

HOW MRS. BEAN MET THE CRISIS

Carried Safely Through Change of Life by Lydia E. Pinkham's Vegetable Compound.



Nashville, Tenn.—"When I was going through the Change of Life I had a tumor as large as a child's head. The doctor said it was three years coming and gave me medicine for it until I was called away from the city for some time. Of course I could not go to him then, so my sister-in-law told me that she thought Lydia E. Pinkham's Vegetable Compound would cure it. It helped both the Change of Life and the tumor and when I got home I did not need the doctor. I took the Pinkham remedies until the tumor was gone, the doctor said, and I have not felt it since. I tell every one how I was cured. If this letter will help others you are welcome to use it."

—Mrs. E. H. BEAN, 525 Joseph Avenue, Nashville, Tenn.

Lydia E. Pinkham's Vegetable Compound, a pure remedy containing the extractive properties of good old-fashioned roots and herbs, meets the needs of woman's system at this critical period of her life. Try it.

If there is any symptom in your case which puzzles you, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

Guide-Advocate

Watford, Ont.

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HARRIS & CO. PROPRIETORS

WATFORD, MARCH 31, 1916

NOTE AND COMMENT

One excuse for the employment of gas by the Germans is that they have gained a number of meters on one sector of the Front, and so had to put them to some use. This of course throws another light on the business.

Judging by the number of riots in Canadian cities in which the soldiers of the King participate, we are forced to believe that if the boys cannot get to the front to fight for us, they are quite willing to fight with us. When a Canadian soldier who has never smelt powder will proceed to show us his power what would a victorious enemy do had he the chance?

Many a man who, before the war, was filled with admiration of what is great and fine in German civilization and character, is now inclined to assent to such assertions as arouse the indignation of Prof. Kuno Francke, of Harvard University, for example, that "German statesmanship is brutal and insolent, German scholarship heavy and mechanical, German science uninventive and unoriginal." —New York Post.

The first surprise of the war was

MRS. CLAYTON'S LETTER

To Run-Down Nervous Women
Louisville, Ky.—"I was a nervous wreck, and in a weak, run-down condition when a friend asked me to try Vinol. I did so, and as a result I have gained in health and strength. I think Vinol is the best medicine in the world for a nervous, weak, run-down system and for elderly people."—Mrs. W. C. CLAYTON, Louisville, Ky.

Vinol is a delicious cod liver and iron tonic without oil, guaranteed to overcome all run-down, weak, debilitated conditions and for chronic coughs, colds and bronchitis.

Taylor & Son, Druggists, Watford.

we could not conceive it to be possible that a civilized country—with its genial smiles and Judas' kisses, and with their Emperor visiting England amid the acclamations of a simple-hearted people—could have been plotting a war the limitations of which no human being could see. The second surprise was for the enemy; that, despite their plots and attempts of spies to spread disaffection, every part of the Empire rushed to the assistance of the Mother Country. Henceforth, come weal, come woe, the British Empire is world-wide, a fact with which all of the universe has to deal. The men overseas have not failed us, and we will not fail them.—Lord Rosebery.

Toronto World: Germany has spent her strength and is fighting a losing battle. How many more rounds it may take to settle the bout no man can say. There may be a knock-out blow, or the beaten man may throw up the sponge. The main thing at present is for the allies to maintain their courage, their strength, their coolness, their determination. It is the man who holds out the longest that wins. The spirit of victory is invincible, and all the allies have displayed it. The Verdun action has no features that advantage Germany. Her loss in men has been too costly for any advances made. Moreover the loss in morale is a staggering thing. It is believed that the failure of the German troops to strike a decisive blow here has cost the Kaiser the loss of the initiative on the western front. The war may become a defensive for Germany from the opening of the spring campaign.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Will They Come Out?

Rumors are once more rife that the German High Sea Fleet will venture on an engagement in the North Sea. The reports recently that twenty or more German Dreadnoughts were seen there have some relation to these rumors, but whether Admiral Tirpitz would stake his all upon a throw of the dice is quite another matter. It has been stated in responsible quarters that the Kaiser's brother would take over the command. Well, that sounds like business.

BORN

In Plympton on Sunday, March 12th, 1916, to Mr. and Mrs. Babcock, second line, a daughter.

In Strathroy, on March 15th, 1916, to Mr. and Mrs. L. H. Dampier, a son.

In Petrolia Hospital, on Wednesday, March 8th, 1916, to Mr. and Mrs. W. A. Brock, a daughter.

DIED.

On Sunday, February 13th, 1916, at Dartmouth, England, Joseph Lovedav, aged 62, (father of Rev. A. J. Lovedav, pastor of the Brooke and Enniskillen Baptist Church near Inwood).

In Parkhill, on Friday, March 10th, 1916, Mr. Alexander McNabb formerly of Bosanquet and Forest, aged 69 years.

In Brooke, on Friday, March 10th, 1916, John Rodger, infant child of Mr. and Mrs. Guy V. Risk.

In Brooke, on Tuesday, March 14th, 1916, Jane Rodger, beloved wife of Guy V. Risk, aged 21 years and 21 days.

In Brooke, on Wednesday, March 15th, 1916, Isabella McNabb, relict of the late Malcolm McAlpine, aged 79 years, 11 months and 1 day.

In Alvinston, on Tuesday, March 21st, 1916, Ebenezer Ross, aged 75 years, 1 month and 3 days.

Six amateur wireless telegraph operators of Port Huron have received first class amateur licenses to operate their apparatus. A few days ago a U. S. government inspector investigated charges that many amateurs were operating instruments with too great wave length which interfered with the Canadian government station at Point Edward. The ladies' instruments were inspected and changes made to comply with the law and the recent ban was lifted.

Good Seed Corn

A four-page circular prepared by the Dominion Seed Commissioner and issued for free circulation by the Department of Agriculture at Ottawa sets down as an axiom: "The most expensive seed corn is that which will produce a poorer crop than could have been obtained from better seed." A moment's thought will convince any one that the statement is incontrovertible. In furtherance of the policy that has for its object the promotion of the availability and the use of good seed, the circular which can be had free of postage on application to the Publications Branch, Department of Agriculture, Ottawa, explains the steps that have been taken in this direction and gives in full the text of the Seed Control Agreement, by which growers agree with the Minister of Agriculture to sell seed corn in the ear, under the "control" system only, to May 31st next, thereby making it subject to special regulations and guaranteeing the quality to purchasers. The advantages to be derived from the system are briefly told in detail, but the main point is that following the instructions and suggestions means not only an improved crop in quality but also a large increase in quantity. Some of the advantages are that the danger of the crop not coming up because of poor germination, necessitating replanting, is lessened; that strong vitality which gives a perfect stand of vigorous plants will be encouraged; that more rapid and uniform growth with early maturity will ensue and that less seed will be required. It is not difficult to believe that, as the circular says, "Many farmers would save money and have a better crop if they paid twice as much per bushel as they ordinarily do to secure the best obtainable seed corn and planted half the quantity." In conclusion farmers are advised that as the amount of good seed corn is more limited this year than usual those who wish to purchase under the agreement would do well to place their orders early. A list of growers selling with the varieties and price, when stated, will be forwarded in answer to applications, that can be mailed free, to the Seed Commissioner, Department of Agriculture, Ottawa.

A Cold Cure

"I've cured my cold," he said. "I'll tell you how I did it. The information ought to come in handy this treacherous weather."

"I boiled a quart of wormwood and horehound together, and drank it hot. Then I took two pills, and put one kind of plaster on my chest, another kind on my back, and a third kind under each arm."

"Thanks to my governor's advice, I had sense enough to clap the mustard plaster on my stomach also, and to sleep with red hot bricks at my feet."

"An old lady brought me a bottle of goose oil and showed me how to take it—you suck it, you know, off a quill. My uncle from the country turned up with a bundle of herbs; these herbs made a tea that I took a cup of every half-hour. On a cousin's advice I got outside an enormous dose of salts."

"My wife got me to take three pills of her own make—they were brown, bitter, and about the size of eggs. They did me good, too."

"The crisis was now reached, and I retired to my bedroom. There, after tossing off a pint of tar balsam, I tallowed my nose, steamed my legs in an alcohol bath, and took large doses of hot rum, seaweed tea, and castor oil, which were severally recommended by a sea captain, my minister, and my grocer. Then I took seven different kinds of pills, wrapped round my neck an old stocking of my wife's soaked in hot vinegar and salt, and got into bed."

"As I dozed off, they burnt feathers on a shovel before me."

"That completed the cure. I am now well. I recommend this simple cure to cold sufferers."

If you really believe in Safety First, get a box of Takake pills for your sleeplessness, neuralgia, or rheumatism for they are absolutely harmless, and are sure to relieve you fifty cents a box at your druggists, or by mail from the Georgian Mfg. Co., Collingwood, Ont. 1

An early morning blaze totally destroyed the barn of Mr. Jabez Cliff, of Bosanquet, Monday morning. Mr. Cliff succeeded in getting his horse out, but the cutter, buggy, harness and two rigs were consumed with the barn.

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

CASTORIA

For Infants and Children
In Use For Over 30 Years

Always bears the Signature of *Chas. H. Hitchcock*

TAKAKE
The Harmless but Efficient Remedy for Headache, Neuralgia, Anaemia, Sleeplessness, Nervous Exhaustion, &c.
50c AT ALL DRUGGISTS, or by mail from
GEORGIAN MFG. CO., COLLINGWOOD, ONT.

WISE HEADS

Wise Heads build sheds, to store their stock and implements in.
Wise heads buy the lumber for their sheds at the WATFORD PLANING MILLS, where they get it the cheapest.

EST. 1870. G. CHAMBERS.

HOUSEKEEPING LABOR SAVERS

Don't grab all the labor saving machinery. Give the lady who gets your meals a chance.

- Home Washer - \$12.00
- Excell All Washer - 10 00
- Bonnie Washer - 6 50
- Wringers - \$3 00 to 4 50
- Carpet Sweepers, \$3 00 to \$4.00.
- Vacuum Cleaner and Sweeper combined - \$6 00



The N. B. Howden Est.

TRENOUTH & CO.

DE LERS IN
Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry Full Stock of
INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Chopping and Rolling Done While You Wait
PHONE 39

HANDSOME, LUXURIOUS FURNITURE

- | | | | |
|----------------|--------------------|------------------|---------------|
| Buffets | Extension Tables | Brass Beds | Iron Beds |
| Sideboard | Parlor Tables | Walnut Beds | Oak Beds |
| China Cabinet | Card Tables | Pedestals | Dresser |
| Chiffonier | Magazine Stands | Child's Rockers | Book Cases |
| Dressing Table | Jardinere Stands | Bed-Room Chair | Secretaries |
| Hall Seats | Umbrella Stands | Rocking Chairs | Desks |
| Morris Chairs | Hall Mirrors | Kitchen Cabinets | Hall Racks |
| Music Cabinets | Living Room Chairs | Felt Mattresses | Dining Chairs |
| Parlor Sets | Library tables | Couches | Pictures |

Davenport, and anything kept in a first-class furniture store.
MASON & RISCH PIANOS
Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.
FINE FURNITURE MUSICAL INSTRUMENTS UNDERPAKERS

Why He Looked Sad

"May I ask the cause of all this excitement?" said the stranger in the little village. "Certainly," replied the countryman. "We're celebrating the birthday of the oldest inhabitant. She's 101 to-day."

"Indeed! And may I ask who is that little man with the dreadfully sad face, walking by the old lady's side?" "Oh, that's the old lady's son-in-law. He's been keeping up the payments on her life insurance policy for the last thirty years."