

LESSON VIII—AUGUST 25, 1918.

SPEAKING POR CHRIST—LUKE 12: 5-12; ACTS 12: 1-8.

CCCMMENTARY — I. Confessing Chast (take 12: 5, 9) is. Whosewer shall endes mus before mental and the ages since that time. To castes Christ is to acknowledge out user dependence upon him for sair and it he ages since that time. To castes Christ is to acknowledge out user dependence upon him for sair and it he ages since that time. To castes Christ is to acknowledge out user dependence upon him for sair and it he ages since that time. To castes Christ is to acknowledge out user dependence upon him for sair and the ages since that time. To castes Christ is to acknowledge out user dependence upon him for sair and the contrast is striking between the confess him before mental the sair is the contrast is striking between the contrast is striking to the contrast of the contrast is striking to the contrast of the contrast o

promise is here given or help in the promulgation of the gospel.

III. The Holy Spirit's aid in testifying (Acts 1; 1-8).

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III. The Holy Spirit's aid in testifying is known of this man beyond what is written here and in the opening of Luke's gospel. Began both to do and teach-beaus both did and taught. He wrought miracles and taught by parables and by direct methods.

In the was taken up-Forty days after his resurrection. Had given commandments—The Spirit of the Lord was upon Jesus in all his ministry. It was "through the Holy Ghost" that he resurrection matt. 28; 19 and Mark 16; 15, 16. Apostles—Those sent forth. The disciples were somewhat called apostless after they were sent forth upon their mission by our Lord.

2. Showed Himself alive—The apostles were certain that Jesus died on the cross, and they were as certain glasothat he arose from the dead. His passion—His suffering and death. By many infallible proofs—Proofs that could not be shaken; convincing strongs. Being seen of them forty days—During the forty days between Christ's resurrection and his ascension Jesus showed himself to his followers ten or eleven times.

4. Being assembled together—The piace of the assembly of Christ and his disciples is not known. It was pro-

Topic.—Confessing Christ, and other Christian uses of speech.

I. Confessing Christ.

II. Christian conversation.

I. Confessing Christ. Speech is the vocal expression of thought, and is the ordinary means of communicating it to others. No faculty involves greater responsibility or possesses greater responsibility or possesses greater responsibility or possesses greater possibilities for good or evil. The thought belongs to the individual, the word to the world. Once attered, whatever its bane or blessing, it passes forever beyond our control. The fa'e of individuals and of empires hay depend upon it. It reveals what is within. Supreme authority has declared, "Out of the abundance of the heart the mouth speaketh." No faculty is more difficult to control properly. Ferfect mastery here assures complete dominion. "If any man offend not in word, the same is a perfect man, and able also to bridle the whole body." A true faith will control the tongue. Crace can conquer the "unruly member." Restraint in this is one of the surest evidences of true piety. Jesus declares, "By thy words thou shalt be unstified, and by thy words thou shalt be condemned." To confess Christ means a public declaration of our faith in I m as our only and personal Savior; of love to him as our Redeengrable from a true Christian life. In the lesson Jesus distinctly commandalit, and his claims are imperative. Failure is in fact denial. Neutrality is as impossible as a double moral relationship. "He that is not for me is against me." Confession is to be made first in the company of Christians for mutual instruction, comfort, and encouragement. "They that fearis gainst me." Confession is to be made first in the company of Christians for mutual instruction, comfort and encouragement. "They that feared the Lord spake often one to another." The psalmist invites all to hear: "Come and hear, all yet that fear God, and I will declare what hear how for my soul." "Wherefore comfort yourselves together, and edify one another." Confession strengthens personal faith.

If Christian conversation, To be

strengthens personal faith.

II. Christian conversation. To be Christian is to be Christike. In conversation as in all else Jesus is the great example. Christian conversation will exclude uncharitableness. A word may blight or brighten the whole life of another. "He that repeateth a matter separateth very friends."

True Christian love "hopeth all

War times are teaching us that there is no econom; in buying the cheapest goods nor the fancy high priced ones. We are depending on the solid values of the good standard brands - the brands that were good in peace time and have doubly proved their worth in war time. Red Rose Tea - costing today

only about 4 of a cent per cup - is one of the solid war time values that anyone can afford-and that everyone will enjoy.

It is truly awar time tea

T. H. Estabrooks Co. Limited St. John, Terosto, Winnipot, Calcary

things." "Where there is no talebearer, the strife ceaseth." Mere trifling conversation can not be indulged without spiritual loss. Christian cheerfulness is equally removed from gloom and frivoity. Jeeus said, "Every idle word that men shall speak, they shall give account thereof in the day of hugment." Christian speech will not permit irreverent or corrupt conversation. Clean lips and chaste language bespeak the Christian life. The stributes of Delty are too sacred to be bandied about in careless remark. What are commonly called by-words are as unnecessary as they are unbecoming. Slang does not savor of sanctity. "Let no corrupt communication proceed out of your mouth." Simplicity attends saintliness. "Let your yea be yea; and your nay, nay." In a multitude of words there wanteth not sin." We seldom repent of having said too itute; often of having said too much. The apostic exhorts to "sound speech, that can not be condemned." Great truths of world-wide import await faithful advocates to asten their triumphs. No higher use of speech is possible. W. H. C.

Clean Stomach, Clear Mind.—The stonage and care much of this can be sense and care much of this c

Clean Stomach, Clear Mind.—The stomach is the workshop of the vital functions and when it gets out of order the whole system clogs in sympathy. The spirits flag, the mind droops and work becomes impossible. The first care should be to restore healthful action of the stomach and the best preparation for that purpose is Parmalee's Vegetable Pills. General use for years has won them a leading place in medicine. A trial will attest their value,



WEATHER.

A great many horses are annually laid up in summer with sore shoulders. By the use of good common sense and care much of this can be remedied. A good horse collar is the main part of the harness, and it should be of the very best kind and fit the animal's neck perfectly. The collar should be kept clean at all times and the horse's shoulders well washed and brushed daily.

Much dust and dirt arise in the higher price. If other vegetables are to be sold that are abundant and liketable is very scarce and would bear a fields and on the roads at this season, and these are caught and held on the moist and sweaty shoulders and collar, there to form hard lumps and ridges. Every time the collar is put on the horse it should be examined for these lumps and ridges. If any are found they should be brushed and rubbed away.

After each day's work, especially if

MARKETING VEGETABLES.

Growers of vegetables and fruits should cater to their markets. It is always best to feel the pulse of the buyers, for some vegetables that are quite often not so on other markets. These facts should be recognized when growing vegetables for any special market. To be informed on marketing conditions is indispensable to economical marketing of truck. Whether one sells on a local market or ships to a distant cit or town, it is important to know something of the demands of the trade.

In some markets there is very little call for spinach, rhubard, garlic, paranips, etc., where in other places, especially with people of foreign birth, there is considerable demand for such vegetables.

Those who have had experience in selling vegetables from the farm delivery something of the demands of the trade.

Those who have had experience in selling vegetables from the farm delivery something of the demand for such there is considerable weath the city consumer may demand more service, a more expensive package, and better quality. But if in a locality where there is considerable weath the city consumer may demand more service, a more expensive package, and better quality. But if in a locality where many of the people are posor, sales may show that the people prefer ordinary quality, or, in other words,

and better quality. But if in a l-cality where many of the people are poor, sales may show that the people prefer ordinary quality, or, in other words, the cheapest. Likewise one product will sell in one district when perupati would not in another near by.

The man who markets vegetables must be a very close observer, patient, kind and hopeful. One day may be very discouraging and require coasidaterable produce to be brought back unsold. The next day sales may be cyclelent, even of products that would not sell the day before.

Experience has taught the writer that it does not pay to cut prices when sales are dull. If one is to stay in their bodies never become weak, hence they seldom become ill or injured and services. When a horse is brought into the stable all tired out, he should be given a little hay to nibble at and allowed vised to rest fer an hour or two before given any grain.

Miller's Worm Powders were devised to promptly relieve children who suffer from the ravages of worms. It is a simple preparation warranted to out the product of the product

MARKET REPOR

TORONTO MARKETS FARMERS MARKET
Dairy Produce—
Butter, choice, dairy \$1,045
Do., creamery ... 048
Aggarine 1b ... 031
Eggs, new laid, dos. 052
Cheese lb. ...
Do., fancy, lb. ...
Do., fancy, lb. ...
Turkeys, lb. 030
Fowl, lb. 032
Spring chickens
Roosters, lb. ...
Fruits—
Apples, basket ... 050
Blueberries, basket ... 175
Do., box ... 025
Currants, black, basket ... 200
Raspberries, box ... 028
Cherries, sour, basket ... 200
Begetables— Rasperries, box. 0 28
Cherries, sour, Jasket 2 00
Begetables—
Beane, small measure 0 10
Beets, new, dozen
Currots, new, dozen
cucumbers, basket 0 49
Cucumbers, dosen
Cucumbers, dosen
Cucumbers, dosen
Cucumbers, dosen
Cucumbers, dosen
Cubege, each 0 05
Cauliflower, each 0 10
Celery, head 0 05
Lettuce, head, bunch
Onione, Bar., 100-1b. g'ks
Do., green, bunch 0 05
Parsley, bunch
Peas, basket 0 50
Potatoes, new bag 2 25
Radishes, 3 bunches
Rhuberb, 3 for
Sage, bunch
Sayory, bunch
Sayory, bunch
Sayory, bunch
Sayory, bunch
Carbon Company Company
MEAGTS—VHOLESALE.
Beef, forequarters \$17 00
The bindquarters 24 00 MEATS-WHOLESALE
Beef, forequarters \$17 00
Do. hindquarters 24 00
Carcasses, choice 22 00
Dos common 21 00
Veal, common, cwt. 13 00
Do., medium 16 50
Do., prime 23 50
Heavy hogs, cwt. 19 00
Shop hogs 25 00
Abattoir hogs 26 00
Mutton, cwt. 22 00
Lamb. cwt. 28 00
Do., Spring, lb. 0 30
SUGAB MARKET

SUGAR MARKET.

Toronto wholesalers quote on refined sugars, Toronto delivery, as follows:

Royal Acadia, granuitd 100 lbs. \$9 28
Do., No. 1 yellow 100 lbs. 8 86
Do., No. 2 yellow 100 lbs. 8 75
Do., No. 3 yellow 100 lbs. 8 67
Royal Acadia, granuitd 100 lbs. 8 67
Do., No. 1 yellow 100 lbs. 8 51
Do., No. 1 yellow 100 lbs. 8 51
Do., No. 2 yellow 100 lbs. 8 41
Do., No. 2 yellow 100 lbs. 8 31
St. Lawrence, granuitd 100 lbs. 5 25
Do., No. 1 yellow 100 lbs. 8 36
Do., No. 2 yellow 100 lbs. 8 36
Do., No. 2 yellow 100 lbs. 8 75
Atlantic, granuiated 100 lbs. 8 75
Atlantic, granuiated 100 lbs. 8 77
Do., No. 2 yellow 100 lbs. 8 78
Doc., No. 2 yellow 100 lbs

TORONTO CATTLE MARKETS.

TORONTO CATTLE MARKET
Receipts, 64 cars; 812 cattle,
calves, 1,380 hogs, and 510 sheep.
Export cattle, choice . . . 14 00
Export bulls 10 00
Butcher cattle, choice 10 00
Butcher cattle, choice 10 00
Butcher, cattle, common . 7 25
Butcher cows, choice 9 00
Butcher cows, medium 8 00
Butcher, cows, canners 6 50
Butcher, cows, canners 6 50 Stockers, choice 8 50
Stockers, light 8 25
Milkers, choice 75 00
Springers, choice 80 00
Sheep, ewes 15 00
Bucks and culls 6 00
Lambs 21 00
Hogs, fed and watered 20 00
Hogs, fo, b. 19 00
Calves 10 00

Relief from Ashma. Who can describe the complete relief from suffering which follows the use of Dr. J. D. Kellogg's Ashma Remedy? Who can express the feeling of joy that comes when its soft and gentle influence relieves the tightened, choking air tubes! It has made ashmatic affliction a thing of the past for thousands. It never falls, Good druggists everywhere have sold it for years.

OTHER MARKETS.

WINNIPEG GRAIN EXCHANGE, Fluctuations on the Winnipeg Grain Exchange yesterday were as follows: Oats—Open. High. Low. Close. Oct. . . . 0 83% 0 83% 0 83 0 83 Oats— Open. High. Low. Close, Oct. . . . 0 83% 0 83% 0 83 0 83 eec. . . . 0 75% 0 75% 0 78% 0 78% 1 78%

MINNEAPOLIS GRAINS.

Minneapolis.—Cash wheat, No. 1
Northern, old, \$2.32. Corn.—No. 3
yellow, \$1.73 to \$1.78. Oats.—No. 3
white, 65½ to 66½. Plux.—\$4.36 to
4.39. Flour unchanged. Bran.—\$25.31
DJLUTH LINSEED.

Duluth.—Linseed, on track and to arrive, \$4.38; September, \$4.41 bid; October, \$4.36; November, \$4.32 bid; December, \$4.25 bid.

A bee and its honey are

DRS. SOPER & WHITE	
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