May 23, 1972.

Doctor," she si do if I wash't Be to be yours. May ld be your girl, De ickly. "Fill ask if you like?" bould, Libby Ang

up Pearl had gos

et her coming ha was the first day emed like the f vell. From a d ernoon sun pour

and heat. and his horses a drive her home with an ung d, with an usan his eye, "I wa hibby Anne. I ha her in any way y

him in surpri colour rose in comprehended

ks you to do a vent on. ced me yet," s

that? Well, I or me to do it

y last birthday." it way," he com n school, but j r you say that your next bi n you're nine a grown-up yo

ong time sheaf

he agreed, " you that quest has overlock m to-day. We o e date, March i cold, dark win from the po t and full or s That will just straight into

as he spoke. days," Pearls g away toward r Hills, that is soft afternoon s

spoke for a h Idenly Pearl tu not all caused sun as she si lly pretty fine

e had been a we rrell came to a express her ha recovery. erself a very s In the kitd In the kilds t, she found M hicken for Lil

d for you to ha rtha," she bega were over; should be ge her own. Lin

hen you re you here's that you his name?-d nt back on him er now than th ople say so rtha cried, fis ha lacked the s r. ext week)

The Upward Look A Simple Test

May 23, 1912.

He that loveth Me not keepeth not My sayings .- St. John 17, 24. If a man love Me, he will keep My words; and my Father will love Him, and we will come unto Him, and make our abode with Him.—St. John 14, 23.

Do we love God as we should? If we are in doubt on this point, there is no need that we should remain so. is no need that we should remain so. In the verses of our text Christ has green us two very simple and easily applied tests. All we need to do, therefore, is to use them, and we will soon find the relationship in which we stand to God.

Christ's disciples, although they had been in close relationship with Him for some years, were very lacking in faith and love. Christ knew this. Ho knew that the time was near when they would desert Him and flee. He knew that His death would for a while destroy their fondest hopes, and that eren after He should arise from the dead and appear unto them again there would be many times when fears and doubts would assail them as they have assailed all the rest of His followers down through the ages. His followers down through the ages. And so He gave them, and, through them, us, these simple tests and the great assurance that is an integral part of them. If we are not keeping treasured up in our hearts His say-ings, if we are not sariving, day by day, to apply them to the solution of the problems, great or small, that confront us, if we are not using them as the Sword and the Spirit to drive aray Satan and gain-the mastery over our ains, then we are not loving Christ. We may go to church, we may take His name in prayer, we may read take His name in prayer, we may read His sayings in God's Holy Word, but if we are not keeping His sayings then we are not loving Him, and all else is in vain. In fact, it may be that we are only keeping up for ourselves the greater condemnation, for to him that knoweth to do good, and doeth it not, to him it is sin (James 4. 17).

On the other hand, if we find that we delight to read God's Word in order that we may find therein the instruction and guidance and strength that our hearts cry out to us that we that our hearts cry out to us that we need, if we find ourselves treasuring Christ's sayings in our hearts and repeating them to ourselves in our moments of need, if we find ourselves thanking God that He has given them to us as a lamp unto our feet and a lies unit our path, and that they victory over the temptations of Satan, them may we know that we are keen victory over the temptations of Satan, then may we know that we are keep-ing His sayings and thereby proving our love for Him in the very way He most desires that we should. What ppi it then is for us to know that of the start together will be with us and abide in us. Truly we Christians have been given "exceeding great and precious promises, that by them we precious promises, that by them we may be partakers of the divine na-ture (II. Peter 1, 4).—I. H. N.

... How to Waste Money: Where

to Save it

Under the above heading there appears a very interesting article in a recent number of "T. P.'s Weekly." The best way to waste money, it is suggested, is to keep it in the pocket. Magneticd, is to keep it in the part of in a basin with a litt Den. whenever one sees a thing red in a basin with a litt which he fancies he would like he can cream, then put into a clea bay it at once; otherwise, he may fried two or three minutes forget it, or, having had time to think ter. Salt must be added.

FARM AND DAIRY

without it. With the money in one's pocket we are always ready to receive the genius

"The talk that will make a man think The

that he needs. thing that he doesn't; the talk that breeds So subtly the fear that he'll count for

nought

In the swim till that up-to-date frill he's bought."

Some useful suggestions are also made as to how money may be saved, the chief of which is to be systematic in the expenditure of it, to make a careful estimate under such headings as household expenditures, food, rent as household expenditures, fowl, rent, fuel, clothes, etc., not forgetting something for "the rainy day." And for this purpose the writer would ro doubt, had he been writing for the eyes of Canadians only, have econ-mended the Canadian Government annuities system as giving the largest possible return, with the best possible security. Ask your postmaster for iterature on the subject.

*********************** Vincent's Health Hints ------Affecting the Boys and Girls

There is another side to this ques-iton of eating as discussed in recent issues of Farm and Dairy, and one that counts immensely in the progress of civilization. There is no doubt whatever in my mind that the lives of our young people are shaped to a retater estent thin we know by the food they ext. In our own family 1 have seen the children made cross and peevish, half sick and out of sorts generally, just by having too much meat to eat. For a while in the fall of the year after we began to have fresh meat, we used to eat prety freely. It would be only a few days before the little chaps would begin to show signs of not being well. When we woke un to the fact that it was too greater extent than we know by we woke up to the fact that it was too much meat and shut down on it, there would be a speedy improvement

Overeating of other things will do the same thing. Too much pie and cake, too much candy- any of those things will quickly upset the whole digestive apparatus. What a fearful thing to think of that we are sending thing to think of that we are sensing our young folks out into the world with habits that may hamper and cripple them all their lives long. And wiong eating will certainly do it. There is no better way to insure a Itere is no betty: way to insure a coming generation of healthy, right-minded clizens than to see that 'sey live right when young. Could there be a higher calling than this? I wo'l' like to feel that I have been able to say some word that would awaken the thought of the people on this sub-ject. Then I should feel that I had not lived for nothing.

...

It is said that the wick of a lamp, if frayed out to about an inch at the end which is immersed, will give a much brighter and stronger flame.

... By putting the end of a candle into hot water it will be found to fit any candlestick quite easily without wrag ping papers round it.

...

To make silk which has been wrink-led appear like new, sponge the sur-face with a weak solution of gum arabic, and iron on the wrong side. ...

Eggs are delicious if they are stir-red in a basin with a little milk or cream, then put into a clean pan and fried two or three minutes with but-



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protected No Lawyer is Neces-

sary

For thirty-five cents you can make your will and be absolutely assured that it is perfectly legal in every respect and that it cannot be broken by anyone, no mat-ter how hard he may try.

Delay in making your will is an injus-tice to those whom you wish to be taken care of. The courts are full of will cases where, by legas technicality or the ab-sence of a will, the people who inherit property are almost the last ones that the deceased would want to share in it.

Life is very uncertain.

Life is very uncertain. Bo if you wish to assure those who are nearest and dearest to you of receiving all that you wish them to have, instead of paying \$50 to \$100 to a lawyer mend also includes a specimen will for your guidance. Fill it out according to simple instructions and you may be porfectly sure that it will stand every legal test and cannot be broken under any diround Why not send to-day, now, while it is n your mind to The Bax Will Form Co., toom 5, 280 College St., Toronto.

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