

VITAMINS

It was while experimenting with cod-liver oil to unlock the secret of its wonderful health-building virtues, that the basis of its great helpfulness to mankind, the vitamins, was discovered.

Scott's Emulsion

needs no introduction to the millions who during fifty years past have been helped to strength and better health.

Scott's Emulsion, the great strength-maker, serves millions of children and adults regularly. Why not you?

Scott & Bowne, Toronto, Ont.



West Hastings By Election On November 25

The by-election in the federal constituency of West Hastings, Ont. will be held on November 25; writes for the by-election having been issued. Nominations will be held on November 11. The vacancy in West Hastings resulted from the resignation of G. Porter growing out of his charges against Hon. James Murdock in connection with the failure of the Home Bank.

Ex-Mayor, Charles E. Hanna of Belleville has been nominated by the Liberals.

D. E. Galloway Assistant Vice President, C. N. R.

Montreal, Oct. 14—D. E. Galloway has been appointed assistant vice president in charge of a number of subsidiary companies of the Canadian National Railways. Mr. Galloway has been succeeded as chief assistant to the President, Sir Henry Thornton, by L. V. Hummel, formerly assistant Chief of Transportation.

The subsidiary companies which will come under Mr. Galloway's charge and the officers of which will report directly to him are:—Montreal and Southern Counties Railway; Niagara; St. Catharines and Toronto Railway; Niagara; St. Catharines and Toronto Navigation Company; Toronto Suburban Railway; Toronto Eastern Railway; Oshawa Railway; Thousand Islands Railway and the Rail and River Coal Company.

Mr. Galloway is a native of Hamilton and joined the Grand Trunk Railway in a clerical capacity in that city in 1901.

Shipping Experts To Go With Low To West Indies

With the sole purpose of holding out to the West Indies "the big hand of friendship" a trade delegation consisting of Hon. T.A. Low, Minister of Trade and Commerce, H. J. Logan, M.P., and several experts in tariff and shipping matters, altogether 10 or 12 will leave Halifax within the next few weeks and after spending the winter in the south, will return to Ottawa about February 1st, according to a statement made by Mr. Logan in addressing the Halifax Commercial Club.

The delegation, Mr. Logan stressed aims solely at creating of better relations between the two countries. Mr. Logan spoke of the vast possibilities for increased trade and explored the fact that we have but two trade commissioners among 1,000,000,000 people whereas the United States has over 70.

He expressed disagreement with the rulings of the civil service commission which require trade commissioners to be under 32 years of age and university graduates. He said he would rather have as a trade commissioner a well experienced commercial traveler than a university graduate hung with gold medals who was not otherwise qualified for the position.

Mr. Logan sharply criticized the present agreement relative to steamship service between Canada and the West Indies. While a bi-weekly service of 10 knots had been promised in the agreement, the boat he sailed south on last winter did not travel seven knots and the Government itself was advertising sailings but every three weeks.

"If we had violated a treaty with a foreign country," declared Mr. Logan "as we have violated our trade treaty with our brother Britishers, it would be almost casus belli."

Mr. Logan remarking that he was for freer trade with the West Indies closed with an appeal for whatever will strengthen the good will and stimulate trade between the two countries. The United States has been concerned about trade knowing that the trade would get ships, while Canada has thought about the ships and forgotten about the cargoes.



A Finer, Stronger FURNACE



The Improved Cumberland is beautifully built of smooth, flawless castings, from the same material used in Beaver Brand Enamel.

It is the heaviest furnace on the market as well built stronger to last longer.

The Pipeless Model is the last word in a heating plant for homes, halls, churches and similar buildings. Burns hard or soft coal or wood. Easiest and least expensive to install. Simplest and most economical to operate.

Send for informing circular.

Amherst Foundry Co.
LTD
AMHERST, N. S.
Makers of the most rugged furnaces:

IMPROVED CUMBERLAND FURNACES

Pipe and Pipeless, Coal and Wood

B. F. MALTBY, Dealer Newcastle, N. B.

Do Your Children Grow Fast Enough?

Are They Sturdy, Healthy, and Strong, or Pale, Weak and Run Down?

Growing children need a great deal of food, and sometimes they will not eat the kind of food that they need for strength—then they become thin, pale, and run down.



This condition of undernourishment can be corrected by taking Father John's Medicine which does contain just the food elements such children need, and that is why so many children gain weight regularly while they are taking this old-fashioned family medicine.

Father John's Medicine is an expertly blended preparation of cod liver oil with other ingredients in such a way that its food elements can be easily taken up by those who are weakened and run down. Your friends and neighbors know its value. Thousands of mothers depend upon it to keep their children well and strong.

DECLARATION OF R. L. CALDER, K. C.

Montreal, Oct. 6—"I think the people of Canada might do many more foolish things than take such action as would let the government know that it is the servant of the law and not its master." This was the declaration of R. L. Calder, K.C., Crown Prosecutor in the course of an address delivered here this evening. "Too many people in politics today," he continued "are content to lash the rudder to the mast and let the ship go right ahead, right or wrong. The first step in practical politics as I see it," he said "is to make all governments realize that the people are masters until they cast their ballots. After that they become mere servants while their masters do not even try to do what they bound themselves to do."

Governments today, argued Mr. Calder, were carried on not by kings, but by the civil service, in other words by Babus and bureaucrats, the permanent officials of the service. He instanced cases in which the effect of a statute of King Edward I—that to sue the Crown for redress of wrong was a matter of privilege—had helped such bureaucrats to give rulings according to law, but utterly discordant with modern ideas of right.

Under the same law, he said there were today about 50,000 returned soldiers in Canada simmering with indignation, because the promises made to them when they were needed at the front had not been implemented, and this same ancient statute was used as a reason why the Crown should refuse to carry out its promises.

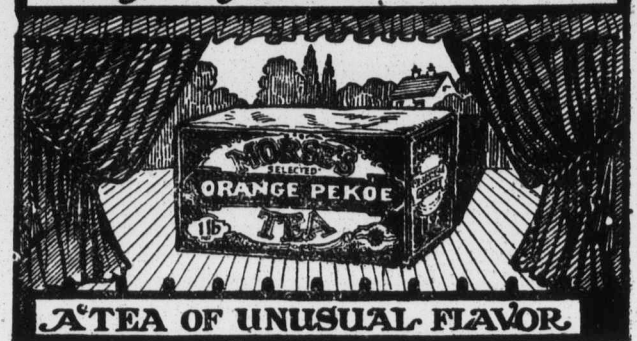
Mr. Calder discussed Canada's immigration policy, starting with Howe and the ideals of Confederation, which he considered had led to the emigration problem with the cultivation of the idea that Canada only began west of Fort William. He urged that it was a mistake to bring in Hebrideans, with their hereditary love of the sod, and plant them on the prairies. They could be pumped in he said, but they would also go out and so the whole thing would mean failure as far as the country was concerned. "If you want to make population," he declared "fill the east until it overflows into the west, and then you will get a population throughout the country that is used to our needs and can sell them."

KINDLY REMIT YOUR SUBSCRIPTION TO THE ADVOCATE

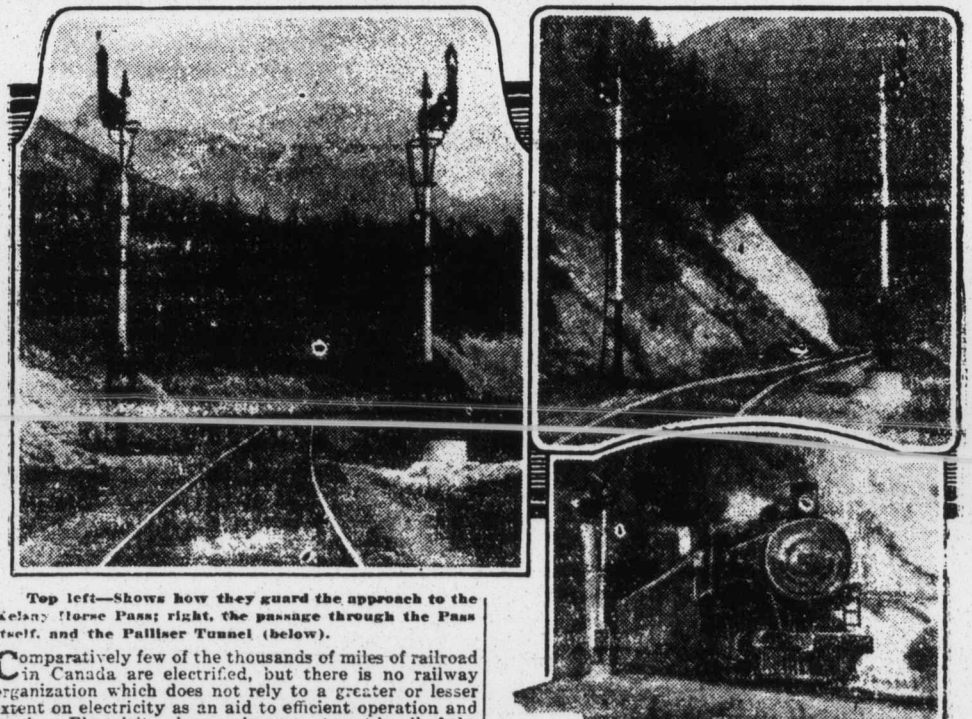
GASOLINE PRICES

Gasoline has taken another drop. This will be good news for all those using the somewhat precious fluid. It is difficult to understand with but a trifling charge upon gasoline for entering Canada, there should be such a difference in the price in the United States and this country. Transportation has no doubt something to do with it, but water transportation for gasoline is very reasonable and it might be well for the Automobile Association to investigate on behalf of car owners, just what is the reason for the difference.

A recognized favorite with Everybody, when once tried



Watchmen Who Never Sleep



Top left—Shows how they guard the approach to the Kelso (Horse Pass); right, the passage through the Pass itself, and the Palliser Tunnel (below).

Comparatively few of the thousands of miles of railroad in Canada are electrified, but there is no railway organization which does not rely to a greater or lesser extent on electricity as an aid to efficient operation and service. Electricity plays an important part in all of the great Railroad Shops through the country. Some trains and cars are operated by power directly transmitted or stored in batteries. Bridges are operated, and a thousand and one electrical devices are in constant use which beside being labor saving do away with the human element which might make for inefficiency. Numbered among these are the automatic Block Signals which one finds distributed along the line of the Canadian Pacific, and notices particularly in the Rocky Mountain passes where they are more urgently required.

To the average layman an automatic signal is just a signal, and the general public is only interested in it because it gives added protection, or rather eliminates possible danger from the portion of track which it governs. To the railroad official it is more. It acts as watchman against broken rails, open switches, a fouled track or any

other obstruction. Through a circuit in the rail this is accomplished, and if the circuit is broken, for the reason that another train is occupying the block, or that there is an open switch, a broken rail, washout or other obstruction, then the train approaching the signal may not pass. And while it awaits a through signal, trains following in the rear may not approach for the reason that they are also stopped by an automatic signal which will not release them until the preceding train has passed from that section of the track which they desire to enter. A perfect system. No electrical circuit—no through signal—no train may pass.

The value of this system in the Rockies can hardly be over-estimated. Not only is labor saved, but the company is able to ensure absolute protection.

PRINCE OF WALES AT JASPER PARK



During his trip over the line of the Canadian National Railway to the Pacific Coast, His Royal Highness the Prince of Wales paid a visit to Jasper National Park, Alberta, the largest national park in the world. The lower left-hand picture shows the Prince chatting with Colonel Maynard Rogers, Superintendent of the Park, beside Jasper's famous totem pole. In the circle on the right he is seen meeting Major Ritchie, who commands the Royal Canadian Mounted Police in the district which extends from Edmonton to Hopedale. The Prince of Wales is Honorary Colonel of this famous police force. At the top is a general view of Jasper Park Lodge on the shores of Lac Beauport, which the Prince visited, and where he was entertained by officers of the Canadian National Railway.