

OWES HER LIFE TO "FRUIT-A-TIVES"

The Wonderful Medicine, Made From
Fruit Juices and Valuable Tonics.



MADAME ROSINA FOISIZ

29 St. Rose St., Montreal.
"I am writing you to tell you that I owe my life to 'Fruit-a-tives'. This medicine relieved me when I had given up hope of ever being well. I was a terrible sufferer from Dyspepsia—had suffered for years; and nothing I took did me any good. I read about 'Fruit-a-tives'; and tried them. After taking a few boxes, I am now entirely well. You have my permission to publish this letter, as I hope it will persuade other sufferers from Dyspepsia to take 'Fruit-a-tives' and get well."

MADAME ROSINA FOISIZ.

"Fruit-a-tives" is the only medicine in the world made from fruit.

50c. a box, 6 for \$2.50, trial size 25c.

At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

VICTORY YEAR OF RED CROSS.

ANNUAL MEETING OF LOCAL SOCIETY SHOWS INCOME AND ACTIVITY GREATER THAN EVER.

The annual meeting of the Truro Red Cross Society was held in the Council Chamber of the Civic Building on Monday Evening January 18th and was well attended. The unwelcome visit of the "flu" in our midst, which had been prolonged into the Christmas and New Year holidays, accounted for the fact that the meeting was several weeks later than it would otherwise have been. The reports were related to the 31st day of October and take no account of the activities of the society which have since been going on apace.

The members met on this occasion under circumstances which in one great essential were a joyous contrast to those of former annual meetings when the slaughter in yon European fields was still dragging its awful course

and exacting its tragic toll. But now the morning light of peace had broken, and though these Red Cross workers realized that much work on their part still remained to be done they were there happy in the knowledge that the end was at last in plain view.

Our readers are aware that heretofore each year of the Truro Red Cross has witnessed a budget larger and a volume of work greater than those of the previous year; and on this occasion the same story was repeated. The local Red Cross revenue for the year ending with the month of October, 1917, was \$9512.88. The revenue for the year ending October 31st 1918, amounted to \$11,657.69 or an increase of \$2000.00. And these figures take no account of the great Red Cross Drive in July last for which the amount of \$20,444.29 was raised in Truro and Colchester. The Truro Red Cross society was asked for \$18,000.00 for this Drive as the share of Colchester and immediately called together a representative meeting of the business men of the Town with the result that a committee of these men was formed under the Chairmanship of Mr. Frank Stanfield, M. P. P., which committee perfected an organization for the Drive in Town and County. The result exceeded the local objective by

some \$2400.00.

Truro on the one hand and the balance of the County on the other just about evenly divided results in this total which was raised for the Drive. All the money passed through the treasury of the Truro Red Cross Society making thus a total for the year of \$32,101.98. The amount collected on the July Drive was promptly forwarded to the Treasurer of the Provincial Red Cross Branch at Halifax. Of course the Truro Red Cross Society disclaims all credit for the work of the July Drive other than the launching of the project for this County at the urgent request of the

Provincial Red Cross Society at Halifax.

The above regular revenue of \$11,657.69 has probably in one form or another been already credited to the proper persons or sources, but may perhaps be usefully recapitulated as follows:

Amount raised in Truro Self-Denial Day Contributions from Auxiliaries.	\$9512.88
The Falls	944.75
Montrose and Portau-pique	172.00
Stewiacke	148.15
Masstown	109.60
Womens Industrial Society, Lower Truro	100.00
Green Oak Red Cross	80.00
Earlton Village	55.00
Hilden	52.50
North River Red Cross	50.00
Lower Onslow Red Cross	49.75
Good Templars, Beaver Brook	40.00
Riverside Institute, Middle Stewiacke	30.00
Wittenburg	29.00
Camden	29.00
DeBert Baptist Guild	25.00
Valley Red Cross	25.00
Old Barns Red Cross	25.00
Princeport	20.50
Presbyterian Ladies Aid, Debert	20.00
Junior Red Cross, Bass River	20.00
Brookfield Red Cross	15.00
Pupils Montrose School	14.50
Springfield Ladies Aid	14.00
Beacon Light Club, Onslow	11.70
Pupils Riversdale School	10.00
Beaver Brook Red Cross	10.00
Maple Grove Division, Wittenburg	5.26
Pupils Salmon River School	5.00
Ecum Secum Bridge	4.10
Total	\$11,657.69

Of the above amount of \$9512.88 raised in Truro the payments on the pledge cards represent \$3496.25, and Eighty three new Life Membership at \$25.00 each account for \$2075.00 of Truro's total. The Truro Junior Red Cross contributed a total of \$1182.00 of which \$725.00 took the channel of Life Membership fees; and the Scotia Chapter of I. O. D. E. contributed \$681.00 of which \$600.00 was in payment of Life Membership fees. The combined result of two Tag Days in Town was over \$1100.00, and the proceeds of the Chautauqua Red Cross Day in August were \$450.00 of Truro's aggregate.

The foregoing amounts credited to places or auxiliaries outside Truro do not include a detailed statement of the amounts contributed by the various auxiliaries to the Victoria Day Self-Denial in May, but those have already been given in the local press.

The foregoing revenue of \$11,657.69 was expended according to the following general explanation which was given in detail by the audited report of the Treasurer:

Socks continued to be the great staple necessity of the overseas troops during hostilities, both in hospital and trench, and those sent by the Truro Society were about evenly divided between the two. The yarn bought for this purpose, of which some balance is still on hand, cost about \$5800.00. The materials purchased for the sewing Committee were solely made up in the Civic Building and sent overseas, with the exception of what was furnished locally at the time of the Halifax Disaster, and represent an outlay of about \$1500.00, in addition to some \$400.00 expended in material for hospital supplies for the sufferers from that disaster while quartered in Truro.

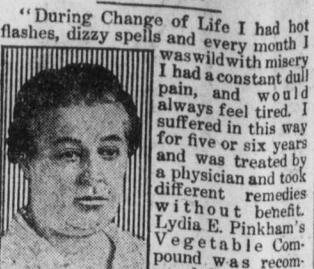
At the time of the menacing German Drive in March last a cash amount of \$800.00 was sent overseas for urgent Red Cross work or purchases, and with the same end in view another amount of \$1700.00 was later sent to the same destination. This last remittance represents approximately the combined proceeds in Town and County of the Victoria Day Self-Denial collections. An item of \$300.00 was spent in tobacco and sent to the boys overseas a balance on hand of nearly one thousand dollars on October 31st, independently of \$700.00 carried over from the former year, and the comparatively small running expenses and miscellaneous outlays of the society make up the remainder of the above revenue of \$11,657.69.

The reports show that during the year under review an immense quantity of Red Cross articles were made up by the Truro Society and its Auxiliaries and helpers and shipped overseas. The total of these articles include the following:

7071 pairs of socks, 1040 suits of pyjamas, 195 filled Christmas Stockings, 1457 towels, 1791 face cloths, 3010 personal property bags, 139 hospital shirts, 432 pillow slips, 129 sheets, 12 bed quilts, 39 feather pillows, 458 handkerchiefs, 155 hot water bottle covers, 28 comfort cushions, 15 flannel shirts, 533 hospital caps, 342 bed socks, 58 surgical shirts, 15, surgeons gowns, 101 night shirts, 22 scarves and 199 knitted trench caps. The strong support which the Truro

WOMEN OF MIDDLE AGE

How Lydia E. Pinkham's Vegetable Compound Relieves the Ailments of Change of Life.



"During Change of Life I had hot flashes, dizzy spells and every month I was wild with misery. I had a constant dull pain, and would always feel tired. I suffered in this way for five or six years and was treated by a physician and took different remedies without benefit. Lydia E. Pinkham's Vegetable Compound was recommended to me and I took it, and I believe I would never have been well if it had not been for the Vegetable Compound and Lydia E. Pinkham's Sanative Wash. I am recommending your medicine to all women ailing as I was, for I think it will carry them safely through the Change of Life, and relieve the ailments that come at that period."—Mrs. ALEXIE C. NANGLE, Galatia, Ill.

Women who suffer from nervousness, "heat flashes," backache, headaches, and "the blues," should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, and if complications exist write the Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of their 40 years' experience in such cases is at your service.

society has received from the various Red Cross Auxiliaries and workers throughout Colchester has been very marked ever since a positive lead for the work was given for the whole Town and County by the organization of the regularly chartered branch in Truro shortly after the outbreak of the Great War. This year that support was as manifest as ever. The articles made up and sent in to the Truro Society during the year by these auxiliaries and co-workers in the outside county, and which form a splendid part of the above mentioned totals, are as follows:

Onslow Red Cross Auxiliary
354 prs. socks, 135 suits pyjamas and 7 quilts.

Ladies of Princeport
150 prs. socks, 22 suits pyjamas.

Red Cross Workers, Earlton
572 prs. socks, 2 quilts, 3 pillow slips.

Valley Red Cross Auxiliary
251 prs. socks, 26 personal property bags, 3 suits pyjamas.

Riverside Women's Institute, Middle Stewiacke
84 prs. socks.

Presbyterian Ladies Aid Debert
170 prs. socks, 42 caps, 27 suits pyjamas, 3 coats.

Golden Links Red Cross Bass River
40 pillow slips, 8 sheets, 106 prs. socks, 10 suits pyjamas.

From Mrs. Alex. DeBelle, Earlton
6 pillow slips.

Lower Onslow Red Cross Auxiliary
17 suits pyjamas, 3 helpless shirts, 116 prs. socks, 16 p. p. bags, 13 Christmas stockings, (filled.)

Womens Industrial Society, Lower Truro
524 prs. socks, 156 suits pyjamas, 12 p. p. bags

Old Barns Red Cross Auxiliary
73 surgical garments, 15 utility bags, 397 prs. socks, 36 hdkfs, 87 suits pyjamas, 2 quilts, 72 p. p. bags, 2 feather pillows.

Brookfield Red Cross
192 prs. socks, 18 pillow slips, 22 hot water bottle covers, 43 suits pyjamas, 80 hospital shirts, 18 feather pillows, 18 p. p. bags, 2 bed jackets, 27 housewives, of which 13 were filled, 3 doz hdkfs, 5 surgical coats, 2 quilts, 2 bed pads.

Baptist Guild Debert
69 suits pyjamas, 156 prs. socks, 14 doz. face cloths, 44 caps.

Dorcas Society, Montrose and Portau-pique
133 prs. socks, 14 pillow slips, 18 face cloths, 6 feather pillows, 24 caps, 12 suits pyjamas.

Green Oak Red Cross Auxiliary
468 prs. socks, 11 suits pyjamas, 12 p. p. bags, 23 comfort bags.

Beaver Brook Red Cross Auxiliary
209 prs. socks, 11 suits pyjamas, 2 feather pillows, 2 pillow slips, 1 quilt, 2 comfort cushions.

North River Red Cross
218 prs. socks.

Presbyterian Ladies Aid, Greenfield
103 prs. socks.

Tatamagouche Mountain Red Cross workers
142 prs. socks.

Upper Economy Red Cross
90 prs. socks.

Masstown Red Cross
67 prs. socks.

Belmont Red Cross Auxiliary
21 prs. socks, 89 suits pyjamas, 7 feather pillows.

Southside Womens Institute, Mid. Stewiacke
144 prs. socks, 11 shirts, 29 p. p. bags, 7 bath towels, 8 face cloths.

Maple Leaf Band, Lower Five Islands
29 prs. socks, 20 helpess shirts, 16 pillow slips, 19 towels, 3 sheets, 2 comfort cushions.

Diamond Rebekah Red Cross Auxiliary.

54 prs. socks, 115 face cloths, 47 pillow slips, 186 towels, 120 p. p. bags, 36 many tail bandages, 46 "T" bandages, 76 bed socks, 33 hospital caps, 243 hdkfs, 5 pillows, 3 comfort cushions, 6 prs. slippers

Salmon River Aid
40 prs. socks.

Newton Mills, Middle Stewiacke
30 prs. socks.

Womens Institute, Halfway Brook
95 prs. socks, 12 p. p. bags.

Womens Institute Millville
105 prs. socks, 32 p. p. bags, 4 caps.

Ladies Aid, Eastville
14 prs. socks, 6 suits pyjamas, pr. hospital boots, 4 caps

Falls Section, Earlton
107 prs. socks.

Urbana Red Cross Workers
93 prs. socks, 60 suits pyjamas.

East Earlton Red Cross Auxiliary
30 prs. socks, 17 hospital shirts, 30 caps, 3 quilts, 10 hdkfs.

Dermark and Middleton Red Cross
45 prs. socks.

Red Cross Workers, Bay Head
47 suits pyjamas, 34 pillow slips, 79 prs. socks, 8 sheets, 6 feather pillows, 4 housewives, 13 comfort cushions, pr. slippers.

Scotia Chapter I. O. D. E.
4 prs. socks.

From Mrs. J. Wilson and Mrs. Lighthody, Belmont
2 feather pillows, 4 bed socks, 10 caps, 27 p. p. bags, 13 suits pyjamas.

W. C. T. U., Truro
1 quilt.

Balmoral Red Cross Auxiliary
22 prs. socks.

Social Circle Methodist Church
1 quilt.

Domestic Science School Truro
13 face cloths, 11 towels, 3 bed socks, 6 p. p. bags, 1 pr. socks.

Erskine Church Red Cross, Glenholme
27 prs. socks.

Gay River Red Cross Workers
10 Christmas stockings, (filled) 12 prs. socks.

Springside Red Cross Workers
12 suits pyjamas, 12 bed socks, 12 caps, 13 prs. socks, 12 p. p. bags.

Prembroke Ladies Aid
10 prs. socks

Junior Red Cross, Bass River
3 doz. towels, 1 bath towel, 51 face cloths, 16 formentation wringers, 39 pillow slips, 1 doz. hdkfs.

Attention was called during the meeting to the mischief that would be wrought by any supposition that because the Armistice had been signed, the interest in the Red Cross work should be allowed to wane, and timely reference was made to the great amount of relief work which lies ahead to restore troubled Europe to anything like such happy normal conditions as we ourselves enjoy.

The following officers were elected to "carry on":—

President, Mrs. Harold Putnam.

1st. Vice Presdt.—Mrs. C. A. Armstrong.

2nd Vice Presdt.—Mrs. N. J. Layton.

Secretary, Miss Bertha Holmes.

Treasurer, Miss Millicent Archibald.

Conveners of Committees
Sewing, Mrs. H. W. Crowe.

Knitting, Mrs. A. J. Campbell.

Purchasing, Mrs. G. B. Crowe.

Packing, Mrs. C. E. Brown.

Executive Committee
The above named and Mrs. Jno. C. Spencer, Mrs. E. Phillips, Miss F. Symonds and Miss Richardson.

The warm thanks of the meeting were expressed to the Truro municipal authorities for the use of the rooms in the Civic building and to the local press for its constant support of the cause of the Red Cross in our midst and for its generous gifts of newspaper space for all undertakings of the society.

The appreciative thanks of the meeting were also expressed to Mr. E. C. Higgins for a transfer service which he has given to the local Red Cross gratis ever since its formation.

While all present were naturally much gratified at the showing which the society had made in the past year they nevertheless realized that their efforts were small indeed in comparison with those of the brave lads who had gone out to face glaring danger and privation and to yield up their lives in order to ensure the safety of those who remained at home.

"In earth or heaven
Bold sailor on the sea,
What have I given,
That thou shouldst die for me?"

What can I give
O soldier leal and brave,
Long as I live
To pay the life you gave?

What tithe or part
Can I return to thee,
O stricken heart,
That thou shouldst break for me?"

A coroner's jury in London has brought in a verdict of wilful murder against Lieut. Col. Norman Cecil Rutherford, of the Medical Corps of the British Army, in connection with the death of Major Miles Charles Seton, who was shot and killed January 13.

ANNUAL CONVENTION OF COL. CO. SOCIAL SERVICE COUNCIL AND TEMPERANCE ALLIANCE.

Enthusiastic Gathering Meets
In First Presbyterian Church
Hall.

The cosy parlor of First Presbyterian Church Hall was well filled on Thursday, Jan. 23rd with many of the best and most energetic advocates of this phase of philanthropy in our town and county. In addition to these keen advocates of temperance were Rev. Dr. Grant of New Glasgow, Travelling Provincial Secretary, and Rev. D. C. Ross of Stewiacke, Provincial Secretary, whose presence lent added inspiration and encouragement if such were needed.

The different speakers of the afternoon were full of optimism and unbounded faith in the future as indeed they might well be after listening for a few moments to Rev. Dr. Grant recite the progress of the work in the Province during the past year and then give an account of what had been accomplished throughout the Dominion and the many causes which went to show that we will have a "bone dry" Dominion if the Temperance forces but just stick to it for a while longer. One liquor firm has pledged itself to give \$100,000 toward a campaign to defeat the prohibitionists. This is to form part of a fund provided to buy up newspapers whole sale (such as can be bought) to work against the prohibitionary Order-in-Council becoming a law on the Statute books of our Dominion.

Dr. Grant wanted to see everybody sticking together and not be like two fellows he heard of that were on board of a ship in a big storm one time. Things were going hard with the ship when the first fellow expressed the likelihood and fear that the ship would be lost, to which the second one replied "What's the odds, she don't belong to us." If one phase of the work suffers we all suffer. The speaker also drew attention of the Council to other laws that must be enforced other than the prohibitory one and that is laws against squalor and dirt in prisons, and strongly advocated the "Prison Farm as a means of reform more than punishment, that would pay a culprit for work performed and thus provide him with a means to help get a decent job and start right at the expiration of his sentence.

The Treasurers report was encouraging and showed a little over \$500 collected for the year. Some of this went to wipe out a little deficit from last year which brought (together with the two or three amounts promised) the finances out square for the year.

Resolutions from the Provincial Alliance were received and acted on in accordance with the wishes of the parent body.

Rev. Brice D. Knott was appointed a delegate to attend the Provincial Convention which meets in Halifax on Thursday, Jan. 30th at the hours of 10 A. M., 2 P. M. and 8 P. M. in the Y. M. C. A. Hall.

Some phases of the work in our town were touched upon and Councillor H. H. Johnson said the Town Council was not only willing but anxious to clean up anything that was amiss in our midst, and would be glad of any information that would assist them in doing their duty.

The slums of Truro were brought to the notice of the Alliance by one of our prominent clergymen and the matter is stated to be dealt with by the executive Committee at once.

Rev. H. J. Fraser reported for the nominating Committee as follows:

Honorary President—Rev. J. W. Godfrey.

President—Rev. Brice D. Knott.

Vice President—Capt. D. Murray.

Secretary—Lionel Parks.

Treasurer—Rev. L. W. Parker.

The following Executive Committee was appointed, and asked to be in readiness to respond at any call:

H. H. Johnson, Truro
Fowler Fletcher, Masstown.
Rev. R. L. Coffin, Tatamagouche.
K. R. McLean (Warden) Denmark Station.

J. J. Hamilton, Brookfield.
A. K. Sutherland, Truro.
Alex. Chisholm, Five Islands.

L. C. Layton, Great Village.
Rev. D. C. Davies, Clifton.
Rev. D. C. Ross, Stewiacke.

Rev. J. T. Dimock, Onslow.
Miss L. A. Edwards, Truro.
G. R. Smith, Londonderry.

Mrs. W. P. Carter, Truro.
Rev. H. J. Fraser, Truro.
Rev. G. W. F. Glendenning, Truro.

S. T. Gould, Stewiacke.
Mrs. E. E. O'Brien, Truro.
Miss L. A. Richardson, Truro.

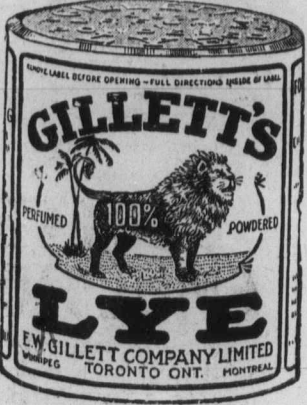
Rev. J. W. Godfrey, Truro.
Adj. Johnston, Truro.
Rev. J. A. Bradley, Valley Sta.

Jas. Creelman, Upper Stewiacke.
C. C. Cox, Upper Stewiacke.
Rev. Constantine Perry, Truro.

Auditors—F. A. Doane, R. O. McCurdy.

A hearty vote of thanks was tendered to the managers of First Presbyterian Church for kindly allowing the use of

GILLETTE'S LYE EATS DIRT



their Hall for the occasion.
Rev. J. A. Bradley, Valley Station, pronounced benediction, thus bringing to a close this splendid meeting of the Alliance.

SERIOUS ACCIDENT.

Mr. Chas. Vincent, of North River met with a very painful accident on Tuesday, Jan. 21st. While at his pasture getting some wood, the horse started suddenly though some cause or other throwing Mr. Vincent violently under the sled. His foot became entangled and he was dragged for some distance before being freed. He was noticed by some passers by who immediately ran to his assistance, and quickly conveyed him to his home when it was found his right leg was broken above the ankle and his left arm was broken at the wrist. The injured man is now resting as comfortably as is possible for one who had received such a shaking up. It is hoped no internal injuries have been sustained.

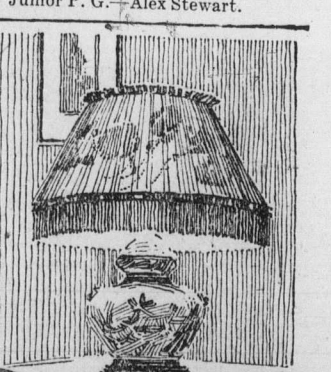
FINE LOT OF CHEVIOT SHEEP FOR NOVA SCOTIA.

The Provincial and Federal Depts. of Agriculture have recently imported to Truro, from which point most of them have already been distributed, a magnificent shipment of Cheviot sheep, ten ewes and twelve rams. This is a hardy breed originating among the hills of Scotland and in high favor among farmers who have sought a type of sheep that can rough it and yet give good result. The sheep which recently arrived in Truro are splendid specimens of the breed, and, although the number is not large, they will be the means of introducing an appreciable amount of this highly prized ovine blood. Any interested parties who wish to know where they have been distributed should write to the College at Truro.

OFFICERS RIDGELY LODGE I. O. O. F.

The officers of Ridgely Lodge N 43 I. O. O. F., Great Village, were installed on Monday evening, Jan. 20, by D. D. G. M. Dr. T. R. Johnson, Cavell Rebekah Lodge, No. 72, was present by invitation.

The following is the list of officers:
N. G.—J. H. Ryan.
V. G.—L. V. Rutherford.
F. S.—R. A. Spencer.
Treas.—J. D. Patriquin.
Warden—Max Layton.
Con.—Fred M. Chisholm.
R. S. N. G.—Barry P. Hill.
L. S. N. G.—Smith Hennessey.
R. S. V. G.—W. E. Boyd.
L. S. V. G.—Russell Taggart.
R. S. S.—Angus Johnson.
L. S. S.—W. Layton.
O. G.—L. Peppard.
I. G.—George Dill.
Chaplain—Alonso Dill.
Junior P. G.—Alex Stewart.



Unusual Things

Anything about the home that needs washing and that will not be hurt by pure water itself may be safely immersed in the creamy, pure, cleansing Lux lather.

Silk shades, hangings, oil-pictures and their frames, jewelry, bric-a-brac, heirlooms, etc., all are purified like new with Lux.

LEVER BROTHERS LIMITED, TORONTO

