

A LIFETIME OF SICKNESS

Worn Out, Thin and Miserable Until She Took "Fruit-a-tives"

Palmerston, June 20th, 1914.
 "Stomach Trouble and Distressing Headaches nearly drove me wild. Some time ago, I got a box of 'Fruit-a-tives,' your famous fruit medicine, and they completely relieved me. To-day I am feeling fine and a physician, meeting me on the street, asked the reason for my improved appearance. I said, 'I am taking Fruit-a-tives.' He said, 'If Fruit-a-tives make you look so well, go ahead and take them. They are doing more for you than I can.'"
 Mrs. H. S. WILLIAMS.
 Box, a box, 6 for \$2.50, trial size 25c. At dealers or sent prepaid by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
 Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
 Motto—For God and Home and Native Land.
 Badge—A knot of White Ribbon.
 Watchword—Agitate, educate, or give.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
 1st Vice President—Mrs. G. Cullen.
 2nd Vice President—Mrs. R. Reid.
 3rd Vice President—Mrs. Geo. Fitch.
 Recording Secy.—Mrs. W. O. Taylor.
 Cor. Secretary—Mrs. L. E. Duncan.
 Treasurer—Mrs. H. Pines.
 SUPERINTENDENTS.
 Labrador Work—Mrs. Fiebling.
 Lumbermen—Mrs. J. Kempton.
 Willard Home—Mrs. M. Freeman.
 Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
 Evangelistic—Mrs. Purves Smith.

Day by Day.

Live day by day.
 I heard a voice at evening softly say:
 Best not thy yesterday into tomorrow;
 Nor load this week with last week's load of sorrow.
 Lift all thy burdens as they come, nor try
 To weight the present with the bygone and by.

One step and then another take thy way—
 Live day by day.
 Live day by day.

Though autumn leaves are withering round thy way,
 Walk in the sunshine, it is all for thee,
 Push straight ahead, as long as thou canst see.

Dread not the winter whither thou mayest go;
 But, when it comes, be thankful for the snow.
 Onward and upward. Look and smile and pray—
 Live day by day.

—Atlantic Monthly.

The office of an Ontario paper—the Acton Free Press—was attacked recently, the plate glass front being destroyed by a fusillade of empty liquor bottles. The Free Press has steadily and courageously fought the liquor trade, and in the local opinion contest, the victory for temperance was due in a large measure to the influence of the paper. The editor is, therefore, well hated by the liquor men, who vent their hate in the destruction of his property. In Dallas, Texas, on August the home of Dr. J. B. Gambrell, editor of the Baptist Standard, was burned. He is a vigorous, outspoken opponent of the liquor traffic. Recently a man, not now in the state, confessed that he was paid \$100 by the liquor traffic men to fire Dr. Gambrell's house. They are the same conscienceless, vindictive, criminal gang, whether in Canada or the United States, or anywhere in the world.

WOMAN IN TERRIBLE STATE

Finds Help in Lydia E. Pinkham's Vegetable Compound.

Cape Wolfe, Canada.—"Last March I was a complete wreck. I had given up all hope of getting better or living any length of time, as I was such a sufferer from female troubles. But I took Lydia E. Pinkham's Vegetable Compound, and today I am in good health and have a pair of twin boys two months old and growing finely. I surprised doctors and neighbors for they all know what a wreck I was."
 "Now I am healthy, happy and hearty, and owe it all to Lydia E. Pinkham's remedies. You may publish this letter if you like. I think if more women used your remedies they would have better health."—Mrs. J. T. Cook, Lot No. 7, Cape Wolfe, P. E. I., Canada.
 Because your case is a difficult one, and doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. It is a record of constant victory over the obstinate ills of women—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?
 Minard's Linctum Cures Diphtheria any.

FAMOUS ACTRESS' SON AND HUSBAND AT WAR

Mrs. Patrick Campbell (Mrs. George Cornwallis-West) thinks the hardest part of war falls upon women, because they have to do the waiting—always with anxiety haunting them.

"It is all very well to insist that we are a nation of stoics and to go about our business and our amusements just as though there was no war. I say, it is all very well to talk that way, and no doubt there is a good deal of bravado in taking such an attitude, but for myself I can find no part in the life of London in the strange conditions in which I should be compelled to remain. I am proud to know that my husband and my son are doing their duty as soldiers, but I would like to be doing something myself."

THE START OF THE QUARREL

Remarkable Snapshot Shows King Edward and Kaiser in Angry Mood

"I call the picture 'The Beginning of the War.' It is how Sir Herbert Tree describes a remarkable photograph which he possesses illustrating a quarrel between the late King Edward and the Kaiser Wilhelm several years ago. The origin of the quarrel is not divulged, but Mr. Bassett, the London correspondent of the Petit Parisien, relates how he first saw this snapshot, 'taken five or six years ago, when King Edward VII, irritated by certain underhand tricks on the part of his nephew, found it necessary to tell Wilhelm II. what he thought of him fairly sharply. The indiscreet photograph shows the end of the scene. The two sovereigns had been talking in a corner of the garden, and after a discussion, which seems to have been very heated, King Edward has turned brusquely away, called his dogs to heel, and, obviously displeased has refused to hear another word. The Kaiser, looking thoroughly ashamed of himself is trying to detain him, his hands outstretched in supplication. . . . I have never seen such a striking and prophetic picture."

Sir Herbert Tree got the photograph in Homburg in 1909 from a certain prominent person who witnessed the royal quarrel. It may well be that that quarrel sowed the seeds of the Kaiser's anger that has attained such monstrous growth since the war began.

Dogs and Spies

A French officer, wounded in the fighting near Apremont, stated that at the beginning of the war a number of pet dogs who had belonged to "visitors" got left behind. The unhappy animals were cared for by the inhabitants, or by the French troops occupying the villages. But presently it was noticed that these dogs one by one disappeared, and their disappearance was speedily followed by "regrettable incidents."

In consequence there was a dog hunt and several which were shot as they trotted down the frontier roads were found to bear messages from spies amongst the French inhabitants.

Japan's navy has had a larger war experience than any other fleet.

HAVOC OF "COAL BOXES"

Superhuman Courage Needed to Face These Great Exploding Shells

Gunner Charles O'Brien, 56th Battery, R.F.A., who was wounded in the leg at Ypres, and is now in hospital at Southsea, tells of the terrible experience under fire from the German heavy guns. In a letter to his brother, Gunner O'Brien, who is only eight-and-a-half years of age, writes:

"We went into action at Ypres from behind a small forest, as we thought, unobserved. We had been there only half an hour when the sausages found us with their shrapnel. I tell you it was horrible. We couldn't stir an inch without their seeing us, and then they sent over six shells at a time."

"On our third day in this position we found the German guns and put to them. Of course, we fell on top of that we were all right after all. Well, we lived in a fool's paradise until the seventh day, when all of a sudden we heard a sound like a motor car coming up a steep hill. We knew that it was, and everybody promptly dashed for the gun pits, and then they arrived, four of 'em—heavy coal boxes."

"Even the sound of a coal box bursting 300 yards away simply terrifies you, while at 100 yards the explosion is absolutely deafening. Well, these four burst about 20 yards behind the battery! We all trembled. Twenty seconds later another four shells burst five yards in front of the battery. There were three of us in our gun pit, and the shock threw us off our feet. The man who fell on top of us got hit in the head. He was the first to go. Then the Hans burst four more on us, and three of our guns were smashed, two men killed and about fourteen wounded. They kept us in mark like that for about twenty minutes and then went off to another unfortunate battery."

"When we ventured out we found the dead and wounded all over the place. One poor chap had one of his legs blown about three yards away while the call of his other leg was blown about ten yards away. I was struck later in the leg. It is a rash wound above the knee, and I hope it will be healed in about six weeks."

THE DUKE'S MESSAGE

"I would bid the people of Canada to be of good cheer. This is a time for courage and confident belief that the resources of the Dominion are equal to every stress which we may be called upon to meet. The present struggle has dislocated industry throughout the world, but it has also given great opportunities. The people of Canada should avail themselves of these. A better and wider market for food products is certain for some time to come at good prices, and Canada should increase as much as possible the area of cultivation, in order to profit thereby. This must necessarily tend to give an impetus to agriculture, the great basic industry of the country which will not only maintain, but strengthen our resources. Again, the Dominion can undertake the manufacture of many articles not hitherto made in Canada and thus do much to supply employment for those artisans and laborers who are temporarily out of work owing to the changes brought about by the war."
 H. R. H. Duke of Connaught.

Fate Refused Sacrifice

Lieutenant Pottinger and his section of Royal Engineers were attempting to blow up a bridge under fire. They laid the charge, and the section retired. The lieutenant and the sapper remained behind to light the fuse, but the charge, for some reason, did not explode.

The sapper fired ten rounds of ammunition at the charge—all without success. Then Lieutenant Pottinger said, "I'll make the thing go off!"

He shook hands with the sapper, after which he stepped towards the bridge. When on the bridge, he put the muzzle of his revolver into the charge and fired all six cartridges.

Even then the charge did not go off, and the men had to flee, leaving the bridge intact. Had the charge gone off, the young lieutenant would have been blown to atoms, while the Germans would have been robbed of an easy crossing.

The Grand Duchy of Luxemburg

covers about 1,600 square miles, and has a population of 260,000. The Grand Duchess Marie Adelaide is twenty years old, and came to the throne in 1912.

It's almost as bad to say mean things as it is to do them.

Borrowed umbrellas cast a shadow of suspicion.

Keep yourself innocent if you would be happy.

Keep good company or none. Never be idle.

MINARD'S LINCTUM CO., Limited.

GENTLEMEN—In July 1905 I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for four months. In Sept., 1906, Mr. Wm. Outridge of Lachine used me to try MINARD'S LINCTUM which I did with the most satisfactory results and today I am as well as ever in my life.
 Yours sincerely,
 MATTHEW BAINES, (his mark.)

Never borrow if you can possibly avoid it.

Always speak the truth. Make few promises.

DR. A. W. CHASE'S CATARRH POWDER 25c.

is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, cleans the passages, stops dripping in the throat and purges the bowels. Cures Catarrh and Hay Fever. Use a hot blower free. Accept no substitution. All dealers or Minard's, Bates & Co., Limited, Toronto.

Signs of Kidney Trouble.

In the early stages kidney troubles are known by backaches and urinary disorders. Later come dropsy, stings, rheumatic pains and perhaps diabetes. But don't wait for these. Dr. Chase's Kidney-Liver Pills will help you in a few hours. Their thorough action on the liver, kidney and bowels will clear away the pains and aches and make you well again.

Live up to your engagements. Run money before you spend it. Keep your own secrets if you have any.

HARD CHRONIC COUGH

Made Well by Delicious Vinol

Crestline, Ohio.—"I contracted a hard, chronic cough, and I was weak, nervous and run down. I have a small family of three, and it was hard for me to do my work. I took different medicines without benefit. Finally I heard about Vinol, and it has restored me to health and strength, my cough is all gone and I feel fine."—Mrs. H. H. CARLISLE.
 We guarantee Vinol, our delicious cod liver and iron tonic without oil, for chronic coughs and colds, and for all weak, nervous, run-down conditions.
 A. V. Hand, Druggist, Wolfville, N. S.

Professional Cards.

DENTISTRY.

Dr. A. J. McKenna
 Graduate of Philadelphia Dental College
 Office in McKenna Block, Wolfville.
 Telephone No. 43.
 E. F. Gas Administration.

C. E. Avery deWitt
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 Office hours: 8-10 a. m., 1-3, 7-9 p. m. Throat work a specialty.
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 Monday Excepted. Telephone 163.
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DOMINION ATLANTIC RY

ST. JOHN AND DIGBY
 Daily Service (Sunday Excepted)
 Canadian Pacific Railway S. S. "Yarmouth" leaves St. John 7:00 a. m., arriving Digby about 10:15 a. m. Leaves Digby 1:20 p. m., arriving St. John 5:00 p. m., making connection at St. John with trains of Canadian Pacific Ry. for Montreal and the West.

Boston Service
 Express train leaving at 3:54 a. m. for Yarmouth connecting with the Dominion of the Boston & Yarmouth S. S. Co. Ltd., sailing Wednesday and Saturday for Boston.

Buffet parlors run each way, daily, except Sunday, on Mail Express trains between Halifax and Yarmouth.

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E. S. PETERS

wishes to announce that he is now delivering all kinds of

MEATS

Orders sent to Cor. Gasperau avenue and Prospect street promptly and carefully filled.

Phone No. 124.

COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL, Burgess & Co.

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the Building Material that has stood the test of time.

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at fair living prices. 36 Gm Shaw's Brick and Tile Works AVONPORT

Fine Property for Sale

Consisting of a Large, Convenient House with Big Veranda; House at most new. Also Barn with Carriage House, Stable and Manure Shed and Pig Pen combined. Two and one half acres of Land in good order; all set with Fruit Trees, including Pears, Plums and Apples. 10 minutes walk to Acadia Hotel, School, Station or Post Office. For further particulars and terms apply to
 E. L. POWERS,
 Box 102, Highland Avenue, Wolfville.

MAKING A WILL

Making a will is a simple thing to do but, like most simple things, it should be done properly to safeguard the important matters of the future. In Toronto the danger of using a printed form in making a will was illustrated in a case in which Mr. Justice Middleton declared an intestacy. He had been asked to interpret what purported to be the will of a deceased lady. The will was made on what apparently was an adaptation of a Scotch will form. "In the case in hand it may be that the testatrix intended to give everything to her mother," remarked Mr. Justice Middleton, "but she has not said so."

In the bank where the name of the beneficiary and the property to be conveyed should be placed, all that was written was "Everything I have, clothes, money, etc." No name which appeared in the will, besides the signature of the testatrix, was the deceased woman's mother, who was named as executrix. Judge Middleton held that there was an intestacy as to the estate.

THE "MOVIE" BUSINESS

How the Financial End is Managed—Big "ums Change Hands

The cost of producing a moving picture feature may be anything from \$10,000 to \$50,000. The picture is sold to the Exchange men, for various sums ranging from \$5,000 per foot and upwards to 10c or 15c per foot. Of course, these prices are realized several times over. For instance, the rights are sold to one man in one State of the American Union and to another in another; to one man in the East of Canada, and to another in the West.

Then the "movie" houses buy from the exchanges. The house which buys the first run in a big city like Toronto has to pay a big price, as much as \$100 a day for a production of unusual interest. After a first run, a second run in a big city is generally considered a good purchase, as the first run has added greatly to the advertising of the feature. A second run of a picture for which \$100 a day has been paid for the first run would fetch \$150 for three days, a third run \$75, or perhaps less, for three days. Then the production falls to the smaller houses at \$10 to \$15 a day in the city. Out-of-town runs are usually paid according to the capacity of the house, or they are sometimes played on a percentage basis.

A Lumberman's Opinion.

"I was troubled with palpitation of the heart and insomnia," writes Mr. Wm. Pritchard, lumber inspector, Lunden Mills, Ont., "and used Dr. Chase's Nerve Food with very great benefit, as my whole system was strengthened and built up." Dr. Chase's Nerve Food forms new, rich blood and restores the wasted nerve cells.

The "Teddy Bear" has come and gone. From watch chains and fobs there dangles no longer the little grizzly growler, but in a number of cities in the United States they have been replaced by the "British Bull-Dog," small "bulls" in gold, silver, glass or composition now ornament the fobs, watchchains or coat lapels of the children of the United States.

A little boy only six years old boasted that he worked in a blacksmith shop.

What do you do there? he was asked. Do you shoo horses?

No, sir, he answered promptly. I shoo flies.

Blessed is the peacemaker if he keep at a safe distance.

It is useless to waste hints on narrow-minded people.



May be the dough had forgotten to rise.
 Or had risen quickly overnight and fallen again—
 To rise nevermore.
 'Twas weak flour, of course.
 Meaning weak in gluten.
 But FIVE ROSES is strong, unusually strong.
 With that glutinous strength which compels it to rise to your surprised delight.
 Stays risen too.
 Being coherent, elastic.
 And the dough feels springy under your hand.
 Squeaks and cracks as you work it.
 Feel the feel of a FIVE ROSES dough.
 Note the wonderful smooth texture—soft—substy.
 Great is the bread born of such dough—
 Your dough!
 Try this good flour.

Five Roses Flour

Not Bleached Not Blended

MADE IN THE GOOD OLD FASHIONED MANNER, CANADA, QUEBEC

FOR SALE BY T. L. HARVEY



DON'T SET THE CART BEFORE THE HORSE.

The cart is your business, the horse to pull the load is advertising. Some merchants say "I will advertise when business is better. I cannot afford it now." That is setting the cart before the horse. The way to make business better is to advertise. Advertising really costs nothing, because it more than pays for itself if done wisely and well. Persistent Advertising Pays.

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Symbol of Music



Trade mark of quality

Columbia Grafonolas and records

PUBLIC NOTICE.

The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in thus trespassing will be prosecuted without further notice.
 EVANGELINE D. BOWLES,
 Wolfville, Sept. 14th, 1915.

Yarmouth Line

Steamship Prince George

Leaves Yarmouth Wednesday and Saturday at 7 P. M. Returns, leaves Central Wharf, Boston, Tuesday and Friday, at 11 P. M.
 Tickets and Staterooms at Wharf Office.
 A. E. Williams, Agent,
 Yarmouth, N. S.
 BOSTON & YARMOUTH STEAMSHIP CO., Ltd.

H. E. BORN

Fine Ladies' Tailoring

Suits Coats Skirts

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Latest Styles Perfect Workmanship Superior Materials

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Repairing of Boots and Shoes of all Kinds

Has resumed business at the old stand in his new building.

Orders Solicited and Carefully Executed.

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