AFTER EATING

Defection of Russia, Upon Whose Armies So Much

Had Depended.

'For two years I suffered tortures from Severe Dyspepsia. I had stant pains after eating; pains d sides and back; and horrible bitter help me. But as soon as I started tak-'Fruit-a-tives,' I began to improve medicine, made of fruit juices

50c a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives, Limited, Ottawa.

"CASCARETS" SET YOUR LIVER AND

They're Fine! Don't Remain Bilious, Sick, Headachy and Constipated.

Best for Colds, Bad Breath, Sour Stomach-Children Love Them.

Get a 10-cent box now. Be cheerful! Clean up inside tonight and feel fine. Take Carscarets to liven your liver and clean the bowels and stop headaches, a bad cold, biliousness, offensive breath, coated tongue, sallow-ness, sour stomach and gases. Tonight take Cascarets and enjoy the nicest, rentlest liver and bowel cleansing you ver experienced. Wake up feeling rand—everybody's doing it. Cascarets est laxative for children also.



To Make Hairs Vanish From Face, Neck or Arms

Keep a little powdered delatone handy and when hairy growths appear make a paste with some of the powder and a little water, then spread over hairy surface. After 2 or 3 minutes rub off, wash the skin and it will be entirely free from hair or blemish. This simple treatment is unfailing, but care should be exercised to be sure and get genuine dela-



increases strength of delicate, nervous, run-down' people in two weeks' time in many instances. It has been used and indorsed by such men as Hon. Leslie M. Shaw, former Secretary of the Treasury, and Ex-Goyernor of Iowa: Former United States Senator Richard Rolland Kenney of Delaware, at present Major of the U. S. Army; General John L. Clem (Retired), the drummer boy of Shiloh, who was sergeant in the U. S. Army when only 12 years of age; also United States Judge G. W. Atkinson of the Court of Claims of Washington, and others. Ask your doctor or druggist about it.

Beautify your Complexion

-and rid the skin of unsightly blemishes, quicker and surer, by putting your blood, stomach and liver in good order, than in any other way. Clear complexion, bright eyes, rosy cheeks and red lips follow the use of Beecham's Pills. They eliminate poisonous matter from the system, purify the blood and tone the organs of digestion-Use

Worth a Guinea a Box

CONSTANT PAIN PALESTINE AND MESOPOTAMIA, SIDESHOWS IN THE GREAT WORLD WAR, HAVE VITAL BEARING ON FUTURE OF CIVILIZATION

Campaign Just Closed a Series | Map of Palestine Showing Jericho and the Line of British Advance of Remarkable British Achievements in Face of



course of history in the Near East will be changed.

A year ago, when Gen, Maude entered Bagdad, there was a moment when it seemed as if the Turk might be swept clean out of the lands he has long held—Arab lands from Mosul and Aleppo down to Mecca and Medina, Armenian lands from Adana above the Gulf of Alexandretta to Erzerum and greater Armenia, on either side of the Russian frontier. Already Russians troops coming south through Persia had joined hands with the British moving out of Bagdad and along the caravan route from Mesopotamia to Persia. When the Russian revolution changed everything and left the British position. The dream of a converging Anglo-Russian thrust to the Mediterranean through Mosul was abolished, like so many other dreams, by the greater Armenia, on either side of the Russian frontier. Already Russians troops coming south through Persia had joined hands with the British moving out of Bagdad and along the caravan route from Mesopotamia to Persia. When the Russian revolution chainged everything and left the British in Bagdad in an exceedingly perilous position. The dream of a converging Anglo-Russian thrust to the Mediter ranean through Mosul was abolished, like so many other dreams, by the sudden outburst of anarchy in Petrograd.

Since they had reached Bagdad the British determined to stay there, but for many months their hold was regarded as slight, and the return of the Turks, led by some German general, was freely predicted in London all last winter. But the Turk did not come, and presently the British under their new commander—the brilliant Maude having died all too soon after his great achievement—began to wrestle with the problems of the Bagdad occupation. The pressing problem was that of transportation. It was necessary first of all to increase the number of steamers on the river, and, second, to all to increase the number of all the problems of the Bagdad, that there might be no more difficulties such as river navigation always brings. That railroad is finished from Basra, at the head of occangion navigation, below the point where the Euphrates and the Tigris meet, to Bagdad, that there might be no more difficulties such as river navigation always brings. That railroad is finished from Basra, at the head of occangion navigation, below the point where the Euphrates and the order of the safe and an adeal and support of the safe and the problems of the Bagdad, and now from Bagdad three other lines radiate: northward toward the Persian frontier.

THE MESOPOTAMIAN FIEL

THE MESOPOTAMIAN FIELD

British troops in Mesopotamia have advanced toward Mosul in co-operation

with the forces in Palestine. The joint expedition menaces Turkey's hold on Kars, Batum and the surrounding territory which was ceded the Ottoman by the

TEHERANO

PERSIAN

British troops in Mesopotamis have advanced toward Meaul in co-separation with the forces in Pateston. The printer which was coded the Ottomas by the Brets-Litevok treaty.

British Litevok treaty.

Of these three lines that to Moul on the map straight east from Dondon the tree of the old Octyphic was the printer with the man of the Thrist at Moul you will be a complete to the control of the tree of the old Octyphic was of the printer which was control to the control of the tree of the old Octyphic was of the printer with the control of the tree of the old Octyphic was of the printer was of the printer was of the printer was of the printer with the printer was of the pri

ports of new activities on the Legy was pushed front. A British railway was pushed front to British railway was pushed least from the Suez Canal along the deast from the Suez Canal and a cat the frontier between the swell be formed to France; Aleppo, Damascus and Beirut will come under French protection it will come

Munitions Workers

Eternal vigilance and unfaltering effort is the price we must pay for victory.

If our efforts are not equal to or greater than our enemies' we shall become their prey.

We are forced to recognize a considerable "slackening up," man for man and woman for woman, in Canadian munitions production.

The high motive which animated and stimulated the munitions worker a year or more ago is seemingly dying away. The work has become too much "a matter of course."

This attitude must be conquered. Munitions labour was never so vital. Its effect upon the morale of our Armies was never so potent.

Catastrophe would actually follow a continued slowing up of munitions labour.

Put the old fire and enthusiasm into your work.

Speed Up Your Output!

The Department of Labour, Imperial Munitions Board,