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It costs **LITTLE** by the package, but **LESS** by the box. You **HAVE** it when you **WANT** it and you save some cash besides.

It stays in good condition until used. It is a handy, healthful, refreshing pastime. It carries without crushing or becoming sticky.

WRIGLEYS SPEARMINT PEP SIN GUM

The Flavor Lasts

Look for the Spear

The breath purifying, teeth preserving, appetite stimulating and digestion aiding mint leaf juice is a friendly aid to everyone. Everyone **LIKES** it and children **LOVE** it.

Isn't it the confection you prefer for your little ones?

Made in Canada
Wm. Wrigley Jr. Co., Ltd.
7 Scott Street, Toronto, Ont.

Daily Hints For the Cook

BACON SANDWICHES
Wipe off breakfast bacon delicately broiled make the most appetizing sandwiches, especially if put between toasted slices of graham bread. The small shreds of bacon must lie on lettuce, and be seasoned with paprika or red pepper. These are an appetizing cold as hot.

CHESTNUT CREAM SANDWICHES
Peel, boil, drain and mash large French chestnuts. Rub them through a sieve and mix thoroughly with sweet cream. Add a touch of salt or sugar, as is liked, and spread the paste on thin slices of fresh white bread, denuded of crust and cut in round disks. Use a biscuit cutter for shaping after slices are cut.

BREAD AND BUTTER BITES
Cut the end from a loaf of fresh white bread, using a sharp knife. Then smear the cut end with sweet butter, shave off the slice and make a second in the same manner. Put the two buttered slices together, and then cut small disks with the finest nut cake cutter. The bites must be only comfortably mouth size. For old-fashioned bread and butter proceed in the same way, except to leave on the crust and cut the slices down in even halves or triangles. The baker's home-made bread of the day is needed.

White Swan Yeast Cakes
If you want your family to eat more bread, bake it with White Swan Yeast Cakes. Try a 5c. package containing 6 cakes—at all grocers or write today for sample. White Swan Spices & Cereals, Limited, Toronto, Ont.

YOUR GUARANTEE OF QUALITY

"SALADA"

on a sealed lead package of Ceylon Tea, is a safeguard and guarantee.

"SALADA" means freshness, purity, exquisite aroma, delightful flavor.

"SALADA" means purity, healthfulness, a fact.

BLACK, GREEN or MIXED

THE LORD MAYOR'S MOTTO
Sir Wm. Thelker when Lord Mayor of London, said: "My motto for womanhood is, 'The better the cook, the happier the husband.'"

There is no earthly reason why wives should not, nowadays, perfect themselves in the gentle art of cooking. Instruction of the very best is open to them; the accumulated experience of centuries is theirs to command and culinary helps such as have never been available before, are brought within the reach of this narrowest purse.

Take, for instance, the delicious H. P. Sauce, introduced only a short time ago from England. The different choice flavors of Oriental fruits and spices are perfectly blended in this new and delightful

The Evening Chit-Chat
By RUTH GAMERON

"THE world is too much with us; late and soon, getting and spending, we lay waste our powers."
—Wordsworth.

Because she found that the large rent was a burden which continually fretted and galled her, and absorbed a disproportionate amount of her attention, a woman recently gave up a pretty home in which she had lived for many years, and moved into less expensive quarters.

"It was such a pretty home, and we had fitted it up just to suit us, but after my sister married, the rent was really too much for me. I could have paid it. In fact, I did pay it for three years, as I was always a strait and always on my mind. I was all the time afraid I wouldn't earn enough, or would be sick, or get behind some way or other. One night I sat down and thought it all over, and I came to the conclusion that I wasn't getting enough out of life that way. All I've been doing for the last three years is struggling to make enough money to pay that rent. I haven't been living. I've just been earning and spending, earning and spending. Do you know, in spite of the fact that I miss my pleasant and convenient home, I've been infinitely happier since I left it? The strain is relieved. I can live now."

Don't you think that woman was an exceptionally wise person? I do.

The world is full of people whose lives are just what this woman's was while she was trying to live beyond her means. "Late and soon, getting and spending," says Wordsworth, and describes the whole existence of—yes, I fear it—at least half the world.

We must earn and we must spend, but what a tragedy it is when life holds nothing for us besides these two processes. I know that there are millions of poor people so uneducated and so unfortunate that they must work from dawn till dark and still scarcely earn enough to keep themselves from starving. I can't think of the lives of these people without a passionate rebellion and a passionate longing for the time when the world will not tolerate such conditions and I truly believe that time will come. To these people life can hardly be any more than getting and spending. But these are but a small proportion of the people who get no more out of life. A far larger proportion is made up of folks who, like the woman in the quoted paragraph, are not so much as they can rightly afford, deliberately chain themselves down to an unremitting round of getting and spending.

No luxury is worth such imprisonment of the soul.

Nothing but absolute necessity can excuse such an existence.

And yet how many of us are deliberately enslaving ourselves in this way! How many of us are leading an existence which, by our own fault, is a life of getting and spending! How many of us have said reason to say with Wordsworth, "The world is too much with us!"

Courage, my friends, while there's life there's hope. If you can only arouse your soul enough to make it suffer about this state of things you may alter this condition. You need not be a slave any longer than you wish to be. Sit down and think it all out. Is your life any more than getting and spending? Do you wish it to be any more than that?

La MARQUISE de FONTENOY

Lord Cheylesmore New Head of London County Council—Owns Fine English Estates

(Copyright, 1912, by the Brewster Company.)

The election of Major General Lord Cheylesmore as chairman of the London County Council is an altogether ideal appointment, for it will have the effect of preventing the real chief of the municipality of the metropolis of the British Empire from being in a measure eclipsed by one of his subordinates and mere borough presidents, the lord mayor of the ancient City of London, the smallest of all the twenty-five boroughs into which the national capital is divided.

Lord Cheylesmore possesses as a personal friend of the king, as a retired general of the army, as a peer of the realm, and as a very conspicuous member of the London great world, a permanent social prestige, to which the lord mayor, with his merely temporary dignities, can never aspire. True, the lord mayor occupies a furnished official residence at the Mansion House, opposite the Bank of England, and the use of a whole household, and of the immensely valuable city silver plate, and receives, moreover, a salary of \$60,000, which enables him to do much entertaining.

But Lord Cheylesmore is very rich indeed in his own right, added to which he married a wealthy American wife, Elizabeth, the daughter of F. O. French, of New York, and sister of the first wife of Alfred G. Vanderbilt. So that he can, without pinching himself in any way, give entertainments more splendid, more state-like, and more distinguished, in his capacity of chief magistrate of the British metropolis than the lord mayor of the borough of the City of London.

The office to which he has been elected carries with it no salary or allowance, and has hitherto been lacking in prestige, owing to the failure of the English people to realize its importance. In fact, Lord Cheylesmore's acceptance can be regarded only as an act of public spirit, and a proof of his readiness to serve his fellow citizens of London, and to devote most of his time to their interests without any reward. His official quarters will be the new palace of the London County Council which is now in course of construction on the south bank of the Thames, almost directly facing the houses of the national legislature at Westminster. King George laid the foundation stone a few weeks ago with much ceremony, and the stately pile, standing immediately on the river bank, will be a worthy counterpart of the Hotel de Ville of Paris, of Brussels and Vienna, and will completely overshadow the dingy and by no means impressive Mansion House and Guild hall in the city.

Father of Civilian Rifle Clubs

Lord Cheylesmore, since his retirement from the army, where his entire career

Start House-Cleaning Right

Wouldn't you like to see just what RUG or ART SQUARE would look nice in your Parlor, Drawing Room or Den or what sort PATTERN you would like for your Dining Room, Kitchen or Bathroom.

Just drop in any time you wish, open till 9 p. m., and we will very pleased to show you the latest and most artistic designs in Rugs, Art Squares, Reversible Squares, Lace Curtains and Portiers.

We carry an extra fine line of INLAID and PRINTED LINOLEUMS, ENGLISH Import OILCLOTH that cannot be beaten for WEAR and FINISH. Also Window Shades in shades and sizes.

J. MARCUS

'Phone 1373. We Retire Baby Carriages. 30 DOCK STREET

in Bermuda. One of the battalions of Guards had got out of hand of Wellington barracks in the immediate vicinity of Buckingham Palace, in London. The officer in command was superseded by the colonel Herbert Eaton, as best qualified to restore the discipline and the proper spirit of the men, who were transferred to Bermuda. Colonel Eaton, a singularly good-looking, well set up gentleman, became exceedingly popular in Bermuda, and, having made the acquaintance of Miss Elizabeth French, who had gone there from New York to spend a few weeks with some relatives, he managed to win her heart and her hand. He married her in New York in 1862.

Needless to add that in the troubles which ensued between his wife's sister and the latter's husband, Alfred Vanderbilt, Lord Cheylesmore sided very actively with his sister-in-law; and one of the incidents which preceded the final break-up between husband and wife, somewhat sensational, was the fact that Cheylesmore and his wife, longer under the roof of Alfred Vanderbilt and the cutting short of the latter's marriage, the prejudice of Lord Cheylesmore against Alfred Vanderbilt had been without creating all sorts of difficulties for the latter in England not only but also in sporting circles.

MARQUISE DE FONTENOY

SHIPPING

BY WIRELESS.
1.30 p.m.—Corinthia, abeam Cape Sable, bound east.
1.44 p.m.—Armenian, 70 miles east of Cape Sable, bound Boston.

FOREIGN PORTS
Vineyard Haven, April 10—Sld, schrs Peter C. Schultz, Jennie C. Stubbs, Ernest T. Lee, Susie P. Oliver, Rodney Parker, Mary Curtis, New York.
Boston, April 9—Schr Harry Miller, from St. John for New York.
Hyannis, Mass, April 9—Ard, schr Anne Lord, Perth Amboy for St. Andrews (NB).

CHARTERS.
Schr Ella Sayre, from West Bay to West coast, 55c; schr Lorke, from Piquet to West Coast, coal, 55c; schr Maude, from Piquet to West Coast, coal, 55c.

MARINE NOTES
The schr Nellie Eaton, which cleared yesterday, took away 33 M spruce deals, 28 M spruce planks and 53 M scantling, consigned to Station, Cutler & Co, Boston. Starting in May, Quebec is to have a monthly steamer service to Havre by the Compagnie Generale Trans-Atlantique.

Death Follows the Surgeon's Knife

Surgery is the fad in medical treatment, and many doctors still recommend a surgical operation for piles. Too often the results are fatal to the patient and even when the operation is a success there is not always a cure.

There is a safer way to cure piles, a less risky and less expensive way. You are certain of obtaining relief by using Dr. Chase's Ointment, and if you persist in this treatment you can also be fully cured.

It is worth while to try Dr. Chase's Ointment, even if you have been told that an operation is necessary. Many have escaped the knife by using this ointment, and others have been cured by its use after operations had failed.

Relief from the itching, stinging sensations which make the suffering from piles so hard to bear is obtained almost as soon as Dr. Chase's Ointment is applied.

MARRIED YESTERDAY.
The wedding of Miss Helen M. Murphy and William J. Milligan, both of this city, took place at the home of Rev. H. D. Marr, yesterday. Miss Fannie Murphy acted as bridesmaid and George Douglas supported the groom. Mr. and Mrs. Milligan will reside in Waterloo street.

Mrs. Beck—But how do you know that he is a married man? Did he say he was?
Mr. Beck—No; but he looked sympathetic when I told him I was.

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Fenwick D. Foley,
For Fire Clay Stove Linings

When Berry Time Comes

Did you ever try fresh berries and Tillson's Rolled Oats for breakfast?

The combination is delicious.

Strawberries, raspberries, huckleberries, each in their season, and Tillson's, enable you to prepare a breakfast dish that can't be resisted.

No trouble at all to prepare. Just pour the fruit over the plate of freshly made porridge. Sprinkle with cream and sugar, and then!

Well, you'll know just how good it is when berry time comes.

Tillson's Oats

Your grocer has Tillson's. Two sizes—10c and 25c. Each 25c package contains a handsome piece of English Porcelain Tableware.

CANADIAN CEREAL & MILLING CO., L
Toronto, Ont.



Only One "BROMO QUININE" that is Laxative Bromo Quinine Cures a Cold in One Day, Grip in 2 Days

E. W. Brown