



A Breakfast Food That Makes Vitality Quick as Lightning's Flash

DENTAL.

A. A. HICKS, D. D. S.—Honor graduate of Philadelphia Dental College and Hospital of Oral Surgery, Philadelphia, Pa., also honor graduate of Royal College of Dental Surgeons, Toronto. Office over Turner's drug store, 26 Rutherford Block.

LODGES.

WELLINGTON Lodge No. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month in the Masonic Hall, Fifth St., at 7:30 p. m. Visiting brethren heartily welcomed.

J. S. BLACK, W. M.
ALEX. GREGORY, Sec.

ANCIENT ORDER UNITED WORKMEN.

A very interesting and instructive District meeting was held on Friday evening, 15th inst., in Thamesville lodge room. There was a large attendance of enthusiastic Brethren, including Organizer Kelly and D. D. G. M. Finnegan. A report of this meeting will be given Friday evening by delegates P. M. Ryan and P. M. Gray after the initiations are over. Every Ancient Workman should hear this report.

Any Brethren having names of intending candidates please give them in Friday evening.

Visiting Brethren heartily welcome.
W. G. ARNOLD, J. R. SNELL,
Master Workman, Recorder.

LEGAL.

J. B. RANKIN, K. C.—Barrister, Notary Public, etc., Victoria Block, Chatham.

W. F. SMITH—Barrister, Solicitor, etc., Office, King Street, west of the Market. Money to loan on Mortgage.

J. B. O'LEARY—Barrister, Solicitor, etc., Conveyancer, Notary Public, Office, King Street, opposite Manahan's Bank, Chatham, Ont.

SMITH & GOSNELL—Barristers, Solicitors, etc., Harrison Hall, Chatham; Terborgh, D. Smith, County Crown Attorney; R. L. Gosnell.

WILSON, PIKE & GUNDY—Barristers, Solicitors of the Supreme Court, Notaries Public, etc. Money to loan on Mortgages, at lowest rates. Office, Fifth Street, Matthew Wilson, K. C., W. E. Gundy, J. M. Pike.

HOUSTON, STONE & SCANE—Barristers, Solicitors, Conveyancers, Notaries Public, etc. Private funds to loan at lowest current rates. Office, Scane's Block, King Street.
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COLLEGES.

The Best
It Will Pay You Best in the End
CANADA BUSINESS COLLEGE,
Chatham, Ont.

Has issued its annual list of students placed during last year. The number is 300. What do you think of it? The number for the year preceding that, 220.

Does this magnificent showing and increasing demand not tell you something?

Full term opens Tuesday, September 2nd. If interested, write for list and handsome catalogue.
D. McLAUGHLIN & CO., Chatham, Ont.

Summer Session

From July 7th

next will be held in connection with the regular work of each Department of the

CENTRAL BUSINESS

COLLEGE, Toronto

Special Courses in Accounting, Shorthand, Typewriting, Penmanship, Etc.

No Vacations. Students may register for a full or partial course at any time. Circulars free. Address

W. H. SHAW, Principal,
Yonge and Gerard Sts.
Toronto Write for particulars.

Money to Loan

—ON MORTGAGES—
4-1-2 and 5 per cent.

Liberal Terms and privileges to borrowers Apply to

LEWIS & RICHARDS

WHEN A BOAT TIPS OVER.

It Is Well for Women to Know What to Do in an Emergency.

On the question discussed at the public bath, whether a girl's skirts if she fell overboard would buoy her up or drag her down there seemed to be a division of opinion. Finally, it was agreed that they might buoy her up for a few seconds, until the air that was in them escaped, but as soon as they were wet they would tend to drag her down, and make swimming practically impossible. Of course, how soon they got wet would depend on the material of which they were made. Miss Clark, the teacher, pointed out that when a woman diverged into the water the air under her bathing skirt formed a big bubble which hampered, a swimmer, so that she reached back and pressed it out as soon as possible. But this same bubble would undoubtedly tend to buoy up a non-swimmer for an infinitesimal space of time. On the other hand, this air chamber lasted much longer in a wet bathing suit than in a dry one, for in the former the pores of the material were to a certain extent filled with water and the air escaped slowly.

The suggestion of an undressing drill seemed to particularly please Dr. Mosher, says The Brooklyn Eagle. Its practical value was evident, as in nine cases out of ten the drowning accidents are the result of an overturned boat, and its occupants are not in bathing suits. The children used to swimming there in the lightest possible attire, for except with the teachers, the skirted bathing suit is unknown, would be hampered almost to rendering their knowledge of swimming useless if they were called upon to save themselves with their high shoes, two or three petticoats on, and in the case of the older girls, long skirts and probably corsets.

It is not that undressing in the water is particularly hard. Most of those who swim for pleasure have probably done it, but the youngsters should be taught that they can and that in an emergency they must undress sufficiently to be able to put their knowledge of swimming to practical use. Undress or two lessons would be all that would be needed. The matron suggested, and the suggestion was a good and practical one. "At least teach them to pick up the front of their skirts and hold them in their teeth to keep them out of the way. I always do that even with my bathing suit if I am swimming any distance."

A New Ape.

I believe there has been deposited in the London Zoo a specimen of a chimpanzee which is said to represent a new form, or it may be a mere variety only, of that species of monkey-like ape. It figures under the scientific name of anthropopithecus troglodytes, is said to have been brought from the Gold Coast, and has been presented to the Zoological Society by Captain D. A. Donovan. The creature is described as singularly tame and intelligent, and possibly in it we may find a successor to that highly-educated ape, the late lamented Sally. Unusually, the manlike ape are all delicate of constitution, that is, as represented by a life spent in captivity, and subject to marked variations of temperature. Whether this new specimen is to be referred to the ordinary chimpanzee species or not will, no doubt, be duly determined by the authorities at the Zoo. The question of specific differences in the chimpanzee branch of the ape stock is not settled. Hartmann remarks that it is a difficult question to decide, though he, himself, adds that he is inclined to admit a certain constancy in the varieties he has examined. The new ape at the Zoo may possibly turn out to represent one of the varieties. It is a notoriously difficult matter to decide where we leave the limits of a mere variety behind and where the boundary line of a new species begins.—London Chronicle.

The Duke and the Soup.

Here is an episode related by M. Jacques Kraemer, now maître d'hôtel at the Carlton, respecting his experience at the Savoy:

I was waiting on the Duke of Fife one night when his grace was giving a small private dinner party in the Patience Room. There was hardly room to pass behind each guest. The soups were Borch—a costly Russian "potage," made from boiled duck, and served with sorrel, vegetables and cream, and just as I was serving it found, an accident happened. In one hand I had a plate of soup, and in the other my cream. The Duke was talking earnestly to me, and so I did not know I was dropping all the cream in a hideous thick stream down his back.

I made no fuss, I gave no alarm. The Duke went on talking and laughing with his guests, with the back of his exquisitely-fitting dress one mass of thick cream. I got two or three soft serviettes, and as I served his grace with each course I gave him a rub. By the time we had come to the ice, there was nothing left of the cream except certain faint traces, for which I fear, his grace's valet was unjustly blamed.

—London Daily News.

Not Home-Killed.

An English resident of Shanghai, having made a good dinner from a

tasty but unrecognized dish, called his cook, Wan Hoo, and congratulated him on the excellent meal.

"I hope you didn't kill one of those dogs to provide the soup," jestingly remarked his daughter, referring, of course, to the pariah which haunts Chinese streets.

Wan Hoo made a solemn gesture of dissent.

"No, missie," he explained. "Him alledy dead when I picked up!"

Prince of Wales Has Opinions.

Contrary to general opinion, I hear that the Prince of Wales is person of most decided opinions, and that his "yes" is "yes" and his "nay" is distinctly "nay."—Lally Bernard, in The Globe.

A Scientific Voice Improver.

Because of its strengthening influence upon the vocal chords, Catarhizone cannot be too highly recommended as a wonderful voice improver. It almost instantly removes huskiness or hoarseness, thus insuring clearness and brilliancy of tone. Catarhizone keeps the mucous surface in perfect condition, and its regular use absolutely prevents colds and throat irritation, thereby removing the singer's greatest source of anxiety, unfixedness of voice. The most eminent speakers and Prima Donnas would not be without Catarhizone and credit in no small degree their uniform strength and brilliancy of tone to its influence. The hard rubber inhaler fits quite conveniently into a purse or vest pocket, and may be used in the church, theatre, any place or time. Complete outfit \$1. Small size 25c. Druggists or Polson & Co., Kingston, Ont.

Bamboo Lighthouses.

The French consul at Batavia states that lighthouses are built of bamboo cane in Japan and suggest the importance of the wood in erecting lighthouses. The power of resistance of a bamboo cane measuring eight inches to ten inches in diameter, even with a length of sixty-five feet, is enormous. More bamboo is used in Japan than in either when in the ground or in water, while the drier and older it grows the firmer it becomes.

Advice to Mothers.

If your little boy or girl comes home with a sore throat, the first thing to do is to rub the throat and chest with Polson's Nerville. Don't be afraid to use Nerville freely—a whole bottle full wouldn't burn or blister the tenderest skin. Rub in until all taken by the pores, and just before the child goes to sleep give him a glass of hot water into which 30 drops of Nerville has previously been stirred. This is a sure, pleasant and speedy cure. Large bottles 25 cents.

Sleeping on the Line.

A strange circular was recently issued to signalmen on a Russian railway forbidding them to go to sleep lying on the rails. One would hardly imagine that the temptation to do so would prove overpowering, but it appears that the signalmen feel they have to sleep somewhere, and they labor under the delusion that the violation of an approaching train will wake them up, a mission which it frequently fails to fulfill.

Nervously Exhausted.

Sleepless, poor digestion, easily tired, blue as indigo, that's how you feel. Do you want to feel strong, make plenty of blood, enjoy buoyancy, strength and vim. You can do so by using Ferrozone. How it sharpens the appetite and imparts a feeling of buoyancy, strength and vim. Improves the appetite, digestion, assimilation, sleep. How surely Ferrozone does this, you can ascertain by using it. Ferrozone is a blood builder, strengthener and brain invigorator. Sold by McNeil & Co.

The Education of the Human Mind.

commences in the cradle.

THE HOT WEATHER TEST.

Makes people better acquainted with their resources of strength and endurance.

Many find that they are not so well off as they thought and that they are easily enervated and depressed by the heat.

What they need is the tonic effect of Hood's Sarsaparilla which strengthens the blood, promotes refreshing sleep, overcomes that tired feeling, creates appetite.

A man is lacking in diplomacy who tries to guess a woman's age.

I bought a horse with a supposedly incurable ringbone for \$30.00, cured him with \$1.00 worth of MINARD'S LINIMENT, and sold him in four months for \$65.00. Profit on Liniment, \$54.00.

MOISE DEROSCE,
Hotel Keeper,
St. Phillips, Que., Nov. 1st, 1901.

No entertainment is so cheap as reading, nor any pleasure so lasting.

A STORY OF CÆSAR.

The Quality of Mercy as Exercised by the Great Roman.

Cæsar traveled with the retinue of a man of rank, and on his way to Rhodes he fell in with an adventure which may be something more than legend. When he was crossing the Aegean, his vessel is said to have been taken by pirates. They carried him to Pharnaces, an island off the Carian coast, which was then in the possession of pirates. He was detained for six weeks with three of his attendants, while the rest of his servants were sent to the nearest Roman station to raise his ransom.

The pirates treated him with politeness. He joined in their sports, played games with them, looked into their habits and amused himself with them as well as he could, frankly telling them at the same time that they would be hanged.

The ransom, a very large one, about \$10,000, was brought and paid. Cæsar was set upon the mainland, near Miletus, where, without a moment's delay, he collected some armed vessels, returned to the island, seized the whole crew while they were dividing their plunder, and took them away to Pergamus, the seat of government in the Asiatic province, where they were convicted and crucified. Cæsar was not a Roman characteristic. It was therefore noted with some surprise that Cæsar interceded to mitigate the severity of the punishment. The poor wretches were strangled before they were stretched on their crosses and were spared the prolongation of their torture.

Man's Wonderful Stomach.

The human stomach possesses most wonderful powers of adaptation to circumstances. When Lieutenant Bilgh and his eighteen men were cast off from the Bounty by the mutineers in an open boat, they subsisted for forty-one days on a daily allowance of one-twenty-fifth of a pound of biscuit per man and a quarter of a pint of water. Dr. Tanner in 1880 fasted for forty days, subsisting, it is said, on water alone, and Suetonius and other fasters have since excelled this.

Kaffirs, North American Indians and the fat boy in "Pickwick" may well be quoted as fearful examples of voracity, but even their gastronomic feats are exceeded by the full grown Eskimo, who will daily eat twenty pounds of flesh and oil if he has the chance, while on the authority of Admiral Ratcheff a Yakut of Siberia has been known to consume in twenty-four hours "the hind quarter of a large ox, twenty pounds of fat and a quantity of melted butter for his drink!"

Tennyson's Tactlessness.

Several stories are told of Tennyson's thoughtless speeches. "What ash is this?" he once asked his hostess where he was dining. "Whiting," she replied. "The meanest fish there is," he remarked, quite unconscious that he could have wounded any one's feelings.

Yet his kindness of heart was such that when his partridge was afterwards given him almost raw he ate steadily through it for fear his hostess might be vexed.

On one occasion Tennyson was very rude to Mrs. Brotherton, a neighbor at Freshwater. The next day he came to her house with a great cabbage under each arm.

"I heard you like these, so I brought them," he said genially. It was his idea of a peace offering.

Lightning's Marks on the Body.

A curious and not uncommon effect of lightning is the formation of certain arborescent or treelike marks upon the body. By early observers they were believed to be due to the presence of neighboring objects, which were photographed upon the skin. Various explanations were offered by different authorities. Richardson has shown by experiment that the blood is the best electrical conductor of all human tissues and that these marks are merely the impressions of the blood vessels on the skin, due to the action of the lightning on the blood in the vessels.—Exchange.

Fear.

Fear causes more disease than do microbes, more deaths than famine, more failures than panic; it costs more than war, is always a failure and is never necessary. Fear weakens the heart's action, induces congestion, invites indigestion, produces poison through decomposing foods and is thus the mother of auto-poisoning, which either directly causes or greatly aids in the production of quite 90 per cent of all our diseases.—G. F. Meacham, M. D., in Health.

The Parental Plot.

"Nellie, dear," whispered the Washington youth, "I see my mother and you are in earnest conversation over there. I wonder what they're talking about."

"Maybe," said the Washington maiden, with a bright blush, "they think they're holding a steering committee meeting."

A Hint to the Average Man.

If the average man who is unlucky

in love spent half as much energy in hunting up some other desirable girl as he does in chasing the girl who is unkind to him, he would soon be a good deal happier.

These Girl Friends.

"I had a proposal last night and refused it."

"You are always thinking of the welfare of others aren't you, dear?"

Easy of Solution.

Mrs. Hushmore—You'll have to settle up or leave.

Boarder—Thanks, awfully. The last place I was at they made me do both.

YOU WILL LIKE IT.

Malt Breakfast Food

Is Not Flat and Musby Like

The Ordinary Cereals

It Gets Its Delicate and Delicious Flavor From the Malt in It.

You will surely like Malt Breakfast Food as well as the thousands who are now using it regularly every morning. Malt Breakfast Food is not a flat, mushy food like the ordinary cereals now seeking recognition. It is a delicious concentrated food loved by young and old—a food that bestows a vigorous health; making you happy and contented.

Malt Breakfast Food is the only grain food scientifically combined with sugar, health-giving malt. This scientific combination produces the delicate flavor peculiar to Malt Breakfast Food. This food is as economical as common oatmeal. One package makes twenty-five meals. Do not accept inferior foods; ask for Malt Breakfast Food and see that you get it. All grocers.

To God's child the heaviest sorrow is lighter than the least sin.

The life of the church depends on the living of each Christian.

What does it profit a woman if she gain the whole world of knowledge and lose her own health? Young women students, and school teachers, eager ambitious, and full of energy, very often neglect their health in the struggle to gain education. They eat insufficient food, and at irregular hours, they allow irregularity of their womanly functions to be established, and the result is that they become chronic invalids with all their education practically worthless. There is a plain road back to health for such as these, marked by the feet of thousands. It is the use of Dr. Pierce's Golden Medical Discovery for diseases of the stomach and digestive and nutritive organs, and Dr. Pierce's Favorite Prescription for diseases of the delicate organs of womanhood. A cure so certainly follows the use of these remedies that out of hundreds of thousands who have tried the treatment, nine-tenths in every hundred have been perfectly and permanently cured. Constipation, with its calamitous consequences, which is a common ailment of students, can be entirely cured by the use of Dr. Pierce's Pleasant Pellets.

The man who goes to the bad seldom has a long journey.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that Cures.

F. J. CHENEY & CO.,
Proprietors, Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligation made by his firm.

West & Traux, Wholesale Druggists, Toledo, O.

Wadding, Kinnaird & Marvin, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75c. per bottle. Sold by all druggists. Testimonials free.

Hall's Family Pills are the best.

Genius finds its own road and carries its own lamp.

CASTORIA

For Infants and Children.

Do not waste time in useless regrets over losses.

Children Cry for

CASTORIA.

There are times when leniency is mistakenly applied.

Minard's Liniment Cures Diphtheria.

THE GREAT JOKE, DEATH.

Funny Side of Dying Often Treated of in Literature.

"Death," said a publisher, "has been treated humorously in our literature often. Indeed I am quite sure that a collection of many thick volumes might be made under the title of 'Death's Funny Side.' Thomas Hood was one of our best writers of this sort of verse. Don't you remember his ballad on the young sailor who died heart-broken over his girl's unfaith? The last stanza was:

"His death, which happened in his berth, At forty odd befell; They went and told the sexton, and The sexton tolled the bell."

"Hood did another ballad on the subject of a soldier who lost both legs in battle, who was in consequence jilted by his sweetheart and who then hung himself. Now, that is rather tragic, is it not? It has a bizarre but none the less poignant tragic note. Guy de Maupassant indeed once handled almost this same situation, but he handled it from the opposite viewpoint, and don't you remember how he narrated the first, the crucial, meeting of the lovers after Ben Battle's double amputation?

"But when he called on Nellie Gray She made him quite a scoff, And when she saw his wooden legs Began to take them off."

"This treatment drove Ben to despair:

"So round his melancholy neck A rope he did entwine And for the second time in life Enlisted in the line."

"And there he hung till he was dead As any nail in town; For, though despair had cut him up, It could not cut him down."

"There is a tremendous literature of humorous epigrams. There must be, I fancy, 10,000 of these, but two of them are all I can recall. The first goes:

"Here lies the body of mild Maria; She went one day to start the fire, But the wood was green, So she used kerosene, And now she's where the fuel is drier."

"The other is grimmer:

"Life is a lie, and all things show it; I thought so once, and now I know it."

"Then there are songs on the side splitting aspects of death, some of which have caused tender-hearted ladies to double up with mirth. 'Johnny Jones and His Sister Sue' is one such song, and I bet that six people out of ten in America know it by heart.

"Yes," the publisher concluded, "under the title of 'Death's Funny Side' an anthology of many, many volumes could be made. The anthology should be bound in black pigskin, with grinning skulls and crossbones tooled in gold on it."—Philadelphia Record.

HEALTH RESORTS AND ATTRACTIONS

There is no region in America richer in mineral springs than Colorado, while throughout the state there are pleasure resorts and splendid places of attraction of various kinds in great numbers. It has been truly said that all of Colorado is a health resort, and this statement is sustained by the most eminent physicians of the country. What with its beautiful cities on the plains, its gorgeous mountain peaks and lovely valleys, its awful canyons and their rushing torrents, its forests and streams, its broad green parks, and charming crystal lakes amid the mountains, what more could nature provide or man desire for his welfare or his delight?

Not only the health-giving mineral and thermal springs, which gush spontaneously from the mountain sides invite the invalid and the weary, but in all the rest of these charms of nature is found a panacea for the ill and cures of body and mind diseased.

To enable persons to reach these favored localities without unnecessary expenditure of time or money, the Union Pacific has put in effect very low rates and splendid train service, three trains leaving Missouri River daily for Denver, one of which is "The Colorado Special," which is the finest train in the West. Accommodations are provided for all classes of passengers, the equipment including free reclining chair cars, dining cars, buffet, smoking cars, drawing room sleepers and day coaches.

Full information cheerfully furnished on application to G. G. HERRING, G. A., 126 Woodward Ave., Detroit, Mich.

H. F. CARTER, T. P. A., 60 Yonge St., Toronto, Ont.

TAX SALE NOTICE

Notice is hereby given that I have prepared a list of lands for sale for arrears of taxes, copies of which can be had in my office, and that the said list is being published in the Ontario Gazette in four consecutive issues thereof, the first insertion bearing date July 26th, 1902, and that in the default of payment I shall proceed to sell by public auction on 26th day of August, 1902, at 10 o'clock a. m., at the City Council Chambers, all lands published in said list, upon which the arrears have not been paid.

R. G. FLEMING,
City Treasurer.