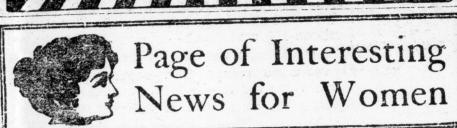
is as much pleas



How to Cook Cheaper Cuts Appetizing Dishes Made From Less Expensive Cuts of Meat.

to taste. The vegetables should, after until meat is tender. Serve with peas paring, be cut in strips or slices, and e amount mentioned will be enough to serve with a piece of brisket weigh-

the meat is extremely tender. Serve Those who like a der for the moat. piquant sauce with meat, especially and serve it poured over the meat; take a cup of the broth and mix with it a tablespoonful of catsup, a teapinch of salt. Boil until mixture thick-

Shoulder of Lamb.

Shoulder of lamb is cheaper than the A YOUTHFUL PARTY DRESS



not designed with that purpose, this little dress suggests springtime in color and texture. The foundation dress, of china silk,

is faintly tinged with pink, which shows through the sheer slik mull, of which the dress is made. Ribbon roses and foliage,

Brisket, or breast of beef, veal, mut- | leg or chops, and is very appetizing ton or lamb, is one of the cheapest when stuffed and baked. Have your cuts of meat to be bought on the mar- butcher remove the leg and shoulder ket at the present time. Have the bone and fill the cavity with a dress-butc. r remove some of the bones, ing or stuffing made by taking bread when here are any in the piece you crumbs, an egg, a little butter, salt select, and, after washing the meat and two or three tablespoonfuls of milk quickly in cold water, so as not to or meat broth to moisten the mixture. draw out the juices, put it into a stew- Stuff the cavity with this mixture, but ing kettle with just enough water to do not pack it too hard, as that tends Then add two each of care to make the dressing heavy and clamrots, turnips and onions; one head of my. Sew up the edges of the cavity celery and a few pepercorns and salt so as to keep in the dressing, and bake and browned sweet potatoes.

The shank or shin cut, in all kinds of meat, is one of the cheap cuts. Buy about four pounds of shin of veal. Have The meat and vegetables should be the butcher cut the bone in several cooked slowly over a low fire until pieces and put the meat, together with one small onion, one small carrot, one on a platter with vegetables as a bor- bay leaf, three peppercorns, a sprig of parsley and salt to taste, in water enough to barely cover meat. Boil ef, should make the following sauce briskly 20 minutes, then set where it will simmer for three hours or put in the fireless cooker for five or six hours. Just before time to serve the meat, spoonful of flour, a bit of butter and a make a brown sauce by browning one and a half tablespoonfuls of flour and adding one tablespoonful of butter or drippings and a cup of broth in which meat has been cooked. Take bones out of meat and put it on a platter and pour brown sauce over it just before serving. Rice, boiled, or hominy grits cut in squares and fried brown are nice to serve with this. Shin of yeals is good when stuffed and roasted like the shoulder of lamb mentioned above. Lima beans and hot buttered beets border are nice to serve with

The Earring Habit

le and heard less of the earring," writes Nancy Hollis Gardiner. During the last when I come into the house after being instance, when a Mother Goose found its has come into its own again, and every but after I come into the heat it burns female creature above the age of six and gets quite red. Could you tell me seems to be insane on this particular sub-

Do I like earrings? That is quite a answer. Yes, I like them extremely, but do not think that every woman can wear them, and that is just where she and I disagree; but I have the best of the argument because I know I am right. Since few women know that earrings end to make them look at least ten years older, I feel it is my duty to impart this inpleasing fact. Knowing it, you can judge of my exasperation when I see women who are at "betwixt and between" ages, and who naturally want to look as

earrings into their ears. Next comes the woman with a long, haggard face. Instead of tabooing earrings utterly, which common sense dictates, what does she do but hie her away to a jewelry shop and invest in a pair of earrings about two inches long. Naturally these adornments make her face look twice as long and tired as it was before. The stout woman with a round face is ner, and so it goes.



A Dainty Little Woman's Winter Coat and Bonnet



Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated

Will He Wear It?

with blue eyes and fair complexion. ar In the cold weather my face burns unsultable books are often donated, as for two years, however, this old-time fashion out. It is all right while I am out, what to do for it? Thanking you in BLUE EYES. advance. Yours,

A.-Now if you were only a girl, Blue Eyes, all I'd have to do would be personal question, but I believe I will to tell you to wear a vell when you went outside, and rub some cold cream into the skin at nights. I suppose your pride wouldn't allow you to wear such a feminine article as a veil, but why beneficial effect?

Hallowe'en Party.

Dear Miss Grey-Having read a umn I write to ask if you will be good position. As the buying of meat declines, enough to tell me how to give a Haloung as they can, deliberately putting lowe'en party. We have an old barn which could be used for the affair. SUSIE B. D.

corn stalks and ears on strings and in hand you avoid the rock of divorce, you strings of cranberries and sheaves of all meat-eaters despise-vegetarianism. grain. At one end of the barn a stage And if you insist upon your bacon for tionist could give weird tales. There meal, there'll be all sorts of domestic The foundation extends only as far rings with dangling pendants with scorn could be a sleight-of-hand performdown as the roses on the skirt. A girdle of light blue gauze ribbon, showing tiny crystal drops, is tied in front and finished look fatter and rounder instead of thinbe given. There could be music and, gentler in disposition. of course, it should be in a minor key handkerchief masks. This in itself for an imaginary trip to some favorite will afford a lot of amusement. For supper you might have doughnuts, cider, apples and nuts, or coffee of her pink dress, so you begin the trip apples and nuts.

Kissing Baby.

Dear Miss Grey-I am very much I do not think it is healthful for a to have baby kissed? YOUNG MOTHER.

A .- I think it would be a very proper peanuts." thing for you to do. Promiscuous der no circumstances can it be well for a grownup person's mouth to come into contact with that of a delicate baby. There may be little harm in baby. There may be little harm in kissing baby on the forehead or cheek. A baby is a tempting morsel, and Those Dreaded Chilblains most anyone but a grouch likes to fondle it, but it is just as well to protect baby from injudicious hugging and kissing.

Wedding Announcement. Dear Miss Grey-I should be obliged f you will tell me if wedding announcement cards require an answer.

MARTHA L. A. They need none, though very polite people leave cards or call on the bride's parents within two weeks after from them each winter, try to prevent receiving the announcement. Often their appearing this time by some wise the friends of the newly-married couple answer the announcement card by a brief note of congratulation ad- lation in the soles of the feet by rubressed to the bride or groom. This, bing them for several minutes at evengroom or to both, with some congratulatory words written on it.

CHIT-CHAT

A number of Chicago ladies, residing on the "south side," held a "Book Tea" last week, at which friends were asked to drop in informally for refreshments and chat, and bring with them books (old and time, as all letters have to be answered in turn as they are received.]

new) suitable for distribution in the various charitable institutions. There is ous charitable institutions. There is often a dearth of reading matter among the inmates of homes for aged people, or Dear Miss Grey-I am a young man children's shelters, and under the ordinway into an old ladies' refuge. The results of the "Book Tea" far exceeded all expectations, and a large committee of ladies is now at work sorting the volumes so that they may be easily distributed. Could not an affair of this nature be successfully carried out in other cities than Chicago? say London, for instance.

cently, when he declared that the high chill emanating from the cold paveprice of meat would lessen the number of ments. not see if the cold cream will have a divorces in America. "The eating of position, and quarrelsome people are those who most often get into the divorce come. Both will be stronger. Then will layer of cotton smeared over with zinc they duly be graduated from the animal ointment.

kingdom and its barks and snarls.' Now what will the "beef-eaters" of this A.—You have a capital start. Decorate the barn with autumn boughs, of Scylla and Charybdis. If on the one pumpkin Jack-o'-lanterns, may be drawn into the whirlpool which could be built and from it an elocu- breakfast, and chops for the mid-day

Did you ever feel a loss to entertain or of a ghostly nature. Or you might a convalescing child? If so, here is a spend the evening with Hallowe'en novel plan that may peal to your small tricks, bobbing for apples, telling for- son or daughter, who is restless and tunes, or dancing. The guests should pettish,—get cuddled up "comfy" in the be masked or draped in sheets with big arm chair and take Dorothy or Tom

For instance, Dorothy is especially proud and doughnuts and sandwiches with by saying: "We will put on Dorothy's pink dress and white hat and Dorothy the owner done in raised satin stitch must close her eyes. Now we are ready within. to start—shall we take the car? All right, here it comes—." The story-teller may then mention several places along disturbed by friends who kiss my baby. the route that are of special interest to the child. "Well, here we are at the park, baby to be kissed, especially on the listen to the birdies sing. Do you see mouth, but relatives and friends adthe little chick-a-dee up there? What a mire the baby, and when they kiss pretty song he sings Here's the Zoo. him, although it worries me, I do not Let's visit Mr. Bruin. Doesn't he wear seem to be able to ask them not to a shaggy coat? He looks friendly, and do it. Do you think it would be wrong how quietly he walks, you'd think he wore for me to say that I should prefer not rubber heels like Daddy. Along comes the peanut man. "Yes, one bag please," and now we'll go and feed the monkeys

There is no doubt but that the children will find this a very entertaining method

Now that winter is just approaching let us have a heart-to-heart chat on chilblains, writes Nancy H. Gardiner. This is a somewhat presaic subject, I admit, nevertheless the sufferers from chilblains will welcome this article, as anything that offers them a hope of escape from their infliction will interest them.

Chilblains are far easier to prevent than to cure, so if you suffer regularly

treatment. To begin with, stimulate the circua tonic that will produce heat in the limited.

Big Display of Ready-to-Wear Apparel This Week

This week we are making a special showing of Ready-to-Wear Goods. Ladies' and Misses' Suits and Coats, Children's Coats, Dresses, Waists, Underskirts, etc.; also a special display of autumn's latest models in Millinery. Be sure to pay us a visit. It will pay you.

Pretty American Waists

Just Put Into Stock, Linon, Flannel and Vestings at \$1.00 and \$1.50 Each These very pretty Waists have just been placed in stock,

direct from New York. They represent the latest ideas in Ladies' Waists, neatly designed and well tailored, and are splendid LADIES' DAINTY LINON WAISTS, daintily embroidered on front, French collar and cuffs; sizes 34, 36 and 38. These

are very pretty. At\$1.00 LADIES' TAILORED FLANNEL WAISTS, gray only, very prettily trimmed with red piping, French collar and coat sleeves; sizes 34 to 42, made of good quality French flannel, laced in front. Special value\$1.50

LADIES' TAILORED VESTING WAISTS, with small box pleats in front, French collar and cuffs, very pretty styles; sizes

Ladies' Long-Length Kimonos, \$1.98

Of good quality heavy weight kimono cloths, in pretty Paisley designs and in good colorings, as cardinal, navy and brown effects, nicely trimmed with satin ribbon, all sizes. Special price...\$1.98

Broadcloth for Evening Wraps

48-inch Broadcloths, all pure wool with chiffon finish, in fawn, alice blue, scarlet

52-inch Chiffon Broadcloths, all pure wool, very fine quality, in rose, linden green, scarlet, alice and light blue. Our price, yard\$1.75

Embroidery Work

STAMPED PILLOW CASES, in hemstitched style or with ends stamped for scalloping. A large assortment of very good patterns just received. These will not last

STAMPED TOWELS—All linen, very fine huck, sizes 25x44-inch, hemstitched ends.

PLAIN HEMSTITCHED LINENS FOR STAMPING, in tray cloths, centre pieces, dresser and sideboard scarfs, stand covers, shams and tea cloths.

Embroidery Book

Get the new Ladies' Home Journal Embroidery Book; the newest and best ideas for Christmas gifts. Price25¢

DRYGOODS, MILLINERY, LADIES' READY-TO-

body. You will get good results from malt preparations, cod liver oil

milk. Then, of course, you must endeavor in every way to keep the feet warm. It is a good idea for the sufferer from chilblains to wear heavy woollen stockings and extremely thick-soled shoes, a new note on the divorce question re-

Now you know what you must do to flesh foods produces a quarrelsome dis- prevent the return of the chilblains, but in those cases where the pests are already with you, the only thing for courts," states Dr. Kress. "There are you to do is to continue the internal mineral poisons in meat; they sour a dis- ang external treatment spoken of above, and in addition to this cover the soles of the feet each night with a

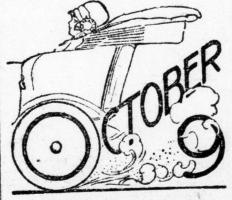
> New Candle Shades A hint to the housewife is to keep the lace covers on candle shades separate from the lining so they can be laundered easily. They are quickly tacked to the

of green, white, pink, blue, red and yellow, and costs about 40 cents apiece. Another cover for these linings is the lingerie one made of sheer white linen, embroidered in mercerized cotton in eyelet designs. A distinctive set has a fine buttonholed scallop at top and bottom, a bunch of conventionalized forget-menots at one side and on the other a medalion in eyelet work with the monogram of

A popular shade is made of overlapping silk petals with bead fringe. These come in green, yellow, red, old rose, blue and power bulbs.

For the bedroom use a pretty shade is made of the quaint English The chintz or a rather thin cretonne. heading at top and bottom is of guimpe in harmonizing tone, or the guimpe may be used at the top only and a cotton ball fringe at the bottom.

The Birthday Calendar



IF THIS IS YOUR BIRTHDAY

A pleasant and profitable journey is indicated for you and general good forof course, can be done only when the tide with either turpentine or camture will be yours for the coming year.

Those born today will have enthusiasm the born today will have enthusiasm the coming year. Those born today will have enthusiasm when announcement cards are received a visiting card is sent to the bride or With this treatment take a diet or to guard them their possibilities are un-

Being Housed-Up This Fall Weather Causes Headaches OMOND'S HEADACHE POWDERS

CURE IT.

PERCIVAL. Richmond Cor. Central Phone 1261

TWENTY-FIVE CENTS. Wortley Road, cor. Craig Phone 1920

OMOND, 468 Dundas

THE PROGRESSIVE DRUGGISTS.

Antidotes For Common Poisons

Here are some of the more common each, in a coffee cup of WARM water. Follow with sweet oil, butter made warm

vinegar or lemon juice in it. ACIDS—These cause great heat and with an emetic first. Then dash cold sensation of burning pain from the water on the head and give ammonia linen or silk lining with bead fringe and mouth down to the stomach. The rem- (spirits of hartshorn). mica lined, that comes in various shades edies are-magnesia, soda, pearl ash, or soap dissolved in water, every two min- PETRE, BLUE VITROL, BEDBUG

vinegar.

ARSENIC—First give a prompt emetic draughts of milk.

are most likely to be on hand in case or milk. It is also proper to use the white of an egg in half a cupful of milk need.

ALKALI—Drink freely of water with or limewater. ALCOHOL—Cleanse out the stomach

of mustard and salt, a tablespoonful of

CORROSIVE SUBLIMATE, SALTutes. Then use the stomach pump or an POISON—Give white of egg freshly mixed with water, in large quantities, or give AMMONIA-Remedy is lemon juice or , wheat flour and water, or soap and water freely, or salt and water, or large

The Alluring Veil

The woman who dotes on shopping is sure to be allured to the veil counter. When the most strenuous shopper can think of nothing else to buy, there is always the veil. The magpie effects in veils are the leaders today. They are not new, but they are becoming. There is somethe electric shade made to fit 16-candle thing softening and youth-producing in these veils of black and white. They may be white, with a faint tracery of design in a black thread, or they may be black with the design sketched in with a white thread. The former, however, are, as a extending this quince flavor it is best to rule, more becoming than the latter.

The latest novelty in the way of veiling is the so-called vanity veil. The mesh of this veil is plain or fancy, as you desire, and there is one small chenille figure to lend a startling effect to the right check. They are not as bizarre as they may ound, and are quite reasonable.

The woman on a hunt for a motor vell will find a convenient one of chiffon, which is arranged to cling to the brim of the hat by the elastic in the shirring at

ground the neck. These veils come in all colors and are really quite "dressy." For the motorist who likes to see through her veil there is a veil of chiffon consistency with a window of fancy mesh peaches and pears are, the pieces become set in right over the eye space. They are like shriveled leather before really being much more becoming than the veil with isinglass openings; in fact, they are very first in barely enough water to cover.

SOREST CORN REMOVED

Extractor sells so well. You see, it is cooked until they can be pierced with a different from any other remedy you have ever used. Does not merely rehave ever used. Does not merely relieve the pain temporarily, but is guaranteed to remove the meanest sorest corn or callous, no matter how long it has bothered you. Get a 25c bottle of "Putnam's," today, and prove it. The name tells the story — Putnam's Painless Corn and Wart Extractor, which is sold by druggists.

Mrs. Winslow's Soothing Syrup has been used for over SINTY YEARS by MILLIONS OF MOTHERS for their CHILDREN WHILE TEETHING, with PERFECT SUCCESS. IT SOOTHES THE CHILD. SOFTENS THE GUMS, ALLAYS ALL PAIN, CURES WIND COLIC, and is the best remedy for diarrhoea. Sold all over the world.

Quince Recipes

it is supposed to be the golden apple of the ancients. Nowadays we only use it for preserves and jellies, but formerly it was baked and stewed. On the whole, it is an economical fru

for our modern purposes, because there is so little of it wasted in using and because its flavor may be a good deal extended, being exceptionally strong. In use sweet apples with it for preserves, but sour ones for jellies.

The quince that comes into the market is likely to be wormy and corky, and harder to cook than the better ones. It requires a good deal of skill to cook quince preserves just right. If you cook them too much they are red instead of a beautiful salmon shade, and they become the top. The pleated frill at the bottom shrivelled, dry, and tart, even in the of the veil acts as a pretty pleated collar sweetest syrup, instead of full, and mealy, and sweet.

The most essential thing about the ooking is the first process. If quinces are put directly into the syrup, as cookd through. They must be cooked If they are to be mixed with apples they must be cooked more than the apple. In this case they should be put on in water WITHOUT PAIN, QUICKLY to cover, and cooked until nearly tender, No wonder Putnam's Painless Corn when the apples may be added and all