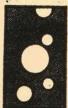
South Shore Divers Ltd.

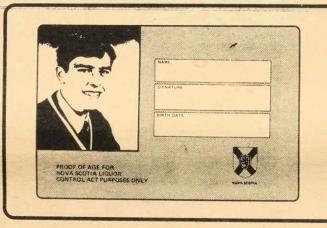


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AND

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- Discharge Papers
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- Statutory Declaration from Parent or Relative
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- Foreign Government Visa
- Social Insurance Card

"It is a criminal offense to obtain an identification card using false documents.



The Nova Scotia Liquor Commission Hon. J. Fraser Mooney, Minister

ID Card System Initial Travelling Camera Schedule

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Location Clyde St., Halifax

Clyde St., Hali Hubbards Porter's Lake Sheet Harbour Sept. 16 - Oct. 4 inclusive October 7th October 8th October 10th

Desperate Lunges on the Courts Tigerettes Prepare for Action

The Tigerettes are beginning to practice again. Yes, Charlie Brown, there will be another volleyball season!" Hitting 100 balls, diving, rolling, desperation lunges, digging, falling and getting up again, tired legs, bruised bodies, burnt knees, running a mile, weight training and mental endurance are all part of becomine a volleyball player. Eleven players have decided that this is the way that they wish to learn volleyball. Does it seem impossible?

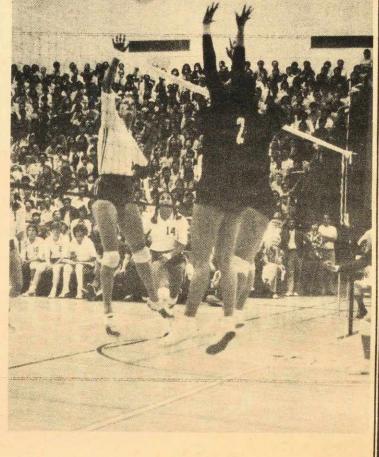
It has been said by many authorities that physical conditioning, mental concetration and perseverance are the most important qualities that a player must possess. Hirobumi Daimatsu, the 1974 Japanese National Women's Coach and Olympic Gold Medal winner, explains the method which made his players champions.

"When I considered their play insufficinet, I made them try over and over again, however late it might be, until they could play sufficiently and completely. If I had given up and softened the hardness of training, all our suffering up to that time, would come to nothing...

After six months they still had not improved. I reflected and found that I still took too much account of the fact that they were women however hard I might seem to be training them, and that there was no need to draw distinction between men and women - they cannot become great, if I treat them as women. When I realized this fact, I stopped to consider them as women and strangely enough, the harder the training, the stronger they became, both spiritually and physically. I imposed on them my way of training. For me to make them move around was to move my hands or legs. However, tired I may be, I walk with my legs, I hold with my hands. So however tired they might be, I made them move and play volleyball... Two months passed, and everything which seemed impossible became possible for them to do.

DO WHAT IS IMPOSSIBLE!

Of course our situation is different from trying to win an Olympic medal. Yet, many similarities exsist. Volleyball to the Japanese team was their life and thus they devoted most of their time towards achieving their goal. To the Dalhousie team volleyball is only part of their life. Education is the reason that they are here and thus assumes the most important role. But, still, anything worth doing, even a little, is worth doing well. This is the rational for allowing volleyball to become important enough to be part of the total



educative setting for eleven dedicated players.

Returning from last year's team are Cindi Rice, Margot Nuggent, Helen MacGregor, Judy Reardon, Bonnie McNamara and Peggy Kennedy. Cindi, Margot, Helen and Judy are all from Halifax. Bonnie comes from St. John, N.B. and Peggy hails from Kensington, P.E.I. These six players form the nucleus of possible intercollegiate champions. Adding the additional strength that is needed to form a top team are Ann Gromley, Joan Kelly, Karen George, Liz Johnson and Carolyn Cox. Ann is from St. John, N.B. and is also a member of their Winter Games team. Joan is a past member of the Halifax Moodie Blues, last years provincial champions at the senior level. Karen lives in Dartmouth and, in actuality,

is a vetern on the team. She spent last year working as a statistician while recovering from a broken leg. Both Liz and Carolyn are members of their respective Winter Games; New Brunswick and Prince Edward Island. They are also candidates on Canada's Junior National Team.

Also returning are two members from Halifax that perform our managerial duties. Brenda Bailey and Laura Pertus are the two people that make practices and travelling easier for everyone.

Hopefully, one can see that there is a great deal of quality that will carry Dalhousie's honour into competition. Looking at the future and comparing it with the past one can see some exciting possibilities: nothing is impossible!

Wrestling

The first practice will begin Monday, October 7 at 5:00 pm in the lower gym. Practices will go from Monday through Friday from 5:00 pm to 7:00 pm.

This years team should be an excellent one with three outstanding wrestlers who will be returning; Mike Soares at 177, Larry Bruen at 190 and John Brady at 147 lb class. Anyone interested in coming out for the team is welcome. No experience is necessary.

Intramural Soccer Begins

In the first game the Chinese Society defeated Howe Hall 2 to 0. Dentistry and Med played an even game with Medicine winning on an early goal. In the third game Physical Education defeated Arts and Science 1 to 0 with Arts and Science playing a strong game but could not score. In the last game. Oceanography and Law played an evenly matched game which ended in a scoreless tie.