

Wrak, Sickily Folks Regaiin Heallh Quickly By New Remady

## A Blood-food Now Manufactured Accomplishes Marvels. Accomplishes Marvels. Lots of people that were thin and miserable for years have recently been restored by this simple treat ment. All you have to do is take two little chocolatecoated tables with a little chocolate-coated to thes with sit of water the the close of each meal The tablets, which, by the way, ar called "Ferrozone,", are in reality perfect food for the blod. They con tain exactly those elements youn pertect food for the blood. They con tain exactly those elements you bbloo lacks when weak, and unhealthy becomes thin weak, and unhealthy: zhis is just the time to zone Ferro sitexe exites splenoid appetite gives digestion splendid aid, suppliee gives digestion splendid aid, suppplies nourishment ofor all weak organ. At once you feel buoyant and strong once you feel buyyant and strong. Nutritious bood courses through your veins, supplles strength, makes you veins, supplles strength, makes you tingle with animation and ambition No more headaches. None of that tired languor. You feel like doing things because You feel like doing things because Firrozone completely renews and strenthens your whole system. quich, lasting benefits as Ferroozone It has raised thousands from down It has rasted thousands from down right weakness. hrings robust heant simply because it contains the forti sit Pying elements that run-down sys tems require. One week after using Ferrozone  sour vigor and spirits hare received Ferrozone is more than a tonic be cause its work lasts. its benefits re main and are not temorory. It re stores health where other tre 

## The Norwegian Costume.

 It is at church in Norway thatnationat costume is best seen. In
north the women wear short da
gowns, with fringed handkerchi






2 and $5-\mathrm{Ib}$. Cartons 10 and 20-lb. Bags
Don't buy sugar by the "quarter's worth" or "dollar's worth" when you can buy

## Lantic Sugar

in these full weight riginal packages, containingthe" fine"granu-
lation every housewife lation
likes.
"The All-Purpose Sugar


## A TEAPOT TEST

at the same price you now pay for ordinary tea. Black, Mixed or
Green. Address Salada, Toronto. 198


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FURNITURE POTTERY, GLASS Wedding Gifts

<br>GLÁss decorations RESUSCITATED.

## ROBERT UNOOR <br> 62 King St. East

hamilton, . . - ONT

## a Womar's MeSSAE <br> TO WOMEN <br>  <br> VANISHING GOLD.









What Has Become of All That
Metal That Has Been Mined?
$\begin{aligned} & \text { What becomes or gold? } \\ & \text { Where is all of that yellow metal }\end{aligned}$
hat has been mined?





Try This Remedy


W.

## FOR SALE

 HACKNEY| AN EXCELLENT MEDICINE FOR CHILDHOOD AILMENTS <br> Baby's Own Tablets are an excellent remedy for childhood ailments. They regulate the bowels, sweeten the stomach, banish eolds and simple fevers and cure all minor Ms of h. N. ones. Concerning them, Mrs. H. N. Eisam, Owls Head, N. S., writes: always use Baby's Own Tablets for my little ones and find them an ex cellent ments." medicine dealers or by mail at 25 Medicine Co., Brock ville, Ont. <br> ANOTHER VERSION. <br> (From sydney bulletur |
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## Mighty in Titles. The ruler of Turkey in addition to the titles sultan and kha-khan (high prince and lord of lords), also claims sovereignty oves mity sovereignty over most districts, toums, citten and states in the orient, speecify- ing each ty ling each by name and setting ont in in each of h1s various titles and eorts, citadels, purlieus and neip the for Hood thereof" jn regular legal Hiso official designation ends, " eign also of diverse nations, earth." All this is in addition to his high position as "head of the faith- ful" and surpeme ord of tall the for- lowers of the prophet," "direct and low

 ammed."WANTED
Platen and Cylinder Press Feeders IMES JOB DEPARTMEN
$\qquad$ Some people even reagrd the tro
bone as a musical Instrument.
Better Muscle, Better Work-the power to d
things comes from food tha supplies the greatest amoun of strength-giving nutriment digestive organs. Shredde the muscle-making in the whole wheat grain the most perfect food given steam-cooking, shredding and baking. Contains more real nutriment than meat or eggs and costs much less ready-to-serve, it is the ideal Summer food. Deficious for SAVE MOMEY ON ROOFIIG purpose. samples Free. Addreess.
HALLIDAY CO., Limited
BOX G. HAMLTon

ISSUE NO. 23. 1916







miscellaneous. W




Carlyle and His Home


 as if they were one and that he would
never have any right enjoyment or his
wife's company till che was "all his own," adding that the moment he was
maaster of a ohouse the first use he
would make of tion would be to slam the
door against nauseous int

## WANTED

## $v=\underline{x}=$

til broken, thoroughly reliable, a lady
a drive; aiso complete outrit, includ-

any meal with milk or cream with fresh fruits.

