

Break the Blockade.

Constipation is the engorgement of the lower part of the bowels, with matter which nature is anxious to get rid of. The liver, being out of order, has sent no bile to oil the way, and so this stuff has got caked and hardened in the tube. It is a perfectly horrible state of things. If we don't presently break this blockade we shall be poisoned from head to heel. Take good doses of Mother Seigel's Operative Pills until the bowels act. Often people fall into the habit of being constipated. It won't do. Better almost be dead. Use the Pills in smaller doses daily, until you change this tendency. Then be careful of your general habits.

Part Accepted.

Poet—I called in, sir, to see about that little poem I sent you some time ago.

Editor—That poem has not been published yet, sir.

"And the stamps I enclosed with it?"

"The stamps were published long ago."



Don't Touch Them.

Another thing, another "don't." Don't get into the way of feeding on so-called "condensed" or "pre-digested" foods. They are among the worst inventions men ever got up. You can't cheat the human body with them, even though you may cheat yourself into thinking you need them. If you are troubled with indigestion and dyspepsia, or with any ailment arising from it, take the prescribed doses of Seigel's Operating Pills, and then wait for a natural appetite. Nature doesn't want any humouring or coaxing, when she needs a meal she will let you know. Then eat your usual food.

If you are growing old in years don't worry about it. Let bygones be bygones. Harvest is better than seed time. Better be seventy years old than twenty if you have lived right.

Ahead of Them.

First Burglar—What, back so soon, bill! What did you get?

Second Burglar—Nothin'—we're too late—there's a receipted plumber's bill a-layin' on the table!

2nd Month.

FEBRUARY, 1894.

28 Days.

Day Month.	Day Week.	CHRONOLOGICAL EVENTS.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Provinces of Ontario, lying on and bet. the Great Lakes			MOON'S PHASES.
			Sun Rises.	Sun Sets.	Moon Rises.	Sun Rises.	Sun Sets.	Moon Rises.	
1	THUR.	George Cruikshank died, 1878.	h.m.	h.m.	h.m.*	h.m.	h.m.	h.m.	New Moon
2	FRI.	Purification of Virgin Mary.	7 21	5 07	4 47	7 17	5 12	4 38	First Quarter
3	SATUR.	Mendelssohn comp'ser, b'rn, 1809.	7 20	5 08	5 40	7 16	5 13	5 31	Full Moon
4	SUN.	Galvani died, 1770.	7 19	5 10	6 24	7 14	5 15	6 16	Last Quarter
5	MON.	Sir Robert Peel born, 1788.	7 18	5 11	7 05	7 13	5 16	6 54	7d 4h 45m ev.
6	TUES.	Fort Henry captured, 1862.	7 16	5 12	sets.†	7 12	5 17	sets.†	13d 5h 43m m.
7	WED.	Ash Wednesday.	7 15	5 14	6 15	7 11	5 19	6 18	19d 8h 16m ev.
8	THUR.	Pope Pius IX. died, 1878.	7 14	5 15	7 22	7 09	5 20	7 24	25d 7h 28m m.
9	FRI.	Bishop Hooper martyred, 1555.	7 13	5 17	8 23	7 08	5 21	8 28	
10	SATUR.	Queen Victoria married, 1840.	7 11	5 18	9 37	7 06	5 22	9 36	
11	SUN.	Descartes died, 1650.	7 10	5 20	10 49	7 05	5 23	10 46	
12	MON.	Emanuel Kant died, 1804.	7 09	5 21	morn.*	7 04	5 25	12 00	
13	TUES.	Captain Cook killed, 1779.	7 08	5 23	0 05	7 03	5 27	morn.*	
14	WED.	St. Valentine's Day.	7 06	5 24	1 23	7 02	5 28	1 16	6d 3h 45m ev.
15	THUR.	Cardinal Wiseman died, 1857.	7 04	5 26	2 43	7 00	5 29	2 34	13d 4h 43m m.
16	FRI.	Kane Arctic Explorer, died, 1857.	7 03	5 27	4 00	6 59	5 30	3 50	19d 8h 16m ev.
17	SATUR.	Michael Angelo died, 1563.	7 01	5 29	5 07	6 58	5 31	4 57	25d 7h 28m m.
18	SUN.	Martin Luther died, 1546.	6 59	5 30	6 01	6 56	5 33	5 52	
19	MON.	Florida ceded to United Stat, 1821.	6 58	5 32	6 41	6 55	5 35	6 34	
20	TUES.	Santa Anna born, 1798.	6 56	5 33	rises.†	6 54	5 36	rises.†	
21	WED.	J. H. Newman, Cardinal, brn, 1801	6 54	5 34	6 22	6 52	5 37	6 23	
22	THUR.	Fulton died, 1815.	6 52	5 35	7 39	6 50	5 38	7 39	
23	FRI.	John Quincy Adams died, 1848.	6 50	5 37	8 53	6 48	5 39	8 52	
24	SATUR.	St. Matthias, Apostle.	6 48	5 39	10 06	6 46	5 41	10 03	
25	SUN.	Charles Peace executed, 1879.	6 47	5 40	11 17	6 45	5 42	11 12	
26	MON.	Treaty of Versailles, 1871.	6 45	5 42	morn.*	6 43	5 43	morn.*	
27	TUES.	Longfellow born, 1807.	6 43	5 43	0 27	6 41	5 44	0 21	
28	WED.	Shirley Brooks died, 1874.	6 42	5 44	1 35	6 40	5 45	1 27	
			6 40	5 46	2 38	6 38	5 47	2 30	

*a.m.

†p.m.

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