Lombardy, was chosen to succeed him. In the same year he obtained from Pope Honorius, the confirmation of the Rules and office of the Blessed Virgin of Mount Carmel, and appointed St. Simon Stock, Vicar General of the European convents. This holy man died in 1231, being seven years General,

St. Alan, a man of great sanctity, and a native of England, was elected General in 1231. He held a general Chapter in Mount Carmel in the year 1237, at which permission was given to the religious to travel into Europe, He came to England in the year 1240, appointing in his absence the venerable brother Hilarion, Vicar of the convents of Syria and Palestine; and in the year 1245, he convened the first general Chapter in Europe, at Ailsford, where he resigned the office of General to St. Simon Stock, and retired to his convent of Colonia, where he died in 1247, after having founded many convents.

FR. PHILIP, O.C.C. TO BE CONTINUED.

ONE of the greatest heroes of life is the man who has the nerve to get up early in the morning.

THE more the man who builds on the sand invests in his house the worse it will be for him.

Contrition is our hope for the past, our watchword for the present, our safeguard for the untried future.