

*Exercise 3.—R. H.*

"First Position," R. H.

*One.*

Bring the club and right arm to the rear of the right side, (back of the hand to the right, the club held by the knob, thumb to the front, the first finger to the right and pointing down, and the second finger to the rear of and under the knob,) and describe an ellipse; the club and hand going behind the back towards the left, up, to the right, the club passing the arm in rear of it, and the arm and club going down, and to the left until at the place they started from. (*See 2, 2, Cut 48.*)

*Change.*

See Exercise 1, R.H. Group V.

*Exercise 3.—L. H.*

"First Position," L. H.

*One.*

Bring the club and left arm to the rear of the left side, (back of the hand to the left, the club held by the knob, thumb to the front, the first finger to the left and pointing down, and the second finger to the rear of and under the knob,) and describe an ellipse; the club and hand going behind the back towards the right, up, to the left, the club passing the arm in rear of it, and the arm and club going down, and to the right until at the place they started from.

*Change.*

See Exercise 1, L.H. Group V.