

Dietary.*Scale I.*

For prisoners undergoing sentences of seven days or under :—

Breakfast—

Bread.....	6 oz.
Oatmeal gruel.....	1 pint.
Milk.....	$\frac{1}{4}$ "

Dinner —

Bread.....	8 oz.
Potatoes.....	1 lb.

Supper —

Bread.....	6 oz.
Oatmeal gruel.....	1 pint.
Milk.....	$\frac{1}{4}$ "

Scale II.

For prisoners undergoing sentences exceeding seven days and not exceeding 42 days :—

Breakfast—daily - as above—Scale I.

Dinner.	{ Sunday,	{ Bread	4 oz.
	{ Tuesday,	{ Potatoes	1 lb.
	{ Thursday,	{ Meat	9 oz.
	{ Monday,	{ Bread	6 oz.
	{ Wednesday,	{ Potatoes	1 lb.
	{ Friday,	{ Soup with vegetables....	1 pint.
	{ Saturday,	{ Cheese.....	2 oz.

Supper—daily—as above in scale I.

Scale III.

For prisoners undergoing sentences exceeding 42 days :—

The same as Scale II, $\frac{1}{2}$ pint coffee being added to $\frac{1}{4}$ pint milk at breakfast, and an additional 2 oz. bread at supper.

NOTE.—*Oatmeal Gruel* to consist of 3 oz. oatmeal, with salt to every pint.