

The Picnic



Season is only just beginning, and the weather man says that August is to be a dry, warm month.

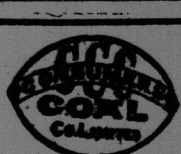
At our THREE STORES we are clearing out all our stock of Summer Shoes at prices so low that there is no necessity for wearing a shabby boot or shoe.

Canvas, Buck, Patent and Gun Metal Shoes, Pumps, Colonial and great reductions.

Now is the time to buy seasonable Footwear

Waterbury & Rising

King Street Union Street Main Street



COAL?

CONSUMERS COAL CO., LIMITED

JAPAN'S CURRENCY.

The Japanese currency system is very simple and is based upon a gold basis. The unit of value is a yen. This equals fifty cents in gold, according to our United States value. One yen is divided into 100 sen. Each of the latter is worth just one-half of an American cent. The Japanese yen is the equivalent of ten rin, and the smallest Japanese coin consists of a five-rin piece, the equivalent of one-quarter of an American penny. The currency medium is composed of paper notes, silver, nickel and copper. The Japs have their paper money in one, five, ten, twenty, fifty, and one hundred yen notes and upward. The silver money comes in ten, twenty and fifty sen pieces. The smallest nickel piece is valued at five sen. Then come the copper coins. These are valued at two sen, one sen, and five rin. This is the substance of the entire currency system in Japan when you step into a money changer's to procure the coin of the realm.

But you do not always obtain the equivalent in values for your American currency. These various seaport towns swarm with Chinese money changers. These Mongolian financiers deduct a rebate of from one to two per cent for every \$10 in American money exchanged. When you travel in the interior localities of Japan, away from the beaten track of tourist traffic, you will be compelled to pay even a higher rate of exchange, as the Jap merchants refuse to accept foreign coin in exchange for their wares unless they are easily accessible to some nearby seaport town. The Jap nickel, or five sen piece, will buy five or six times as much for a Jap in his own country as the same value



CUTICURA COMPLEXIONS

Are Usually Fresh and Clear, Soft and Velvety.

The Soap to cleanse and purify, the Ointment to soothe and heal. Thus these fragrant super-creamy emollients promote and maintain the natural purity and beauty of the skin, scalp, hair and hands under all conditions.

Sample Each Free by Mail With 32-p. Skin Book. Address postcard, Cuticura, Dept. L, Boston, U.S.A. Sold throughout the world.

The Gift for the Bride

For a gift of distinction and individuality, let us suggest a choice piece of Diamond Set Platinum Jewelry. It may be a Bracelet, Necklace, Lavalliere, Bar Pin, Brooch or Finger Ring. Our Platinum Jewelry has the latest "touch" in design, and our Diamond and Gem Values are supreme.

Ferguson & Page

Diamond Importers and Jewelers 41 King St.

Souvenir Novelties

Souvenirs bid fair to be more than ever popular this year, and with this in view, we have gathered in our Silverware Department a most select range of Patriotic and other Souvenir Creations, in Spoons, Brooches and Allied Flag Pins in a superior grade of enamel. Also a select range of Military and Hat Pins finished in gold.

W. H. Thorne & Co., Ltd.

Market Square King Street

HOW RUINS "RESPECT" THE SACRED



A French official photograph showing the ruins of the famous church towers at St. Etienne, shelled by the Germans.

The War News of Last Night

It may even be some days before the Teutons occupy the Polish capital, for the Russians are fighting more than a rear guard action. In fact they are still delivering very heavy blows at their opponents, and are gaining some local successes, particularly on the Niemen and southeast of Chelm, where they are opposing the efforts of the Austrians to get across the Bug river. However, military critics say that these local successes will not affect the Russian plan of falling back to a shorter and stronger front.

Rome, July 30, via Paris, 5:45 a.m.—An attempt was made by a squadron of Austrian cruisers and a flotilla of torpedo boats yesterday to recapture the Austrian island of Pelagos, in the Adriatic, which was occupied by Italian naval forces last Monday, according to an official communication issued today by the Italian ministry of marine. The attack was repulsed, the statement adds, and some members of the Austrian landing party were forced to swim to their ships.

Geneva, July 30.—A telegram to the Tribune from Lichtenstein, Carniola, says:

"The Austrians attacked the Italians at Gorizia with 170,000 men, including 30,000 Bavarians, on the night of July 28, with disastrous results. The Austrian losses numbered 12,000.

"On the following day a fierce Austrian attack on Carso plateau also was repulsed.

"The Italians hold all the positions they have captured in the last fifteen days, except the advanced trenches before Gorizia, which have been evacuated.

WEAK, TIRED, DEPRESSED

That is the Usual Condition of Persons Afflicted With Anemia.

Anemia is the medical term for poor watery blood. It may arise from a variety of causes, such as lack of exercise, hard study, improperly ventilated rooms or workshops, poor digestion, etc. The chief symptoms are extreme tiredness, the face and gums, rapid breathing and palpitation of the heart after slight exertion, headache, dizziness, a tendency to hysteria, swelling of the feet and limbs and a distaste for food. All these symptoms may not be present, but any two of them indicate anemia which should be promptly treated with Dr. Williams' Pink Pills. These pills make new, rich blood which stimulates and strengthens every organ and every part of the body. Dr. Williams' Pink Pills have made thousands of anemic people bright, active and strong. The following is one of the many cures. Mrs. Phillips, wife of Rev. W. E. Phillips, Princeton, Ont., says: "Some years ago, while living with my parents in England, I fell a victim of anemia. The usual complications set in and soon I became but a shadow of my former self. My mother, who had been a former nurse of many years experience, tried all that her knowledge suggested; tonics of various kinds were tried, and three doctors did their best for me, but without avail, and a continued gradual decline and death were looked for.

"Later my parents decided to join my brothers in Canada, and it was confidently expected that the ocean voyage, new climate and new conditions would cure me. For a time I did experience temporary benefit, but was soon as ill again as ever. I was literally bloodless, and the extreme pallor and generally hopeless appearance of my condition called forth many expressions of sympathy from friends whom we made in our new home in Acton, Ont. Later a friend urged me to try Dr. Williams' Pink Pills, and although in a condition where life seemed to have little to hope for I decided to do so. After using three boxes I began to mend. Continuing I began to enjoy my food, slept almost normally, and began to have a fresh interest in life as I felt new blood once again running in my veins. Dr. Williams' Pink Pills brought about a complete cure and I am today in robust health. My husband is rector of this parish and I have recommended the use of the Pills to a great number of people with whom we have come into contact in the course of my husband's ministry, for we both know what Dr. Williams' Pink Pills can do."

These Pills may be had from any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

AT THE HORSE MARKET.

"Going, Going—Gone!" Cries Auctioneer, and Dobbin Just From Country Has a Job.

There are approximately 150,000 work horses in the city of New York. All of them are country born and are shipped to the city green, like the country boy, to become "acclimated" and accustomed to the city's strange sights and sounds. From six to eight years they remain in the city, when they are sent back again to the country, where they are given easy work to do or put into pasture. By proper care the horse's period of service in the city is gradually being lengthened.

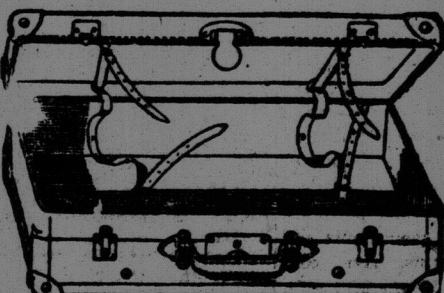
Stores Open 8.30 Close 6 O'clock; Fridays 10 p. m., Saturdays 1 p. m.

The Bargain Sale of Boys' Suits Will Be Continued Monday in Clothing Department

Real Leather Suit Cases

Superior Values and Which, as the Leather Market is Today, Positively Cannot Be Duplicated at the Prices

In consequence of a previous contract, we are able to offer these extreme values. The quantity is limited, however, and it would also be well to remember that these cases can only be purchased from M. R. A., Limited, at such low prices.



LOT 1—Our Special \$4.50 Case, made of real leather, full thickness, with iron frame and valance, polished brass locks and bolts, solid handles, new swing style, heavy solid leather corners, strongly riveted on, leather straps in body and cover, lined with checked cloth. This suit case is offered in tan and brown. Sizes 22, 24 and 26 inches.

Our Special Price (any size) \$4.50

LOT 2—Our Special \$5.50 Case. In order to keep fully up-to-date and meet all demands, we have taken our special case, as described above, and added several improvements, including two heavy solid leather outside straps, which are a novelty today on all high-grade Suit Cases. Also a shirt or shirtwaist pocket in cover. This is a substantial case and remarkably good value at the price.

Our Special Price (any size) \$5.50

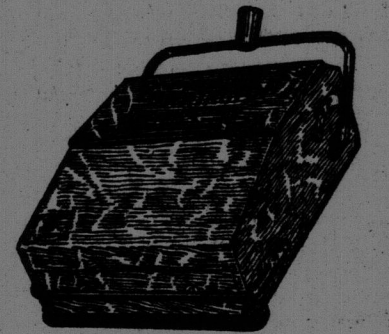
MEN'S FURNISHINGS DEPARTMENT

THE "TORRINGTON" ROLLER BEARING Hand Vacuum Cleaner

Twelve thousand floors would seem almost impossible for a little machine like this to do, but the manufacturers of The "Torrington" Vacuum Cleaner claim that if you have a dozen carpets in your house, this wonderful little machine will clean them one thousand times and still be good.

Why continue to take up carpets in the old fashion way, or be satisfied with so much entirely avoidable dust in the home, when you can procure a "Torrington" Vacuum Cleaner for \$8.00. Or a Combination Cleaner and Carpet Sweeper for \$8.50.

CARPET DEPT.—GERMAIN ST.



Manchester Robertson Allison, Limited

to do, and then have the courage to do it? I should be afraid of doing the wrong thing."

"Why," she said, "that is easy. Just do the very best you can and trust God for the rest. After all, it is God who saves the baby, not us, and not our efforts; but we can help. He lets us do that. Lots of times the good we do goes beyond any medicine. Never be afraid to help your best. I have been doing that for forty years and I am going to keep it up till I die."—Atlantic Monthly.

"There is one thing queer about man's running for office."

"What's that?"

"His running depends on how he stands."—Baltimore American.

Many British Officers Fall

London, July 20.—(Correspondence)—Officers casualty lists for the fortnight ended July 19, show that the British army lost 196 killed, 407 wounded, and 46 missing, a total of 649. Since the beginning of the war, the total officers' casualties amount to 13,291 of whom 4,061 have been killed or died of wounds, 8,069 wounded, and 1,161 are reported to be missing.

During the fortnight officers' casualties have been heaviest amongst those regiments participating in the Dardanelles fighting, the Cameroonian (Territorial), having four killed, 18 wounded, and 20 missing; Royal Scots (Territorial), 20 killed, 24 wounded, nine missing; Australians, 15 killed, 24 wounded; New Zealanders, three killed, 19 wounded, and Royal Engineers, five killed and 18 wounded.

The Indian contingent suffered to the extent of 20 killed and 46 wounded the Lancashire regiments lost 12 killed and 20 wounded, and the Royal Field Artillery had three killed and 15 wounded.

Let your summer be free from anxiety about baby.

The use of the 'Allenburys' Foods protects Baby from the dangers of cow's milk and summer colic.

Take your holidays and pay your visits—baby can go with you.

Wherever you may be the 'Allenburys' Foods are readily prepared—ideal when travelling—and with their aid you will be able to look back on a successful holiday.

Remember—that as well as providing for the youngest baby, or the most delicate digestion, the 'Allenburys' Foods Nos. 1, 2 and 3—the only progressive dietary for infants—provide all the essential elements in right proportions to ensure healthy growth and development, as baby's digestive capabilities increase.

Milk Foods Nos. 1 & 2 need only the addition of boiling water. Trouble is thereby saved and harmful germs avoided. No. 3 Food is a Malted Food that is easily digested, and exceptionally nutritious for children over 6 months who have been weaned.

The nearest approach to healthy mother's milk.

Allenburys' Foods

MILK FOOD No. 1 From birth to three months MILK FOOD No. 2 From three to six months MALTED FOOD No. 3 From six months onwards

A Doctor Writes:—"I have constantly ordered patients to get your food for their infants, and it has always proved a success. Last summer when I had over three hundred cases of summer diarrhoea to deal with I found No. 1 'Allenburys' very useful."

"I can only conclude by saying your food is in every way excellent and a boon to humanity."

Write for large FREE SAMPLE of Food, stating age of child and whether weaned or not. Also for FREE BOOK "INFANT FEEDING and MANAGEMENT"—64 pages of valuable information. POST FREE.

THE ALLEN & HANBURY Co., Limited, TORONTO, ONT. A.D. 1715—Established 200 years—A.D. 1915